THE Minnesota PREP COACH

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COACHES NEED TO BE PROACTIVE IN CREATING RECORDS OF OBSERVATION

The 2009-2010 school year has come and gone and the number of coaching non- renewals continued to leave a black cloud over the coaching profession. The process, or should we say the lack of a process, for non renewing coaches has once again caused many of our profession to be subjected to having their professional career ended. The MSHSCA has campaigned hard and long to bring some sort of a due process to the non renewal of coaches that has some chance of providing honesty to the process. For the most part this campaign has failed to change anything. It is time that coaches prepare for the possibility that they would be the next coach to suffer this fate.

Coaches will never have tenure as a coach. Coaches will most likely always be "at will" employees. Given these facts it may be time for coaches to prepare to defend themselves and the history of their job as a coach for any given district.

The administrations of all school districts are required to follow a process of observation and post observation conferences for their professional employees. The records of those observations and the conferences that follow are kept in the employees file. It is reasonable expectation that all coaches should be given the same sort of process and the records of those observations and conferences be kept in the employees file. If this is not being done on an annual schedule you need to make sure it is happening. I believe it is reasonable to expect the Athletic Administrator in your district to meet with you three times a year. The first meeting should occur before the start of your season where you review goals and expectations. The second meeting should be held at the half way mark where you review the goals and expectations and discuss any problems that may be unfolding. The third meeting should take place at the conclusion of the season where a final review of goals and expectations is discussed as well as suggestions for improvement or change. It is also critical that both coach and administrator discuss openly and frankly about any issues, problems or particular parents that may be undermining the program.

I would also encourage all coaches to keep records of all correspondence that involves any and all aspects of your coaching assignments. If you talk with a parent regarding their child make note of the date, time and the nature of the discussion. If the contact is by phone document the time, date and nature of the conversation. If a parent is threatening over the phone it is wise to report the incident to your Athletic Administrator If you are involved in a meeting with parents always include your athletic administrator and keep detailed notes of the meeting.

I am making these suggestions based on the reasons coaches have been given for non renewal of their coaching assignments in the past. Coaching is and always has been a wonderful profession. The number of outside factors that have increased the challenges to coaches today has changed

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1A	Gary Prantner (Byron)	Gordy Klomps (retired)	Jeff Johnson (Chatfield	
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3A	Milo Larson (Canby)	Dave Blank (Wabasso)	Todd Tinklenberg (Pipestone)	
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5A	Dawn Engebretson (Rockford)	Tom Lawrence (Foley)		
6A	Diane Pettis (Sebeka)	Ton Van Erp (Wadena)	Mike Peterson (Perham)	
7A	Dennis Holsman (Hill City)	Derek Parendo (Proctor)	Dan Stifter (Aitkin)	
8A	Janet Golden-Landquist (Nevis)	John Schumacher (Park Rpds.)		
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6AA	Open	Greg Miller (Robbinsdale Arm)	Jim Baker (Retired)	
7AA	Mark Solberg (Cambridge)	Bill Baumann (North Branch)		
8AA	Open	Gregg Martig (St. Cloud Tech)	Rob Nielsen (Det. Lakes)	Bill Magnuson-Fall John Roesch -Spring (Sauk Rapids-Rice)

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President's Message

By: Shelly Hotzler, Jackson County Central

As we begin the 2010-2011 school year, we are also in the 75th year that the Minnesota State High School Coaches Association has been in existence. The MSHSCA was founded in 1936 for the purpose of uniting Minnesota Coaches. Now in its 75th year we will have over 8,500 coaches as members and I will be the first female President. It is amazing the changes in 75 years of athletics. We have seen it go from one state tournament and having one state Champion, in some sports, to four and five classes and many state Champions. The evolution of athletics in the state of Minnesota and nationally is a legacy of many that have come before us. These are people who have had a passion for sport and have had the ability to work with young people. They have paved the way for opportunities that young student athletes have today. Without coaches none of these changes would have taken place.

So as we step on to our fields, our courts or enter our pools take the time to remind your athletes that it is a privilege to play, to compete and to remember those who have made this all possible for them.

My experience with the coaches association has been a great one of learning and growth, as a coach and teacher. I thank the Executive Board and all that have helped in my journey to becoming President. I have to admit I was really "green" when I started this job. But it is one that I will do my best to help coaches in the state of Minnesota. I would like to congratulate Jon Wagner of Eveleth-Gilbert who was elected in the spring as our new Vice-president. I look forward to working with him.

One last note the Hall of Fame banquet will be held October 9th at the Sheraton by Ridgedale Center. I encourage anyone who has not been at this event to attend. It is a wonderful evening full of laughs and remembrance. To hear the stories of the inductees and what they preserved thru to get to where we are now speaks to the history of sport.

Have a great school year and good luck in your seasons.

MANY ARTICLES ARE SUBMITTED BY A DESIGNATED MEMBER OF PARTICULAR SPORT ASSOCIATIONS & ARE NOT NECESSARILY THE FEELINGS OF OTHER SPORT ASSOCIATIONS, THE MSHSCA OR THE EDITOR.

ADAPTED UPDATES AND SMOOTH FAST NATURAL HAVE OPTED NOT TO SUBMIT AN ARTICLE FOR THIS ISSUE. HOPEFULLY THEY WILL APPEAR IN THE DECEMBER ISSUE.

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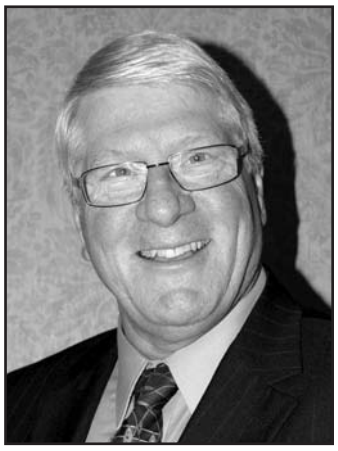

Ramblings from the Big Dog

By: John Erickson, MSHSCA EXECUTIVE DIRECTOR DETROIT LAKES

Welcome to the 2010-2011 Minnesota State High School sports year. I would like to welcome back all of our veteran coaches and members and send a special welcome to all of our new coaches and members. If this is your first year of coaches make sure you look to the many veteran coaches in your area in your life who would be more than willing to lend a helping hand or a word of advice as you get acclimated to you new calling. My wife Mary and I would like to thank you for the opportunity to work for you and to help make your MSHSCA membership a positive and worthwhile membership.

I would like to address some of the changes that the Executive Board of the MSHSCA addressed at their annual summer meeting as well as changes that have taken place in terms of insurance and membership. The leadership of the MSHSCA hard at trying to find ways to strengthen the association and meet future challenges.

MEMBERSHIP: In the May Prep coach we included and article trying to articulate the criteria for membership. Every year there are a few people who try and secure a membership card from the MSHSCA who are not currently coaching. Membership in the MSHSCA is limited to those men and women who are contracted by a school district to coach or those who have been given approval by their school Athletic Administrator for coaching in their schools elementary programs. Staff members who used to but no longer coach are not eligible for membership unless they have achieved life membership statues which must have been obtained while still coaching. If you encounter a card holder who is using a membership card to gain admission to games but is not a coach please contact your school AD or the MSHSCA office. Head coaches we would like to encourage you to get all of your assistants signed up so they can enjoy the advantages of membership. We need to protect the coaches right to use the cards to get into games for the purpose of scouting or supporting their school programs.

INSURANCE: I need to remind coaches that the membership year runs for August 1 through July 31 the following year. All Insurance lapses on the 31st of July unless you have renewed your membership. If one of you fellow coaches did not receive this Prep Coach it means they have not renewed their membership yet and need to do so. One very significant change this year is that the liability insurance you get with your membership will follow you into the classroom if there is not other insurance in force. This is a very important change for those coaches who have retired from full time teaching but are substitute teaching and still coaching.

SUMMER MEETING: The Executive Board of the MSHSCA met in June to establish their game plan for the coming year. There were some great discussions about what we can do to make the MSHSCA better and more effective. There was discussion about how coaches can help out when disasters such as the Wadena tornado or the Rushford Peterson flooding happen. It was voted on to dispense some checks to the Wadena coaches who were directly impacted by the tornado. There is no way that the Association can help in replacing homes and lost personal property but maybe there is a way we can show we care. It will be voted on at the Fall Delegate Assembly to add a dues check of in the amount of $5 on the membership application. All funds collected from the dues check off who be placed in a separate account to be dispersed as needed in the future.

The scholarship program was revisited and it was moved to bring to the Delegate Assembly the naming of the scholarships after the men and women who have helped move the associations forward to where they are today. The recommendation is to name three of the males scholarships and three of the females scholarships and keep two slots open for future naming. It was also determined that an additional requirement for scholarship application will be a letter of recommendation from one of the applicants coaches.

HALL OF FAME AND AWARDS BANQUET: The Executive Board voted to help defray the rising cost of tickets for the banquet by underwriting part of the ticket costs. We hope that this will help making the banquet easier to attend for all of our award winners. This is a fantastic event and we would really like to see 100% our award winners in attendance. The MSHSCA has committed significant funds to the awards program and banquet in an attempt to recognize and reward our many deserving coaches. I would ask you to make every attempt to be in attendance. Thank you in advance for that.

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Records of Observation . . . continued from page 1

and it is important for coaches to be proactive in protecting themselves and their programs. The honor of being called "Coach" is something many would like to hear but that honor belongs only to those who are the committed professional men and women. They are men and women who are willing to accept the challenges, the criticisms and the responsibilities of guiding our young men and women on their journey to adulthood. They are those men and women that understand that their responsibilities Do not just encompass X's and O's or wins and losses. Coaches accept the awesome responsibility of molding our future leaders.

Minnesota State High School Coaches Assocation, Inc.

Executive Committee Liaison Assignments 2010-2011

Don Tangen	B/G Soccer	B Swimming
Past President	Baseball	G Swimming
Glencoe-Silver Lake	Wrestling	B Hockey
Shelly Hotzler	Football	G Basketball
President	G/B Golf	Adapted Athletics
Jackson Co. Central	Gymnastics	
Becky Leuer	B/G Cross Country	Nordic Skiing
President Elect.	B Tennis	G Tennis
North Branch	Alpine Skiing	B/G Track
Jon Wagner	Volleyball	Synch. Swimming
Vice President	Softball	B Basketball
Eveleth-Gilbert	B/G Lacrosse	

Sports Associattions - If you with assistance form the MSHSCA for any reason, please contact your Liasion person listed above.

YOUR MSHSCA MEMBERSHIP

The 2009-2010 membership year is quickly coming to an end. It is important to understand the policies that govern membership in the MSHSCA. Every year we hear from coaches who have questions about their memberships and the privileges that come with membership.

1. The membership year runs from August 1st each year to July 31st of the following year. The insurance coverage that is such an important part of your membership is in effect from August 1st to July 31st each year. If you do not renew your membership by August 1st your will not be insured until you do renew your membership. For life members you must resister for the new year and pay $10 to renew you insurance.
2. YOU MUST BE COACHING IN ORDER TO QUALIFY FOR MEMBERSHIP. If you used to coach but no longer coach you are not entitled to a membership card and all such applications will be verified thought the Athletic Directors from you school. Coaches who hold life membership cards will always be members based on their years of service and application for life membership completed while they were still coaching. Membership cards were never intended to be placed in the hands of non coaches and as per the requests of the AD's we will work hard at identifying applicants who are not coaching and deny their membership request.
3. Admission to games by using your membership card is a privilege granted to card holders by the individual school districts policy. There are schools who limit admission to the card holder only and other schools who admit the card holder and one guest. Please respect the policy of the schools as you attend the games in their schools. Occasionally there are non-school venues who do not honor the card. Please contact the home school AD if you encounter this problem and ask how you can gain admission with your membership card.
4. One new addition to your membership this year is the classroom coverage under your liability policy. Your liability insurance will follow you into the classroom if no other insurance is provided. The MSHSCA will work closely with the MnIAAA in reviewing and granting privileges with your membership card.

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FAST TRACKS

By: Mike Hecker, President MNSCA
Andover H.S.

Finally the heat has broke! As I write this article, a cloud burst is over head and the predication is that we may be in the 40's for a low tonight and may not get into the 70's tomorrow. What a change from the past month. Going for a ski walk or run was painful, especially for those of us who do not like heat. You are never going to see me again complain how cold it is. I look forward to standing in a snow bank next winter with Dave Johnson (Duluth Marshall) and revisit our conversation from last winter at the Giant's Ridge Invitational whether we could feel our feet after being out in a snow bank for six hours.

We are moving closer to ski season. Just like the changing of the seasons, it's the little things you start to notice. Our retailers are now starting to receive their equipment orders. Summer groups have started winding down as our athletes are preparing for school and fall sports. The talk of "Winter Ski Camps" is already on the minds of our coaches and athletes. We as an association are starting the preparation for the coming Fall Conference.

As we move towards the Fall Conference, our "push" this year is building bridges with our Minnesota Colleges and Universities that offer NCAA level competition. We have invited the coaches and placement representatives to attend our conference, not only can our association members meet the coaches, but explore each of the colleges and universities and see what they have to offer our athletes.

You might be surprised just how many of our skiers continue on after high school. This is just my own opinion, but it appears that 75% of a Minnesota college or university teams are athletes from our programs.

This is a win-win for both your athletes, your program, our Association, and our Post-Secondary partners. Look around at your peers and see how many participated on a University/College program. The health of our own Association comes from those who have competed at the Post-Secondary level and have now moved to the coaching ranks.

We have some really fantastic Colleges and Universities in our state. If you ask, I'm sure the coaches and placement folks would love to take you on a tour and show off what they have to offer. This could also help as those athletes you have start to explore a post-secondary education.

On a related note, several of our Association Teams need coaches, Orono is one team that needs a new coach and requested I put the word out. If you know of a good candidates, get the word out, we all could use a little help now and then.

Other plans in the works include inviting our Victor C. Dundor retailers to participate and connect with our coaches. We have also invited all Nordic Equipment suppliers to attend and work with our retailers and coaches on making the best decisions for our equipment needs.

Because of increase in participants, we are working with the Mora-Vasa folks at providing a tent to "house" our guests. Do to an increase in the numbers of participants, we may have to modify the parking arrangements. We will keep you informed as we get closer to this event.

For those of you who were wondering, the date of the meeting is Saturday, October 23th, starting promptly at 9:00 a.m. at the Mora-Vasaloppet Nordic Center.

Let's all hope for long and snowy winter.

" I quit school in the sixth grade because of pneumonia. Not because I had it, but because I couldn't spell it."

- Boxing Great Rocky Marciano

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Over Hill and Dale

By: Chris Frye
Chatfield High School

Fall has to the best time of the year — crisp, cool weather (eventually), and a group of hard-working, goofy kids to great us every day after work. Does it get any better than that? I hope your season is off to a good start and that you're enjoying it as much as I am.

This first column of the season is dedicated to Pat Foley, the latest inductee into the Minnesota Cross Country Coaches Association Hall of Fame. But first, a few of housekeeping items from the State High School League.

Coaches have been asking about the National Federation jewelry rule change that allows competitors to wear unadorned hair-control items (such as bobby pins and barrettes) up to two inches. I talked with Lisa Lissimore from the league office to confirm whether this rule goes into effect for us this fall. She reports that it does not — it takes effect next spring for track and in fall 2011 for CC. Bummer.

Lisa also mentioned that the MSHSL is now putting rules-update information on the sport activity pages of their Web site. Check out those pages for the latest on any rules changes. And, she clarified the rule regarding CC runners participating in road races during the season: Students on a cross country team can run in road races, fun runs, marathons or a race for a cause during the season, provided that the distance run in the competition is different in length than what they run in high school cross country.

Now, some background on Pat Foley, who was inducted into the Hall of Fame at the association's summer meeting (thanks to past president Dave Chatelaine for the information):

Coach Pat Foley coached both boys and girls cross country at Northfield High School for 23 years. Prior to his Northfield tenure, he coached cross country for three years in Granite Falls. While at Northfield High School, he built a successful program that drew large numbers of runners. There were several years where his teams numbered over 100 runners — quite an accomplishment for a smaller school where football and soccer are very popular. It was not unusual to see JV races loaded with maroon and gold Northfield uniforms.

Pat's coaching influenced many of his runners to continue to run long after graduation. Sixty of them competed at the collegiate level. Four of his former runners are head coaches at the collegiate level, and several others coach at the high school level. Chris Lundstrom and Jared Pittman are a couple of stellar athletes who competed on Pat's Northfield teams. Chris competed at Stanford University, was a member of Team Minnesota, and has been a top Midwest marathoner. Jared was a stellar runner at the University of Iowa and earned Freshman of the Year honors for the Big 10.

Eight of Pat's teams qualified for the State meet. Five girls' teams qualified, with their best finish 4th place in 2000. Three boys' teams qualified, with their best finish 5th in 1992. Eleven of his runners earned All-State honors.

Coach Foley served as president of our coaches association and headed the Coach of the Year selection committee for several years. He has also been the meet manager for several Missota Conference Track meets and served as assistant meet manager for the Section 1AA Track meet. Pat has competed in 25 marathons and has a running streak that lasted several years. Coach Foley is most proud of the fact that at Northfield, they provided a quality program for the fastest to slowest runners.

Congratulations Pat!

In future columns I'll try to touch on issues that affect cross country and are of concern to cross country coaches. If you have ideas, thoughts or concerns, please do not hesitate to contact me at ccfrye53@gmail.com.

Cheers!

Life and Retired Life Members

We would like to have all life and retired life members contact us if there has been any change in your address recently. It is important to let us know if you are receiving your *Prep Coach*. If you have access to email, we would like to have you email us at the following address ***jomar@lakesnet.net*** or you may drop us a note to MSHSCA, PO Box 519, Detroit Lakes, MN 56502. We are trying to do a better job of keeping the files updated and your help is much appreciated.

Need new Life Card?
Please send the life card you currently have to the MSHSCA address (above) and we will send a replacement.

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HOOP SCOOP

By: Patty Sorensen
Park Center IB World School
2010-2011 MGBCA President

I hope this finds all of you having had a great summer, you are rested, and you are looking forward to another exciting school year and season of Minnesota Girls' Basketball.

I am honored to serve as the President of the MGBCA for 2010-11. I want to thank Dawn Baudoin for her commitment and leadership as our President this past year and look forward to her continued support and dedication to Minnesota Girls Basketball. We are very fortunate to have an outstanding group of leaders in our association; Dawn from Grand Meadow will serve as Past President, Jenny Johnson from Edina is our Executive Director, and Jen Rademacher from Robbinsdale Cooper High School is our President-Elect. In addition, Erin Herman from Hill-Murray and Jen Rademacher are our Fall Clinic Directors; Pat Barrett is our MSHSL Liaison and Miss Basketball Chairperson; Rich Uttech from Granada-Huntley and Pat Barrett head our Hall of Fame Committee and Banquet. Jenny Johnson and Carla Young chair our All Star Committee. Thank you to our section reps and those of you that also commit your time in assisting on the various committees.

We will be hosting our 32nd Annual Fall Coaches' Clinic this year on October 29th and 30th. Erin and Jen have done an excellent job of planning the two days with an outstanding group of speakers and topics. Friday the 29th will be held at the University of Minnesota. Coach Pam Borton and the Gopher Coaching Staff will be covering all aspects of the game. The session on Saturday the 30th we will be at Park Center High School and will feature various speakers and topics including: Wisconsin Head Coach Lisa Stone, Marquette Head Coach Terri Mitchell, and St. Thomas University Head Coach Ruth Sinn. We are looking forward to another great clinic.

Last year we joined with the American Cancer Society and Coaches vs. Cancer in the fight against cancer. Many were involved and came up with several unique ways to raise money to fight Cancer. Dawn Baudoin helped get this off the ground and she is going to take the lead on this again this year. Our goal is to get every girls' basketball program in the state to get involved. Look for more information to come.

Take a look at our website: www.mshsca.org/girlsbasketball. The

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Girls Basketball Coaches

Save time at the clinic!

All Coaches are encouraged to register for membership and the clinic online at www.mshsca.org

The 1st 125 coaches registering online will receive a sport specific t-shirt from Lakeshirts Blue 84 division.

Life members will be counted as we receive their registration.

If you are sending one check for your whole staff, that can be done online also.
Each coach enters their information & prints out a receipt to be included with the payment.
Login with your email and password from last year's online registration.
If you mailed in your registration last year, your password is probably zzz.

2010 Girls Basketball Clinic Mail In Registration
October 29th & 30th
Day 1: Williams Arena, U of M, Day 2:Park Center HS
ALL Coaches attending the girls basketball clinic are encouraged to be members of MSHSCA
Out of state, college and club coaches can join as associate members

Name_____
Mailing Address_____
City_____State_____ Zip_____
Preferred phone_____
Preferred E-Mail_____
High School Where you Coach_____
Competitive Section #_____ A AA AAA AAAA # of Years you have coached _____

HEAD COACH

Clinic Fee		$ 110.00	$115.00 at the door
MSHSCA Membership Fee*		$ 30.00	
Sport Association Fee		$15.00	
	TOTAL	$ 155.00	Checks payable to MSHSCA

Assistant Coach

Clinic Fee		$ 110.00	$115.00 at the door
MSHSCA Membership Fee*		$ 30.00	
Sport Association Fee		$ 10.00	
	TOTAL	$ 150.00	Checks payable to MSHSCA

Life Member Coach must mail in their registration

Clinic Fee		$110.00	$115.00 at the door
MSHSCA Insurance Fee		$10.00	
Sport Association Fee Head $15. Assistant $10		$_____	
	TOTAL	$_____	Checks payable to MSHSCA

Out of state, college & club coaches

Clinic Fee		$ 110.00	$115 at the door
MSHSCA Membership fee		$15.00	
	TOTAL	$ 125.00	Checks payable to MSHSCA

Sport Association fee (optional..... $15 (H) $10 (A) _____

Mail to: MSHSCA, PO Box 519, Detroit Lakes, MN 56502
Questions? Call: 218-847-6796 or email: jomar@lakesnet.net

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website is a very helpful tool. It provides all the information for the Association leadership including your Section Representative. You will also find all the forms and deadlines for Ms. Basketball, All-Star and All-State, Academic All-State, Section Academic Championships and Hall of Fame. At our website you will also find further information on the clinic and registration.

The Association membership form is also accessible from the website. I would encourage all of you and your coaching staffs to become members of the organization. There are many benefits to membership for you as an individual and for your programs. In order for your players to be eligible for any of the awards that the association sponsors, the head coach must be a member of the girls' basketball association. You can register on line and it is easy and quick to complete by either using our link or going to www.mshsca.org and find the link for 2010-11.

Our association continues to work productively with the Minnesota State High School League through our MSHSL liaison, Pat Barrett.

I am looking forward to working with all of you this year. I hope to see you all and your coaching staff at the Fall Clinic! Please contact me with questions, ideas, and input at sorensenp@district279.org or 763-569-7600.

BANK SHOTS

By: Steve Grove,
MBCA President
Willmar HS

Another summer comes to an end and another school year quickly approaches us we are once again faced with a number of incredible opportunities.

