



THE *Minnesota* PREP COACH

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TOM VAN ERP SELECTED AS NEW MSHSCA VICE PRESIDENT

Record balloting for the second straight year has proven that electronic voting is working better than the previous paper ballot method. Following the May 1st deadline, Wadena-Deer Creek's Tom Van Erp was elected as the latest Vice President of the MSHSCA. He surpassed the vote total of Jeffrey Wall of Maranatha Christian Academy. Van Erp will begin his four year term beginning with the summer meeting in Detroit Lakes. During the third year as an officer, he will be the President of the MSHSCA.



Van Erp is a 1984 graduate of New York Mills High School. After high school, he attended Fergus Falls Community College followed by attendance and graduation from the University of MN-Morris with a degree in Health, Phy Ed and Coaching. In 2000, he obtained his M.Ed

from the University of MN-Minneapolis. Later he earned his K-12 Administration license from St Mary's-Minneapolis.

South St Paul was Van Erp's first teaching and coaching assignment from 1992-96. He taught Phy Ed and Health and served as varsity assistant in football, boys basketball and boys track and field.

In 1996, he took the call to join the staff at Wadena-Deer Creek. He continues to teach Phy Ed and Health while holding the head coaching position in football and boys lubsba.

He has distributed his leadership talent with the MSHSCA where he has served as a Delegate and a member of the Finance Committee from 2002 to the present.

Tom chairs the Health and Phy Ed Department at Wadena-Deer Creek and provides leadership for the youth football and basketball clubs.

He and his wife, Janelle have five children - four boys and a girl.

The MSHSCA would like to extend a most sincere thanks to Jeffrey Wall for his interest in serving on the Executive Committee

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The Minnesota PREP COACH

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PRESIDENT:

Shelly Hotzler - Jackson County Central

PRESIDENT-ELECT:

Becky Leuer - North Branch

VICE PRESIDENT:

Jon Wagner - Gilbert

PAST PRESIDENT:

Don Tangen - Glencoe/Sliver Lake

HALL OF FAME COORDINATORS

Jim & Janet Baker - Richfield

OFFICIALS DSA

John Schumacher - Park Rapids

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Mindy Sparby - NHREG
John Schumacher, Park Rapids

FINANCE REPS:

(A) Tom VanErp - Wadena/Deer Creek
(AA) Rick Ringeisen - Lakeville Scot

SCHOLARSHIP CHAIR:

