



**NORCO wishes everyone a Safe and Happy New Year!**

## **First Annual NORCO Friendraiser and Silent Auction**



Tickets are now on sale for the 2016 NORCO Friendraiser and Silent Auction! The adult only event will kick off the club season on **Friday, January 8th at 6 p.m. PLEASE REGISTER BY MONDAY, JANUARY 4TH!** Meet the coaches, staff, and learn more about the history of the club in a fun and casual environment. Heavy hors d'oeuvres and drinks will be provided. We hope this becomes an annual event to bring the entire club together before we start the season!

Click [here](#) to sign up now!

## **RMR Seasons Begins This Weekend**



The Rocky Mountain Region/USA Volleyball season begins this weekend for many teams at the Friendship Tournament. A few things to keep in mind. NORCO has no control over where our teams play. Sites are usually posted on the [RMR website](#) the Wednesday before the tournament. **DO NOT**

**CALL the RMR office!** You are representing NORCO at each tournament you participate in. We often receive compliments from Tournament Directors about our families. Let's keep that up! Remember there is a no tolerance policy in the RMR for any interactions with officials, line judges or scorekeepers.

## Volleyball 101 Session: Rules!

Director of Volleyball Operations Gavin Markovits and National Referee and 14 Black Head Coach Glenn Sapp will host the next Volleyball 101 session on Volleyball rules next **Tuesday, January 5th from 6-7 p.m.** We will cover libero rules, rotations, hand signals and more. Please come prepared to ask questions. The mezzanine will be closed to practice viewing during this session.



## Youth Programs

**All-Star Skills Camp** is designed to help advance the skills of intermediate volleyball player ages 10-14 years. This program is open to both boys & girls and focuses on advancing the fundamental skills and techniques to prepare them for the next level of volleyball. The practices are skill-based with occasional game-play. **The camp will run Tuesdays and Thursdays from January 12th-February 4th from 4-5 p.m.**



**[Register for All-Stars Skills Camp Today!](#)**



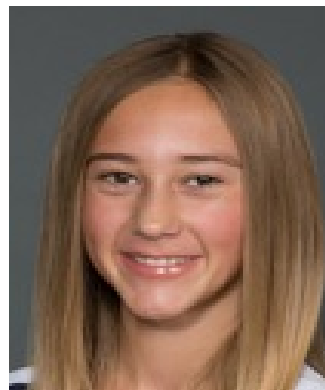
**Volleykidz** is designed for the beginner to intermediate volleyball player ages 6-12 years. This program is open to both boys & girls and focuses on basic fundamental skills and techniques for building a strong volleyball foundation. The practices include instructional skill-based training with some game play built in.

**Volleykidz will run on Fridays from January 15th-February 12th from 4:30-6 p.m.**

[Register for Volleykidz Today!](#)

## Player of the Week

Lauren Derrisaw is in her second year with NORCO after playing last season on a Prep team. Lauren enjoys playing sand volleyball in her free time. A member of 12 Black this season, Lauren is the daughter of Jim and Jenny Derrisaw.



## Coach of the Week



Kate Hampson is our 15 Blue coach in her fifth season with NORCO volleyball. She played at NORCO and Rocky Mountain High School before earning a scholarship at Washburn University. She earned all-America, all-conference and all-region honors at Washburn and ranks among the school leaders in assists. She also serves as the club's setting coach. Kate works full time as the Business Development

Manager for Arsenal Colorado Soccer Club.

## Hops Makes NORCO her Home



"Hops" was dumped at the NORCO Volleyball facility during the summer of 2014 and was very skinny and unhealthy. Over the last year and a half Hops has made herself at home in the facility. She loves having almost 300 sisters that help take care of her. We always welcome donations of treats, food and toys.