To: All Parents of Centennial Silver Bullets Fastpitch Softball

Subject: Message from your President

On behalf of Centennial Silver Bullets Fastpitch League we want to welcome you to the 2016 Softball Season. The cooperative effort of this organization has produced one of the best youth softball programs in the country and we are glad that your child will be part of it. It is our intention to serve you with the most effective leadership possible in order to sustain the quality of this recreational experience. It is this goal that mandates the highest standards with respect to our Coaches, the outstanding facilities, and the overall safety of the program.

Our success over the years has come from the active participation of the parents in all areas of our program. Because of their unselfish commitment, the youth of this area are able to play in wonderful facilities. Facility enhancements are made possible by our generous sponsors and the support of our concession stands.

Congratulations go out to our 14U B2 team as they won the Tier 6 state championship! Also, our 14U B1 team placed 4th in the Bronze Division of the National Tournament.

We want to send a big congratulations to our 12U A team as they took 2nd place in the Gold Division at the NAFA National Tournament. They had a great year, and it was our first year of having a paid college coach. All indications are that it was a great success!!

The Silver Bullets 8U program was very strong this past year. We had 5 teams who interleague played with White Bear Lake and North St. Paul along with traveling to their fields. The program continues to develop and get stronger each and every year. We added a Fall League program this past year which went very well with lots of learning and FUN!!

A list of the 2016 Board of Directors and League Representatives is contained in this handbook. Contact any Board Member for more information concerning how you can help in 2016. Together with your help we can work to provide your child with an excellent softball experience this spring/summer.

Silver Bullets Fastpitch
Patrick Mahr, President
SILVER BULLETS SOFTBALL BOARD

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Vacancy

10U Rep
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12U Rep
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14/16/18U Rep
Sarah Flood 612-432-8678 floo0017@umn.edu
LEAGUE RULES

- Age limits for 8U Softball are 6, 7, & 8 year olds by December 31, 2015.
- Coaches determine rain-outs by mutual agreement at game time on the field.
- Game consists of five innings or 1-1/2 hours of play.
- Three outs or 5 runs scored ends an inning. When a Player is out, she must return to the bench.
- Opposing teams and Coaches will shake hands with each other and the Umpire after the game.
- The home team is responsible for bringing the bases in and off of the field from the building at Lexington Field.
- Players must wear the uniform provided and as directed by the League.
- There is some inter league play with White Bear Lake and North St. Paul Fastpitch League.

Game Rules:

- Games will be Coach pitch with pitching at 35 feet from home plate.
- Games will consist of 5 innings or 75 minutes. Games cannot end in a tie.
- Batters, base runners, and on deck batters must were helmets at all times.
- Catchers must wear full gear (helmets w/mask, chest protector, and shin pads).
- Games will be played with 10 Players on the field but can play with as low as 7 Players.
- One Umpire will be provided for each game. Home team is responsible for an Emergency Umpire if needed.
- Every Player bats in a continuous order, if a Player comes late they are to be placed at the end of the batting order. No one should hit twice until everyone as batted once.
- Players can only play each position a maximum of 3 innings per game.
- No stealing is allowed. Runner is to remain on base until ball and bat make contact (NO LEADING OFF)
- Only batter and batter on deck should be swinging bats.
- Collision avoidance is MANDATORY! Sliding is recommended but not required.
- An Umpire may call a girl out if she could have avoided a collision.
- Overthrows: no advancement on overthrows.
- There are NO walks. The Player can either strike out or hit the ball into play. (A total of 6 pitches will be pitched to each Player only.)
- The Coach is not allowed to field a ball.

Hitting Rules:

- Squaring up and bunting is not allowed.
- Throwing of the bat results in a warning for the first offense and the next time the Player will be called out. A bat is deemed thrown when the bat hits another Player or if it flies eight feet or more.
- When the ball is under control in the infield, Coaches MUST stop base runners from continuing to advance anymore bases.
- The Players can run the bases until the ball is in the infield.