Gregg Martig - St. Cloud Tech

2010-2011 Delegates and Sport Association Officers

SECTION	GIRLS SPORTS DELEGATE	BOYS SPORTS DELEGATE	AT LARGE DELEGATE	AT LARGE DELEGATE
1A	Gary Prantner (Byron)	Gordy Klomps (retired)	Jeff Johnson (Chatfield)	
2A	Donna Johansen (Murray Ct.)	Rick Burns (Lesever-Henderson)	Bruce Belseth (Sleepy Eye)	
3A	Milo Larson (Canby)	Dave Blank (Wabasso)	Todd Tinklenberg (Pipestone)	
4A	Chris Laird (Heritage)	Jeff Wall (Maranatha)	Tim Herman (Heritage)	
5A	Dawn Engebretson (Rockford)	Tom Lawrence (Foley)	Alan Amdahl (Albany)	
6A	Diane Pettis (Sebeka)	Ton Van Erp (Wadena)	Mike Peterson (Perham)	
7A	Dennis Holsman (Hill City)	Derek Parendo (Proctor)	Dan Stifter (Aitkin)	
8A	Janet Golden-Landquist (Nevis)	John Schumacher (Park Rapids)		
1AA	Rod Schwartz (Winona)	John Cassellius (Winona)	Rob Schwartz (Winona)	
2AA	Mike Lhotka (Dassel Cokato)	Tim Johnson (Mankato East)		
3AA	Jerry Utecht (St. Paul / Harding)	Open	Gerry Keenan (Harding)	Gordy Genz (retired)
4AA	Mark O'Neill (Champion Park)	Tom Paulson (White Bear Lk)	Tim Ryan (Hill Murray)	
5AA	Randy Glassmann (Maple Grove)	Mark Loahr (Totino Grace)	Chad Kuehne (Coon Rapids)	
6AA	Open	Greg Miller (Robbinsdale Arm)	Jim Baker (Retired)	
7AA	Mark Solberg (Cambridge)	Bill Baumann (North Branch)		
8AA	Open	Gregg Martig (St. Cloud Tech)	Rob Nielsen (Det. Lakes)	Bill Magnuson-Fall John Roesch -Spring (Sauk Rapids-Rice)
SPORT ASSOC	PRESIDENT	PRESIDENT ELECT	EXECUTIVE SECRETARY	MEMBERSHIP/TREAS.
AD	Tom Graupmann (Worthfield)	Pete Veldman (retired)		
Adapted Athletics	Marcus Onsum (Robbinsdale)			Kelli Waalk (Maple Grove)
Baseball	Bruce Woitas (Sleepy Eye St Mary's)		John Wilkins (retired)	
Boys Basketball	Steve Grove (Willmar)		Tom Critchley (retired)	
Girls Basketball	Patty Sorenson (Park Center)		Jen Johnson (Edina)	
Cross Country	Chris Frye (Chatfield)			Dave Bauer (Brooklyn Center)
Football	Paul Dunn (Springfield)		Ron Stolski (Brainerd)	Jim Dotseth Treasurer
Golf	Todd Petterson (Red Wing)			
Gymnastics	Jennifer Harmoning (Becker)		Shelly Eklund (Rosemount)	
Hockey	Bruce Frutiger (Rochester Century)		Mike MacMillan (Buffalo)	
B-Lacrosse	Greg Visich (Hill-Murray)			
G-Lacrosse	Rachel Aiken (Chaska/Chanhausen)			
Alpine Skiing	Derek Nash (Burnsille)			
Nordic Skiing	Pete Tremaine (Anoka)			
Soccer	Bill Vance (Totino Grace)		Dave Halgren (Ret.)	Keith Randa (Apple Valley)
Softball	Adrian Wagner (Benilde - St. Margaret's)		Shelly Hotzler (Jackson Cty Cent)	
B-Swimming	Mike Steineman (Cretin-Derham Hall)			Rick Ringeisen (Treas)
G-Swimming	Chris Aarseth (Mpls. Edison)			
Synch. Swim	Signe Hensel (Wayzata)		Kathy Bohnsack (Prior Lake)	
Tennis	Robb DeCorsey (Glencoe-Silver Lake)		Rick Englestad (Pine City)	
Track	Kent Viesselman (Cambridge Isanti)			Scott Christensen Treasurer
Volleyball	Jim Lee (Waconia)		Janet Golden-Landquist (Nevis)	Sue Alstrom (Treasurer)
Wrestling	Tom Gruhlke (BOLD)		John Peterson (Elk River)	Roger Gorham (Elk River)



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President's Message

By: Shelly Hotzler, Jackson County Central

It is hard to believe the school year is over....well in our case as I write this we have four days left. Our school is on that tried the FLY or Flexible Learning Year. We started in August and finish on May 20. Good for the kids but rough for this PE Teacher and Softball Coach.

I would like to thank all the Coaches and Board members that have made my time as President a fulfilling one. I have learned so much in my time and have made a lot of contacts and friends in the process. I would encourage anyone thinking of running to do so. It is amazing what it takes to run an association of our size, but John and Mary have it down to a science!

I would also like to Congratulate the Winter Champions and the upcoming Spring Champions.

As I have said in the past as our job as coaches gets tougher, take a minute to think about all the lives you touch and leave your print on.

Have a great summer!

“ I don't believe you have to be better than anyone else. I believe you have to be better than you ever though you could be.”

- Ken Venturi

MANY ARTICLES ARE SUBMITTED BY A DESIGNATED MEMBER OF PARTICULAR SPORT ASSOCIATIONS & ARE NOT NECESSARILY THE FEELINGS OF OTHER SPORT ASSOCIATIONS, THE MSHSCA OR THE EDITOR.

"Fast Tracks," "Smooth Fast Natural," "Adapted Updates," "Clearing the Hurdles" and "Synchronized Swimming," do not appear in this issue.

We certainly hope the omission was not due to temporary failure of the Editor's computer even though we had a reasonable backup plan to use along with 15 extra days of deadline time.

If the omission is the responsibility of the editor, we sincerely apologize.



VISIT MCDONALD'S AFTER THE GAME





Ramblings from the Big Dog

By: John Erickson, MSHSCA EXECUTIVE DIRECTOR DETROIT LAKES

The spring weather has been less than kind to the state of Minnesota and I am sure that all of you are hoping to salvage some spring weather. I know that the scheduling of spring sports has been a nightmare for coaches, players and athletic administrators. Hopefully there will be a turn around in the weather and all of your teams will be able to get in the work they need as they prepare for the quickly approaching tournament times.