The MBCA Coaches Clinic has been scheduled for Oct 29-30. The Hyatt Regency Hotel in Minneapolis will the new host for our clinic. More details, including hotel reservation information, clinicians, a registration form, and an event schedule is included in this issue of the Prep Coach and is also posted on the MBCA website. Northern State University is offering one hour of graduate credit for this years coaching clinic with two options:

1) Early Bird Registration BEFORE September 1, 2010 - $50 for one graduate credit hour

2) AFTER September 1, 2010 – $90 for one graduate credit hour

To fulfill the course work for credit they will require a copy of the registered clinic notes and completion of an online component reviewing a three hour DVD - Basketball: The Don Meyer Way. You can go to the MBCA website to print registration forms if interested. The MBCA is also pleased to announce that through our membership in the National High School Basketball Coaches Association we are able to continue to offer MBCA members an opportunity to purchase/renew the Fast Draw Basic software program at the price of $35 per subscription with $5 being returned to the MBCA. A subscription sells on the open market for $229.98. The subscription process has been refined and acquisition of such will go directly through Fast Model software this year.

Congratulations to the new members of the MBCA Hall of Fame: Bill Bauman-North Branch, C.R. "Chuck" Gulsvig-Moorhead, Bruce Kugath-Shakopee, Jerry Litfin-Delano, Roger "Shorty" Schroeder-Willmar. They will be inducted at the Hall of Fame banquet which will be held Oct. 31, at 12:00 at the Hyatt Regency.

Executive Secretary Tom Critchley represented the MBCA at that National High School Basketball Coaches Association. Presently there are 28 states that make up the Association with the mission statement of the newly formed association focusing on developing a unified National High School association that will promote and enhance the profession of the High School basketball coach. A national website is in the development stages and coaches will receive more information in the near future. MBCA membership automatically makes you member of this organization.

The MBCA Hall of Honor has been established to honor those persons who have helped to improve/promote/ and or serve basketball in Minnesota. Honorees have been longtime supporters of their local teams or have given outstanding service to the game of basketball. Awards are given in four categories: Officials, Media, Coach - Head/Assistant, and Friend of Basketball. To be eligible for the Hall of Honor, a person must have been involved with basketball for at least 20 years. That person must be nominated by a MBCA member, the MBCA Executive Board, or the MBCA Hall of Fame committee. The following people will be inducted as the initial members of the MBCA Hall of Honor in 2010:

Jim Geske- Founding Father MBCA and Coach-Mounds View, Frank Fee-Media-Crookston Area

Brad Larson-38 years Assistant Coach-Owatonna, Ken Lien- Friend of Basketball -Founder of Mr. Basketball, Kwame McDonald- Media/ Friend of Basketball-Minneapolis Spokesman-Recorder

MBCA has chosen the weeks of January 25-30 and February 1-6 and Coaches v Cancer week. Coaches will receive direct information from the American Cancer Society with additional information and ideas posted on the MBCA website. The efforts of coaches and athletes rose over $50,000 last year for this worthy cause.

There are vacancies on the Executive Board for 8A/6A representative, Metro representative, and Assistant Coach

. . . continues on page 10

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Bank Shots. . . continued from page 9

Representative. If interested please contact Tom Critchley at hctirc@earthlink.net. Member coaches of Sections 6A and 8A will vote in an election conducted by Tom Critchley after school begins. The Executive Board will vote on interested candidates for the At Large Metro and Assistant Coach Representatives.

I would like to thank Matt Addington for his excellent leadership and dedication to the coaching profession as the past president MBCA. Also I hope that everyone has a great start to the new school year.

MINNESOTA BASKETBALL COACHES ASSOCIATION FALL CLINIC

The 2010 Minnesota Basketball Coaches Association Fall Clinic will be held on Friday, October 29th and Saturday, October 30th at the Hyatt Regency Hotel in Minneapolis.

The 2010 clinic will feature **Tubby Smith** and the **University of Minnesota** staff, 2010 NCAA Tournament participant coaches **Ben Jacobson** of **Northern Iowa** and **Mike Young** of **Wofford, Spencer Wood of Ice Box Athletics,** skill development specialist **Brett Ledbetter,** and Minnesota High School coaches including **Vern Simmons** of **St. Paul Johnson** and **Broderick Powell** of **Park Center**.

Exhibitors will also be present with displays to provide coaches with information and assistance in current or future needs. The annual Awards Luncheon, a coaches' social, and awarding of door prizes, including several major prizes, will also highlight the event.

The annual **Hall of Fame Banquet** will be held on **Sunday, October 31st** beginning at 12:00 p.m. at the Hyatt Regency Hotel. Clinic registrants are invited to attend for a minimal cost of $10.

The yearly gathering of basketball coaches will tip off at 9:00 a.m. on Friday with UNI coach **Ben Jacobson.** In 2009-10, the fourth year head coach led the Panthers to a 30-5 mark to eclipse the school record for wins by seven games, to their second consecutive MVC League and Tournament championships, and the program's first-ever Sweet 16 appearance by knocking off the No. 1-ranked Kansas Jayhawks in the NCAA Tournament's second round. Coach Jacobson's teams make defense a priority and several Minnesota athletes have played significant roles in their success.

Tubby Smith will follow the opening sessions at 11:15 with a presentation including providing coaches with an outlook for the coming season for his Golden Gophers. With over a 70% winning percentage for his career his prowess as a coach speaks for itself. Combined with his commitment to the athletes, the universities, and the communities in which he serves and his leadership role within the coaching profession it is readily apparent to observe why Coach Smith is one of the most highly respected and successful coaches in the nation. We are proud, fortunate, and honored to have him as the coach of the Golden Gophers.

The noon luncheon for all clinic participants will begin at 12:15 p.m. The luncheon will include the presentation of coaching awards, including: 2009-10 Section Coaches of the Year, 2009-10 Assistant Coaches of the Year, 2009-10 State Coaches of the Year, coaching milestone awards, and achievement awards. Legendary Cold Spring Rocori coach, **Bob Brink**, will be honored with the Legends of the Game Award. **Don Shelby** of WCCO television will be presented with the MBCA Ambassador of Basketball Award. The 2010 Hall of Fame inductees in attendance will be introduced and recognized. Members of the HOF Class of 2010 are; **Bill Baumann, C.R. "Chuck" Gulsvig, Bruce Kugath, Jerry Litfin, and Roger "Shorty" Schroeder.** The luncheon will also feature the induction of the initial members of the MBCA Hall of Honor; **Frank Fee**, **Jim Geske**, **Brad Larson**, **Ken Lien**, and **Kwame McDonald**.

An opportunity to visit the exhibitor booths will follow the noon luncheon and precede presentations by **Spencer Woods,** of Ice Box Athletics, "Mental Toughness and Training," and **Brett Ledbetter,** "Skill Development." The gathering will be split into two groups for the back to back sessions.

Icebox is one of the premier resources for coaches looking to teach their athletes immediately-applicable mental toughness skills and expand their own expertise in an area that all acknowledge is critical to peak athletic performance and overall success. Mr. Spencer Wood has worked with Olympic and professional teams, outstanding college programs from conferences including the ACC, Big Ten, Big East and Big 12, and major sports conventions such as the NCAA Final Four and Nike Coach of the Year.

Ledbetter is one of the top speakers at basketball coaching clinics and elite level camps throughout the United States and Canada. Brett has formulated a blueprint for all players to learn the art of scoring through concentration, balance, and footwork. His passion and knowledge motivates coaches and players alike. His session will be "on the court" at the Hotel.

An opportunity for Class A, AA, AAA, and AAAA coaches to meet as groups will follow the split sessions. MBCA Executive Board Representatives will provide coaches with information and seek input for MBCA initiatives.

Friday evening's session will feature on-the-court sessions at Hyatt Regency Stay-
Fit gym by Wofford Head Coach, **Mike Young**. During the 2009-10 season, his 21st year with the Terrier program, his 8th year as head coach, Coach Young's

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program reached new heights winning a school-record 26 games, claiming the Southern Conference regular season and tournament championships and participating in the NCAA Tournament for the first time in school history. Their first round game with Wisconsin was one of the most memorable and exciting games of the tournament especially with the contributions of the Minnesota athletes on the Wofford squad. Coach Young's teams have achieved success while consistently playing one of the toughest DI schedules in the country.

The annual MBCA Social at the Hyatt Regency will follow the on court sessions.

Saturday morning's session will be tipped off by **Broderick Powell**, Park Center. Coach Powell's Mpls. North teams achieved success in the highly contested Mpls. City Conference with their tough defensive play and teamwork-a style he will no doubt be bringing to his new position at Park Center. Coach Powell will be followed by **Vern Simmons,** from 2010 Class AAA Champion St. Paul Johnson. Coach Simmons led his Governors to the title with a fast paced, intensive style of play. His squad will begin the 2010-11 campaign as one of the most highly ranked teams in any class. A third Saturday morning third session speaker will announced prior to the Clinic.

All clinic participants will receive a MBCA/Spalding/Russell gift and an MBCA personalized name badge, provided by Spalding and the MBCA. Friday's luncheon and the coaches social will be complimentary for all clinic registrants. A wide variety of exhibitors will display their wares and provide door prizes for clinic participants during the sessions. Opportunities to visit the exhibitors will be scheduled and are highly encouraged. The clinic will also include the distribution of exhibitor and MBCA door prizes, including major door prizes, i.e. state tournament ticket packages, Timberwolves weekend, and state tournament hotel stay, to those in attendance.

The cost of the Fall Clinic is $90 if registered prior to October 19th. **Cost after October 19th and at the door will be $110.** MBCA coaches will have the opportunity to purchase one ticket per registered coach for the Hall of Fame Banquet (Sunday, October 31st) at the rate of $10 if pre-ordered with the clinic registration. Additional banquet tickets cost $25 and must be pre-ordered as well.

Clinic registrants will also have the opportunity to earn up to three graduation credits from Northern State University. Information and registration forms can be found online at the MBCA website.

The Hyatt Regency is providing a clinic special for coaches' rooms. **Those rooms should be booked prior to October 14th. Early bookings are encouraged. You may register online by using the following link:** https://resweb.passkey.com/Resweb.do?mode=welcome_ei_new&eventID=2670152

The phone number to make a reservation is 1.888.421.1442 or 402.592.6464. When registering via phone call you must mention that you are a MBCA Clinic participant. This will qualify you for the special group rate and assist the MBCA in meeting a pre-determined quota for rooms.

Updated information and registration forms are available online at http://www.mshsca.org/boysbasketball

For any further needed information please contact Ron Larson, MBCA Clinic Director, at ronlar@stfrancis.k12.mn.us or Tom Critchley at hctirc@earthlink.net.

MBCA
Minnesota Basketball Coaches Association

FALL CLINIC Oct. 29-30,2010

HYATT REGENCY HOTEL

1300 Nicollet Mall, Minneapolis
1-888-421-1442 (Reservations)

Mention the MBCA Clinic for special group room rate!
(Book Before October 14th)

MBCA CLINIC ITINERARY

Friday, Oct. 29

7:30-9:00	Registration-Visit Exhibitors
9:00-9:15	General Announcements
9:15-10:00	**Ben Jacobson, University of Northern Iowa**
	Visit Exhibits
10:15-11:00	**Ben Jacobson, University of Northern Iowa**
	Visit Exhibits
11:15-12:00	**Tubby Smith, University of Minnesota**
	Visit Exhibits
12:15-1:50	**MBCA AWARDS LUNCHEON**
	Visit Exhibits
2:00-2:50	**Group A: Spencer Wood, Ice Box Athletics**
	Group B: Brett Ledbetter (@StayFit Gym)
	Visit Exhibits
3:05-3:55	**Group B: Spencer Wood, Ice Box Athletics**
	Group A: Brett Ledbetter (@StayFit Gym)
	Visit Exhibits
4:00 - 4:30	**Class Meetings (A, AA, AAA, AAAA)**

Dinner Break Followed by Evening Sessions

6:45-7:35	**Mike Young, Wofford (@StayFit Gym)**
7:50-8:40	**Mike Young, Wofford (@StayFit Gym)**
9:15 p.m.	**MBCA Social @ Hyatt Regency Hotel**

Saturday, Oct. 31

8:00-9:00	Registration/Coffee & Rolls
9:00-9:50	**Broderick Powell, Park Center H.S.**
10:00-10:50	**Vern Simmons, St. Paul Johnson H.S.**
11:00-11:50	**TBA**

ALL COACHES FROM ALL LEVELS ARE INVITED TO ATTEND THE ANNUAL FALL CLINIC. ALL COACHES REGISTERED WILL RECEIVE A **SPALDING/MBCA** GIFT.

Name(s)_____
_____
_____
_____

School_____
School Phone/email _____

_____ Pre Registrations @ $90 $_____
_____ **Hall of Fame @ $10** $_____
_____ Additional Hall of Fame @ $25 $_____

TOTAL Enclosed $_____

Make checks Payable to: **MBCA Clinic**
DEADLINE: FRIDAY, October 19 ($110 after)
Remit to: Tom Critchley - MBCA Clinic
2660 Mackubin St.; Roseville, MN 55113 (651) 484-5325
Registration is $110 at the door. (Clip and Mail to address above)

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MEMBERSHIP PERKS

MSHSCA

- **AMERICINN LODGE & SUITES** - 2050 Freeway Blvd Brooklyn, Center MN 55430 - $69.95 Includes full breakfast. Mention MNCS when making reservation. Contact Ralph Thomas 763-566-7500 3/31/2010
- **AMERICINN - Ham Lake** - Contact Al Patel, 763-755-2100. 13440 Highway 65 NE, Ham Lake, MN. $59-$99 Includes Breakfast. 4/1/2011
- **BEST WESTERN NORMANDY DOWNTOWN - MINNEAPOLIS** - 1-800-372-3131 Ask for the "Coaches" rate and receive 15% off our Best Available Rate. Contact Timothy Holden with questions. 12/31/2010
- **CROWNE PLAZA MINNEAPOLIS NORTH** - 2200 Freeway Boulevard, Brooklyn Center, MN 55430 - On site restaurant and lounge. Contact Tyler Damlo 763-489-2568
- **DAYS INN - Mounds View** - Contact Pravin Patek, 763-786-2465. 2149 Program Avenue Mounds View, MN. $64.99 12/31/2010
- **EMBASSY SUITES - Brooklyn Center** - (763) 560-2700 - Ask for MN Coaches Association Rate - Hotel Code = MSPBR. Website: www.minneapolisbrooklyncenter.embassysuites.com
- **RAMADA PLAZA - Minneapolis** - $75.00 - (612) 331-1900
- **MINNESOTA ZOO - Apple Valley** Corporate Rates - 20% OFF on all admissions. Call John Erickson for discount card - (h) 218-847-6796
- **THE NORTHLAND INN -** 7025 Northland Dr Brooklyn Park, MN 55428 - Contact Jodie Fleck 10% off best rate available, mention MSHSCA 09 when making reservation. 800-441-6422
- **ROSEVILLE VISITORS** Association DISCOUNTS - www.visitroseville.com
- **SHERATON MINNEAPOLIS WEST HOTEL** - 12201 Ridgedale Dr 952-960-3538 $82.00 (Weekends) Rest of week is limited availability 12/31/2010

•••Advanced reservations required. All packages & promotions are based on availability. Please mention this promotion at the time of reservation. Offer void with any offers, discounts, groups or conventions.

REASONS WHY MSHSCA MEMBERSHIP IS BENEFICIAL

1. Executive Director available to work for you on a daily basis.
2. Dues include a $1,000,000 Liability Insurance while coaching.
3. Membership card is for admission at many high schools and colleges in Minnesota.
4. Teams are eligible to earn Academic Team and Individual honors.
5. Provide scholarships for Minnesota High School students.
6. NOCAD membership creates revenue marketing that is helpful for the promotion of programs that benefit coaches and their athletes.
7. Four issues of *The Minnesota Prep Coach*, the MSHSCA newsletter which contains information about and for coaches and their association's activities.
8. Provides potential for clinics for any sport association that wishes assistance.
9. Up to date clinic schedules and educational opportunities on our website.
10. Opportunity to be recognized as a Minnesota Coach of the Year.
11. Opportunity to be recognized as a Minnesota Assistant Coach of the Year.
12. Delegate representation that allows coaches to remain fully updated on issues.
13. Close working relationship with all affiliated sport associations.
14. Provides active representation and support on the MSHSL Board of Directors.
15. Recognition for state team championships.
16. Opportunity for 25 Year Club and Life Membership of the MSHSCA.
17. Opportunity to be nominated and selected to the MSHSCA Hall of Fame.
18. United support for each other's programs.
19. Mass membership email capability.

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Delegates Corner

By: Becky Leuer

Dear Delegates:

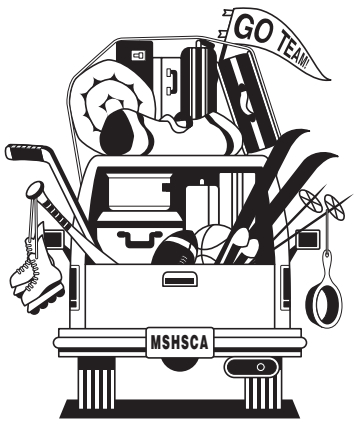
Welcome to the 2010-2011 school year and all the excitement that comes with it. Please take every opportunity that presents itself to spread the word about how important our athletic programs are in the education of our students. As budgets get squeezed, it is important to stress the role our athletic programs have in supporting the educational mission of our high schools. This is what separates us from all other community based programs and why they cannot take our place. Talk about the benefits of educational athletics every chance you get.

As a delegate, please stay in touch with the people you represent. You are the pulse of what is happening around the state and you play an important role as a representative of the coaches in your area. Send an email to introduce yourself and encourage young coaches to join our organization and get involved in their sport associations. Find a young coach and bring him/her along to a meeting. If you cannot attend a meeting, find someone to take your place. Volunteer to fill an open spot as a delegate. The benefits and strength of grass roots efforts in this organization is vital to our success.

Thank you for your efforts on behalf of the MSHSCA.

Henry Ford summed it up rather nicely when he said "coming together is a beginning, keeping together is progress, working together is success.

Have You Moved or Changed Your Email?



If you know of a member who has moved or is not receiving their Prep Coach, please ask them to notify us. Send change of addresses to John and Mary Erickson, PO Box 519, Detroit Lakes, MN 56502, or email us at jomar@lakesnet.net It is equally important for us to have current email addresses. Our webmaster will send notices and updates. Please notify us ASAP if there is a change. There are several life and retired life members that we do not have current addresses for. We do appreciate the help in updating these addresses so that all members get their Prep Coach and other mailings from the office of the MSHSCA.

IN MEMORIAM

HOWARD EMERSON (1938-2010)

Howard Emerson was a long time member of the MSHSCA Executive Committee serving as Clinic Director. He devoted countless hours providing training to coaches seeking to improve themselves by listening to successful coaches. Emerson yearly provided sites for summer meetings in preparation for summer clinics often through a great deal of personal expense. Few people in this world were are generous and thoughful as Howard Emerson.

He loved the coaching profession and those people who served as leaders of the youth of their respective schools. He had a deep love and affection for hs wife and family and served as an example on how to lead your life.

Howard was born in Mankato and later his family moved to Moorhead and then West Fargo, ND where he and his brother graduated from High School. He played football, basketball and baseball in high school and football at Jamestown College where he received his degree in education.

Emerson's first teaching and coaching assignment was in Plummer where he and his wife Mary-Margaret joined him in 1961. In 1963, the Enerson's moved to Warren where they lived for 26 years. Howard was a successful coach and entrepreneur.

His numerous awards include the MSHSA's George Haun Award and the National Distinguished Service Award and the Minnesota Regional Foster Children Award. Howard operated several successful businesses in West Fargo and Warren.

Throughout his life, Howard held many jobs and positions, all of them serving others in some capacity. He opened his heart and home to all including numerous foster children and his four legged friends. Some of his favorite times included coaching, working with the MSHSCA ,flying his airplane and driving bus for the NDSU Bison, enjoying his grandchildren and spending time with his family.

He and his wife, Mary-Margaret have two children, John and Jane and four grandchildren.

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Diamond Cuts

By: Adrian Wagner
Benilde - St. Margaret's

As another school year is about to begin, perhaps it's best to take a quick look back at the 2010 spring softball season.

The weather was again so-so with rain and cold temperatures factoring into many team's schedules, but when the teams did take the field, many great games and performances were turned in throughout, culminating in a state tournament where two championship games were determined by one run and the other by two runs.

In Class A, New Life Academy continued its recent run of dominance by winning its third consecutive state title at that level. The Eagles did so without allowing a run in the tournament, defeating Wabasso 8-0, Badger-Green Bush-Middle River 1-0 in nine innings and finally Barnum 2-0 in the championship game.

In Class AA, Park Center made the most of its first season at that class (after dropping down from AAA) by claiming the title. The Pirates showed off good pitching and defense by allowing three runs total on the way to the crown. Park Center beat Zumbrota-Mazeppa 9-1 and followed with with an 11-1 win over St. Anthony Village. And in the finals, the Pirates defeated defending champion Hermantown 2-1.

In Class AAA, Burnsville won a trio of one-run games to claim the 2010 title. The Blaze opened with a 1-0 victory over Brainerd and followed it up with another 1-0 win, this time against Hastings. A few more runs were scored in the championship game, but not many, as Burnsville defeated North St. Paul by a score of 3-2. It was the second consecutive second-place finish for the Polars.

Between the nine games the three 2010 champions won on the way to their titles, pitchers for the Eagles, Pirates and Blaze allowed a grand total of six runs to be scored against them. This sort of pitching dominance is something that likely will change a bit starting with this coming season's state tournament, which will be the first with the pitching distance moved back to 43 feet (from 40 feet). Safety factors played a large role in making this change at the national level, but the general consensus is that more runs will be scored as a result of it and it will be less likely that one "stud" pitcher can carry a team on her back as has happened in the past. Much more will be mentioned about this rule change in this column over the coming months.

Following the state tournament, 72 of our sport's brightest seniors came together for the annual all-star series on Sunday, June 13 on the same fields at North Mankato's Caswell Park. The series features six teams playing three games in a tournament bracketed format.

In many of the past seasons that would have been it for high school softball, but a sampling of these 72 graduating seniors came together for one last hurrah as a border battle with Wisconsin was revisited after a five-plus year hiatus. The two games were played on July 6 at Miller Park in Eden Prairie. The team was led by former Park of Cottage Grove coach Charlie Whitbred, who ended his long and bright coaching tenure following the 2009 season. Team Minnesota did not disappoint either, winning both games, including the opener 2-1 with a run in the bottom of the seventh inning. The series will resume next summer with two games at Steven's Point, Wis.

PERFORMANCE PLAYBOOK
Gatorade Sports Science Institute
gssiweb.org

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performance and
Medical conditions & sports injuries

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as e-newsletters at your email address

MSHSCA's CORPORATE SPONSORS 2010-2011

The following friends of Minnesota coaches and Minnesota prep sports have made contributions to the MSHSCA that will assist the association in providing opportunities for coaches to better their programs and provide the ultimate possible experience for the athletes that take part in their programs.