Fielding Rules:

- The infield fly rule doesn’t apply, unless the fielder drops ball on purpose.
SILVER BULLETS SOFTBALL

Dates to Remember

10U-12U-14U-16U-18U

Sun. February 7th
St. Catherine’s Softball Clinic (Players & Coaches)
9:00AM - 2:00PM

Wed. February 10th
12U Tryouts
5:00PM - 9:00PM

Sun. February 14th
10U Tryouts
11:30AM - 5:30PM

Mon. February 15th
12U Draft/Equipment Handout
6:00PM

Tues. February 16th
10U Draft/Equipment Handout
6:00PM

Wed. February 17th
14U Tryouts
5:30PM - 8:30PM

Thurs. February 18th
14U Draft/Equipment Handout
6:00PM

Mon. March 28th
Mandatory Coaches’ First Aid Clinic/Twins Lottery
6:00PM - 9:00PM

Tues. March 29th
10U, 12U, 14U & 16U Coach Meeting
6:30PM

Thurs. March 31st
Team Parent Meeting
7:30PM - 9:00PM

Sat. April 9th
Park Clean Up Day
9:30AM - 12:00PM
*Back up date is 4/16 if inclement weather on 4/9.

Sun. May 1st
Opener - Lexington Park

Sat. May 21st
Picture Day

Fri. June 3rd
MN Twins Night

All Dates Subject to Change

Dates to Remember

8U

Sun. February 7th
St. Catherine’s Softball Clinic (Players & Coaches)
9:00AM - 2:00PM

Sun. February 28th
Tryouts/Evaluation 8U
9:00AM - 2:00PM

Tues. March 1st
Team Selection/Coach Meeting/Equip Handout
6:00PM - 8:00PM

Mon. March 28th
Mandatory Coaches First Aid Clinic/Twins Lottery
6:00PM - 9:00PM

Thurs. March 31st
Team Parent Meeting
7:30PM - 9:00PM

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Picture Day

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MN Twins Night

All Dates Subject to Change
LEAGUE RULES

1. Age limit is as of December 31, 2015 for appropriate team.
2. Umpires provided by the League.
3. Game duration will be two 65 minute games (double header) or 7 innings each.
4. **Opposing teams and Coaches will shake hands with each other and with the Umpire after the game.**
5. Weekend tournaments are determined by each individual team, additional cost of tournaments to be split among the Players.
6. The local team is responsible for bringing the bases in off the field and making sure that bases and Umpire gear are secured in the lock box located at each field. At Lexington Park bases must be brought to the building.
7. Centennial teams will be responsible for operating the scoreboard at Lexington fields 1, 2 & 3.
8. Dugouts are first come first serve.
9. All Players will be drafted and must try-out.
10. No jewelry to be worn by Players.
11. **Base Stealing:**
    A base runner may leave the base she occupies only after the ball leaves the pitcher’s hand.
12. **Bunting:**
    Bunting is legal at anytime. If a batter has 2 strikes and bunts a foul, that is considered a strike and the batter is out.
13. **Overthrows:**
    *There is no rule about “one base per overthrow”. When a ball is put into play by the batter and it does not go out of play, the play is live and the runner may advance as far as possible.
    *When an overthrow goes out of play, the 1 + 1 rule applies. The runner is awarded the base she was running toward plus 1 base.
14. **Pitcher has the ball in the circle:**
    *A runner must commit to a base as soon as the pitcher receives the ball and is in the circle. The runner can continue in a forward manner as long as she wants, but if she fakes toward a base and then reverses, she is out.
    *If a runner stops between bases while the pitcher has the ball in the circle, she must return to the previous base.
    *If the pitcher, after having the ball in the circle, makes any attempt to make a play, including a fake throw, the runner is then free to try to advance to the next base.
League Rules 10U-12U-14U-16U-18U Softball (continued)

15. **Pitch Delivery:**
   * A pitch must start with both feet touching the rubber.
   * A pitcher cannot step back off the rubber in the process of delivering a pitch; she can only step forward (this limits rocking).
   * The pitcher gets set on the rubber with her hands apart. Once the hands come together, the pitch must start and be delivered.
   * A pitcher is allowed only 2 revolutions of her throwing arm before delivering the pitch.
   * A pitcher must drag her back foot upon breaking contact with the rubber. (No crow hop.)

**Pitching Distance:**

10U  35 feet  
12U  40 feet  
14U and up  43 feet

16. **Dropped Third Strike Rule:**
   Runners may attempt to steal first base on a dropped third strike. With bases loaded, the runner cannot advance on a dropped third strike, unless two outs already exist.

**10U Specific Rules**

**10U** will follow the same rules as the older age groups with the following exception: Teams are limited to five runs per inning. The last batter will be considered the third out.