It has been another busy year for the MSHSCA as we serve the coaches of Minnesota. The MSHSCA has grown into a very large organization with nearly 9,000 members representing 30 boys and girls sport associations. The growth of the MSHSCA has brought the need to find ways to make it more efficient and responsive in providing services. The development of the online registration system has been an ongoing project over the last three years and we are now ready to use the system exclusively for membership renewal each year. This transition has been evolving over the past three years and with the 2011-2012 membership year it is time to complete the transition to on-line registration. There are many of you who have used the online registration system the past couple of years and our feedback is that, for the most part, it has been easy to use.

There is a page dedicated to the online registration in this issue of the Prep Coach. Please refer to it as you register and if you have questions or difficulty please do not hesitate to call us and we will walk you through it. One of the questions we do get is whether or not you have to use a credit card and the answer is no. You can complete the registration process and select to pay by cash, check or money order. If you choose this method of payment you will need to print the receipt and send it to the MSHSCA, along with your payment. Once the payment is received the card will be issued. Thank you for your help and understanding as this transition is completed.

Every year we have questions about the membership card as it pertains to admission to high school events. Some call us and refer to the membership card as a pass. **IT IS NOT A PASS IT IS A MEMBERSHIP CARD!!** Almost all schools have been very good about allowing card holders to attend high school events at no charge. The privilege of using the card and determining how many may be ad-

mitted is up to the discretion of each individual school. The use of the card for admission into events was started to allow the card holder, THE COACH, to gain admission for the purpose of scouting. The use of the card was never intended to be used as a pass for families for the purpose of avoiding admission fees to events. Please use the membership card with discretion and remember what the intention of the card was in the first place.

There will be one significant change in the registration process this year. Membership is intended only for coaches!!! You will be required to join a sport association in order to gain membership into the MSHSCA. The online registration program will not allow you to complete the registration unless you indicate the sport(s) you coach and pay the sport association dues along with the MSHSCA dues. This requirement was discussed and approved by the Delegate Assembly at their fall meeting on October 9, 2010 and was to be implemented for the 2011-2012 year. Folks we can use your help on this one. If you know of a person who has obtained a membership card but does not coach please let us know so that we can contact them and rescind the membership they have obtained.

There will be an opportunity to purchase an Association shirt when you register on line if you would like to have some MSHSCA clothing. You will also be able to register on line of several of the clinics. The VB clinic registration is up and ready and VB coaches will be able to register for the clinic at the same time as they renew their membership. The shirt order form will be on the registration in the very near future. This will replace the Minnesota Twins fund raiser that is currently on the registration site. We also will be adding a dues check off for coaches caring about coaches with all donations placed in an escrow account for future needs.

Mary and I want to thank all of you for helping make this a great year for the MSHSCA. We want to thank you for being a member of the MSHSCA because without you there would not be a coaches association. We want to thank those of you who have stepped up to fill the various leadership roles within your own sport associations. The MSHSCA is blessed with great leadership and this is also true for the sport associations. We want to give a special thank you to those great leaders who serve on the Executive Board, Finance Committee, Scholarship Committee, Hall of Fame Committee, our Prep Coach editor, webmaster and other duties that make the MSHSCA one of the best State Coaches Associations in America.



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*“I hate to lose more than
I love to win.”*

- Jimmy Connors

**Minnesota State High School
Coaches Association, Inc.
Executive
Committee Liaison
Assignments
2010-2011**

Don Tangen Past President Glencoe-Silver Lake	B/G Soccer Baseball Wrestling	B Swimming G Swimming B Hockey
Shelly Hotzler President Jackson Co. Central	Football G/B Golf Gymnastics	G Basketball Adapted Athletics
Becky Leuer President Elect. North Branch	B/G Cross Country B Tennis Alpine Skiing	Nordic Skiing G Tennis B/G Track
Jon Wagner Vice President Eveleth-Gilbert	Volleyball Softball B/G Lacrosse	Synch. Swimming B Basketball

Sports Associations - If you with assistance form the MSHSCA for any reason, please contact your Liasion person listed above.

YOUR MSHSCA MEMBERSHIP

The 2010-2011 membership year is quickly coming to an end. It is important to understand the policies that govern membership in the MSHSCA. Every year we hear from coaches who have questions about their memberships and the privileges that come with membership.

