



2019

U19 ELITE

(Girls born in 2001, 2002, 2003, 2004)

TRYOUTS \$75

March 21, 23, 26
Civic Field House

(to register and for details visit www.ladyblueknights.ca)

Girls must be able to complete a 7 min mile run in order to play games.

PRACTICE NIGHTS

Monday, Tuesday and Thursday

PROGRAM INCLUDES

OWFL games start May 18th
Saturday OWFL League Games - May, June, July
Star Spangled Banner, Baldwinsville, NY June 29th
The Rise, Boston July 6-7th
OWFL Provincials July 18-20th, Kitchener- Waterloo

SEASON KICKOFF

Player Parent Meeting @ Maxwell Heights SS. April 18, 7pm

UNIFORMS

All NEW U19 players will be required to purchase a uniform. Fitting date is February 23, 10:00am – 1:00pm at Iroquois Sports Complex. Returning players will have their uniform from previous season.

REP LACROSSE FEES INCLUDE

- OWFL League Fee's
- OLA Fee& Insurance
- Team Building Activity
- Ball
- Practice shirt
- Player/Team Photo
- Ontario Lacrosse Magazine
- Practice Fields
- Hotel at provincials
- Athletic Banquet

Approximate Cost: \$1000-1200

New Rep players need goggles, reversible practice pinnie