- Gatorade
- McDonald's Restaurants of Minnesota
- Computer Professionals Unlimited, Inc. - Morris
- Airware America - Elbow Lake
- Liberty Mutual
- Wells Fargo Bank - Detroit Lakes
- Trophies Plus - Templeton, IA
- R.L. Wendorff Insurance - Fulda
- Don Swanson Awards Inc. - Elk River
- Forum Communications Printing - Detroit Lakes
- Velocity Sports Performance - Champlin
- All Star Fundraising - Minneapolis
- Matt Hedstrom Agency - Detroit Lakes
- Roseville Visitors Association
- The Breakdown - Becker
- JK Sports, Fergus Falls
- Beach's Awards, Wayzata
- Cosmos Enterprises, Inc (Elbow Lake)
- RJY Development Inc - Rochester
- Amerivision - Larry Mollins - Perham
- T.J. Potter Trucking/Becker Warehouse (Becker, MN)
- Educational Resources of MN (Springfield)
- Precision Printing - Detroit Lakes

COACHES:

Please support the sponsors who are concerned about your athletes and your programs!
Good luck in 2010-2011
Thanks for your support

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Minnesota State High School Coaches Association

HALL OF FAME

CRITERIA FOR THE SELECTION OF CANDIDATES

1. Individuals selected as nominees must have shown a deep sense of responsibility in the manner in which they conducted themselves as coaches, and demonstrated a dedication to the highest ideals of competitive interscholastic athletics.

2. Of equal importance is the manner in which they conducted their programs, that they be most beneficial to their players, their schools, and their communities, always reflecting a positive image of interscholastic athletics and/or coaches.

3. They shall have demonstrated the characteristics of leadership, the ability to motivate and inspire, and to guide and counsel young athletes.

ELIGIBILITY REQUIREMENTS

1. Nominees must have been active in coaching and/or athletic administration for a minimum of 25 years.

2. Nominees must be a life member of the MSHSCA.

SEND NOMINATIONS TO:
Jim Baker
8185 E. Courthouse Blvd. Ct.
Inner Grove Heights, MN 55076

MINNESOTA STATE COACHES ASSOCIATION HALL OF FAME NOMINATING FORM

Name: _____
Last First Middle

Address: _____ City: _____ Zip: _____

Birthdate: _____ Single: _____ Married: _____ Phone #: _____

Deceased: _____ Spouse's Name: _____

Children and Ages: _____

Nominating Person or Group: _____

Rationale for Nominations: _____

Personal History: Hometown: _____

College: _____ Year: _____

College Honors: _____

Coaching History: (Sports-School & Years): _____

_____

Coach Awards, Honors & Highlights: _____

_____

Are you currently an inductee to a Sport Associaiton? If yes, please list: _____

_____

Present Status: _____ Organizations & Honors (other than coaching): _____

_____

_____

Coaches Association involvement & Present Status: _____

_____

Please list Other Highlights & Experiences: _____

_____

_____

_____

Nominated by: _____ Date: _____

MORE HALL OF FAME NOMINEES ARE REQUESTED.
THERE ARE A LOT OF DESERVING COACHES THAT SHOULD BE RECOGNIZED!!

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Bounce Shots

By Greg Visich
President, MSHSBLCA
Hill-Muray H.S.

Fall is upon us and now our 'vacation' as coaches begins. Effective July 31st, boys lacrosse head, assistant, and volunteer coaches are prohibited from coaching or organizing lacrosse activities for their high school players. With the increase of off-season travel teams, camps and clinics, it is extremely important that we uphold the MSHSL rules for the sake of our players, the Team we coach, and the schools we represent. If you are uncertain about the scope or spirit of the MSHSL coaching rules, please contact your Athletic Director for clarification. Visit the MSHSL website to download a copy of the "Official Handbook."

There are several dates you should be aware of as you begin to plan and schedule your season:

March 28, 2011:	Official start of the season
April 7, 2011:	1st available competition date
May 23, 2011:	Sections begin
June 7-10, 2011:	State Tournament

Due to limited official availability during the college lacrosse playoffs, please try to avoid scheduling games on April 22nd, 23rd, 29th, and 30th. As in previous years, you may schedule up to 13 regular season games, but we suggest only scheduling 12.

We will hold our general membership meeting in September. Please be sure to join the Boys Lacrosse Coaches Association by visiting www.mshsca.org. The MSHSBLCA will be holding elections for both the Vice-President and Secretary positions; check your email for nomination and election information.

This spring, Boy's Lacrosse will celebrate its fifth anniversary as a sanctioned MSHSL varsity sport. In that time, we have witnessed an amazing growth not only in the number of varsity teams but also in the level of competition and talent around the State.

The MSHSBLCA Board of Directors thanks you for all you do to make every lacrosse season exciting and memorable for our student-athletes.

MSHSCA 2010-2011 MEETING DATES

September 11	Sport Presidents Meeting; Sheraton West, Minnetonka; 9:00 am.
October 9	Finance Commitee Meeting; 7:30 am; Sheraton West.
October 9	Fall Delegate Assembly; Sheraton West; 9:00 am
October 9	Hall of Fame and Awards Banquet; Sheraton West; 5:30 pm
December 4	25 Year Club brunch & award presentation, Edinburgh Golf Club, Brooklyn Center; 10:00 am.
January 15, 16, 17	NOCAD Meetings; Wilmington, NC
March 24	Finance Committe Meeting (Site to be determined)
March 25	Spring Delegate Assembly, Mancini's Char House; St. Paul; 9:00 am
May 5	Spring Executive meeting if needed (site to be determined)
June 21, 22, 23, 2011	Summer Executive Meeting; Detroit Lakes

PREP COACH DEADLINES TO SUBMIT ARTICLES

September 1 December 1 March 1 May 1

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MnIAAA CORNER

By: Larry Traetow
President MnIAAA
Jackson County Central Schools

Greetings and welcome back to school from the Minnesota Athletic Administrators Association(MnIAAA). Another summer seems to have flown by again. I know that the coaches' summer has definitely flown by with the hectic schedule of camps, clinics, and summer leagues. Hopefully all of you have found time to get away from it all to relax and spend time with your families. It is important that we all find that balance between our jobs and our own lives.

Once again this year we will have a number of new Athletic Administrators across the state. On September 12th and 13th at the Crowne Plaza Hotel in Brooklyn Park along with the Minnesota State High School League Office we will be hosting our annual workshop for first time Athletic Administrators. A big thank you to Pete Veldman for the organization of this event to get the new Athletic Administrators started off on a positive note.

At the release of this article all of our fall sports will be up and running for the 2010-2011 school year. Again this year, many of us are feeling the bite of tightened budgets. Not only has it hit the high schools it is also affecting the colleges. If you have been following the news St. Cloud State University has been looking at cutting their football program as a cost cutting measure. We as athletic administrators and coaches need to keep promoting our activities along with all the positive attributes they have to offer.

Best wishes to all and have a great year. The role you all play in the lives of our young people you coach is so important. You truly are making a difference in the lives of our youth.

MEMBERSHIP REPORT 2009-2010

Types of Membership	2009-10	2008-09
Active Class A & AA	6131	5632
Associates	1096	1134
Active Life	591	530
Retired Life	976	977
Honorary	3	3
	8,797	8,276

Breakdown of membership by sport association (2008-09 totals in parenthesis)

Adapted Athletics (23) 23
Alpine Skiing (70) 66
Athletic Directors (259) 258
Baseball (409) 411
Boys Basketball (735) 842
Girls Basketball (621) 658
Cross Country (284) 297
Gymnastics (197) 201
Nordic Skiing (127) 122
Volleyball (655) 631
Boys Swimming (151) 169
Girls Swimming (178) 210
Boys Lacrosse (23) 25
Girls Lacrosse (36) 49
Football (936) 1,023
Boys Hockey (263) 265
Golf (boys & girls) (358) 375
Soccer (boys & girls) (376) 347
Softball (434) 443
Synchronized Swimming (18) 11
Girls Tennis (169) 181
Boys Tennis (125) 136
Track & Field (557) 681
Wrestling (65) 67

Boys and girls swimming and tennis are reported separately and include coaches that are counted in both. Since their seasons are not at the same time our new system counts coaches in each of their seasons.

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2010-2011 UNIFIED DUES APPLICATION FORM

Minnesota State High School Coaches Association, Inc.

PO Box 519, Detroit Lakes, MN 56502
JOHN ERICKSON, EXECUTIVE DIRECTOR
(218) 847-6796 (H) - (218) 847-5493(FAX)
www.mshsca.org jomar@lakesnet.net

*** The membership and insurance year runs from Aug. 1st to July 31st**

NAME (Print) _____
(Last) (First) (Middle Initial)

SCHOOL _____

HOME MAILING ADDRESS _____

CITY _____ ZIP CODE _____

COMPETITIVE SECTION NO. _____ HOME PHONE # ( ) _____

E-MAIL ADDRESS _____

DUES PAYABLE: Check One

( ) ANNUAL DUES PAYING MEMBER - $30.00
Eligible: MN Secondary, Jr. High, Elementary Coaches & ADs

( ) ASSOCIATE MEMBERS - $15.00
Eligible: Out of State Coaches and All College Coaches - MN Officials

( ) LIFE MEMBER (with insurance) $10.00
Eligible: 25 year coaches that have applied for and received a life card

( ) RETIRED LIFE MEMBER - $5.00
Optional: Helps defray cost of Minnesota Prep Coach

NUMBER OF YEARS COACHING, INCLUDING 2010-11 SCHOOL YEAR _____
(This includes Minnesota and all states.)

SPORT ASSOCIATION DUES ....

(Must join parent organization before you can join individual Sport Association)
(Please circle your coaching assignments, Head, Asst, Jr. High, Middle School or Elementary)

ADAPTED ATHLETICS ..... (H) or (A).....$10 (CI).....$10 (PI)
ATHLETIC ADMINISTRATORS $40
BASEBALL (Mar. 7 deadline) ..... $10(H); $5(A)
BOYS BASKETBALL (Dec. 1 deadline) ..... $20(H); $10(A)
GIRLS BASKETBALL (Dec.1 deadline) ..... $15(H); $10(A)
CROSS COUNTRY (Oct. 1 deadline) (B)(G)(B/G) ..... $15(H); $5(A)
FOOTBALL (Oct. 1 deadline) ..... $20(H); $10(A)
Retired Life $25
GOLF (April 15 deadline) .....$10 (B); $10 (G); $10 (B/G)
GYMNASTICS (Jan. 15 Deadline) ..... $10 (H); $5 (A)
BOYS HOCKEY (March 1 deadline) ..... $25 (H); $15 (A)
Retired Life $15
BOYS LACROSSE (May 15 deadline) ..... $10(H); $5(A)
GIRLS LACROSSE (May 15 deadline) ..... $10(H); $5(A)
NORDIC SKIING (Dec. 15 deadline) $10
ALPINE SKIING (Jan. 15 deadline) ..... $10(H); $6(A)
BOYS SOCCER (Oct. 1 deadline) ..... $10(H); $5(A)
GIRLS SOCCER (Oct. 1 deadline) ..... $10(H); $5(A)
SOFTBALL (May 15 deadline) ..... $10(H); $5(A)
BOYS SWIMMING (Jan. 30 deadline) ..... $10(H); $5(A)
GIRLS SWIMMING (Oct. 1 deadline) ..... $10(H); $5(A)
SYNCHRONIZED SWIMMING ..... $10(H); $5(A)
BOYS TENNIS (Mar. 15 deadline) ..... $10(H); $5(A)
GIRLS TENNIS (Oct. 1 deadline) ..... $10(H); $5(A)
TRACK & FIELD (Mar. 15 deadline) (B)(G)(B/G) ... $20(H); $10(A)
VOLLEYBALL (Oct. 15 deadline) ..... $10(H); $5(A)
WRESTLING (Jan. 31 deadline) ..... (H) or (A) $27

ANNUAL MSHSCA DUES **$30.00**
(INCLUDES $1,000,000 LIABILITY INSURANCE)
SPORT ASS'N DUES ..... **$**_____
Head or Ass't
TOTAL ..... **$**_____

LIFE MEMBER DUES, actively coaching **$10.00**
(INCLUDES $1,000,000 LIABILITY INSURANCE)
SPORT ASS'N DUES ..... **$**_____
Head, Ass't or Ret'd
TOTAL ..... **$**_____

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Get Rewarded for Your Feedback

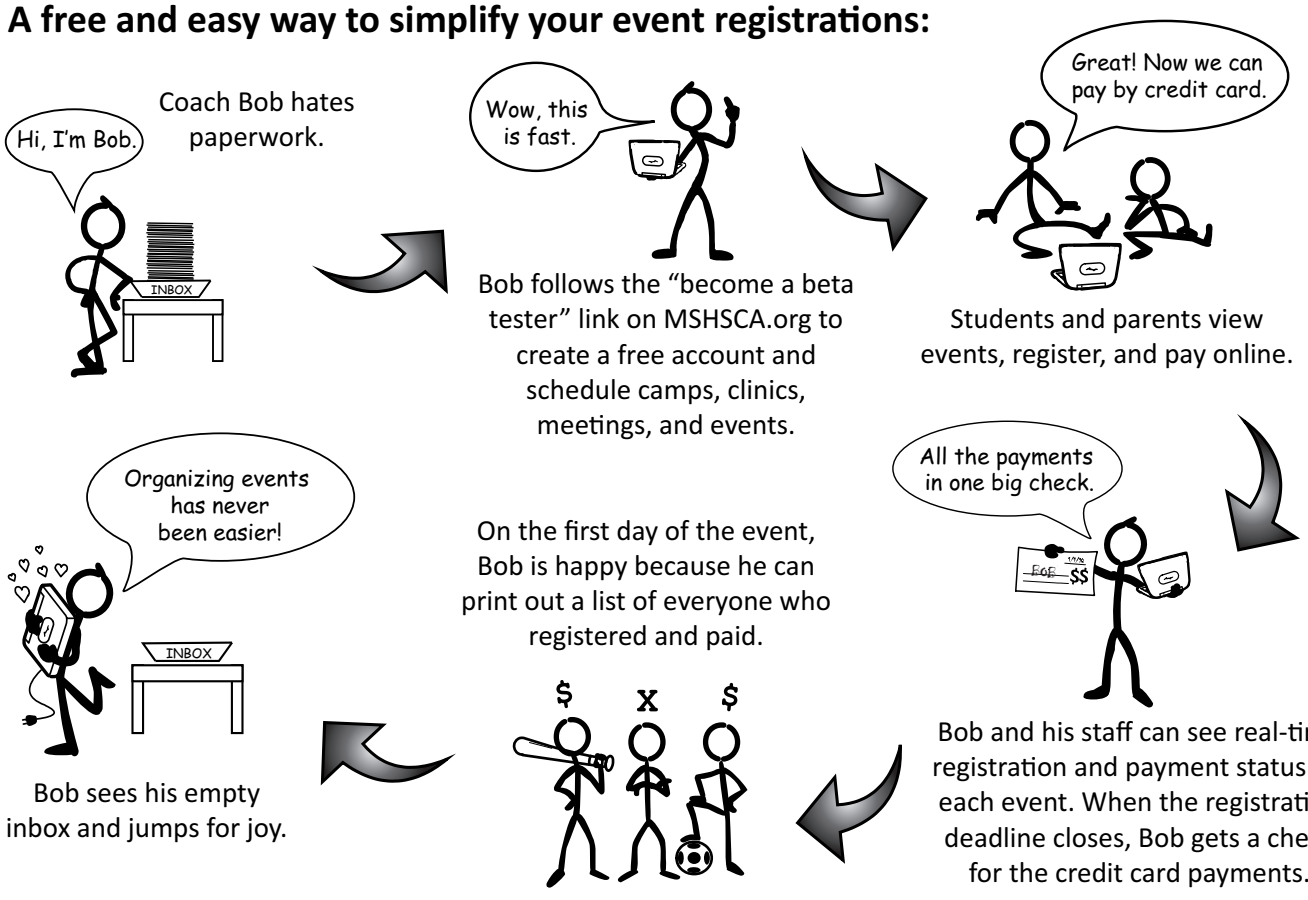
Coaches: Camps & Clinics ▪ **CE Directors: Community Education** ▪ **AD's: Activity Fees**

We're just weeks away from MSHSCA's newest member benefit: our free online event management system. You can schedule camps, classes, clinics, and meetings; monitor registrations; and even collect payments online! To help test the site and collect feedback, we are looking for Coaches, Community Ed Directors, and ADs to participate in our beta testing program. As a beta tester, you will have an important say in the development of the site. Plus, you'll receive a $25 gift card as a special thank you for your help. Space is limited, so register soon. Here's how it works:

1. Join the beta testing program by following the "become a beta tester" link at www.mshsca.org.
2. You'll be given access to a sneak preview of the site. Take a look around and share your feedback via a short survey.
3. Host at least one event (such as a camp, class, or clinic) using the system. After your event, we'll follow up with one more survey and a phone call to get your final thoughts.
4. As a special thank you, you'll receive a $25 gift card!

To register as a beta tester and receive your $25 gift card, click the "become a beta tester" link at www.MSHSCA.org

A free and easy way to simplify your event registrations:



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MINNESOTA COLLEGES & UNIVERSITIES THAT HONOR MSHSCA MEMBERSHIP CARDS

The importance of a close working relationship between college and university coaches and high school coaches in Minnesota remains obvious as 35 institutions of higher learning have opted to continue with the Associate Membership Package offered by the MSHSCA during the 2010-2011 school year.

As part of the arrangement, college coaches can use the MSHSCA membership card to obtain admission to high school events and in turn the high school coach can use the card to attend college most college games. Restrictions apply for college and high school playoff and post season tournament games.

- Anoka Ramsey Community College (Coon Rapids MN)
- Augsburg College (Minneapolis MN)
- Bemidji State University (Bemidji MN)
- Bethany Lutheran College (Mankato MN)
- Bethel University (St Paul MN)
- Carleton College (Northfield MN)
- Central Lakes College (Brainerd MN)
- Century College (White Bear Lake MN)
- College of St. Benedict (St Joseph MN)
- Concordia College (Moorhead MN)
- Concordia University (St Paul MN)
- MN State Comm. & Tech College (Fergus Falls MN)
- Gustavus Adolphus College (St Peter MN)
- Hamline University (St Paul MN)
- Hibbing Community College (Hibbing MN)
- Itasca Community College (Grand Rapids MN)
- Martin Luther College (New Ulm MN)
- Mesabi Community College (Virginia MN)
- Minnesota State University Mankato (Mankato, MN)
- Minnesota State University - Moorhead (Moorhead MN)
- MN West Technical and Community College (Worthington MN)
- Northland Community College (Thief River Falls MN)
- Northwestern College (St Paul MN)
- Ridgewater Community College (Willmar MN)
- Riverland Community College (Austin MN)
- Rochester Community College (Rochester MN)
- Southwest MN State University (Marshall MN)
- St Cloud State University (St Cloud MN)
- St Cloud Tech College (St Cloud MN)
- St John's University (Collegeville MN)
- St Olaf College (Northfield MN)
- St Mary's University (Winona MN)
- U of MN - Crookston (Crookston MN)
- U of MN - Duluth Men's Hockey on Availability (Duluth MN)
- U of Mn - Morris (Morris MN)
- University of St Thomas (St Paul MN)
- Vermilion Community College (Ely MN)

Another example of the MSHSCA at work for the membership!

Dig This

By: Jim Lee
Waconia HS

As some of you may have heard, I didn't have access to my classroom the entire summer. In fact, I just got back into it last week. Papers were missing; furniture rearranged; a new "Smart"Board was installed. I've now got a brand new place to call "home"—although it's not where I sleep at night.

Similarly, we all just got "back into it" last week when the volleyball season started up! To prepare for the upcoming season, 300-400 coaches attended the 2010 clinic at St. Cloud State University where various speakers ranging from the Alabama coaching staff to a former Penn State coach to the current AA Champion Marshall coach, Dan Westby, handed down their wisdom to the many ears welcoming their nuggets of knowledge.

Our volleyball sport has also seen some of our "furniture" being rearranged as the 3-color-paneled volleyball has made its way onto our courts. A week into the season, and it looks like the setters are going to be called for A LOT more double-contacts than previous seasons . . .

Although I may have lost papers from this summer, remember that all forms will be online this year for all state and academic awards. **Friday, September 10th** all All-State nominations are due on-line. **Monday, October 25th** is the deadline for All-State Academic Individual, All-State Academic Team, and All-State Statistics. No entries will be accepted through the mail or by fax! Keep checking our website at www.mnvbca.org for the forms.

Maybe your furniture (line-up) needs to get moved around; maybe some papers (serves) seem to be missing too often; and maybe—just maybe—your girls seem much more "smart" than "bored" compared to where they were last season. In any event, enjoy your second home—the gym—during the next three months. Home is where the heart is and that's exactly what you provide for your athletes every day: a loving heart for any who join and a welcome home to all who enter.

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FLIP NOTES

By: Nicole Green
President MGGCA
Annandale High School

Greetings coaches. Fall clinic is within a blink and before we know it the season will be just around the corner. I hope that you all had a wonderful summer coaching/training and enjoying the sun. With the fall clinic October 7th and 8th, please be sure to register as a high school league member and register for the clinic (in this Prep Coach or online at www.mggca.org). New rule changes are in effect this season, the clinic will be a beneficial way to understand the new rules. We will once again be bringing in judges to help answer any of our questions. Please send your questions to me: ngreen@annandale.k12.mn.us or Shelly Eklund Shelly.Eklund@district196.org so the judges can be prepared and seek input from their associations. We will be taking a poll on some issues that arose in our Spring Section Rep meeting so please have a representative from your school at the clinic so your voices can be heard. I look forward to being your president. Have a great start to your school years. _____

" Sports is the toy department of life"

- Howard Cosell

Gymnastics Coaches

Save time at the clinic!

All Coaches are encouraged to register for membership and the clinic online at www.mshsca.org
The 1st 50 coaches registering online will receive a sport specific t-shirt from Lakeshirts Blue 84 division.
Life members will be counted as we receive their registration.
If you are sending one check for your whole staff, that can be done online also.
Each coach enters their information & prints out a receipt to be included with the payment.
Login with your email and password from last year's online registration.
If you mailed in your registration last year, your password is probably zzz.

2010 Gymnastics Clinic Mail In Registration
October 7th & 8th
Big Lake High School
ALL Coaches attending the gymnastics clinic must be members of MSHSCA
Out of state, college and club coaches can join as associate members

Name_____
Mailing Address_____
City_____State_____ Zip_____
Preferred phone_____
Preferred E-Mail_____
High School Where you Coach_____
Competitive Section #_____ A AA # of Years you have coached _____

HEAD COACH

Clinic Fee	$ 70.00	will be $85 at the door
MSHSCA Membership Fee*	$ 30.00	
Sport Association Fee	$10.00	
TOTAL	$ 110.00	Checks payable to MSHSCA

Assistant Coach

Clinic Fee	$ 70.00	will be $85 at the door
MSHSCA Membership Fee*	$ 30.00	
Sport Association Fee	$ 5.00	
TOTAL	$ 105.00	Checks payable to MSHSCA

Life Member Coach must mail in their registration

Clinic Fee	$ 70.00	will be $85 at the door
MSHSCA Insurance Fee	$10.00	
Sport Association Fee Head $10. Assistant $5	$_____	
TOTAL	$_____	Checks payable to MSHSCA

Out of state, college & club coaches

Clinic Fee	$ 70.00	will be $85 at the door
MSHSCA Membership fee	$15.00	
TOTAL	$ 85.00	Checks payable to MSHSCA

Sport Association fee (optional…….. $10 (H) $ 5 (A) _____

Mail to: MSHSCA, PO Box 519, Detroit Lakes, MN 56502
Questions? Call: 218-847-6796 or email: jomar@lakesnet.net

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2010 Fall Gymnastics Coaches Clinic

Date: October 7th& 8th

Site: Big Lake High School Gymnastic Gym

Clinic Managers: Joan Rosengren/Nicki Green

Clinicians: Bill Corcoran and Steph Hovda

Thursday Night October 7th, 2010

5:30-6:00 Registration

6:00-7:30 Pizza and Gymnastics 101

High School Coaches sharing information related to setting up your season, organizing practices, putting together basic routines and other awesome tidbits.

