



**Congratulations to all NORCO Coaches and  
Players who were selected for the 2016 USAV  
Season!**

This weekend was NORCO's 15 & Up Tryouts. Teams selected  
were:

18 Black, 17 Black, 17 Blue, 16 Black, 16 Blue, 16 White, 15  
Black, 15 Blue, 15 White, 15 Silver

**Open Gyms**

This summer, NORCO will be hosting Open Gyms and Pre-Tryout Clinics prior to  
Tryouts. Dates are subject to change, please check our [website](#) for updates or  
changes.

**Open Gyms - \$5, pay at check-in**

Players 14 & Under: Tuesday, July 21st 5:30 - 7:30 pm

**14 & Under Pre-Tryout Clinics:**

Thursday, August 6th 6:00 - 8:30 pm - Register [HERE!](#)

Tuesday, August 11th 6:00 - 8:30 pm - Register [HERE!](#)

This Summer, NORCO was represented by teams at  
both the Junior National Championships and AAUs!

13 Black - 3rd Place Silver Division

14 Black - 5th Place Silver Division

15 Black - 2nd Place Flight 3

16 Black - 2nd Place Silver Division

16 Blue - 3rd Place Pink Division

17 Black - 3rd Place Silver Division

18 Black - 3rd Place Bronze Division

**Congratulations Ladies!**



## **Hitting Clinic with CSU Standout Dri Culbert**

**Ages 5-13**

**July 20th, 5:30 - 7:30 pm**

All hitting positions welcome - middles, outsides, and opposites. We will work on specific roles of each position, starting with the technical skills of attacking. The two-hour hitting clinic is designed to breakdown the swing and provides hitters a ton of repetitions. Techniques will be broken down from footwork, jumping technique, arm-swing, and landing. Special focus will also be given to ball control and shot development.

**Click Below to Register:**

**[Hitting Clinic](#)**

**Defense/Passing/Libero Clinic  
with NORCO 15 Black and UNC Coach  
John Critzer**



**Ages 14-18**

**July 22nd, 9:00 - 11:00 am**

The most important skill in volleyball is the pass. The first contact can be the initiation of a kill or the end of a point. Great passers always find a way to earn playing time! Passing is a fundamental skill that helps every team and player achieve their potential. All positions welcome! The two-hour clinic will work on serve receive, dig transition, down ball, and free ball defense. Special emphasis will be placed on developing Volleyball IQ and learning the vital skills of platform passing, overhead passing, and reading a hitter/server.

**Click Below to Register:**

**[Defense/Passing/Libero Clinic](#)**

***Eastbay*  
TEAM SALES**

**NORCO is happy to pass on some  
incredible deals from our  
partnership with Eastbay!**

Eastbay is offering ten pairs of shoes, including men's and youth sizes! These are being offered at a discounted rate, but only for a limited time! Click on the link below to check out this great sale!

**[NORCO & Eastbay Sale Flyer](#)**