1. The membership year runs from August 1st each year to July 31st of the following year. The insurance coverage that is such an important part of your membership is in effect from August 1st to July 31st each year. If you do not renew your membership by August 1st your will not be insured until you do renew your membership. For life members you must resister for the new year and pay \$10 to renew you insurance.
2. **YOU MUST BE COACHING IN ORDER TO QUALIFY FOR MEMBERSHIP.** If you used to coach but no longer coach you are not entitled to a membership card and all such applications will be verified thought the Athletic Directors from you school. Coaches who hold life membership cards will always be members based on their years of service and application for life membership completed while they were still coaching. Membership cards were never intended to be placed in the hands of non coaches and as per the requests of the AD's we will work hard at identifying applicants who are not coaching and deny their membership request.
3. Admission to games by using your membership card is a privilege granted to card holders by the individual school districts policy. There are schools who limit admission to the card holder only and other schools who admit the card holder and one guest. Please respect the policy of the schools as you attend the games in their schools. Occasionally there are non-school venues who do not honor the card. Please contact the home school AD if you encounter this problem and ask how you can gain admission with your membership card.
4. One new addition to your membership this year is the classroom coverage under your liability policy. Your liability insurance will follow you into the classroom if no other insurance is provided. The MSHSCA will work closely with the MnIAAA in reviewing and granting privileges with your membership card.



VISIT MCDONALD'S AFTER THE GAME



SERVICE ACES

By: Robb DeCorsey
 MSHSTCA President
 Glencoe Silver Lake High
 School
rdecorsey@gsl.k12.mn.us



“Spring” is here, or supposed to be here. It has been a tough weather season, for all sports, but the athletes keep fighting through it, so they can play the sports they love. The coaches also fight through it so they can coach the sports they love and give their athletes, great experiences only they can give. Congratulations to everyone on another terrific spring tennis season. The season is coming to a quick end and we wanted to make sure that you were up to date on the end of the year academic awards. Congratulations to these teams and coaches for their excellence on and off the court.

Class A Academic Winners

Class A: Gold Class A: Silver

Section 3.75-4.0 GPA Section 3.5-3.74 GPA

1A St. Paul Humbolt 1A Waseca
 5A Becker 2A Minneapolis Washburn
 6A Foley 2A St. James
 7A Aitkin 2A St. Peter
 8A Thief River Falls 5A Brooklyn Center
 5A Providence Academy
 6A St. Cloud Cathedral
 7A Pine City

Class AA Academic Winners

Class AA: Gold Class AA: Silver

Section 3.75-4.0 GPA Section 3.5-3.74 GPA

1AA Lakeville South 1AA Rochester JM
 1AA Red Wing 2AA Mankato West
 2AA Eden Prairie 2AA Orono
 2AA Hutchinson 3AA Eastview
 3AA Apple Valley 4AA Hill Murray
 3AA Bloomington Jefferson 4AA Roseville Area
 3AA East Ridge 5AA Coon Rapids
 4AA Cretin-Derham Hall 5AA Spring Lake Park
 4AA Mahtomedi 5AA White Bear Lake
 4AA Woodbury 7AA Forest Lake
 5AA Maple Grove 7AA St. Francis
 5AA Mounds View 8AA St. Cloud Tech

7AA Cambridge-Isanti
 7AA Duluth East
 8AA Bemidji
 8AA Brainerd
 8AA Sartell-St. Stephen