7:30-9:30 Judges Ann Suites,Craig Sundberg and Colleen Stark-Haws will be there to answer questions you may have. **If you do have questions for the judges please send them to Nicki Green Or Wendy Rooney Prior to September 15th. ngreen@annandale.k12.mn.us **or** wendymrooney@hotmail.com

9:30 Social time The Friendly Buffalo, right next to the Market Hotel in Big Lake (right off of Hwy 10)

Friday October 2nd, 2009

8:00-8:30 Registration and Breakfast – Coffee, Rolls, Bagels and Juice

****Coaches will have two different sessions to choose from in some time slot.**

	Session 1	Session 2
8:30-9:45	Advanced Bars	Intermediate/Beg Bars
9:45-10:00	**Break – Questions**	
10:00-11:15	Beam	Twisting Vault
11:15-11:45	Meeting	
11:45-12:30	Lunch	
12:30-1:45	Floor – Floor Dance/Elements	Flipping Vault
1:45-2:00	**Questions and Break Time**	
2:00-3:15	Front/Back Tumbling	
3:15-3:30	Clinic Evaluation and Wrap Up	

**If you have extra questions, skills or anything that has gone unanswered today at the clinic feel free to stay after longer, there will be coaches available to help answer any of your questions.

Good Luck and Have an AWESOME Gymnastic Season!! ☺

HALL OF FAME CANDIDATES NEEDED

Jim Baker, MSHSCA Hall of Fame Coordinator would like to issue a plea for more Hall of Fame nominations.

There are a lot of deserved people that should be nominated.

Use the form found in this issue of The Minnesota Prep Coach and submit one or more coaches that deserve to be recognized as a Hall of Fame inductee.

QUICK STICKS

By: Rachel Aiken
Chaska/Chanhassen

The 2010 season for girls' lacrosse was filled with many highlights. We'd first like to congratulate The Blake School as the 2010 State Championship. Their young squad held off the defending champions, Eden Prairie High School to win their second title in three years!

Record-breaking crowds were set this year at each game played at the new Chanhassen High School. This is truly an exciting sign that our sport is growing within the metro. With the splitting of some of the co-op teams and new teams joining the MSHSL, we're hoping to move to an eight-team section for the 2011 season.

Last season we had our first coaches collaboration clinic; with such a high turnout we will be bringing it back for 2011. Save the date! It will be held March 20th, 2011 at Eden Prairie High School (the time will be determined). Hearing the positive feedback, the officials will also be invited back and together we will continue to collaborate in offering what is best for our sport and our athletes.

Finally we would like to congratulate, Kate Leavell, from Lakeville for being named our Coach of the Year and Debbie Minneman, also from Lakeville as Assistant Coach of the year. Lakeville High School made a strong showing this year after winning their section and taking fourth place in the State Tournament.

Here's to a great offseason! Live. Love. Lax!

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CLEARING THE HURDLES

By: Kent D. Viesselman
Minnesota High School Track & Field Coaches Association
Cambridge – Isanti High school

Welcome back to another great school year and season. To say I am humbled to be able to write to you in this capacity is an understatement. It is such an honor to be working for and with our membership for the greatest sport on this planet and it is something I do not take lightly.

I want to start by recognizing last year's True Team Championship teams. On the girl's side, the A champion was Luverne, in AA, Totino Grace and in AAA, Moundsview. On the boy's side, the A champion was Pipestone, in AA Mankato East, and in AAA Eden Prairie. Congratulations to all of you and to all teams that had the privilege of participating in the State True Team Meet and the True Team series. The True Team experience has been an amazing positive for our sport and I encourage any of you that are not involved to please reconsider. I can honestly say that it is not only been a great thing for our track program but our community as well. To put it simply if your program isn't participating your kids are missing out on something special. I would also like to recognize the state team champions for the MSHSL track and field championships. In girls A, Luverne and in girls AA Hopkins were state champions and on the boys side Lac qui Parle Valley was our boys A MSHSL team champion and Eden Prairie was our boy's AA state team champion. Congratulations to our 2009-2010 state team champions. Great job everyone!

There are some amazing things happening in Minnesota Track and Field and I want to share one of these opportunities with you. For a number of years several of our members have given suggestions about how we can improve our annual Minnesota State Track Coaches Association Clinic. Over the years our association has attempted to institute these changes in its previous format. After much discussion and deliberation we, as an association, have decided to move in a different direction with our clinic. This change is based on member input, various state clinic models and a belief that we want to give our coaches the best possible clinic we can with the resources we have available to us. The new format of the clinic will be as follows: the clinic will be held over a two day period on Friday, January 28th and Saturday January 29th at the Sheraton Hotel in Bloomington. The Sheraton Hotel has also offered to give our coaches a tremendous room rate around the dates of our clinic. Please consider this option as you make your plans to attend. Along with a location change the room format has changed. At this year's clinic there will be 6 specific event group rooms. These rooms will have event or topic specific speakers over the two day period. The 6 rooms will be horizontal jumps (long and triple), vertical jumps (high jump and pole vault), distance/endurance, sprints/hurdles, throws and a beginning coaches room dedicated to issues related to the new or beginning coach. Each of these rooms will have ongoing teaching and instructing in these specific event or subject areas. There will also be a vendor/social area open throughout the clinic. We have also received confirmation from nationally recognized speakers with more to follow. This list includes Suzy Favor, Gary Winckler, Troy Engle, Ron Backes and Lyndon Reder. We will be sure to update this list via email as we are sure to have more additions in the coming weeks. Besides these outstanding speakers, we also have several of the state's top event coaches and head coaches committed to speak on what they, as high school coaches, are doing successfully with their programs with more high school coaches sure to follow. We, as an association, are thrilled with how all of this has come together and as we continue to develop our symposium schedule it will only get better. At this point, you should have received an email from Craig Nelson informing you of some of these exciting developments with our clinic. If you have not received an email from him, please contact him at cnelson@isd2184.net and we will include you on our next email. Lastly, with respect to the clinic we have tried to make the registration process easier. You may now register for the clinic online on our home page at mshsca.org. Be watching for more email updates about our clinic from Craig in the upcoming months as well.

I want to mention that several other developments are currently being discussed that we believe will improve our already great sport. Please make sure to attend our MSHSCA Track coaches meeting at the clinic for some potentially dramatic and exciting updates with respect to athlete participation at MSHSL sanctioned meets both at the local and state levels. You won't want to miss this!

I want to end with a quote by the late John Wooden that I believe we, as coaches and educators, need to take to heart as we work with youth and try to bring positive change to our sport and to the young people we work with on a daily basis. "Never let what you can't do, interfere with what you can". I think as people we need to focus on this. I think we spend too much time worrying about what we can't do instead of focusing on what we can. Despite factors outside of our control, we have the privilege of coaching the greatest sport on earth and we should never treat that charge with any less respect than it deserves. We have a lot to be proud of and we should be acting like it. I am proud to be a track and field coach and I hope you are too. Have a great school year and I look forward to seeing all of you out on the track this spring.

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Ice Chips

By: Chris Lonke
MHCA Communications
New Prague High School

Fellow Hockey Coaches,

Hope the summer treated you well! We had fantastic weather to work with and hopefully you took advantage of it. If you haven't already, make sure to visit Target Field for a ball game.

Put our fall clinic on your schedule immediately. We are headed to Bemidji this year and get to see their brand new facility. Tom Serratore and his staff will be hosting us October 29th and 30th.

Scott Sandelin's UMD Bulldogs will be the Beavers opponent. We can all assume the presentations will be excellent from these two coaching staffs. You can find all forms at under the coaches tab.

As we always do, we encourage full involvement in the MHCA. We have one the strongest coaches associations, let's keep it that way. I feel we have some important issues to discuss along the lines of our off-season development programs and the Fall Elite league. We need to try and be as proactive as possible!

How many of you have ever watched a Sled Hockey game? I took in my first experience watching games and practices this summer in Rochester, NY. It is really unbelievable what these athletes can do. Mike MacMillan coached a team at the National Camp in July. Ask him about it! We had a player (Alex) who has two Purple Hearts after losing both legs in the Iraq war speak to our team of fifteen year olds. It was a priceless half hour. Find a Sled Hockey activity to take in, Hockey is a great game!

Any new coaches please email your email address at or coaches that have changed their emails recently. Have a great fall and we will see everyone in Bemidji in October!

Minnesota Hockey Coaches Association
Fall Clinic - 2010

Dates: October 29th and 30th

Site: Bemidji Regional Events Center (BREC); Bemidji, MN

Times: Friday - 8:30am to 6:00pm
Saturday – 8:30am to 1:00pm

TST Media

Lodging: Hampton Inn and Suites, 1019 Paul Bunyan Dr. S.
(218) 751-3600
Make sure you state "MHCA" when making your reservation. Confirm reservation by October 1, 2010.

Clinic Cost: Advance Registration - $65.00 – Day of Clinic - $70.00

Games: Friday & Saturday - BSU vs. UMD

Questions: Contact – Mike MacMillan @ 612-247-0507
Email: mikejmacmillan@hotmail.com
Visit MHCA Website: www.mnhockeyhub.com

Registration Form

Name:_____School_____
Home Address:_____
_____
Home Phone:_____School/Work Phone:_____
Email Address:_____

Current Status: (circle one) Head/Assistant/Retired
Number of years coaching high school hockey in Minnesota_____
Number of years coaching high school hockey out of Minnesota_____

Cost of Clinic: Pre-Registration: $65 At the Door: $70
* USA Hockey Level 3 * Rules Interpretation Meeting Included

Send to: Mike MacMillan, Executive Director MHCA
1806 Elm Street, Buffalo, MN 55313

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HALL OF FAME BANQUET TO REWARD COACHES OF THE YEAR

The MSHSCA will recognize the achievements of a number of coaches that have been chosen by their peers to be Coach of the Year in their respective sport.

The plaque presentation will take place on Saturday, October 9th at The Annual Hall of Fame Banquet that will be held at The Sheraton West Hotel. People who wish to share the evening with the 2009-10 Coaches of the Year are welcome. Information on the site location, times, cost and how to obtain tickets and a number to call for room reservations can be found in a separate article found elsewhere in this issue of The MN Prep Coach.

The 2009-10 Coaches of the Year are listed below:(If a sport association or a particular Class of a sport association is not included, it is because the sport did not choose a COTY or the coach selected is not a member of the MSHSCA.)

Girls Soccer		
Class A	Jessica Krog	East Grand Forks
Class AA	Mark Johnson	St Francis
Boys Soccer		
Class A	David Thompson	Hermantown
Class AA	Chuck Scanlon	Apple Valley
Girls Tennis		
Class A	Kyle Collins	Waseca
Class AA	Dave Stearns	Minnetonka
Volleyball		
Class A	Franz Boelter	Bethlehem Academy
Class AA	Dan Westby	Marshall
Class AAA	Matt Busch	Shakopee
Alpine Skiing		
	Caryn Jones	Bloomington Jefferson
Nordic Skiing		
	Paula Anderson	Ely
Boys Hockey		
Class A	Kevin Smalley	Duluth Denfeld
Class AA	Jerry Hayes	Apple Valley
Boys Basketball		
Class A	Jon Lilliquist	Sebeka
Class A	Gary Nelson	MACCRAY
Class AA	Matt Urbanek	Jordan
Class AAA	Dan Elhard	Grand Rapids
Class AAAA	David Flom	Eden Prairie
Girls Swimming		
Class A	Dave Olson	Sartell-St Stephen
Class AA	Brian Luke	Stillwater
Boys Swimming		
Class A	Lynn Newton	Simley
Class AA	Art Downey	Edina
Class AA	Scott Johnson	Edina
Girls Basketball		
Class A	John Noga	Parkers Prairie
Class AA	Bill Gottenborg	Hawley
Class AAA	Erin Herman	Hill-Murray
Class AAAA	Andy Berkvan	Lakeville North
Football	Jon Bakken	Waterville-Elysian Morristown
Softball		
Class A	Mick Ramey	New Life Academy
Class AA	Steve Ericson	Park Center
Class AAA	Hilary Hansen	Burnsville
Girls Track and Field		
Class A	Tim Lindquist	Esko
Class AA	Aaron Redman	Mounds View
Boys Track and Field		
Class A	Tom Hatleli	Lanesboro-Fillmore Central
Class AA	Scott Palmer	Buffalo
Boys Tennis		
Class A	Cory Thorson	Thief River Falls
Class AA	Koua Yang	St Paul Harding
Baseball		
Class A	Mike Tomsche	Eden Valley-Watkins
Class AA	Dan Paulson	Delano
Class AAA	Wayne “Mick” Scholl	Burnsville
Girls Lacrosse		
	Kate Leavell	Lakeville North/South
Gymnastics		
Class A	Thomas Smith	Owatonna
Class AA	Deanna Walsh	Simley
Boys Cross Country		
Class A	Eric Hjelden	Long Prairie/ Grey Eagle
Class AA	Todd Hierlmaier	St Thomas Academy
Girls Cross Country		
Class A	Gary Meurer	Waseca
Class AA	Mike Niziolek	Elk River

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CHAMPIONSHIP COACHES TO RECEIVE AWARD AT HALL OF FAME BANQUET

Well over 100 coaches and officials will be recognized for either long or short term contributions to their sport. One type of award is to recognize the coaches who along with their assistants guided their team to state championships.

This part of the awards ceremony at the Annual Hall of Fame Awards Banquet will take place on October 9th at The Sheraton West Hotel on I394. People wishing to help the championship coaches celebrate can obtain information on date, site, times, how to obtain tickets and a number to call for room reservations located in a separate blurb located elsewhere in this issue of The MN Prep Coach.

The 2009-10 state championship coaches are as follows: (If a sport association or a separate class of a sport is not listed, it is due to the fact that the coach was not a member of the MSHSCA)

FALL

Girls Tennis		
Class A	Justen Seim	Mounds Park Academy
Class AA	Steve Paulsen	Edina
Girls Swimming (True Team)		
Class A	Rory Fairbanks	Hutchinson
Class AA	Brian Luke	Stillwater
Girls Swimming (MSHSL)		
Class A	David Olson	Sartell-St Stephen
Class AA	Brian Luke	Stillwater
Boys Soccer		
Class A	Paul Beggin	Mahtomedi
Class AA	Chuck Scanlon	Apple Valley
Girls Soccer		
Class A	Erin Murray	Orono
Class AA	Tony Peszneker	Wayzata
Boys Cross Country		
Class A	Michael Andring	Plainview/ Elgin-Milville
Class AA	Jeff Lindlief	Eden Prairie
Girls Cross Country		
Class A	Gary Meuer	Waseca
Class AA	Mike Niziolek	Elk River
Volleyball		
Class A	Franz Boelter	Bethelem Academy
Class AA	Dan Westby	Marshall
Class AAA	Matt Busch	Shakopee
Adapted Soccer		
CI	Doug Anderson	Park Center
PI	Marcus Onsum	Robbinsdale/Hopkins
Football		
Nine Man	Mark Kroulik	Stephen/Argyle Central
1A	Chad Johnson	Minneota
2A	Jon Bakken	Waterville-Elysian Morristown
3A	Dan Essler	New London-Spicer
4A	Jeff Ferguson	Totino Grace
5A	Mike Scanlon	Cretin-Derham Hall

WINTER

Alpine Skiing		
Boys	Tom Carlson	St Thomas Academy
Nordic Skiing		
Boys	Paula Anderson	Ely
Gymnastics		
Class A	Charles Fleck	Perham
Class AA	Melissa Bernhard	Northfield
Boys True Team Swimming		
Class A	John Barnes	St Thomas Academy
Class AA	Art Downey	Edina
Boys Swimming (MSHSL)		
Class A	Kristofer Rosenberg	Breck/Blake
Class AA	Art Downey	Edina
Wrestling		
Class A	Randy Baker	Jackson County Central
Boys Hockey		
Class A	Les Larson	Breck
Class AA	Curt Giles	Edina
Girls Basketball		
Class A	Randy Myhre	Barnum
Class AA	Josh Thurow	Minnehaha Academy
Class AAA	Bob Lyons	Benilde-St Margaret's
Class AAAA	Andy Berkam	Lakeville North
Boys Basketball		
Class A	John Sherman	Minnesota Transitions
Class AA	Matt Cordes	New london-Spicer
Class AAA	Vern Simmons	St Paul Johnson
Class AAAA	Ken Novak, Jr	Hopkins

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Adapted Floor Hockey

CI	Bill Newell	Anoka-Hennepin
PI	Suzanne Opat	Anoka-Hennepin

SPRING

Boys Track and Field (True Team)

Class A	Ed Gustafson	Pipestone
Class AA	Jon Dierks	Mankato East
Class AAA	Bruce Kivimaki	Eden Prairie

Girls Track and Field (True Team)

Class A	Craig Nelson	Luverne
Class AA	Chris Beach	Totino Grace
Class AAA	Aaron Redman	Mounds View

Softball

Class A	Mick Ramey	New Life Academy
Class AA	Steve Ericson	Park Center
Class AAA	Hilary Hansen	Burnsville

Boys Track and Field (MSHSL)

Class A	Craig Nelson	Luverne
Class AA	Bruce Kivimaki	Eden Prairie

Girls Track and Field (MSHSL)

Class A	Sheri Hansen	Lac qui Parle Valley/Dawson-Boyd
Girls Lacrosse	Laura Mark	Blake

Adapted Softball

PI	Marcus Onsum	Robbinsdale/ Hopkins/Mound
CI	Ted Johnson	Anoka

Baseball

Class A	Mike Tomsche	Eden valley-Watkins
Class AA	Jeff Illies	Rocori
Class AAA	Mike Halloran	Eden Prairie

Boys Golf

Class A	Roger Sandberg	Ortonville
Class	Doug Erickson	Orono
Class AAA	Allan Christopherson	Wayzata

Girls Golf

Class A	Tim Subialka	Providence Academy
Class AA	Peggy Falk	Minnewaska Area
Class AAA	Matt Shetka	New Prague

Adapted Bowling

PI	Mary Bohland	St Paul Humboldt
CI	Pam Brandt	North Tartan

COACHES HELPING COACHES

By Rick Ringeisen - Lakeville South

Coaching is a complex and demanding career that requires you to put others first. Coaching often means that you are looking out for the best interest of your athletes, your team, your school, and your community. As a coach you serve your community in many different ways and you are considered a leader. This means that in troubled times your community often looks to you to reach out and lead the way. Coaches also provide each other with support and guidance. This past summer it became obvious to the Coaches Association leadership that there were Minnesota coaches who were in need of help.

Severe weather once again this year caused damage across the State of Minnesota. Tornados ripped through communities destroying everything in their path. When the sky cleared communities took stock of the damage and started the clean up. At the heart of many of these clean up efforts were coaches and teams working alongside friends and neighbors to put homes, businesses, schools and lives back together.

In late June the Minnesota State High School Coaches Association leadership met in Detroit Lakes. Many of us drove through the community of Wadena on our way to Detroit Lakes. All of us were awestruck by the damage to the community. The school was in shambles, homes and businesses were scattered in bits and pieces across the countryside and the school busses were battered by the awesome power of the tornados.

Everywhere you looked, people were working together to clean up and bring order back. As you looked to the left and to the right your heart began to break for the pain that the community of Wadena was enduring. That evening as the members of the Coaches Association began to gather we all discussed the damage in Wadena. With Detroit Lakes being so close to Wadena, John (The Big Dog) Erickson was able to provide the rest of us with information about how the Wadena coaches were dealing with the aftermath. John Erickson informed us that many of the coach's homes were damaged and in some cases the coaches homes were total losses. John Erickson also told us about how the Wadena coaches were community leaders and put in long hours to do all they could for their community.

At that point the leaders began to talk about reaching out to help the Wadena coaches. John Schumacher brought up the idea of collecting donations to assist the Wadena coaches in their recovery. Jim Baker pointed out that this is not the first time something like this has happened and it would not be the last. Jim talked about the flooding in Rushford in 2009 and how the coaches and athletes cancelled practice to pitch in to help the community clean up. Jim set the thinking gears of the group in motion and at that moment it was

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decided that the topic would be discussed the next day at the business meeting. Then out of the blue someone said, "Coaches Helping Coaches!" Several people liked the phrase and in just a few minutes a wonderful, new idea was created.

The next day when we met there was a flurry of ideas and serious discussion. In the end, the Coaches Association leadership created the **"Coaches Helping Coaches"** program. It was suggested that a box to check off for a $5.00 donation for "Coaches Helping Coaches" program be added to membership application and the funds would be discussed and dispersed through the Coaches Association Finance Committee. The sum of money to be disbursed would be $100.00 to each coach who was in need of assistance. The sum of $100.00, while not capable of making up for everything that may have been lost, would let our coaching colleagues know that we care about them and their families. The sum would also help cover expenses at a difficult time. Perhaps the money would be used to pay for a couple tanks of gas, a family dinner where the coach's family would be able to sit together and cherish that they have survived and are rebuilding their lives.

I encourage all of you to check the **"Coaches Helping Coaches"** box and donate the small sum of $5.00 to help a truly worthy cause; your fellow coaching colleagues in their time of need.

ASSISTANT COACHES RECEIVE CREDIT DUE

It is too frequent that the contributions assistant coaches make to a successful program pass by without much notice or recognition.

A number of years ago, the MSHSCA decided that it was time to address the frequent oversight by establishing an Assistant Coach of the Year Award. Selections are made by suggestions from head coaches to their respective sport associations. A final selection is made by the sport association.

The A'sst COTY Award will be presented at the Annual Hall of Fame Awards Banquet that will transpire on the evening of October 9th at The Sheraton West Hotel. People wishing to join the recipients for the evening may find information on site location, times, cost and how to obtain tickets and a phone number for room reservations in a separate blurb located elsewhere in this issue of The MN Prep Coach.

The 2009-10 Assistants Coaches of the Year are as follows: (If a sport association or a particular class from a sport does not have a name listed, it is due to either the sport does not having a Ass't COTY or the selectee is not a member of the MSHSCA.

