

Section 2AAA True Team Track and Field

Date: May 10, 2016

Coaches Meeting - 3:00 PM at the Concession Stand

Field Events

Event	Girls	Boys
Pole Vault	2:00 PM	Follows Girls
High Jump (2 pits)	3:30 PM	3:30 PM
Shot Put	3:30 PM	5:15 PM
Discus	5:15 PM	3:30 PM
Long Jump	3:30 PM	5:30 PM
Triple Jump	5:30 PM	3:30 PM

Running Events - Girls then Boys

Time	Event	Heats
3:30	4 x 800m Relay	1 each
3:55	100m/110m Hurdles	3 each
4:25	100m Dash	3 each
4:45	4 x 200m Relay	1 each
5:00	1600m Run	1 each
5:20	4 x 100m Relay	1 each
5:35	400m Dash	3 each
6:00	300m Hurdles	3 each
6:30	800m Run	2 each
6:50	200m Dash	3 each
7:10	3200m Run	1 each
7:50	4 x 400m Relay	1 each

Team Awards will be presented at 8 PM.