Player School Coach

Kevin Hughes Aitkin Joe Walz

McKenzie Hohlen Becker Hokan Bengtson

Mitchell Nelson Becker Hokan Bengtson

Ethan Ratliff-Crain Benson - KMS Jonas Grossman

Aaron Wilhelmi Blue Earth Area Joe Kuechenmeister

Wade Wilhelmi Blue Earth Area Joe Kuechenmeister

Hans Kittleson Blue Earth Area Joe Kuechenmeister

Riley Holmseth Blue Earth Area Joe Kuechenmeister

Colan Surratt Blue Earth Area Joe Kuechenmeister

Steven Aro Eveleth-Gilbert Mike Aro

Aaron Zimmer Foley Bryce Werckman

Steven Dotzler Foley Bryce Werckman

Cade Robertson Lac Qui Parle Valley/Dawson-Boyd

Barry Brace

Jonathan Fondell Lac Qui Parle Valley/Dawson-Boyd

Barry Brace

Brandon Zinda Lac Qui Parle Valley/Dawson-Boyd

Barry Brace

Eric Voss Lac Qui Parle Valley/Dawson-Boyd Barry Brace

Matt Pratt Minneapolis Washburn Ryan Hoag

Bjorn Anderson Minnehaha Academy Mark Norlander

Ben Peters Minnewaska Area Tara Reichmann

Tanner Blair Minnewaska Area Tara Reichmann

Jacob Braaten Minnewaska Area Tara Reichmann

Tim Cahill Pine City Rick Engelstad

Zach Borich Pine City Rick Engelstad

Mark Machuzick Providence Academy Mike Olson

Jordan Otto St. Cloud Cathedral Ellis Scheevel

Mark Shirley St. Cloud Cathedral Ellis Scheevel

Jordan Beumer St. Cloud Cathedral Ellis Scheevel

Mark Magelssen St. Cloud Cathedral Ellis Scheevel

Matt Jurgens Saint James Les Zellmann

Micah Rodahl Thief River Falls Tim Engelstad

Connor Hutton Thief River Falls Tim Engelstad

Benjamin Olson Thief River Falls Tim Engelstad

Cody Mauston Virginia Jeff Mauston

Paul Noll Virginia Jeff Mauston



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Player School Coach

Levi Rickert Bemidji Mark Fodness
Patrick Herron Bloomington Jefferson Nick Hupton
Nick Reiners Cambridge-Isanti Thea Lowman
Josiah Sherry Cambridge-Isanti Thea Lowman
Rob Storrick Coon Rapids Scott Storrick
Nate Sullivan Cretin-Derham Hall Randy Muetzel
Zack Minea Cretin-Derham Hall Randy Muetzel
Willie Elsass Cretin-Derham Hall Randy Muetzel
Greg Peckham Duluth East Mark Welinski
Daniel Nielsen Duluth East Mark Welinski
Nishaan Pal Eastview Jeff Olsen
Dan Falkenberg Eastview Jeff Olsen
Rachit Kshetrapal Eastview Jeff Olsen
Mitch Taylor East Ridge Brad Allan
Joaquin Baldes East Ridge Brad Allan
Branden Hickey East Ridge Brad Allan
Joe Scherping Hill Murray Peter Doyon
Joe Trabant Lakeville South Ryan Antony
Josh Plooster Mahtomedi Justin Seim
Brian Kurtz Mankato West Eric Weisser
Wyatt McCoy Mounds View Michael Cartwright
Cole Thayer Mounds View Michael Cartwright
Casey Anderson Mounds View Michael Cartwright
Josiah Daniels Princeton Jon Steinbrecher
Jake Fischer Princeton Jon Steinbrecher
Caleb Osborn Princeton Jon Steinbrecher
Dylan Gorman Red Wing Randy Decker
Isaac Wyland Red Wing Randy Decker
Ben Tittle Red Wing Randy Decker
Dan Betz Roseville Area John Simso
Frankie Burquest Roseville Area John Simso
Callan Jansen Saint Francis Scott Schmidt
Grant Strom Sartell - St. Stephen Marcus Oistad
Adam Kourajian Sartell - St. Stephen Marcus Oistad
Robert Satterness Sartell - St. Stephen Marcus Oistad
Justin Hammerschmidt Shakopee Ford Rolfsrud
Matthew Gode White Bear Lake Brandon Jackson
Zach Moore Woodbury Derek Otto
Jacob Sajevic Woodbury Derek Otto
Ben Wortmann Woodbury Derek Otto
Jan Groth Woodbury Derek Otto
Alex Haugstad Woodbury Derek Otto
Jason Lu Woodbury Derek Otto
Dennis Zhou Woodbury Derek Otto
Matt Lui Woodbury Derek Otto

Congratulations to all of the student athletes and their coaches. These awards are well deserved and show the outstanding student athletes tennis turns out.

Good luck to all of the athletes and coaches as they move forward through sections and the state tournaments.

As we move in to the summer season, I encourage you to encourage your players to join the USTA and take advantage of all the programs they have to offer. Tournaments, lessons, camps, and leagues all lead to the improvement of tennis and the continued development that tennis offers to all facets of our student-athlete's lives.

It is important for you to join the coaches association: MSHSCA. I encourage you to join the association and your assistant/assistants too. We are really pushing to get more assistants involved. Remember you need to join the sports association to be included in coach of the year, and more importantly, for your team and individuals to be eligible for academic honors. To join the coaches association, please go to <http://www.mshsca.org/membapp.htm>; to check out the benefits of being a member go to <http://www.mshsca.org> and click on Membership Benefits, on the left column.

I know that some coaches have said they are not receiving e-mails from our executive secretary Rick Engelstad. Please talk to your tech people and make sure that Rick is not on your spam list or restricted e-mail list. Here is Rick's e-mail. rengelstad@pinecity.k12.mn.us Rick sends out plenty of important information throughout the year, so we want to make sure you are able to receive that information.

Also check out the Minnesota tennis hub. mntennishub.com

I hope everyone has an enjoyable and relaxing summer and comes back recharged for the fall. _____

“The most prepared are the most dedicated.”

