

St. Thomas Boy's Invitational

University of St. Thomas

Friday, April 29, 2016



Tentative Schedule

Start	FLTS	Field Event
4:00 PM	2	Long Jump
5:30 PM	2	Triple Jump
4:00 PM	2	Discus
5:30 PM	2	Shot Put
4:15 PM	1	Pole Vault
4:15 PM	1	High Jump

Start	SECT	Running Event
4:45 PM	1	4 x 800M Relay
5:00 PM	4	110M Hurdle Prelims
5:15 PM	4	100M Dash Prelims
5:33 PM	2	4 x 200M Relay
5:42 PM	1	110M Hurdle Final
5:45 PM	1	100M Dash Final
5:49 PM	2	1,600M Run
6:06 PM	2	4 x 100M Relay
6:12 PM	4	400M Dash
6:25 PM	4	300M Hurdles
6:39 PM	3	800M Run
6:51 PM	4	200M Dash
7:04 PM	2	3,200M Run
7:35 PM	2	4 x 400M Relay

- All running event times are approximate. Events will not move ahead.
- Hip numbers are to be worn on the LEFT hip by athletes running in events that do not finish in lanes. Hip numbers should be picked up under the tent located at the South end of the track 15 minutes prior to the event.
- The 100m dash and 110hurdles will qualify top for finals by time only.
- T-Shirts for first place finishers and all four members of winning relay teams can pick.
- Fast Sections to run first.
- Top seeds in second flight.