



## Happy Thanksgiving from NORCO!



NORCO wishes you a safe and prosperous Thanksgiving. Enjoy the time with your family! We will resume practice on Monday, November 30th.

## Congratulations Playoff Coaches and Players!



Congratulations to all those athletes that participated in the state tournament last weekend. NORCO was well represented. **Tarynn Sieg** (18 Black), **Chelsey Lockey** (16 Black) and **Kennedi Ingram** (16 Blue) helped Eaton claim its third consecutive 3A

title. Sieg was also named the [Coloradoan Female Athlete of the Week](#).

**Heather Meining** (15 Black/Valley HS) and **Haley Kilday** (17 Black/Fairview HS) both finished as runner-ups in their respective divisions. Congratulations to **Duquesne Moratzka** (18 Black) and **Marina Howard** (17 Black) who won a state championship at Cheyenne East High School in Wyoming. **Maia Edwards** (16 Black) and **Shyann Bastian** (16 Blue) also participated in the Wyoming State Tournament.

Other NORCO players participating at the state tournament were

**Ali Travis, Rylee Greiman (15 Black); Madelyn Uyemura, Julia White, Annika Zenk (15 Blue); Annika Wetterstrom (15 White); Rylee Anderson (16 Black); Julie Ward, Ally Kennis (16 Blue); Lacey Garcia, Trista Woelfe, Jessa Megenhardt (17 Black); Madison Stouder (17 Blue); Sydney Wetterstrom, Maggie Smith (18 Black).** Jessa Megenhardt was also named [Reporter-Herald Athlete of the Week](#) and **Mackenzie Fidelak** was named the Northern League Conference Player of the Week!



## NORCO Serve 50 starts!

NORCO will sponsor its first annual Serve 50 Fundraiser in late November. The fundraiser is a simple way for families to raise money toward their account as well as help keep our facility the best in the RMR. Each team will be challenged to raise \$1000 each. Prizes will be awarded for the individual and team that raises the most money.

Our other event will be our "First Annual NORCO Friendraiser and Silent Auction" on Friday, January 8th. This fun evening of socializing will kick off the club season while providing funds to help individual accounts and keep overall fees lower. Click [HERE](#) for more information!

## Welcome Coach Kelli Thoms!



NORCO welcomes Kelli Thoms, 15 Black volunteer coach and Setters training Coach with Kate Hampson. Originally Kelli Ziegler, she grew up in Nebraska and was a setter for Concordia University. At Concordia, Kelli was named to the Omaha World Herald All-Nebraska College Team and was the GPAC and NAIA Region III Setter of the Week. Kelli transferred to Indiana Wesleyan University to finish her collegiate career. After returning home to Nebraska Kelli coached with her mom as the Assistant Varsity Coach at Lincoln Lutheran High School, Kelli also coached club for the Nebraska Dominators and Nebraska ONE.

**NORCO is happy to welcome Kelli to our staff!**

# In the News!

## Practice Times

Parents, players and coaches: Please remember practice times for the most part start at 5:00 and 7:00. Please arrive 15 minutes before practice starts. If you have an emergency and you need to drop your child off earlier than the 15 minutes, please notify the office of this request so we are aware for safety issues.

## Team Duties

All teams are assigned a duty before or after their practices. These duties take 5-8 minutes as long as everyone pitches in. The first team 14 & older (14, 15, 16, 17, 18) on the court on Monday's will be responsible for wet mopping. Wet mopping starts Nov. 23rd.

## Team Picture Times

Check below for your team's time. Players will need to wear their [Carolina jersey](#), spandex, knee pads, and shoes. Coaches need to wear their **Navy UA 1/4 Zip**.

Wednesday, December 9th		Thursday, December 10th		Friday, December 11th	
4:30 - 4:45 pm	12-1	4:45 - 5:00 pm	12-2	5:00 - 5:15 pm	12 Amanda
4:45 - 5:00 pm	17-1	5:00 - 5:15 pm	11-1	5:15 - 5:30 pm	15 Taryn
5:45 - 6:00 pm	15-4	6:00 - 6:15 pm	14-3	5:30 - 5:45 pm	14 Arielle
6:00 - 6:15 pm	15-2	6:15 - 6:30 pm	14-1	5:45 - 6:00 pm	12 Lindsay
6:15 - 6:30 pm	15-3	6:30 - 6:45 pm	14-2	6:00 - 6:15 pm	13 Meghan
6:30 - 6:45 pm	17-2	6:45 - 7:00 pm	14-4	6:45 - 7:00 pm	16 Chuck
6:45 - 7:00 pm	15-1	7:00 - 7:15 pm	13-2	7:05 - 7:20 pm	14 Alx
7:00 - 7:15 pm	16-2	7:15 - 7:30 pm	13-1		
7:15 - 7:30 pm	16-1	7:30 - 7:45 pm	13-3		
7:30 - 7:45 pm	18-1				

## NORCO Offers Recruiting Assistance



NORCO would like to continue its relationship with Volleyballrecruits.net. In order to do this we need 20 families that are willing to sign up for the \$100 annual fee, currently we have 12 families. Volleyballrecruits is a great resource and recruiting platform. It allows for people to easily access college coaches emails, post videos and develop a profile. The service also allows our recruiting coordinator (Gavin) to monitor the progress your daughter. Please contact Gavin if you like to learn more about the service or would like to join.