- Raymond Barry



VISIT MCDONALD'S AFTER THE GAME



BANK SHOTS



By: Steve Grove,
MBCA President
Willmar HS

I would like to commend all of the teams that participated in this year's state tournament. Congratulations to Hopkins, Orono, Perham, and Springfield for winning their respective class title.

Our Academic State Champions were Blackduck coached by Grant Mystic, Crookston coached by Greg Garmen, Chisago Lakes coached by Herb Jangor, and Moorhead coached by Corey Zimmerman. Congratulations also need to go to our Academic Section Team Champions and individuals chosen on the Academic State Team. To view these selections go to the MBCA website.

Congratulations to Ken Novak Jr. for becoming the first coach from Minnesota to be awarded the ESPN RISE National Coach of the Year Award. ESPN RISE National Coach of the Year was initially given 1970. Some of the past recipients have been Morgan Wooten from DeMatha Catholic and Bob Hurley of St. Anthony. MBCA also recognized Josh Williams of Owatonna, Barry Wohlers of Orono, Dave Cresap of Perham, and Vern Capelle of Upsala as the State Coaches of the Year. Section coaches and the assistant coaches can also be found on the MBCA website.

This 64-team tournament proposal has been submitted to the MSHSL and will be addressed this summer. This past year, coaches around the state were asked to give their opinions on the new proposal. 69% of 3A/4A coaches, that responded, were in favor. A/AA

coaches had similar responses with 60% of the coaches in favor and 39% against 1% having no preference. Ryan Weinzierl of Minnesota-Scores.net posted an example of what the brackets could have looked like for this year 4A tournament. Go to this link if interested in seeing how each region would have been seeded. <http://forum.minnesotascores.net/viewtopic.php?f=1&t=9715&sid=3ae7617fbaf711b1d14a1fc55c39fbf7>

Here are some reminders for the upcoming year. The "no contact period" for 2011 are Friday, July 1-Thursday, July 7. Also make sure that you plan to attend the fall coaches clinic being held October 28,29 at the Hyatt Regency.

It has been my privilege representing the coaches as the president of our association. Brad Strand of Pelican Rapids will be the new president of the coaches association. Brad has been very committed to the executive board and will do an excellent job. Also I would like to thank Tom Critchley for his guidance, leadership and devotion as our executive secretary.

"The grass maybe greener on the other side of the fence, but you still have to mow it."

- Anonymous

FLIP NOTES



By: Jen Harmoning
MGGCA President
Becker High School

It's hard to believe that the state tournament took place three months ago already, and now we're gearing up for summer off-season training. What an exciting time of year! Before you have contact with your athletes, remember to sign the contact waiver and keep it on file with your Activities Directors. Also keep in mind this summer's blackout dates of July 1-7.

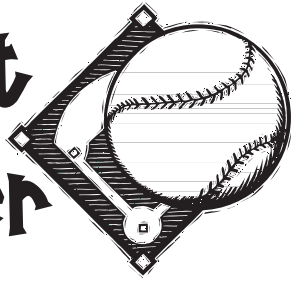
Section representatives met recently and planning is underway for the 2011 Fall Coaches' Clinic. If you have any suggestions for clinicians or requests for topics, please let me know. We are always looking for new ideas that will support and enhance your ability to grow or improve your gymnastics programs. This fall the clinic will be held Friday evening, October 7, and Saturday, October 8.

Section realignments have also been a big topic for discussion this spring. Many sections saw some big changes. Class AA was capped at the top 64 schools, which also helped to increase movement within the class A sections. Along with these new section formations comes an opportunity to increase your network within the sport. Don't be afraid to take a look at which teams are in your section and take a moment to contact those coaches and establish new relationships (or reconnect with old ones). We are also still looking for additional representatives for many sections. If you are interested in getting involved, I would love to hear from you. {email to jharmoning@becker.k12.mn.us}

Thank you for the good work that you do. Happy Handstands!



dugout chat



By: Al Amdahl, Albany High School
Second Vice President, Baseball Coaches Association

Well, spring is here, and the season is going full-throttle with playoffs just around the corner. Remember, as you are in the midst of your busy schedule, to complete all the proper year end forms to recognize worthy players and their achievements as well as those for coaching awards. It is important that we coaches do all we can to promote our sport and our athletes. Refer to the website for necessary forms and due dates. We have also been given a great opportunity to get vital information in one central location: Minnesotasportsonline.com. Find the link on the website and load your stats. Thanks to Tink Larson for getting that up and running and continuing to maintain this for our association.

