

Team Breckenridge Sports Club Arapahoe Basin Spring Camps 2019 Fact Sheet

Camp Philosophy:

Team Breckenridge Sports Club May Spring Camps provide opportunities to all athletes to train within the comforts of a home environment, while gaining important skills and progressions necessary for athlete development in the sport .

This is a great opportunity to utilize living in Colorado at affordable camp prices, while athletes are able to gain skills necessary in ski racing without the pressure of in season competition. Our TBK staff believes in the skill development and enjoys this opportunity to work with athletes to improve on skills they will take forward into the new ski season.

Goals:

Fundamental technical progression in SL and GS
Movement analysis with video sessions on and off the hill
Terrain skiing
Introduction to next season's training group
Camp blocks to provide training opportunities to all athletes
All ages welcome to attend

Camp Dates:

Spring Camp Dates, Fri-Mon:

Fri April 26- Mon April 29

Fri May 3- Mon May 6

Fri May 10- Mon May 13

Fri May 17- Mon May 20

- ** Fridays and Monday training will be from 12:45 till 4:45
- *** Saturday and Sunday training sessions will be from 8:30 till 3:00

Arapahoe Basin Liability Release

A Release form from Arapahoe Basin Ski Area will be signed at the time of registration electronically. You will need to complete this prior to a training session.

Transportation:

The TBK van will be traveling to and from A-Basin. Times and location to be announced on training calendar. Van fees do apply.



Training Calendar:

<u>Click Here</u> for training calendar. All information will be provided here (TBK Website> Age Class Calendar). Please click on calendar subject to see all details (training times, pick up locations, what to bring).

Camp Registration:

Registration will be on the Team Breck Sports Club Website. Click Here

Payments will be due the Tuesday prior to training sessions for proper staff planning. Discounts for those that register in advance and pay at the same time. <u>Families asked to try and plan ahead and register prior to April 20th.</u>

Camp Fees:

Spring Camps		
Spring A-Basin Camp <u>Daily Fee</u>	Fri-Mon, 4 weekends, 16 days on snow available. Daily fee	\$75
Spring A-Basin Camp <u>8 day package</u>	Fri-Mon, 4 weekends, 16 days on snow available. 8 day package (\$60 a day)	\$480
Spring A-Basin Camp <u>16 day package</u>	Fri-Mon, 4 weekends, 16 days on snow available. All training days (\$50 a day)	\$800

- Registration will open March 10, 2019
- Registration for single days will need to be done Tuesday prior training session. We ask to consider planning ahead and register prior to April 20th.

Other Notes:

- <u>Full Time Athletes</u>- daily rates do not apply, as your program fees cover 'Spring Camp Fees'. Contact coach for registration code.
- Age Class Candidate Opportunities:
 - Spring Camps: All Sat/Sun sessions. Second year U10 Friday's participation by approval.
 - Summer Camp: 2nd year U12 and older. All athletes must show strong intent by participating in 6 + spring camps and by coaches referral.
 - Team Breckenridge Sports Club Summer camp environment is advanced and for the mature athlete. It is our view that it is not athletically necessary for a U10 or 1st year U12 athlete to participate in summer camps, with consideration to the long term progression and financial commitment to the sport. The Team Breck Sports Club staff, highly recommends attending Spring Camps at A-Basin for all athletes.
- Devo Sat/Devo Comp Invite:
 - Devo Comp Spring Camps: All Sat/Sun sessions.
 - Devo Saturday: Sunday sessions.

If you have any questions, please contact admin@teambrecksportsclub.com