## Coach of the Week

Sammie Lynn, **14 Silver Head** Coach and NORCO Alum, has been with Norco for seven years! As a player for Fort Collins High School, she was a four-year starter and played for NORCO for 4 years! Sammie is also the owner of "*Sammie's Lucky 27 Barbershop*", located next to Jim's Wings in Fort Collins. When asked why she coaches, Sammie said she has a 'passion for passing the game forward.' Parents say she is enthusiastic, kind, and funny.



Congratulations Sammie, you are a great coach to have on Staff!



## Players of the Week

Angela (left) and Katheryn Quevedo have been named this week's NORCO Players of the Week. Angela is a member of 14 Alx and Katheryn plays for 12 Lindsay. Both were part of the Volleykidz program before joining the Prep program. Parents Miguel, Geovanna and little brother are a huge support system for the girls and attend all of their matches. Both girls attend Bill Reed Middle School.

**Clothing Sale Dates UPDATED -  
December 16th through December 19th!**



NORCO is stocking up on new gear for our clothing sale: **Wednesday, December 16th through Saturday, December 19th.** Hours will be 4 pm-8 pm on Wednesday-Friday and 9 am-1 pm on Saturday! All of NORCO's t-shirts (short and long sleeve), hoodies, and items will be available and even more items will be available for order. Under Armour items such as spandex, socks, kneepads, jackets, warm-ups, backpacks and duffel bags will be available for purchase!

**NO CREDIT CARDS WILL BE ACCEPTED**  
**CASH OR CHECK ONLY!**

## **Coaches Ref Clinic**

All NORCO coaches are required to be RMR-USAV Ref certified. Our clinic date is **December 5th** at 3:00 pm upstairs. This clinic is open to NORCO coaches **only**. If you are unable to attend this date, you must go on the RMR website, select another clinic date and place. Please let the office know ASAP.

## **Scorekeepers Clinics**

NORCO's Scorekeepers Clinics will be on **Saturday, December 12th:**

- **Maintaining Clinic ~ 2:30 - 3:30 pm**
- **New Scorekeepers Clinic ~ 3:30 - 6:30 pm**

All 14 & Under players who volunteered to be scorekeepers for their team are required to attend the **'New'** Scorekeepers clinic. Players who are 15 & Up and were RMR certified for the 2014-2015 USAV season will be eligible to attend the **'Maintaining'** Scorekeepers clinic. **The Mezzanine will be CLOSED from 2:30 - 6:30 pm for the Clinic.**

## **Coaches Impact Clinic**

Coaches that have not completed the USAV-Impact/Safe Sport certification must attend this clinic in Denver, **December 6th or January 30th** at the Embassy Suites on South Hampden. The class will begin at 1:00 pm.

## Coaches Safe Sport Clinic

Coaches that do not have the Safe-Sport certification have until **February 1st, 2016** to complete this class. Coaches can complete this course online for free - visit the RMR [website](#) and select the '[Safe Sport](#)' tab. Follow the instructions on how to register for and complete the course.

## NORCO's 6th Annual Dig to Win

### 3 vs 3 Tournament

### Sunday, December 27th

Sunday, December 27th will be NORCO's 6th Annual Dig to Win 3 vs 3 Tournament! Come join us to burn off some holiday food and have a great time! Junior teams are allowed to have one (1) adult or coach and there will be a new division this year for Norco Alumni and Volleyball Parents! A team of three graduated NORCO alumni can receive free admission by contacting the office for a discount code.

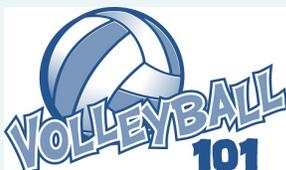


The three age divisions are:

- 14 & Under
- 15 & Up
- Alumni/ Volleyball Parents

Cost is \$75 per team, registration is available now. Check out our flyer below for more info - prizes are awarded to the winning teams!

### [NORCO's 6th Annual Dig to Win 3 vs 3 Tournament Flyer](#)



## Club Volleyball 101

NORCO will continue its parent educational series on Tuesday, December 1 at 6 pm. Director of Volleyball Operations Gavin Markovits will lead a session on volleyball



terminology and strategy. **Practice viewing will be closed during this hour.**

NORCO is working with Eastbay again and we are passing on these great savings. Eastbay is offering several shoes, being offered at a discounted rate, but only for a limited time!

The logo for Eastbay TEAM SALES. The word "Eastbay" is written in a yellow, stylized, cursive font with a black outline. Below it, the words "TEAM SALES" are written in a bold, black, sans-serif font.