

# 10 THINGS EVERY YOUNG MAN SHOULD KNOW

THE MARYLAND-NATIONAL CAPITAL PARK AND PLANNING COMMISSION,  
DEPARTMENT OF PARKS AND RECREATION, PRINCE GEORGE'S COUNTY



**10 THINGS EVERY YOUNG MAN SHOULD KNOW** is a **12-week program** for young men (ages 14–18) that is strategically designed to teach them **basic life skills** as they transition from **adolescence into adulthood**. Sign your young man up today through SMARTlink (#1647435)!

The program will held on Tuesdays from March 1–May 17, 2016, 6:30–9 pm at Seat Pleasant Activity Center. Apply online at [www.pgarks.com](http://www.pgarks.com) and click on the SMARTlink logo on the top left side of the website.

**Registration begins  
February 16, 8 am  
FREE**

Get your **FREE youth ID!** For more information, visit [www.pgxtremeteens.com](http://www.pgxtremeteens.com), and click on Hot Happenings > Programs > 10 Things Every Young Man Should Know.

Prince George's County Public Schools is not sponsoring, endorsing, or recommending the activities announced in this flyer.

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## SESSION TOPICS

- 3/1 **Introductory Session** *(Parents and guardians are encouraged to attend.)*
- 3/8 **How to Maintain a Car**
- 3/15 **How to Prepare for the Workforce**
- 3/22 **How to Stay Healthy**
- 3/29 **How to Make a Difference**
- 4/5 **How to Maintain a Positive Identity**
- 4/12 **How to Have Healthy Relationships**
- 4/19 **How to Interact with Law Enforcement**
- 4/26 **How to Handle Finances**
- 5/3 **How to Cook a Meal**
- 5/10 **How to Be a Leader**
- 5/17 **Closing Session** *(Evaluation Session: Parents and guardians are strongly encouraged to attend.)*



**REGISTRATION BEGINS**  
February 16, 2016, 8 am

**FOR MORE INFORMATION**

[www.pgxtremeteens.com](http://www.pgxtremeteens.com)

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TTY 301-699-2544

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**Parks & Recreation**  
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*live more, play more*  
[pgparks.com](http://pgparks.com)



**SEAT PLEASANT ACTIVITY CENTER**

5720 Addison Road

Seat Pleasant, MD 20743

301-773-6685; TTY 301-699-2544

The Department of Parks and Recreation encourages and supports the participation of individuals with disabilities. Register at least a minimum of two weeks in advance of the program start date to request and receive a disability accommodation. PAMD 1/16