Based on a recommendation from the Baseball Coaches Advisory Committee, the MSHSL Board of Directors approved a change to the State Baseball Tournament schedule. Thursday, June 16 will be the first day of the tournament and only quarterfinal games will be played. Games will start at 10:00, 12:30, 3:00, and 5:30 at the following sites: Class A in Chaska or Jordan, Class AA in St. Cloud, and Class AAA at Midway Stadium in St. Paul. Semifinal, consolation, and third place games will be played on Friday, June 17, semifinals at 12:00 and 2:30, and third place at 5:30. The consolation games will be played at 10:00 and 12:30, and the consolation final game at 3:00. Consolation games will take place on adjacent fields. The Championship will again be played at Target Field, but on Tuesday, June 21 due to the Twins playing at home on the weekend. The change in tournament schedule is intended to give each team the chance to enjoy multiple days of a tournament atmosphere as opposed to the possible “two and done” on the first day. We encourage all coaches to attend the tournament and provide feedback at the fall meeting.

The Lion's All-Star Series will again be held in Chaska. We thank Dale Welter for his continued work on the great tournament. Thanks also to the four region coordinators: Lowell Scearcy, North; Craig Anderson, South; Ricky Michael, East Metro; and Mike Halloran, West Metro. Come on out to the park on Friday, June 24 not only to recognize the athletes and their mentors but also to see some great baseball in a beautiful park. There will again be a golf outing that

morning for anyone who wants to participate.

The Baseball Coaches Association is again hosting a Junior Showcase on July 7 at Minnetonka. Nominations should be sent to Tink Larson. The committee does a great job of finding juniors from all classes across Minnesota. Thanks to Paul Twenge and Minnetonka High School for hosting this great opportunity for young ball players.

Be sure to write the fall coaches clinic on your calendar: October 28-30 at the Ramada Plaza Hotel in Minneapolis. Get your staff together and take advantage of great clinicians, vendors, and hot stove discussion. Thanks to John Wilkens for his hard work organizing this event. As an organization we will have many important items to debate and we need your attendance. The Hall of Fame Banquet will be on Saturday, October 29. Congratulations to Chris Biehn of Mankato Loyola, Jim Hare of Richfield, John Hellie of Pierz, Jim Hurley of Moorhead, Steve Johnson of Blake, Dennis Kaatz of Wadena-Deer Creek, Mick McNeely of Mounds View, and Jerry Riewer of Staples-Motley. What a tremendous honor for those coaches, their respective programs, and their staffs!

The softball and baseball advisory committees have worked together diligently to get the double elimination tournament back in play for 2012. Proposals were sent to MSHSL and will go before the board at their August meeting. The double elimination format is believed to be the best way to get the very best team out of each section and on to the state tournament. We thank our president, Bruce Woitas, for his hard work on this endeavor as well as Shelly Hotzler, Executive Secretary for the Minnesota Fastpitch Coaches Association and President of the Minnesota High School Coaches Association. Both groups will need your help in getting this back for 2012.

The familiar “ping” of spring has started to change its tune as teams are adjusting to the new bat rule—no BESR bats will be legal in 2012. All bats must be BBCOR (Batted Ball Coefficient of Restitution). Coaches, you will want to plan ahead with your ADs to get monies in place to make that switch. Although it is only a varsity level requirement, we as an association suggest that you make a top to bottom switch for liability purposes. This will certainly change the nature of the game. College programs have had mixed responses from complaints of lack of power numbers to praise for the benefits to pitchers, the added shortgame, and the increased reliance on baseball fundamentals. Without question, the purpose of the rule change is the safety of our players.

With all the irons you have in the fire, I hope you are able to enjoy the games, the weather, and the opportunities to work with young people. Good luck to you and your team. Hit ‘em where they ain’t



VISIT MCDONALD'S AFTER THE GAME



HOOP SCOOP



By: Patty Sorensen
Park Center IB World School
2010-2011 MGBCA President

Congratulations to our 2011 Minnesota State Girls Basketball Champions: AAAA Champion Hopkins High School, AAA Champion DeLaSalle High School, AA Champion Braham High School and Class A Champion Maranatha Christian Academy.

Congratulations to our State Coaches of the Year and Assistant Coaches of the Year:

Class AAAA Coach:

Dave Preller Woodbury High School
Assistant Coach:
John Reiser Osseo High School

Class AAA Coach: (tie)

Erin Herman Hill-Murray High School
Wendy Kohler Alexandria High School
Assistant Coach:
Jim Salentine Fergus Falls High School

Class AA Coach:

Scott Bergman Sauk Centre High School
Assistant Coach:
Nate Dahlman Braham High School

Class A Coach:

Josh Wieme Goodhue High School
Assistant Coach:
Heath Olson Spring Grove High School

Please check our website: www.mshsca.org/girlsbasketball, for the complete listing of section coaches of the year.