Girls Soccer		
Class A	Brad Brubaker	St Louis Park
Girls Tennis		
Class A	Dennis Rademacher	Melrose
Class AA	Jeff Fedor	Blaine
Volleyball		
Class A	Kelsey Morken	Mabel-Canton
Class AA	Troy Olson	Hawley
Class AAA	Chuck Zemek	Chaska
Alpine Skiing	Luke Opel	Apple Valley
Nordic Skiing	Glen Sorenson	Proctor
Boys Hockey		
Class A	Donnie William	St Louis Park
Boys Basketball		
	Mike Damman	MACCRAY
	Blaine Risvedt	Pelican Rapids
	Gary Addington	Kenyon-Wanamingo
	Dale Henrich	Morris Area
	Dedrick Jenkins	Columbia Heights
Girls Basketball		
Class A	Jerry Schnyders	SW Christian
Class AA	Mike Lagergren	New London-Spicer
Class AAA	Shannon Vickerman	Sartell-St Stephen
Class AAAA	Jim Schreffler	Lakeville North
Boys Swimming	David Burgess	Mankato East
Girls Swimmig	Rick Light	Woodbury
Football	Jay Anderson	Totino-Grace
Boys Tennis		
Class A	Brent Reinbold	Mound-Westonka
Class AA	Brad Olson	Wayzata
Gymnastics		
Class A	Brian Steen	Martin County West
Class AA	Charlie Wilson	Cambridge-Isanti
Boys Cross Country		
Class A	Jamie Harrington	Montevideo
Class AA	Bruce Kivimaki	Eden Prairie
Girls Cross Country		
Class A	Kay Morris	Perham
Class AA	Jerry Amundson	Alexandria

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MSHSCA HALL OF FAME

1980
Art Avis (Hutchinson)
Wayne Courtney (Mpls Roosevelt)
George Haun (Staples)
George "Baldy" Hayes (Blue Earth)
Stan Nelson (Anoka)
Vern Morrison (St. Cloud Tech)
George Rose (St. Paul Como Park)

1981
Ove Berven (Austin)
Lloyd Holm (St. Louis Park)
George Saunders (Pine City)
Earle Teas (Pipestone)
Clifford Thompson (Eveleth)
Herb Wolf (Fairmont)

1982
Oscar Almquist (Roseau)
William Broekemeier (Cass Lake)
Jerry Eckstein (Plainview)
William Hanson (Willmar)
John Hermes (Fergus Falls)
Burt Monson (Mountain Lake)
Herman Woock (Crosby-Ironton)

1983
Al Halley (Mpls Southwest)
A.J. Kramer (Roseau)
Ralph Peterson (Plainview)
Bob Roy (St Louis Park)
Granville Smith (Park of Cottage Grove)
Arnold Veglahn (St. James)

1984
Verne Hermann (Plainview)
R. "Butzie" Maetzvold (Hopkins)
Ralph Skay (Theif River Falls)
Ab Strommen (St. James)
Louis Todnem (Mankato West)

1985
Fred Kellett (Brainerd)
Steve Kerzie (Gilbert)
John Nett (Winona Cotter)
Milt Osterberg (Worthington)
Rudy Rauker (Warroad)

1986
Bruce Frank (LeSueur)
Del Mollberg (Detroit Lakes)
William Ochs (Bloomington Lincoln)
K.T. Smith (Breckenridge)
Angelo Taddie (Nashwauk-Keewatin)

1987
Duane Baglien (Edina)
Chester Bisel (Lynd-Butterfield)
Herb Claffy (Milaca)
John Rengel (Staples)
Dick Seltz (Austin)

1988
Art Hass (Austin)
Jim Hastings (Duluth Central)
Dale Scholl (Redwood Falls)
Lloyd Stussy (Wells-Easton)
Don Swanson (Mpls Patrick Henry)

1989
Jack Conley (Forest Lake)
Wayne Dietz (Anoka)
Roy Hokkanen (Cotton)
Clyde McDonald (St. Paul Harding)

1990
Jerry Bernatz (Chatfield)
Leo Grossman (Wabasso)
Dick Lynch (Silver Bay)
Larry Ross (International Falls)
Bob Ryan (St. Paul Humboldt)
Archie Sailer (Frazee)

1991
Ralph Boline (Fosston)
Paul Busch (Roseville Area)
Harlan Kirkeby (Lewiston)
Tom Mahoney (Fairmont)
W. "Max" West (Brownton)

1992
John Conzemius (Wadena-D.C.)
Malcolm "Mac" Dahl (LaCrescent)
Les Drechsel (Crookston)
Hugo Goehle (Hills-Bvr Creek)
Al Wold (Rochester John Marshall)

1993
Lloyd Carlson (Win-E-Mac)
John Davies (Crosby-Ironton)
Don Fox (Austin)
Stan Otness (Farmington)
Bob Turner (St. Paul Como Pk)

1994
Kermit Aase (Brainerd)
Willard Ikola (Edina)
Angelo Pergol (Cloquet)
Ron Raveling (Columbia Hts)
Evar Silvernagel (Rochester)

1995
Walter Chapman (Mpls Marshall)
Bernard Broderick (St. Paul Murray)
Kerwin Engelhart (Rochester John Marshall)
Tony Thiel (Battle Lake)
Dick Lawrence (Eveleth)

1996
Malcolm "Mac" Doane (St. Cloud Tech)
Chuck Elias (Mpls Central)
Jim Gotta (Moorhead)
Dave Peterson (Mpls Southwest)
Bill Selisker (Crosby-Ironton)

1997
Edgar Braun (Norwood-Yng Am)
Stave Canakes (Edina)
Ron Malcolm (Anoka)
Steve Lipp (Breckenridge)
Stan Thorton (St. Paul Highland Pk)

1998
Lou Cotroneo (St. Paul Johnson)
Pete Herges (Albany)
Albert "Bud" Higgins (Austin)
Ed Prohofsky (Mpls Marshall-U High)
Bill Rose (Rothsay)

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MSHSCA HALL OF FAME

1999
Bill Hare (Greenway of Coleraine)
Mike Jerabek (Prior Lake)
Pat Lanin (Hopkins)
Jerry Snyder (Lake City)
Richard Traen (Delano)

2000
Noel Bailey (Aitkin)
Deryl "Skip" Boyum (Northfield)
Darien DeRocher (Foley)
Jim Muchlinski (Marshall)
Harold "Hal" Schroeder (Blue Earth)

2001
Guido Kauls (Minnehaha Acad)
Stephen Kjorness (Wstbrk-Wlnt Grove)
"Tink" Larson (Waseca)
Len Olson (Owatonna)
George Thole (Stillwater)

2002
Ken Baumann (Mahnomen)
Klem Haugen (Austin)
Jerry Riewer (Staples-Motley)
Grady Rostberg (Hutchinson)
Dick Skogg (Duluth East)

2003
James Flim (Winona)
George Larson (Cambridge)
Bob Hoisington (Mpls Central & S.W.)
E. James Senske (New Ulm)
Dean Taylor (Sartell)

2004
Elaine Engle (Wilmar)
Bob Streetar (Grand Rapids)
Donald Nesheim (St. Peter)
Hartvick "Shocky" Strand (Moorhead)
Ken Nelson - Sauk Centre

2005
Al Bauman (Little Falls)
Jerry Daniels (Foston)
Elmer Luke (Hopkins)
Bill Simpson (Stillwater)
Ted Pelzl (NRHEG)

2006
Bob Brink (Rocori)
Brian Kispert (Richfield)
Bill Kroschel (Park)
Bob McDonald (Chisholm)
George Sawyer (Wheaton)

2007
Art Downey - Edina
Gordy Genz - Roseville Area
Dennis Ranta - Plainview
Lowell Scearcy - Brainerd
Del Schiffler - Woodbury

2008
Warren Bailey - Pipestone
Pete Beckermann - USC
John DeLosier - Roseau
Gary Hokanson - Roseau
Stuart Nordquist - International Falls
Elden Sparby - Badger-Greenbush Middle River

2009
Myron J. Glass, Rochester Lourdes
Wyne Heisinger, Heron Lake
Jerry Peterson, Bloomington Kennedy
Jerry Simpson, Woodbury
Glen Thieschafer, Melrose
Ken VanDenBoom, Caledonia

JOHANSEN TO RECEIVE KERZIE AWARD

Donna Johansen of Murray County Central in Slayton has been designated to receive the the Steve Kerzie Award as part of the Annual Hall of Fame Awards Program scheduled for October 9th at the Sheraton West Hotel.

Steve Kerzie of Eveleth-Gilbert was a long time delegate who prided himself in his delegate responsibilities. He was like the postal service as weather did not deter him from making the Delegate Meetings. He also was very diligent in his delegate responsibilities, making sure that his constituents were made aware of MSHSCA activities.

Johansen is the volleyball coach at Murray County Central. She was one of the instrumental figures in the transition to one coaches association. She also serves on the MSHSL Sport Medicine Committee and reports on the events from their meetings to the MN Prep Coach.

Her diligence reflects the approach taken by Steve Kerzie and, as a result, an excellent choice as recipient for the award.

People wishing to share the evening with Johansen can check the details of the evening including site location, times, how to obtain tickets and a number for room reservations, if desired, in another area in this issue of The MN Prep Coach.

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HALL O

MSHSCA HALL OF FAME INDUCTION TO TAKE PLACE ON OCTOBER 9TH

The total number of MSHSCA Hall of Fame inductees will reach to 169 with the induction of five more coaches on October 9th. The MSHSCA Hall of Fame was started in 1980.

The Hall of Fame portion of the Annual Awards Banquet is the highlight of the evening whickh will take place at The Sheraton West Hotel on October 9th.

The year the MSHSCA will welcome Al Eckmann (Austin), Debbie Driscoll (Mahtomedi), Warren Keller (Argyle) Jim Reinhardt (Rushford-Peterson) and Walt Weaver (Apple Valley.)

People wishing to share to evening with the award recipients may obtain information from a separate blurb found elsewhere in this edition of The MN Prep Coach. Info will include site location, times, how to obtain tickets and a number for room reservations, if necessary.

The bios and photos of the five Hall of Fame inductees are as follows:

Al Eckmann
Austin

Eckmann received his BS and MS degrees from Mankato State University with additional credits obtained from Oklahoma State University and Eastern Michigan University.

He was a HS Accounting teacher for 17 years and served as Athletic Director for 17 years along with two years as Director of Management Services at Austin High School.

His total coaching experience includes 40 years in softball, sophomore football and freshmen basketball.

Softball was Eckmann's main domain. He was a University of MN volunteer assistant for two years and then Austin HS for 14 years. His team amassed a total of 222 wins and suffered only 80 losses. Part of the 222 wins included a 56 game winning streak. The Packers made five trips to the State Tournament and were champions three times and second place once. During his career, his teams won seven Big Nine titles.

Athletic achievements include: MSHSL Board of Directors, President of MN AD Association, President of MN Softball Coaches Association, MN Softball Coach of the Year (3), MN Softball Hall of Fame, MSHSL Hall of Fame, MnIAAA Hall of Fame, NIAA/MN State Award of Merit, National Federation of State HS Associations Citation, long time Secretary of Big Nine Conferenceand Austin High School Hall of Fame.

His community service included Blandin Foundation Community Leadership Program and he chaired a Wescott Field 4.5 million dollar improvement plan.

He and his wife, Jan have three sons and five grandchildren.

Debbie Driscoll
Mahtomedi

Driscoll is a high school grad of Bloomington Kennedy in 1973. While attending high school she competed for the Mini-Hops Club team as high school gymnastics as a girls sport was not available.

She attended Gustavus Adolphus College and obtained a double major in Phy Ed and Health in 1977. As a Gustie, she competed on the varsity gymnastics team. In 1975, the team competed in the AIAW National Gymnastics Championships. This was before D1 and D2 and little GA competed well against the big schools around the nation.

Following graduation from college, Debbi took her one and only teaching job at Mahtomedi. She has been the Head Gymnastics coach there since 1977. She also coached girls track and field for her first five years.

Her teams have won conference titles 28 times, and second place an added five times. All told the Zephyrs had 134 all conference gymnasts. A total of 23 trips to the state meet allows Mahtomedi to hold the record for most team appearances in the state meet. During those state visits, the Zephyrs won the state championship ten times, were in second place four times and third place twice. A total of 37 individual state champions surfaced from the numerous trips to the state meet. Her team has amassed a dual meet record of 238-19.

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F FAME

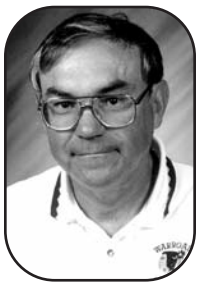
Driscoll was selected as MGGCA Class A COTY ten time and Class AA COTY once. She was named State Class A COTY in 1995 and 2006. Her association has inducted her into their Hall of Fame in 1996, and is a member of the University of MN Women's Gymnastics Hall of Fame

She has served on the Gymnastics Advisory Committee and was President of the Gymnastics Coaches Association on two separate occasions.

Jim, her husband for 34 years teaches Phy Ed in White Bear Lake and is the head cross country coach and girls track and field coach at Mahtomedi. They have a son and a daughter.

Warren Keller
Argyle

Warren Keller graduated from Oberon High School in North Dakota and then completed his college degree at Minot State University. Before receiving his college diploma, Keller served his country in the US Army.



Coach Keller began his coaching career in Comfrey where he coached football, basketball and baseball from 1967-69. Starting in 1969, he taught and coached at Argyle for 23 years (1969-92).

While in Argyle. he was the head boys basketball coach for 23 years, assistant football for 17 seasons and head football for six years and head baseball for for four seasons. Keller coached basketball teams won eight district and ten conference titles.. His 1982 and 1991, were Region 8A champions and participated in the state tournament. The Eagles won 350 games under Keller's tutelage. He was recognized as conference cage COTY on six occasions, regional COTY twice and was inducted in to the MBCA Hall of Fame.

Warren also had great success as a gridiron coach as his teams compiled a record of 58-15 including a state 9 man title in 1986. His peers selected him to be the conference COTY four times and in 1987 he was recognized as the state 9 Man Football COTY.

Keller and his family moved to Warroad in 1992 where he was a class room teacher and coach for three years. In 1995, Keller was selected to be the Activities Director and Community Ed Director. He served in that capacity for nine years. In 2004, he was chosen as the Class A MnIAAA Athletic Director of the Year.

At Warroad, Warren served as head basketball coach for three season and football coach for 15 years..

Along with teaching and coaching, Warren has served students and schools as he was on region committees, football and basketball Advisory Committees and the MSHSL Board of Directors.

Keller was a member of the Argyle Fire Department and Rescue Squad for 12 years and served as the American Legion Commander. He was a member of numerous civic and community groups and was elected to the City Council for a period of eight years.

Warren and his wife, Sharon have been married for 44 years and have five children and 11 grandchildren.

Jim Reinhardt
Rushford-Peterson

Reinhardt graduated from Owatonna High School in 1968 and then received his BS from the University of MN College of Education and later an MS from Winona State University.

He was hired by Rushford in 1973 to teach Physics and Physical Science. He currently teaches math at Rushford-Peterson High School. The two schools consolidated in 1990a.

Jim volunteered to coach 7th grade football in 1973. A year later, he was elevated to be the B team coach and he served in that capacity until 1980 when he became the varsity line coach. Head coaching awaited him in 1985 and after the pairing they became the Rushford-Peterson Trojans.

Reinhardt was head football coach for 24 years and in that period of time, his teams won 198 games and lost 68. During those years, the Trojans won 12 conference titles and nine sectional championships. The Trojans finished second in Class C in 1988. As Rushford-Peterson they won state titles in 2002, 2004 and 2006 going undefeated in in 2002. His last year (2008) his team lost in the quarterfinals of the state tournament.

Along with football, he coached basketball for over 20 years. He started the 9th grade program in 1975 and served as varsity assistant from 1980 until 1989. He was junior high coach for a number of years after that.

The MSHSCA has received his leadership as a long time delegate and the MSHSL used his abilities as a

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HALL O

member of the Football Advisory Committee.

Jim and his wife Mary had three children with one passing away prior to his 16th birthday.

Walt Weaver
Apple Valley

Weaver began his volleyball career as a player on a men's team in the early 70's competing throughout the United States and Canada over several years.

His high school coaching career began in the Rosemount School District where he spent one year as a young assistant before being hired as the Head Volleyball Coach at Apple Valley when the school opened in 1976. During his 31 year tenure, the Eagles won two state titles in 1985 and 1992. All told the Eagles competed in 13 state meets, were regional or sectional finalists 19 times and won 16 conference championships.

Walt was named State Volleyball COTY twice and Regional COTY four times.

In 1998, Walt left teaching for one year to become coach of the Minnesota Monarchs, a professional women's volleyball team playing in six major cities across the United States, The team had placed last in 1987 but in 1998, placed second and Walt was named COTY.

Weaver served a President of the MN Volleyball Coaches Association in 1984-85 where he helped work to affect the change in game scoring from 18 points to 15 points and official match scoring from 2 of 3 games to 3 of 5.

In 1996, the MN High School Volleyball Coaches Association inaugurated a Hall of Fame and Walt was honored in that year.

As a consistent advocate for volleyball over several decades, he has been instrumental in the design and development of camps that continues to draw hundreds of athletes each summer. and a coaches clinic that has developed into a national Annual Event.

After retiring from Apple Valley in 2007, Walt was inducted in to the Apple Valley High School Hall of Fame and the MSHSL Hall of Fame. Recently he has his coaching career for the

Northern Lights Volleyball Club where this past summer his team finished in second place in the nations'top division of both AAU and USAV tournaments.

Weaver and his wife, Tracey. reside in Lakeville. Two daughters currently are playing in college and a son that is employed in Minnapolis.

ANDERSON, DOTSETH SELECTED TO RECEIVE GEORGE HAUN AWARD

One of the many highlights of the Annual Hall of Fame Banquet is the presentation of the George Haun Award. Haun was the first president of the MSHSA and prime driver in the development of the association. The Haun Award is presented yearly to coaches who have gone above and beyond in assisting fellow coaches and the respective associations that they were members of including, of course, the MSHSCA.

This year the recipients are Craig Anderson of Pine Island and Jim Dotseth of Minneapolis Patrick Henry.

The presentation will take place on October 9th at The Sheraton West Hotel as part of an awards program that honors numerous coaches for successful short and long term success. (Information on location, times, cost and how to obtain tickets and a number for room reservations ,if desired, can be found elsewhere in this edition of The MN Prep Coach.

Craig Anderson
Pine Island

Anderson is a graduate of Mabel-Canton High School in 1971. During his high school career, he earned 17 letters in football, basketball, baseball and golf.

Following high school, Craig attended Winona State University and graduated in 1975. He later obtained his Masters from Winona in 1998. While attending Winona, he played baseball for four years and was the team captain his senior year.

After one year of teaching and coaching in Central City, IA, he accepted a position in Pine Island in 1976 where he remains to the present time. His assignments include 6th grade science, head baseball and 8th grade football coach. He was selected as Pine Island Teacher of the Year in 2000.

. . . continues on page 35

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F FAME

His overall career record is 443-313 which allowed his teams to amass ten conference titles, seven sub-section crowns and three sectional winners He also directed the Legion baseball team to a 1995 Division II State Championship. Everything dealing with baseball teams in Pine Island has been under the direction of Anderson.

His MSHSCA leadership includes serving as a Sub-Section 4 delegate for many years. He was elected President of the MSHSCA in 2006-07 and represented the MSHSCA to the Representative Assembly.

Baseball has benefitted from his leadership qualities as he has served as President, a member of the Activity Advisory Committee, has served as Class AA All State Baseball Chairman, Lion's

All Star Baseball Selection Committee, member of the Baseball Hall of Fame Selection

Committee, represents District 5 at the National level and served as National Baseball President in 2006-07 and serves on the Baseball National Hall of Fame Selection Committee. He has been selected to be a clinician for the National High School Baseball Convention that will be held in December in Nashville, TN.

His coaching honors include the Dick Siebert Award (1997), The MN Twins Community Fund Coach of the Year (2007) and has been inducted to the MN Baseball Coaches Hall of Fame (2007.)

He and his wife, Sue are eagerly looking forward to the October 9th Awards Banquet.

Jim Dotseth
Minneapolis Patrick Henry

Jim Dotseth is a 1961 graduate of Clarkfield High School.

He earned letters in football, basketball, track and field and baseball. He went on to Waldorf College where he played both football and basketball during his freshman and sophomore years. He was All Conference in football and All State in basketball while at Waldorf. Dotseth finished his college career at the University of Minnesota in 1968 and later earned his Masters degree in 1972. In 1997, he completed his Administrative Degree. Jim spent 30 years working in the Minneapolis Public School System. During his years in Minneapolis, he coached at a variety of levels. He won ten conference wrestling titles at Mpls Roosevelt. He was also head football coach at Patrick Henry and Robbinsdale Armstrong before ending has educational career as an administrator in the Chaska School System.

Dotseth has been an active member of the Coaches Associations. He has been chair of several committees, past and present. Those responsibilities included Past MN Football Coaches Association Banquet Chair, Past AllStar Game Director,current awards committee chair, current secretary/treasurer of the FB Coaches Association. He was a member of the NIKE Clinic Staff from 1998-2006 and also served on the clinic staff. Jim was named to the Metro Coaching Staff for the 1085 All Star Game. He was also named as the Nike Clinic Man of the Year in 1998.

Also in 1998, he received the MFCA Distinguished Service Award. In 2000, he was selected to be a member of the Waldorf College Hall of Fame. He was selected as Coach of the Year in Minneapolish as a wrestling and football coach. His wrestling coaching record was 185-96-8 while at Roosevelt.

Jim has fond memories of coaching both successful and challenging teams. He enjoyed working with students, athletes,coaches and committee members. Jim credits his long time friend, Don Swanson, for the years that he worked with committees members and coaches,which gave him the wonderful memories he carried into retirement.

Jim attends and volunteers at Living Word Christian Center in Brooklyn Park. he is married to Wanda and they have two daughters and three grandchildren.

Dotseth enjoys reading, golf and volunteering in his spare time. he also spends time travelling to several states including Hawaii.

"A word to the wise isn't necessary. It's the stupid ones who need all the advice."

- Bill Cosby

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MSHSCA GEORGE HAUN AWARD RECIPIENTS

1986 Boby Roy - St. Louis Park
Darien DeRocher - Foley
1987 Art Avis - Hutchinson
1988 Tom Mahoney - Fairmont
1989 Bob Ryan - ST. Paul Humboldt
1990 Lloyd Stussy - Wells-Easton
1991 Steve Kerzie - Gilbert
1992 Jarvis Anderson - Plainview
1993 Ab Strommen - St. James
1994 Malcolm "Mac" Dahl - LaCrescent
1995 Gordy Genz - Roseville Area
1996 Jim Deane - Osseo
1997 Howard Emerson - Warren
1998 Ken Sagedahl - Murray County West
1999 Mary DeRocher - Brainerd
2000 Bob Hooper - Detroi tLakes
Chuck Elias - Minneapolis
Don Swanson - Minneapolis
2001 Jeff Pitts - Wells-Easton
Bill Baumann - North Branch
Rick Johnson - Wabasso
2002 Bruce Johnson - Robbinsdale Armstrong
2003 Jim Baker - Richfield
H.T. Buisman - Aitkin
2004 Jay Johnson - Eden Valley Watkins
Tim Johnson - Mankato East
2005 Len Olson - Owatonna
Graydon "Soup" Stromme - Duluth
Don Tangen - Glencoe - Silver Lake
2006 Dave Halgren - Elk River
Lowell Scearcy - Brainerd
2007 Dave Bauer - Park Center
Dave Hylla - Proctor
2008 Becky Leuer - North Branch
John Eberhart - Pine City
2009 Dennis Kalpin, Alexandrea
Gordon Klomps, Zumbrota/Mazeppa

MSHSCA AWARDS BANQUET

As we get ready to honor the 2010 Hall of Fame recipients, I would like to read their resumes and reflect on the commitment, dedication and time they have given to the student athletes they have coached. With that said, you are all potential Hall of Famers. Remember you are doing the same thing they did, as the love for coaching kids marches on.

It is vital for the MSHSCA to honor those coaches and all past Hall of Fame recipients as we reflect on this great profession.

We will honor this years inductees at the annual MSHSCA Hall of Fame Banquet on Saturday, October 9, 2010 at the Sheraton Minneapolis West Hotel, 12201 Ridge Dale Drive with a social hour and check in beginning at 5:30 pm followed by the banquet at 6:30 pm.

Ticket prices for nonrecipients are $25.00. You can call me at (651) 357-2937 to order them. Rooms may be reserved by calling (952) 860-3538.

We will also award and congratulate the Coach of the Year, Assistant Coach of the Year, Championship Coaches, George Haun, Steve Kerzie Award and Officials Distinguished Service Recipients.

In order to keep honoring those who deserve the Hall of Fame Coach, we need them to be nominated. Please think of a coach who may have coached you, or one you have coached with or against and get their nominations to me.

The criteria has changes to check out the nomination form on this Prep Coach and mail your candidate as soon as possible.

Thank you for all you do for kids, for considering someone to nominate and hope to see you at the Hall of Fame Banquet October 9, 2010.

Jim Baker

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BRECK AND EDEN PRAIRIE WIN 2009-10 CHALLENGE CUP

Following the completion of the 2010 spring sport season, results were compiled among all Class A and Class AA teams on their success in the post season tournaments. The final tabulations found that Breck was the Class A Challenge Cup champion with 474.5 points and Eden Prairie with 904.5 the Class AA winner as they nosed out runner up Wayzata by just 8.5 points

The top five finishers in Class A were Breck, The Blake School, Perham, St Cloud Cathedral and Kasson-Mantorville. Class AA's top five were eden Prairie, Wayzata, Edina, Stillwater and Minnetonka.

The MSHSCA congratulates the winning schools on their great success for 2009-10.

FALL DELEGATE ASSEMBLY TO CONVENE ON SATURDAY OCTOBER 9TH

President Elect Becky Leuer will call the Fall Delegate Assembly of the MSHSCA to order on Saturday October 9th at 9:00 .m. at the Sheraton West Minneapolis. Lunch will provided by the MSHSCA following the meeting.

ANTICIPATED AGENDA ITEMS

- Update on MSHSL Dave Stead, Executive Director MSHSL
- Requests from sport associations brought forward at the September Sport Association Presidents meeting.
- Review of policy changes brought forward by Executive Board of the MSHSCA at the annual summer meeting.
- Scholarship names and requirement of coaches letter
- Coaches caring about coaches and dues check off
- Executive Directors report
- Update on membership and review of criteria

We strongly encourage all MSHSCA members to contact their delegates with any questions or concerns that you have that would like to see brought before the Assembly. Delegates for each section are listed is this issue of the Prep Coach.

Lunch will be provided by the MSHSCA for all in attendance following the meeting.

FOUR OFFICIALS TO BE RECOGNIZED ON OCTOBER 9TH

They are often called"Blue," "Zebras," "Three Blind Mice" and many times much worse but we could not function properly without their presence.

High school officials are a very dedicated group who work games because of the love for the game. Most of them ignore the name-calling and the general verbal abuse we of which is essentially uncalled for but such is the nature of the fan beast.

For a number of years, the MSHSCA has recognized the importance of officials and has taken time to recognize and recognize them for their diligence and dedication to the games that they work for high school sports. We could not function properly without them.

On October 9th at the Annual Hall of Fame Awards Banquet, the MSHSCA will recognize four officials for years of service. Each will be presented a plaque in thanks for their years of service.

The four officials to be recognized are Chuck DeCorsey, Tom Vucetich, Jack Schwan and Mark Schleisman.

DeCorsey is from Fairmont and has officiated for 35 years in the sports of football, wrestling Vucetich is a 25 year veteran from Hibbing and has worked as a baseball umpireSchwan from Elko has officiated football, baseball and softball for 44 years.Scinhleisman is a four sport official having worked volleyball, basketball, baseball and softball for 28 years.

The MSHSCA wishes to thank them for their service.

People wishing to share the evening with the officials recipients are urged to do so. Information on the date, times, location, how to obtain tickets and a number to call for room reservations if desired.

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OFFICIALS DISTINGUISHED SERVICE AWARD

1992
Don Bertek - Fridley
Jake Boomgarden- Luverne
Jerry Doebbert- Detroit Lakes
Neil Hanson - Austin
Jim Kovaleski- Waconia
A.P. "Ozzie" Loeffler - Bemidji
Duane Mettler- Madison lake

1993
Warren Bailey - Pipestone
John Bartz - Vadnais Heights
Roman Gail - Fergus Falls
Steve Kerzie - Gilbert
Don McDowell - Park Rapids
Otto Siewart - Redwood Falls
Jon Springer - Rochester
Virg Trewick - St Cloud

1994
John Conzemius - Wadena
Wayne Dietz - Anoka
Chuck Fuller - Owatonna
Robert Montbriand - Alexandria
Bill Thomas - Moorhead
Roy Ward - Maplewoood

1995
Roger Cercine - Edina
Con Eckstrom - Marshall
Ray Enz - Minneapolis
Dave Leuthard - Chokio
Roger Wilson - St Cloud
Bruce Wojak - Brooklyn Park

1996
Bill Hafner - St Paul
Jerry Krieger - St Paul
Paul Sannes - Breckenridge
Jim Sims - Crookston
Darrell Wincek - Crystal

1997
Matt Bergan - Hibbing
Tony Bratovich - Eveleth
Jack Kelly - Windom
Bernie Kukar - Edina

1998
Jack Coombe - Gilbert
Phil Hall -Redwood Falls
Jerry Kittelson - Rochester
John Matthews - Brainerd

1999
Jerry Hegna - Moorhead
Mike Madden - Maple Grove
Robert Meslow - Mahtomedi
John Suomi - Babbitt

2000
Brian Boettscher - Mankato
Glen Hasselberg - Staples
Terry Knauf - Cold Spring
Dave Thill - Sauk Rapid
Heinrich Von Mende - Maple Grove

2001
Don Dravis - Staples
Harry Kitts - St Paul
Jim Larson - Burnsville
Ken Norman - Winsted
Lowell Roisum - Wadena
Bill Schimmel - Mankato

2002
Al Colligan - Mahnomen
Don Hanson - Hutchinson
Pat Milinovich - Duluth
Dean Taylor - Sartell
Tom Williams - Thief River Falls

2003
Mike Carr - St Cloud
Chuck Evert - Battle Lake
Derald Severson - Plainview
Jim Weinzerl - Park Rapids

2004
Dick Goose - Rochester
Bill Hare - Cohasset
Marsh Nichols - Alexandria
Mike Torkelson

2005
Ken Baumann - Mahnomen
Dan Bergan - Hibbing
Dean Jaacks - St Cloud

2006
John Klinnert - Underwood
Gale Falk - Bemidji
Robert C. Hoisington - Minneapolis
Jerry Head - Dodge Center
Ron Poeschel - St Louis Park

2007
Dale Freese - St Cloud
Elaine Engle - Willmar
Ken Belanger - Zumbrota
Armin "Kokie" Miller - Minneapolis

2008
Charlie Johnson - Hitterdal
Jack Boomgarden - Luverne
Pat Whalen - Lake City
Buzz Olson- East Grand Forks

2009
Jim Erzar - Deer River
Bill Fisher - Alexandria
John P. Hovick - Fairmont
Ron Moog - St. Cloud

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74 COACHES QUALIFY FOR 25 YEAR CLUB INDUCTION

One of the highlights of a coaching career is to be able to provide a quarter of a century of service to student-athletes in our high school programs in Minesota.

This year a total of 74 coaches qualified to receive the prestigious award. As a member of the 25 Year Club, coaches now becom eligible to become Life Members of the MSHSCA. Qualifiers have been notified by the Office of the MSHSCA Executive Director on how Life Membership can be obtained.

New members of the 25 Year club can receive their award by attending the Annual 25 Year Club Holiday party in early December. Candidates have been notified of the location date and time.

The newest members of the 25 Year Club are as follows:

Gary Ales	St Paul Humboldt
Tim Anderson	Maple River
Tim Anfenson	St. Michael-Albertville
Jeff Annis	Maple River
Greg Antoine	Luverne
Tom Bang	Hermantown
Steven Baumann	Lyle
Greg Beaumont	Rocori
Dennis Boe	Redwood Valley
Pat Bowlin	Winona Cotter
Vern Capella	Upsala
Randy Carlson	Belle Plaine
Ann Christensen	Owatonna
Jan Dorn	ACGC
Martha Driscoll-Nelson	Buffalo
John Dzubay	Stewartville
Daniel Ellingson	Hills-Beaver Creek
Jorjean Fischer	Eastview
David Forney	Winona Cotter
Terry Gotziaman	Roseau
Steve Gravdahl	St Francis
Ralph Hagen	Minneota
Mark Hamren	Richfield
Mary Holmberg	Morris
John Humphrey	Tartan
Larry Hylarides	LeSueur-Henderson
Paul Jenkins	Eagle Valley
Neil Jennissen	Cambridge-Isanti
Roger Johnson	Alexandria
Terry Karlsgodt	ACGC
Gary Kotts	Stephen-Argyle
Chris Laird	Heritage Christian Academy
Tim Lindquist	Esko
Nadeen Lunde	Pine Island
Mike Marek	East Grand Forks
Beth Mayer	Red Wing
Tim McConnell	Jackson County Central
Bill McKee	Mounds View
Bernard Miller	Sauk Rapids-Rice
James Miller	Rochester Mayo
Tom Mjelde	Marshall County Central
Donna Moonen	Waconia
Mike Moran	Park
Denny Nelson	Coon Rapids
Kevin Nowotny	Adrian
Gale Otto	Tracy
Tim Paulson	Stephen-Argyle
Arlin Peterson	Houston
Irving Peterson	Thief River Falls
Jerry Popp	Willmar
Norm Preston	Maple River
Daniel Pullar	Hibbing
Rick Ray	Two Harbors
Stephen Reiter	Blaine
Rod Reuer	Brainerd
David Runningen	Houston
Carl Schirmer	Brainerd
Todd Schmidtke	Blue Earth
Dean Schnaible	Adrian
Mike Schumacher	Wabasha-Kellogg
Greg Schwaegeerl	Montevideo
Mark Sikich	Park
Mike Sjoberg	St Thomas Academy
Gary Sloan	Grand Meadow
Boyd Snyder	Royalton
Gary Stefano	Maple Grove
Jeff Tanner	ACGC
Rollin Timm	MN Valley Lutheran
Mike Tomsche	Eden Valley-Watkins
Tyrone Wacker	Jackson County Central
Jeff Wagner	Waterville-Elysian-Morristown
Brian Walker	Red Rock Central
Jerry Westphal	Milaca
Fred Wroge	Bloomington Jefferson

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CORNER KICKS

Ron Kruschwitz
North St. Paul Boys (retired)
Soccer Communications Officer

The 20th annual soccer coaches clinic is now in the books and most of you have started your season. Greg Juba (Park of Cottage Grove

Girls) is to be complimented on the organization of the clinic. A special thanks to Hopkins for hosting the clinic. Thanks to the administration, food service and the custodial staff. You are to be commended on your hospitality. We are always happy to help our vendors. Those of you who attended the clinic have this list and if at all possible try and do business with them. We were pleased to have Mary and John Erickson, the Executive Secretary of the MSHSCA and his wife, in attendance at the clinic. The Association would also like to thank Ms. Jody Redman of the MSHSL for taking time out from her busy schedule to meet with the Representative's on Thursday. Ms. Redman is the High School League liaison to the sport of soccer.

One of the highlights of the clinic is the annual presentations of awards to our members. One member of the MSHSSCA was inducted into the Hall of Fame. Phil Toconita of St. Paul Central was that honoree. This is how President Bill Vance (Totino-Grace boys) introduced Phil.

"In 13 seasons as boys coach at St. Paul Central, Phil Toconita was a pioneer and trail blazer on numerous fronts. Phil not only started the Central program but was instrumental in supporting the start of varsity soccer in multiple St. Paul City schools. He was the first coach from the St. Paul City Conference to join the MSHSSCA in 1987. He served as a Region 3AA representative to the MSHSL, has served on multiple MSHSSCA committees, been coach of the year and is a member of the NSCAA. His career record is 148 wins, 42 losses and 10 ties. His team won many conference championships and produced many all-state players. As we strive to create a legacy and honor those who have helped high school soccer grow, perhaps the most telling component of Phil's Hall of Fame career is the fact that there are **8** of his former players now coaching in the metro area. Phil's passion for student-athletes and passion for soccer is infectious and today we honor Phil for all he has given to high school soccer in Minnesota."

Phil joins an impressive group of coaches in the Minnesota State High School Soccer Coaches Association.

Two other coaches were recognized for awards given them by the NSCAA. Chuck Scanlon Apple Valley Boys coach was awarded the Coach of the Year for Division I schools. Paul Begin, Mahtomedi Boys coach, was given the Coach of the Year for Division II schools. Giving two awards to coaches in the same state in the same year is very rare. Congratulations to these two gentlemen. You represent all coaches in the MSHSSCA

There are several reminders about rules and games that need to be reviewed. The first is that the number of games allowed in 2011 will be 16. This is down from the 18 allowed in previous years. This will put us in compliance with the 2 contests per week rule. The all white uniform rule will take effect in the 2012 season. In addition, the goalies will need to have numbers on their jerseys in the 2012 season. If you are considering new white uniforms next fall, we suggest you look at the new rule and what is allowed. That should prevent any mistakes on the new white uniforms. Check the website for this information and other items that are of concern for soccer coaches. The website is www.mshssca.org and contains much of the information that coaches need to read. If you have any questions about contacting your section representative or one of the officers, that information is on the website.

You need also to be aware of the due dates for various awards and dues. A reminder that you need to join the Minnesota State High School Soccer Coaches Association so that your players will be eligible for awards. You need to get your dues in by October 1. You can join the MSHSSCA at the website of our Parent Organization, the Minnesota State High School Coaches Association at www.mshsca.org. All memberships must be placed and paid through the website. Please do not try and pay them to our Association. If you have not joined by the last week in September, you will be contacted by your section representative.

The Coach of the Year and Assistant Coach of the Year Award selections are due from the Sections on Monday October 11. Academic Awards are to be submitted with forms from the website by Wednesday October 13. Your conference representative and section representative will be gathering All-State award nominations. Those will also be submitted on the website and forms will be available there. The player rankings will be forwarded to Keith Randa by the 13th of October. The State Tournament Banquets will be held on Sunday October 24th at the St. Paul RiverCentre. The Class A Banquet will be at 12:30 p.m and the Class AA

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Banquet will be held at 6:00 p.m. There will be an open forum/social for all Association members on Sunday October 24th starting at 3:00 p.m. Please go to the website for all the dates or look in the coach's packets you received at the Clinic.

The State Tournament will be played at the Dome on Monday November 1st, Tuesday November 2nd and Thursday November 4th. The MSHSSCA will again have a hospitality room in the Press Box in the second deck at the Dome. Come and meet your fellow coaches. You will need your MSHSCA/MSHSSCA card to get in.

Please also note there has been a change in the Senior Classic. The game has been moved to Monday the 8th of November. The practice for the Classic will be held on Saturday November 6th. Invitations for the players to participate will be given to them at the All-State Banquet.

One of the things we overlook, are some of our objectives that our association believes in and are in our constitution. As members of our association, we strive to improve as teachers and ambassadors of the game of soccer. It is important to look at what we do.

Four of our objectives listed in our constitution state the following:

- To provide, promote, and offer educational opportunities for Minnesota high school soccer players on a competitive basis
- To elevate standards of sportsmanship and to encourage the growth of citizenship among the youth participating on high school soccer teams
- To provide a positive model of leadership by team coaches, school administrators, and other adult team personnel
- To promote and improve the sport of soccer aspects.

We as coaches need to go back and read these objectives and work at improving each with our athletes, coaches and adults. Thanks to Bill Vance (President) for making us aware of these objectives.

Well that about wraps up this column. Best of luck to each of you and your athletes this fall. If you have time, stop by at the state tournament and meet your coaching friends in the press box.

I would be remiss if I did not wish the best of luck in retirement to Lee Alger. He was the long time athletic director at Tartan High School and a good friend. Enjoy your retirement Lee. It is well deserved.

As I usually remind you, as a coach you have the best job in the world. The job of working with young athletes is a great assignment. You have been blessed.

MINNESOTA STATE HIGH SCHOOL COACHES ASSOCIATION, INC.

CODE OF ETHICS ----------

As a professional educator, I will...

1). Strive to develop in each athlete the qualities of leadership, and good judgement.
2). Respect the integrity and personality of the individual athlete.
3). Encourage the highest standards of conduct and scholastic achievement.
4). Seek to inculcate good health habits including the establishment of sound training rules.
5). Fulfill responsibilities to provide health services and an environment free of safety hazards.
6). Exemplify the highest moral character, behavior and leadership.
7). Provide ethical relationships among coaches.
8). Encourage a respect for all athletics and their values.
9). Abide by the rules of the game in letter and spirit.
10). Respect the integrity and judgement of sport officials.
11). Display modesty in victory and graciousness in defeat.
12). Demonstrate a mastery of and continuing interest in coaching principles and techniques through professional improvement.

The Code of Ethics of this association shall be adhered to by each and every member of the MSHSCA. Any action by members of the MSHSCA contrary to the principles therein established shall be subject to review by the Executive Committee according to policies established by the MSHSCA Delegate Assembly.

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Goal Posts

By: Ron Stolski - Brainerd

By the time you read this, your teams; players, schools and communities, have spilled onto fields of green throughout our great state. It is Fall; Football and Friday night lights! Let's keep in mind that the game is for the student-athletes, that sportsmanship begins with us, and the wonderful responsibility that is ours is one we share when we accept the title as 'Coach'. We are teachers, mentors, leaders. let us share our talents and gifts, our role, respectfully and proudly; let us represent our schools and profession with the sure knowledge that we can make a difference in the lives we come in contact with.

What follows is a capsule of the initiatives, projects, and issues in Minnesota high school football.

Sincere thanks to outgoing president, Jon Johnson, Litchfield, who, in his presidential project, provided a document to give clarity to all the responsibilities of the Executive Committee, and who led our 2009-2010 year with integrity and professionalism. Thank you, too, for Past President Shannon Geretty for his fine work on the Code of Ethics that our association has adopted. Each member and school in the state should have received the 'code' . We sincerely hope you have it posted in a prominent place in your coaches' office. It is in ours.Welcome to incoming President Paul Dunn, Springfield. Paul has communicated with you through his Fall letter, and has already demonstrated he will be a good leader this 2010-2011 school year.

Throughout the text of this article, we will site a number, not all, of initiatives, services and programs of the association. Some highlights of the past year since Spring include;

The MFCA Clinic. The Clinic was again, by all measure a success... a high quality program , good attendance, excellent facility, positive feedback. An area where the feedback was most positive came from our many vendors and exhibitors.... they were VERY HAPPY with our clinic and many have already committed to return. We realize that Sponsors and vendors are so very important to our financial position and are necessary partners in our desire to continue to provide services to our membership. Please plan, now, to attend next spring, Mar. 31- April 2.

The annual All-Star game. Dave Fritze, game manager, and his staff continue to do a great job with the game, and Gustavus and St. Cloud are willing and efficient partners as staffs and players prepare and play it. The original intent of the game, to give worthy coaches and players an opportunity to share a wonderful experience, is intact. Attendance, while not overwhelming, is constant...we hope you took the opportunity to attend and support the game.

MFCA membership. Our membership continues to grow, with the addition of many college coaches and assistants helping the marked increase. The value of membership is well documented; please be certain you have renewed. remember to take advantage of online registration through the MSHSCA, and encourage your staff and colleagues to do the same. The deadline for membership is Oct.1. Please be certain to check the MSHSCA website,

www.mshsca.org for the correct form, as there was an error on the form in our summer magazine. In addition, you can use our football website,

www.mnfootballcoaches.com for all forms and updated information on the activities of the association.

Gopher football game attendance. A reminder that the policy for attending games has changed.Coaches must use the online system, and attendees are to be members of the association and present their card for admission. seating is limited; be sure to process your application on the Monday prior to the home game you wish to attend.

It appears as though the MSHSL will again be asking schools for their input regarding changes in our present playoff system. A task force was convened last Winter/Spring to address problems, specifically that some schools were having difficulty scheduling games. The task force, appointed by the League, and led by Kevin Merkle, met on four occasions throughout the Spring. As in every group, good, engaging dialogue was had and encouraged. And, as in every group, consensus was often difficult to reach. Our association was well represented, as were reps from the Athletic director's Association and members

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of the MSHSL Board of Directors.The dialogue concluded that, while a majority of schools do not have scheduling problems, there remains scheduling dilemmas for enough schools to seek some possible solutions. Some may affect change that would require interesting additional issues across the state. . It is clear that, as of the time of this writing, there has been NO proposed change or action by the MSHSL to indicate changes in our present structure will occur. Stay tuned...

Our Conference representatives continue to do an excellent job of communicating the business of the association to their constituents, and the Spring meeting, held at the Clinic, was very well attended. Conference Reps are reminded to use their checklist as THEY remind their schools to fulfill all obligations; All-State Academic, etc., The Fall meeting of reps.will again be at the University during the week of the semi-finals of the State Tournament.

That is it from here. Have a great season!! Remember, it is all about the kids....

2011 MINNESOTA FOOTBALL COACHES CLINIC

The Official Clinic of our MFCA in Partnership with the University of Minnesota

If you can attend just one clinic, this is THE ONE!!

Doubletree Hotel in St. Louis Park

March 31, April 1 & 2, 2011

FEATURED IN 2011

Coach Brewster and staff
Jim McNally, Veteran NFL Offensive Line Coach
Dave Christensen, Head Coach, University of Wyoming
Joe Palka, Head Coach, Whitmer High School, Ohio
3A Small School – Paul Jacobson, Head Coach, Negaunee High School, Michigan
More Speakers & Breakouts
"Don Swanson" Tailgate Party & AWARDS!

2011 CLINIC COMMITTEE

Ron Stolski, MFCA Director stolski@yahoo.com
Dave Nigon, Booths dlnigon@yahoo.com
Jim Dotseth, Finances dotsethj@comcast.net
Ray Kirch, Registration kirchr@district279.org
Dave Nelson, Ads dave.nelson@minnetonka.k12.mn.us
Claud Allaire, Schedule & Speakers claud.allaire@comcast.net

Register on line at: www.mnfootballclinic.com

Conducted by the MFCA – "The Keepers of the Game"

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2010 SPRING ACADEMIC SELECTIONS

The McDonald's Twin Cities Co-op was a proud sponsor of Minnesota Girls & Women in Sports Day at the University of Minnesota in February. Prior to the Gophers' basketball game against Wisconsin on February 4, girls in grades 2-5 participated in a youth sports clinic at the Sports Pavilion and enjoyed a meal provided by McDonald's. 2010 marked the 24th year celebrating the participation of girls and women in sports and athletics.

i'm lovin' it

Four spring sports have submitted their results for team academic for this past spring. The sports submitted included baseball, softball, synchronized swimming and boys tennis. The results from these four programs are listed below. Those not reporting will have missed the opportunity to receive the published recognition that their athletes and programs.

Baseball

Class AAA Gold
Rogers

Class AA Gold
Albany
Byron
Owatonna
Eastview

Class AAA Silver
St Francis
Eden Prairie
Monticello
Northfield
Stillwater
New Prague
Burnsville
Sartell-St Stephen
Cretin-Derham Hall

Class AA Silver
Montevideo
Watertown-Mayer
Lac qui Parle Valley
Litchfield
Kasson-Mantorville
Underwood-Battle Lake
Henning
Rocori
Crookston
Mound-Westonka
Roseau

Class A Gold
Tracy-Milroy-Balaton
Norman County West

Class A Silver
Wabasso
Mountain Lake/Butterfield/Odin
Ortonville
West Lutheran
Norman County East/Ulen-Hitterdal
St Agnes
Adrian
Windom
Floodwood

Softball Gold
Anoka
Benilde-St Margaret's
Blue Earth
Byron
Cambridge-Isanti
Champlin Park
Chanhassen
Chatfield
Chokio Alberta/Herman-Norcross
Cretin-Derham Hall
Crookston
Dassel-Cokato
Delano
East Ridge
Eastview
Faribault
Frazee'
GFW
Goodhue
Hayfield
Hill City
Hope Lutheran
Hopkins
Howard Lake-Waverly/Winsted
Jackson County Central
Jordan
KMS
Lake of the Woods
Lakeville South
LeCenter-Cleveland
Lester Prairie/Holy Trinity
LeSueur-Henderson
Maple Grove
Maple River
Milaca
Monticello
Moorhead
Mora
Morris
Mounds View
Mountain Lake/Butterfield-Odin
Murray County Central
Norman County West
North St Paul
Osakis
Park Center
Pequot Lakes
Perham
Pillager
Pine City
Pine Island
Rocori
Roseville Area
St Peter
Sauk Centre

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Sebeka
Shakopee
Springfield
St Francis
Stillwater
Tracy
Virginia
Willmar
Yellow Medicine East
Zumbrota-Mazeppa

Silver
Adrian
Alexandria
Andover
Armstrong
Austin
Badger-Greenbush Middle River
Belle Plaine
Big Lake
Blaine
Bloomington Prairie
Brandon-Evansville
Centennial
CGB
Cherry
Chisago Lakes
Cook County
Cook/Orr
Dawson-Boyd
Dover-Eyota
Duluth Denfeld
Eagan
East Central
East Grand Forks
Eden Valley-Watkins
Elk River
Eveleth-Gilbert
Fergus Falls
Forest Lake
Fosston
Glenville-Emmons
Hawley
Henry Sibley
Holey Family
Houston
International Falls
Kimball Area
Lakeview
Lakeville North
Lincoln HI
Little Falls
Lourdes
Loyola
Luverne
MACCRAY
Mankato East
Mankato West
Martin County West
Mesabi East
Minnehaha Academy
MN Valley Lutheran
Minnewaska Area
Mound-Westonka
Norman County East
New London-Spicer
New Prague
New Ulm
North Branch
NRHEG
Osseo
Ottertail Central
Owatonna
Park Rapids
Paynesville Area
Pierz
Pipestone Area
Plainview-Elgin-Milville
Providence Academy
Red Lake Falls
Red Rock Central
Rochester Mayo
Rogers
Sacred Heart
St Bernard's
St James
Sibley East
Sleepy Eye
Spring Grove/Caledonia
Spring Lake Park
St Anthony Village
St Charles
St Cloud Cathedral
St Mary's (Sleepy Eye)
St Cloud Tech
The Blake School
Totino-Grace
Triton
Two Harbors
United South Central
Wabasha-Kellogg
Wadena-Deer Creek
Walker-Hackensack Akeley
Waterville-Elysian Morristown
Waubun/Mahnomen
West Lutheran
Wheaton
Windom Area

Synchronized Swimming
Gold
Wayzata

Silver
Bloomington
Columbia Heights
Eden Prairie
Edina
Forest Lake
Hopkins
Itasca
Maple Grove/Osseo
St Louis Park
Stillwater

Boys Tennis
Class AA Gold
Rochester Century
Como Park
Cretin-Derham Hall
Bemidji
Woodbury
Prior Lake
Sartell-St Stephen
Hill-Murray
St Francis
Monticello
Hutchinson
Fergus Falls
Chaska
Mankato West
Princeton
Richfield
Osseo
Bloomington Jefferson
Coon Rapids
Brainerd
Cambridge-Isanti

Class AA Silver
Duluth East
White Bear Lake
Eastview
Roseville Area
Spring Park
Totino Grace
Winona
Blaine
Hopkins
Mounds View
Albert Lea
Academy of the Holy Angels
St Michael-Albertville
Andover

Class A Gold
Pine City
Foley
St Peter
Thief River Falls
Aitkin
Lourdes
Litchfield

Class A Silver
Minnewaska Area
Blue Earth
St Cloud Cathedral
New london-Spicer
Benson
St James
Becker
Waseca
Eveleth-Gilbert
Holy Family Catholic
St France

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dugout chatter

By: Pat Collins
President,
Minnesota High School Baseball Coaches Association

2010 will be recorded as one of the best years in the history of Minnesota High School Baseball. The season began way back in March and our athletes were greeted with warm weather, no snow, and for many of us; no time spent in the gym.(What a difference a year makes!) The season ended at Target Field where thousands of people watched 6 teams battle it out on Championship Saturday. What a great setting for dreams to come true and for making history as well.

The three games played at Target Field were a true highlight to the season and we hope to continue to play our championship games there in the future. We want to thank the Minnesota Twins. We are very lucky to have a Major League team that is so willing to work hard to make their community a better place for kids to live. The Twins and the MSHSL are to be commended for working together to give our athletes a chance to grace the same field as Mauer, Morneau and Cuddyer. I am sure there were many proud grandparents, parents and neighbors who shared the feeling of goose bumps as those young men sprinted out of the dugout to take their positions on such a beautiful field. Congratulations to our three State Champions; Eden Valley – Watkins, Cold Spring ROCORI and Eden Prairie. You put on a great show boys!

Speaking as one of the older guys now, it is great to see how far high school baseball has come in this great state. As I looked around at the thousands in attendance at Target Field, it was obvious to see how special baseball is to so many. It didn't happen overnight and it took a lot of effort, but by standing on the shoulders of giants, these athletes and their families got a memory they will never forget.

Speaking of giants; the MSHSBCA honors these stewards of the game with induction into our Hall of Fame at our fall clinic in October. The class of 2010 is proudly presented below:

Frank Aunan-Zumbrota-Mazeppa HS
Dennis Boe-Redwood Valley HS
Gary Halek-Sauk Rapids/St. John's Prep HS
Craig Kusick-Rosemount H
Glenn LaChapelle-Apple Valley/ Eagan HS
Neil Pierce-Alden-Conger HS
Ken Staples-Robbinsdale Cooper HS
Bob Stark-Caledonia HS

We also have our yearly awards for contributions to the game in various categories. Those winners are:

Dick Siebert Award-Pat Held Staples-Motley HS.

Angelo Giuliani Award-Bob Laufenburger-Redwood Falls, Mn.

Jim Dimick/Retired Coach of the Year-David Anderson of Byron HS and Denny Lofboom of White Bear Lake HS;

Assistant Coach of the Year-Chad Shelstad of Royalton HS and Jeff Anderson of Rochester Mayo HS.

Coach of the Year - Class AAA-Mick Scholl-Burnsville HS; Class AA-Dan Paulson-Delano HS; & Class A-Mike Tomsche-Eden Valley-Watkins

HS. Players of Year - Class AAA-Kyle Crocker-Brainerd HS; Class AA-Eric Loxtercamp

Class A-Tyler Geislinger-Eden Valley-Watkins HS.

Field of the Year-Luverne Redbird Field.

Congrats to all!

Showcase!

Our annual showcase was held at Minnetonka on their beautiful field and it went very well as always. It was very well attended by college coaches and scouts. We would like to thank John Wilkens and Tink Larson for all of their work putting together this important event. We would also like to thank Terry Ryan former Twins GM, for coming out to hit all the fungo's for the infielders.

We think it is important to promote out high school baseball players' at the reasonable price we charge for our showcase, but we also think parents need a bit of an education on the value of a college baseball scholarship. My son got an $800-$1,000 scholarship per year at Winona State and that is pretty average/good money for a DII baseball player. Is it worth sending your child to 6 showcases per summer at $600 apiece so he can get a baseball scholarship? I am not much of a mathematician but when I hear of parents spending $25,000 flying their kids all over the place so that that they can get a baseball scholarship, I know they need an education on what scholarships are worth, or a calculator. Paul Twenge is going to work up some numbers to give us to help educate parents on college baseball scholarships and we will try to get that information to you at the fall clinic.

Fall Clinic/Membership:

The fall clinic is October 29th and 30th. You can get your forms from our website. Don't forget to enroll in our Coaches Association. All you have to do is go to mshsca.org and register.

Bats:

There is some confusion on bats for the upcoming season. Composite bats are not allowed in 2011 and by 2012 all bats must meet the **bbcore** standard.

This newsletter article will be one of my last acts as your president. It has been an honor to serve you, our athletes and the great game of baseball over the past two years. I hope you all have a great school year and your best season ever in 2011.

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2010 Minnesota Baseball Coaches Clinic

Co-Sponsored by the MINNESOTA HIGH SCHOOL COACHES ASSOCIATION

October 29, 2010	Friday	Registration from 4:30-5:30	❑ Session I starts at 5:30
October 30, 2010	Saturday	Registration continues at 7:30am	❑ High School Coaches Meeting at 8:00am ❑ Session 4 starts at 9:45 with other sessions following
October 31, 2010	Sunday		❑ 9:15am – 11:00pm

SITE: Ramada Plaza Hotel (Formerly the Four Points Sheraton) Same location as last year.
1330 Industrial Blvd
Minneapolis, MN
Phone (612) 331-1900
Toll Free (800) 325-3535

SPEAKERS:
- ❑ Tim Montez Jacksonville University in Florida***
- ❑ Jimmy Hall Lockport HS in Illinois ***

***Confirmed
- ❑ Ron Coomer Former Twin-Dodger-Yankee ***
- ❑ Ron Maestri Former University of New Orleans Head Coach***
- ❑ Ron Gardenhire-If available
- ❑ Others to be announced

.

Cost of the Clinic: $60 Pre-Registration (received by October 26, 2010) No refunds!!
$70 at the door

Hotel Rooms: You must make your own reservations and make sure you mention the baseball clinic and special room rate. A single or double room will run $85 plus tax. Make reservations by October 13 , 2010. Requests will be accepted on space availability and room rate availability. ***

Clinic Features: Coaches handouts-on website MSHSBCA.org; free soda product; door prizes . Free Reebok Item ($40 value); exhibitors; clinic notebook; FCA breakfast to those who sign-up; social hour on Friday after last session (beverage and chips); and free parking. Clinic schedule available Oct 15 on MSHSBCA.org.

**Your early registration is appreciated and helpful. Bring your staff with you.

Please fill out and mail in with your payment

Name:_____ Phone (Home):_____

School or Organization: _____

Home Address_____

Email Address _____

Make checks payable to MSHSBCA($60 Pre-Registration or $70 at door). Mail the checks to: John Wilkens – P.O. Box 203, St. Michael, MN 55376. wilks@charter.net to check on if registration has been received. You won't be notified.

Pullover Size-Circle M L XL XXL XXXL Shoe Size (in case we have any shoes) _____

Do you plan on attending the FCA Breakfast on Sunday morning (Oct. 31) at 7:30 AM? We have to pay for all meals ordered. Coaches who would like to bring wives or children may do so. Just include that number at bottom of the sheet. Do you plan on attending the FCA Breakfast? Yes_____ No_____

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CHIP SHOTS

By: Todd Petterson
Red Wing H.S.

I hope all of you are having a great end to summer and early fall and for those of you that are teachers you are going back refreshed and ready for the school year. We have had a number of changes in high school golf over the past few years and my hope is that they continue to go smoothly and even improve as time goes on. The golf coaches' advisory board works for you and so if you have suggestions let me know and we will work to improve where we can.

A special thank you goes out to the coaches who continue to handle the academic awards and the ratings awards for the coaches association, Steve Heslop and Kerry Bidle. Also, another thank you goes out to the coaches who handle the golf banquets at the state tournaments: Rich Aulie-A, Mike Frankenfield-AA, and Tim Kallevig-AAA. A reminder-in order for your players to make academic all-state at the state tournament banquet a coach needs to be a member of the coaches association. It seems that each year I get emails inquiring how a player gets this recognition or gets on to the coaches all-state teams. So I hope you consider joining the coaches association this year-your athletes are eligible for awards like academic all-state and the weekly ratings awards (any senior who plays in the first round of the section rounds and has an unweighted grade point average of 3.7 or higher makes academic all-state). Remember there are other advantages of membership like free entrance into high school events, deals on hotels, insurance, etc. So remember to join the coaches association early in the school year so both you and your players can benefit.

Currently we are working on a better communication channel for the golf coaches of the state.

For example, last year I received very few nominations for the section coach and section assistant coach of the year. I do not know if the meets managers are expecting that the teams winning coach is automatically the nominee (I believe there should be a better way in deciding this)-so early in September, if you were a member of the coaches association over the past two years, expect an email for voting and nominating your peers for the past two years (you probably will have this information by the time you get this chip shots)- there are a lot of worthy coaches across the state and I would like to work on this and get better recognition for coaches. Three additional coaches deserve a special thank you for helping get this current list of coaches and contact information together: Milo Larson-A, Bob Gorden-AA and Craig Nasvik-AAA.

Together the MSHSL and the coaches association are looking at how the coaching on the course can be improved. If you have suggestions or ideas on what is working and what needs to be tweaked, let me know and the discussions will take place to help us prepare for next golf season. For example, I realize that cell phones are not to be on during a meet for the players, etc. but last year two situations came up which I felt it necessary for the coaches to have access to them: one involved the weather and the threat of storms surrounding the course and the second involved getting a lost club to a player who left it at home before the section meet. I can see another example when parents are arriving at a meet after a meet has started-how do they figure out where their son or daughter is located on the course? The clubhouse, I have found, rarely knows. The coach knows but if they are on the course coaching they would not be able to talk with the parent-the ability to text this information would be very helpful.

Last spring in the spring chip shots I tried to start a dialog on the questions and thoughts we might have as coaches like best fundraising ideas, best drills, what ways might you handle qualifying, how do you handle indoor practice, etc. Last year with the later start of the season I was wondering how to start the season? In the past I had always had a few days to weeks of indoor practice but with the nice early weather I was looking for ideas on how best start the season – the courses opened early and how do you keep the interest in practicing when the players can get right on the course? Is there an interest in starting a blog or other ways of sharing the information/ideas and ways of doing things? Do you have topics, questions or things to share with other coaches?

Keep in touch and get back to me if you have questions, concerns or thoughts for the upcoming year-as I get older the seasons are starting to fly by and in no time we will be getting ready for next springs golf season-but lets first enjoy the fall where we usually get some great golf weather.

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SNYNCHRONIZED SWIMMING

By: Signe Hensel, President
MN HS Synchro Coaches' Association
(Head Coach Wayzata)

The Synchronized Swimming season closed with another successful state meet at the University of MN Aquatic Center on May 27th & 28th. This year there were 226 competitors representing 13 schools.

Historically, since the 80s when synchronized swimming gained varsity status, only 7 of the 13 schools have claimed the overall 3rd place trophy (Bloomington, Edina, Eden Prairie, Forest Lake, Hopkins, St. Louis Park, and Wayzata).

This year Forest Lake claimed their second 3rd place overall (the 1st time being in 1999).

Stillwater, the only school to consistently place top 2 overall since the 80s, retained 2nd place and Wayzata successfully defended the State Champion title.

Individual State Champions were:

Amanda Urke – WAY – short solo
Joy Hammer – STW – Long Solo
Summer Olson – STW – Extended Solo
Katrin Ree & Haley Ruegemer – WAY – Short Duet
Madeline Lee & Callyn Woodley – ED – Long Duet
Summer Olson & Claire Rutscher – STW – Extended Duet
Katrin Ree, Haley Ruegemer, Amanda Urke – WAY – Short Trio
Ashley Gilles, Riley Mangan, Ruth Schaefer – WAY – Long Trio
Natalie Bodin, Cayla Ebert, Alese Halvorson – WAY – Extended Trio
Haley Ruegemer – WAY – Short Figures
Alese Halvorson – WAY – Long Figures
Summer Olson - Extended Figures

Amy Erickson, Nicole Kullback, Gilly Mangan, Katrin Ree, Haley Ruegemer, Amanda Urke, Hannah Weis – WAY – Short Team

Ali Eull, Ahsley Gilles, Riley Mangan, Katelyn Osmek, Ruth Schaefer, Samantha Snidarich, Erika Weimer – WAY – Long Team

Alex Alviani, Natalie Bodin, Cayla Ebert, Alese Halvorson, Paige Muncy, Kjirsten Ree, Laurel Streed, Tara Williams – WAY – Extended Team

All-State Members named for 2010 were: Natalie Bodin (WAY), Calya Ebert (WAY), Alese Halvorson (WAY), Joy Hammer (STW), Paige Muncy (WAY), Summer Olson (STW), Kjirsten Ree (WAY), Claire Rutscher (STW), and Laurel Streed (WAY).

Congratulations to all of the competitors!!!

MSHSL BOARD OF DIRECTOR'S REPORT

By: Mindy Sparby & John Schumacher

Welcome back! I hope you had a great summer and are rested up and rejuvenated for a great year!

August is always a key month for the MSHSL Board of Directors. It's where we set our goals for the year, as well as welcome new board members around the table.

I will highlight some of the key items that were discussed at our August meeting.

- The League's Sports Medicine Advisory Committee later this month will be finalizing a plan for disseminating critical information regarding sports concussions. In the meantime, the Board highly recommended that athletes and their parents, coaches, officials and medical personnel take a free 20-to-30 minute online education course about concussions developed by the National Federation of State High School Associations (NFHS). Check out "Concussion in Sports – What You Need to Know" at www.NFHSLearn.com.
- Associate Director Merkle offered an update from the task force that is addressing the issue of scheduling football games. He said action will be requested in October for creating an option for a Zero Week that would allow approved schools to begin their conditioning/practice/game schedule one week early, but also require a bye week later in the season. Potential options for scheduling according to section assignments are still being explored and will be presented at the

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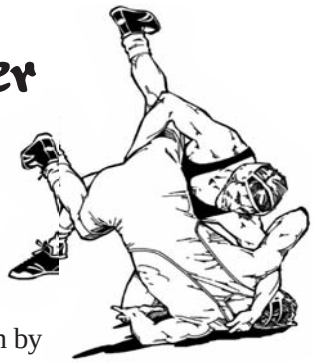
Mat Chatter



By: Tom Gruhlke
President of MWCA
Olivia, Mn

The summer of 2010 has blown by and all the fall activities are in full swing. With every new season, there is a squad out there that seems to come out of nowhere to have a magical season and ignite the communities they are from. The MWCA would like to extend a good luck to all the teams throughout the state in all activities and anxiously wait to see who that surprise team is this year.

This past April the MWCA inducted seven individuals into the Dave Bartelma Hall of Fame. This event was held at the Willmar Convention Center and was highlighted by the induction of athletes Jim Anderson 1959, Fridley HS, Stan Christ 1959, Mankato HS, and Brandon Paulson 1992, Anoka HS. Coaches inducted included Tom Beyer, Willmar HS, Ken Vogt, Sauk Center HS and Vic Wilson of Stillwater HS. Dale Benjamin was inducted as a contributor to the sport as a radio broadcaster out of Owatonna, Man. This was an incredible night and quite emotional for the inductees and one event that everyone can enjoy. The MWCA also recognized Dylan Ness of Bloomington Kennedy HS as Minnesota Wrestler of the Year and father-son co-coaches, Jim and Will Short of Simley HS as State Head Coach of the Year. Congratulations to all of these individuals.

The summer has been a busy one for the MWCA Wrestling Advisory Committee as they tackled the responsibility of coming up with a Protocol in regards to how the sport handles infectious skin issues. This Protocol was finalized in early August and presented to the MSHSL Medical Advisory for discussion. The goal is to have this in place by the 2010 – 2011, season so that all school district officials will have a clear and concise document to refer to. I personally want to thank those individuals who gave of their time and effort to help on this project.

On another issue the MSHSL Board did pass one of the MWCA's recommendations to allow a one- pound weight allowance for matches postponed from Saturday to Monday. This should certainly help the athlete in weight management over the weekend and should be extended to read from Friday to Monday. A very welcome rule change, for sure.

Moving forward, we will be hosting our annual MWCA Coaches Clinic on the last Saturday of October with this being a very important day full of meetings, clinics and work sessions. All coaches should have this day marked on their calendar for attendance, and further information on this event will be forthcoming. Let's get ready for another exciting season!

FALL CLINIC ATTENDEES URGED TO USE ELECTRONIC MEMBERSHIP

Coaches who plan to attend clinics this fall and winter are urged to obtain their membership in advance using the electronic membership opportunity.

Due to location of many of the clinics, the MSHSCA may not be able to hook up to provide membership cards using their computer. As a result, it will simplify things if membership is obtained prior to clinics to eliminant a lot of potential confusion regarding the reception of membership cards at the sight of the clinic.

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MSHSL BOARD OF DIRECTOR'S REPORT

. . . continued from page 49

Board's December meeting.

Goals that were tentatively set at the August workshop and will be addressed again in October include:

- Policy for class competition and placement of schools
- Posting of regular season statistics by all sports on the League Web site
- A marketing plan that may include development of a tag line for the League
- Requirements for coaches education
- Review of the policy for cooperative sponsorships
- Continued review of League bylaws; 100 Series
- Exploration of potential sponsorship of new education- or academic-based activities.

If you have any questions or would like clarification on anything, please feel free to contact us at any time.

Thanks, and have a great year!

For All Insurance Questions

General Liability Insurance Coverage
What to do if involved in a suit
Camp Coverage
Certificates of Insurance
Participant Accident Insurance

Contact Information:

Greg Joly gjoly@loomislapann.com
Kevin Joyce kjoyce@loomislapann.com
Karen Boller kboller@loomislapann.com

Loomis & LaPann, Inc.
18 Exchange St
PO Box 2158
Glens Falls, NY 12801
800-566-6479
518-792-3426 FAX
http://www.loomislapann.com/

GENERAL LIABILITY INSURANCE PROGRAM

As a membership benefit coverage is provided by the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors. This policy will protect the Minnesota State High School Coaches Association and its members from claims made by negligent acts accidentally committed resulting in bodily injury, personal and advertising injury or property damage to others.

CARRIER

Lexington Insurance Company
Excess Surplus Lines ("A" A.M. Best)

POLICY PERIOD

August 1, 2010 – August 1, 2011

LIMITS OF INSURANCE

$1,000,000	Each Occurrence
$1,000,000	General Aggregate (per Member)
$1,000,000	Products/Completed Operations
$1,000,000	Personal & Advertising Injury
$50,000	Fire Damage
Excluded	Medical Payments

For any additional information please contact Loomis & LaPann, Inc.18 Exchange St., Glens Falls, NY 12801
Greg Joly, Kevin Joyce, Karen Boller
800-566-6479 Fax 518-792-3426

CAMP COVERAGE

Today, most Coaches are involved in some type of sports camp. Please note that our General Liability Program follows all members while working at camps and/or conducting their own personal camp.

In addition, Participant/Accident Coverage is available that will cover coaches and/or participants. Should an accident occur during your camp, clinic or event, this secondary coverage could help offset the loss suffered by families affected by such accidents.

CERTIFICATE OF INSURANCE & PARTICIPANT ACCIDENT

If you have a camp and require proof of insurance, certificates are at no additional charge.

If you have a camp and require a certificate of insurance naming an Additional Insured the cost is $150.00.

Participant/Accident Coverage must be in place for all participants prior to the issuance of a certificate of insurance naming an Additional Insured.

Certificates of Insurance and Participant/Accident request forms are available through your coaches association. 218-847-6796 www.mshsca.org

www.loomislapann.com
gjoly@loomislapann.com
kjoyce@loomislapann.com
kboller@loomislapann.com

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COACHES' EDUCATION CLASSES

To register, view schedules, etc., go to **www.mshsl.org/mshsl/coachesed/login.asp** and register for the a coach's clipboard and all of the information about upcoming classes is there. You can also register online via credit card.

If coaches have questions, please call the League (763) 560-2262.

In-Person Coaches' Education Class Schedule

Class Date Closes	Location	Registration
Saturday, September 18, 2010; 9am-3:30pm	Northfield High School	September 12, 2010
Saturday, October 30, 2010; 9am-3:30pm	Hopkins High School	October 24, 2010
Saturday, October 30, 2010; 9am-3:30pm	St. Cloud Cathedral HS	October 24, 2010

Instructors

Name	Phone	Email
Jim Baker	Cell: 651-357-2937	jbad154@hotmail.com
Mary Eigner	Cell: 612-819-2808	mary@minn-e-rink.com
Tom Graupmann	Cell: 612-282-4105	tom.graupmann@nfld.k12.mn.us
David Hartmann	Work: 320-762-7754	dhartman@alexandria.k12.mn.us
Dan Johnson	Work: 952-988-4692	dan.johnson@hopkinsschools.org
Becky Leuer	651-674-7082	becky.leuer@gmail.com
Diane Morin	Cell: 651-328-1420	dmorin@proctor.k12.mn.us
Brad O'Donnell	Cell: 507-340-3902	bodonnell@macsmn.com

Pay Online with Credit Card

- Pay using your Credit Card thru Authorize.net's secure payment gateway.
- Your information is 100% secure and is not stored after authorization.
- Your payment will show up as MSHSL on your statement.
- No need to mail anything to us.
- Registration is processed within seconds.

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25-Year Coaches Party

Saturday, December 4, 2010

Social Hour: 10AM-11AM
Brunch Grand Buffet: 11AM
Edinburgh Golf Course – Brooklyn Park,
MN – 8700 Edinbrook Crossing

Each club member is encouraged to bring a friend to the first Holiday Party of the year! SPECIAL WELCOME to the first year members! Let's double our attendance and have a super time!

Thank You
Jim Dotseth Ron Scott Bob Collison
Dick Walker Dave Nigon Chuck Elias
Wayne Dietz Gerhardt Meidt

DOOR PRIZE DONATIONS APPRECIATED! • 25 Year Awards to be presented at the brunch!

Coaches Holiday Party
PLEASE RSVP BY NOVEMBER 27, 2010

_____# attending x $25/person =

$_____check amount

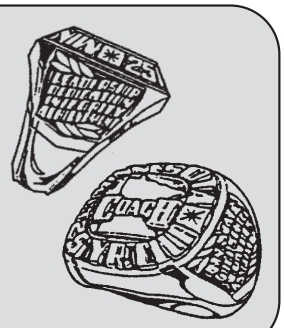
Contact Name:

_____

Phone No. (_____) _____

MAIL RESERVATIONS & CHECK TO:
Jim Dotseth
4180 Trenton Lane No.,
Plymouth, MN 55441
dotsethj@comcast.net
H: (763) 544-2970
Fax: (888) 590-8819

25 YEAR CLUB RING



Ring Options

Man's 10K Ring.....$449.00
Price based on 350 per ounce gold.
(Optional) 6 pt. Diamonds.....ea. $76.00

PRFCIUM is a bright silver colored jewelers alloy that is hard,
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Swim Strokes

By: Chris Aarseth - President
Girls' Swimming & Diving Coaches Association
Minneapolis Edison High School
caarseth@mpls.k12.mn.us

It's August—a time of the state fair and enjoying summertime here in Minnesota. The girls swim and dive season recently has started and teams are all ready to go. The march towards the state tournament at the University of Minnesota has also begun.

One year without the fast suits has also gone by. When elite swimmers started squeezing themselves into three swimsuits, to increase their speed, it was clear that our sport had a problem. As if one Speedo LZR Racer was not controversial enough, now we had started overdosing. There was concern within the sport that it could be years before records set in high-tech suits are challenged and whether the absence of record-setting swims will hurt swimming's popularity. Some may ask, "Did the suits really make a big difference?" Well I believe in one fashion yes, but there were other contributing factors. One factor is that the athletes that have come through Minnesota high school swimming in recent years are incredible. These kids learned to push themselves to the extreme edge. One coach said to me, "If you don't learn the basic techniques, and you don't learn how to train, the suits are not going to help you." These athletes knew what to do and when to do it. They have had some great guidance from their coaches. You, as high school coaches, also got better from this experience. There seemed to be an inverse relationship between these two factors and we all kept getting better!

Fast times are on the horizon for October 21 for Class AA and October 22 for Class A with the coaches association sponsored True Team state meet. All of the information for this meet can be found on www.pantherboosters.org/true. Year two without the suits will eclipse at the University of Minnesota on the week of November 15. What will this year's swim season bring? The answer to that question will be revealed in the months ahead. I still know you're going to see tight races. For me I'd rather see tight races than watch a record get obliterated by five seconds. The for sure bet is that there will be fast kids in the water, great coaches on deck, and the smell of chlorine in the air.

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John Doe
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Asst. Football
Head Wrestling
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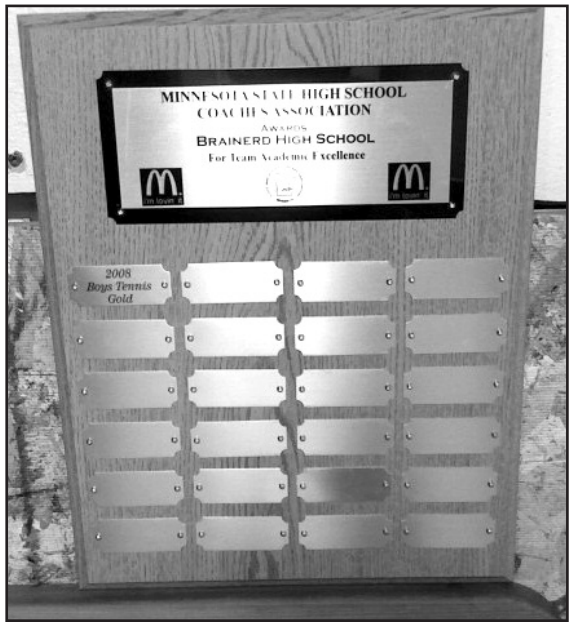
ATTENTION COACHES:

If your team qualifies for an academic award please notify your A.D. to look for it!

The MSHSCA continues the Academic Awards program

Many schools are receiving plaques and plates similar to the one pictured for sports that qualified as a gold or silver academic team. You should receive them within a month after your season ends.



GPA's were submitted, by the coach, to their sport association President along with a varsity roster.

The sport association then determined that the coach was a member of the MSHSCA and sport association for the roster they submitted.

This process is true for each sport.
Your school will receive a plate for each of the teams that qualify.

Please be alert to envelopes with the return address of Beachs Awards they will contain additional plates.

We are very pleased with our new program since it will recognize more teams for their outstanding efforts.

Thank you for your help with this program,
John and Mary Erickson

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THANK YOU NOTES FROM 2010 SCHOLARSHIP WINNERS

Thank you very much for the scholarship MSHSCA. It will be used at the University of Minnesota this fall. I am planning on majoring in sports marketing or accounting. Sports have provided many opportunities for me and I am truly grateful. Thanks Again!

Jenna Henry

MSHSCA: I am very grateful that I have been chosen as a recipient of a scholarship award from the MSHSCA, the financial aid that you have given my family and I is much appreciated. I have a long road ahead of me if I achieve my goal of becoming a Pediatrician in my home town following my graduation from Concordia College and every little bit helps. Thanks Again!

Zach Hinkemeyer

Dear Coach Association: Thank you very much for choosing me to receive the MN Coaches Association scholarship. It means so much to me that I was chosen to receive such a esteemed scholarship. The money will be a great assistance to me next year as I attend St. Olaf college to study pre-med as well as run cross country and track.

Monica Novacinski

Dear MSHSCA, Thank you so much for his scholarship. I greatly appreciate it. This scholarship will be put to good use, for I am going to pre-med and Concordia in Moorhead. It really means a lot to me to get this scholarship from the MSHSCA. I've been in three sports since 6th grade and they are a big part of my life. I am going to continue to play football in college for that has always been my favorite. It was really nice to have this award presented to me by my football coach Ron Stolski. So thanks again for helping me pay for college and continuing my football legacy.

Sam Pagel

MSHSCA, Thank you very much for awarding me the Gatorade Scholarship. It is an honor to receive this monetary gift. I plan on going to Gustavus Adolphus College in St. Peter next fall and this scholarship will help aid my enrollment there.

At Gustavus, I'd like to major in math education. In the future I'd like to become a secondary math teacher and a coach. I admire both my father and grandfather, who are part of the MSHSCA. I think that becoming a coach will allow me to have a positive influence on a great number of kids. I know the impact that my coaches have had on me, and I would like to fill the same role in the future.

So once again, thank you very much for the scholarship. Also, thank you to all the coaches that are part of this association that have an impact on my peers all over Minnesota.

Kat Dahl

Dear MSHSCA, Thank you for giving me the honor of being an MSHSCA Officers Scholarship recipient. I appreciate the trust that you have bestowed in me, and the faith you have that I will do will in college in utilize the lessons I have learned with my sports experience. The leg-up that you have given me will not only be beneficial to my finance, but also to my spirit because I know that such a professional organization has confidence in me. I will not let you down; I will try my best to live up to and exceed the expectations that you have given me, and become the best college student I can be. Thank you for this opportunity; your trust has not been misplaced.

Ethan Brenna

Dear MSHSCA members, Thank you for choosing me for the Past Directors Scholarship. I is an honor to be recognized for both my athletic and academic accomplishments. The financial contribution you have give me is greatly appreciated and will be put to good use as I further my education at the University of Minnesota. Being a student athlete with a heavy academic workload has been tough over the past four years, and I am grateful for being recognized as an All-State Academic basketball player. Again, thank you to the MSHSCA for presenting me the Past Directors Scholarship, the financial aid, and the honor or the Academic All-State.

Dan Fleissner

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THANK YOU NOTES FROM 2010 SCHOLARSHIP WINNERS

MSHSCA: Thank you! I cannot say enough how much it means to me that you provide this service. This helps build up our future world through supporting students' education. I am honored to have received this award, and I look forward to putting it to good use throughout my years of education at Luther College. You are helping to fulfill my dreams and for that I am truly appreciative. Again thank you for supporting me and helping to make a difference in all that you do. With Gratitude.

Becca Rudquist

Dear MSHSCA, I would like to thank the MSHSCA for considering and selecting me to receive the Gatorade Scholarship given to this years students. I feel honored to be chosen as a recipient of a scholarship given out to a few student athletes throughout the entire state of Minnesota. I plan on gong into education and coaching so that I can make a difference in kids lives and provide them with the same great experiences that I have had throughout my high school career. I am very thankful for the kind gestures that you and your sponsors provide students in our state. I hope that in the future your organization will be able to continue making differences in people's lives by awarding these scholarships to those who desire to take the next step in life.

Jackson Henrich

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MSHSCA Seeks Nominations for Officials Distinguished Service Award

The Minnesota State High School Coaches Association has always been aware of the value of officials as an integral part of the high school athletic programs could function without the dedication that is currently being provided to prep sports by the many officials in Minnesota.

A few years ago, the MSHSCA, in an effort to restore sportsmanship, as it should be, to the stands of high school sporting events, created an Officials Distinguished Service Award.

Coaches who are aware of the outstanding officials in your area that qualify for the award should either nominate the officials directly or contact the area officials associations and urge them to submit the deserving candidates for the award.

This award is presented to five deserving officials at the MSHSCA'a Annual Awards Banquet that is held each year in November.

The MSHSCA has maintained a collective file of nominations but is currently looking for more nominations of the many deserving officials that need to be recognized for their long time service to minnesota high school sports.

Nominations to receive the Officials DSA can be submitted by using the following criteria.

1. Should still be an active official.
2. Have been a high school official of varsity competition for at least 25 years.

If you know of a deserving official in your area that satisfies the established criteria, complete the accompanying nomination form and send to:

John Schumacher
16332 Deer View Rd
Park Rapids, MN 56470

Officials Distinguished Service Award Nomination Form

Name _____

Address _____

Phone ( ) _____

Years officiated at varsity level _____

Sport(s) Officiated _____

_____

Other information to support this nominee: _____

_____

Nominating Person _____

Address _____

_____

Phone ( ) _____

Zebra Zone

By: Terry Eiter
Detroit Lakes

"Officiate Minnesota" and "The Sports Officiating Summit": An Attendee's Perspective

"Officiate Minnesota" was the first of its' kind in Minnesota. The theme of the event was "Educating, Celebrating and Recognizing Sports Officials." Sponsored by the Minnesota State High School League, it was held the last weekend in July in conjunction with the "The Sports Officiating Summit," which was held later in the week and sponsored by the National Association of Sports Officials. It was interesting that over 1,000 officials from Minnesota chose to spend their weekend in Minneapolis rather than at home or on the lake. I was fortunate enough to attend both events which will help shape my officiating future.

"Officiate Minnesota" was put together and focused on Minnesota officials from several different activities. The presenters were current and former high school officials – some of them have now made it to the top of the ladder and are now at the professional level. The initial session of Officiate Minnesota was tabbed "The 23 Most Powerful Lessons in Officiating," by Bill Topp, Vice President of *Referee* Magazine. Topp had a no-nonsense approach to officiating. Of his 23 Lessons some included the following:

Eighty percent of officiating is managing people – this struck me to be very true as if you are not a "people-person" it will be a difficult avocation.

Safety is the primary responsibility

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of officials – this was reinforced several times throughout and emphasized again with the concussion conversations

There are rules that are written and then there is the spirit of the rule – enforce the spirit of the rule and you'll have less problems

it's not a fair business and the wrong call always gets more attention than the right call – he elaborated on the Jim Joyce missed call at first base this summer he felt the finest officials were fair minded, accountable and decisive

There were sessions on watching and breaking down video. Not just doing it, but having a procedure and process to it. Most coaches and fans don't know it, but watching video is something that officials have been doing more and more of. Tips were given on how to approach and break down individual plays. Some questions to ponder: position and thoughts prior to the play, positioning and thoughts during the play and again – what was my post play positioning and thoughts. Doing this over and over while writing down notes for each step. It's time consuming, but a valuable learning tool for officials.

As mentioned earlier, there was a focus on concussion this year. In the past it's been a bit scary for officials and there was not a solid procedure in place for athletes to return to a game after there were symptoms of a concussion. There were certainly liability concerns for officials. This year both the National Federation of High School Association and the Minnesota State High School League have created a procedure that relieves the officials much more than previously. It is now the burden of the team to determine if a player may return to the contest (by a approved medical practitioner) and not the official.

"Rights, Requirements and Risks" was the focus of the National Sports Officiating Summit in the days to follow. Legal liability is a huge concern in all walks of life and officiating is not immune to it. Several session dealt with the legal aspect of officiating, It's unfortunate, but it has come to this. Officials have been sued for many frivolous reasons AND some officials have actually sued other officials or the groups / associations that they belong to. It's just crazy. I heard the comment, "why are we still doing this?" many times.

I'll attempt to give you one example. One case in Texas involved a football official and his entire crew who were sued by a football coach. One of the officials bumped into a coach who was not where he was supposed to be – the coach fell down, was injured and ultimately faced large medical bills. The officials hired an attorney who agreed with them that it was a "frivolous" case against them and countersued the coach. Eventually, the coaches case was dismissed and the officials each won $50,000 in their counter-suit. It was a great precedent for officials.

Some other examples included one official suing his own Association because he tripped and fell down while leaving their annual meeting. He said they held their meeting at a "unsafe venue." Really? Then there was the case of the official who sued his Association because he wasn't getting the amount of games he thought he should be scheduled. Another sued for "unemployment" because he didn't receive as many games as the previous year. And so it goes.

From what I understand there is legislation in the state of Minnesota that protects officials from frivolous suits against them. I intent on becoming more aware if it.

Overall, both of the events were outstanding learning experiences. With that being said…

Until next time….remember to keep the game fun.

Terry J. Eiter is a high school teacher and baseball coach in Detroit Lakes, MN. He currently officiates football and basketball and is a former baseball and softball umpire. He can be contacted at dlref@hotmail.com.

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SERVICE ACES

By: Robb DeCorsey
MSHSTCA President
Glencoe Silver Lake High School
rdecorsey@gsl.k12.mn.us

Greetings and welcome to, what I hope, is a terrific start to your 2010 season. As we move further in to our seasons I feel we all need to give a huge thank you to Scott Engelstad, for his service as MSHSTCA President, everything he did for student athletes, and all he did to promote our great sport.

I know this time of the year gets busy, with the many hours of practice, matches, tourneys, and just the time spent thinking about and rethinking your line-ups and the like. As busy as we are, we must always remember the role we play in the lives of our athletes, and the important influence we have on them. Tennis teaches these athletes more than just winning and losing games; it teaches the life lessons of fairness, sportsmanship, and integrity—probably more than any other sport. I have already been witness to great moments of sportsmanship this season, and know I will witness many more. Keep encouraging your players to play it fair, and conduct themselves in a manor that would make your programs proud.

There are a few items that you need to keep in mind as we move through the season.

MEMBERSHIP

It is important for you to join the coaches association: mshsca. I encourage you to join the association and your assistant/assistants too. We are really pushing to get more assistants involved. Remember you need to join the sports association to be included in coach of the year, and more importantly, for your team and individuals to be eligible for academic honors. To join the coaches association, please go to http://www.mshsca.org/membapp.htm; to check out the benefits of being a member go to http://www.mshsca.org and click on Membership Benefits, on the left column.

DEADLINES

Make sure you meet the deadlines for becoming a member, sending in academic forms, etc. so you and your teams do not miss out on awards you and your athletes deserve. Keep our website, http://www.mshsca.org/tennis/, bookmarked and check it often.

ACADEMIC AWARDS

The Tennis Coaches Association recognizes teams who have outstanding GPAs. Teams with GPAs of 3.5-3.74, receive "Silver Academic Team" awards, and teams with GPAs of 3.75-4.0, are recognized as "Gold Academic Teams."

The deadline for **academic awards,** team and individual, is Friday, October 8th. You can find the forms on the website, http://www.mshsca.org/tennis/, in the left hand column. Rick Engelstad, our Executive Secretary, will be sending you reminders. When ready, you can e-mail your forms to Rick: rengelstad@pinecity.k12.mn.us or mail them to:

Rick Engelstad
Pine City HS
1400 Main St. South
Pine City, MN 55063

RANKINGS

Remember to help keep player and team rankings up to date. The rankings cannot be accurate if you do not help. Michael Cartwright is our rankings coordinator—not an easy job. If you know of a player/team who you feel deserves/needs to be ranked, email him at: michael.cartwright@moundsviewschools.org

CLINIC

The coach's clinic is coming back to Fred Wells Tennis Center!! This will be

. . . continues on page 61

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a welcomed and great event, as always. The dates are: Friday evening, March 4, and Saturday, March 5th. Look for more information to come.

HALL OF FAME

Consider nominating someone for the MSHSTCA Hall of Fame. Please note that coaches no longer need to be retired from coaching to be nominated, but must have at least 15 years of tennis coaching service.

SURVEY

Be watching for a coach's survey, from Rick Engelstad, coming in early September. This is an important tool to gather your ideas, on a variety of items being brought to our tennis advisory committee and the MSHSL.

RESULTS

Please remember to keep you results updated on the MSHSL website, and call in your scores to the various media outlets.

RULES MEETING

The on-line rules meeting is still in the works. Look for more information to come. This will be an important tool for all coaches and section managers.

SECTION REPS

It is important for you to know who your section rep is. To find this information, go to the website http://www.mshsca.org/tennis/secreps.htm. If you are interested in becoming a section rep, let us know. Section Reps, remember the section rep meeting on Wednesday, September 15th at the MSHSL offices.

I look forward to serving as the MSHSTCA President. Please feel free to contact me with any questions, concerns, or ideas you feel are important to the continued improvement of high school tennis throughout the state. Good luck as you progress further in to your seasons. This is an exciting time of the year and it goes by quickly. Try to take as much time as possible to savor the ups and downs of your season.

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Renew or join online!

Memberships run from August 1st – July 31st

In an attempt to become paperless, we are strongly advising coaches to use our online registration system. It gives you the option to pay by credit card , money order or check. You will get a printable receipt for taxes or reimbursement.

1. Begin at www.mshsca.org
2. Use the link for 2010-11 membership as of 5/3/10
3. New members use the right had side of the next screen, to join for the first time.
4. Coaches that are renewing their membership, use the left had side of the screen and the password zzz
5. Follow the steps to the last screen where you will have a chance to choose the method of payment.

Please note: if you choose to pay by check or money order, your card will be sent when payment is received. As in all online use of a credit card, there is a bank service charge for each transaction.

Please call 218-847-6796 or email jomar@lakesnet.net with questions.

If you would like to use the Postal Service, the application is available on our web site and can be downloaded.

As of 8-26-09, Life members are still not able to use the online registration. It's a "bug" that hasn't been worked out yet! We are sorry for the inconvenience.

Life member should use regular membership application found in this issue of the MN Prep Coach.

John & Mary

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