The MGBCA All-Star Series was held April 16 and 17 at the University of St. Thomas. The young women who participated in this event were excellent ambassadors for girls basketball in Minnesota and they treated us to some outstanding basketball. The 2A All-Stars defeated the 3A All-Stars for third

place on Saturday afternoon and the 4A All-Stars won the series defeating the A All-Stars in the Championship game Saturday afternoon. Congratulations to all the All-Stars and the Coaches:

Class AAAA Head Coach:

Jill Becken Centennial
Assistant:
Brian O'Connell Centennial

Class AAA Head Coach:

Mike Hoganson Detroit Lakes
Assistant:
Jim Swenson Detroit Lakes

Class AA Head Coach:

Scott Sorensen Caledonia
Assistant:
Carl Fruechte Caledonia

Class A Head Coach:

Jeff Buffetta Mountain Iron-Buhl
Assistant:
Doug Schmitz Mountain Iron-Buhl

At half time of the 3rd place game on Saturday a special presentation was made to the American Cancer Society. On behalf of the MGBCA and Coaches vs Cancer over \$90,000 was raised by girls basketball teams across the state and a check was presented to the American Cancer Society.

Thank you to the All-Star Committee Chairs: Jenny Johnson and Carla Young and their committee; Jen Rademacher, Erin Herman, Lynn Dalhed, and Amy Bellus. I would also like to thank our class coordinators: Rick Uttech, Brian Atkinson, and Bill Gottenborg. This event would not be possible without the extra time and effort of this exceptional group of individuals.

On Friday April 16th, we inducted four new members into the Minnesota Girls Basketball Coaches Hall of Fame. 2011 is our 18th year of Hall of Fame ceremonies and we now have 81 members inducted through the years. The MGBCA is very proud to

announce our 2011 inductees they are an extremely talented group of individuals who have made outstanding contributions to women's basketball in the state of Minnesota.

2011 inductees are: Andy Berkvam from Lakeville North, Terry Hunst from Bloomington Jefferson, Paul Larson from Prior Lake, and reporter and television anchor Don Shelby.



Left to right: Don Shelby, Andy Berkvam, Terry Hunst, & Paul Larson

Pat Barrett and the Miss Basketball Committee did another exceptional job observing our Miss Basketball candidates for 2011. This year's honor goes to Rachel Banham from Lakeville North.

Lastly, I would like to thank all of you for your commitment to Minnesota Girls Basketball. It has been an honor and privilege to serve as President of the MGBCA. It's been a great experience and an opportunity to connect with many of you throughout the state. I welcome Jen Rademacher from Robinsdale Cooper as the incoming President. Jen has been very active in our Association and will do a great job. Our President Elect is Jeff Buffetta from Mountain Iron Buhl. Have a great summer!



Over Hill *and Dale*

By: Chris Frye
Chatfield High School

By the time you receive this issue of Prep Coach, you may be in the heart of the championship portion of the track and field season and find it a bit difficult to look ahead to cross country. Take time to mark July 19 on your calendar.

That's the date for our 2011 cross country association coaches clinic at Champlin Park High School. Kevin Moorhead is putting together a fine program, and the clinic will also give us an opportunity to honor coaches of the year and inductees into the Hall of Fame (more on that in a minute). We'll also take some time to discuss issues of concern to our members and how we might help grow our sport in the future.

I look forward to an enlightening and lively session. Registration details are elsewhere in this issue. Join us for the clinic. Your association — and sport — is what you make it.

Dave Chatelaine reports that he already has some nominations for the cross country coaches association Hall of Fame, but it's not too late to make nominations. Nomination forms are on the association Web site and can be emailed to Dave. Ideally, he'd like to receive them by June 1.

The Hall of Fame is an opportunity to honor coaches who have made a significant contribution to our sport. Please think about those coaches who have had an impact in your life, and consider nominating them to the Hall of Fame.

* * * * *

I received a call recently from a friend who was looking for help building hiking and running trails in and around our community. The group he's working with has permission from landowners to create a network of trails that will also link up to some back country roads. My mind immediately went to Arthur Lydiard's stories of long runs with his mates through the rugged New Zealand countryside. We may not have the sand of the Kiwi beaches to run on, but there is no shortage of wicked hills near Chatfield.

Our team will kick in some labor, and then enjoy the benefits of using these trails (well, the enjoyment may come in the afterglow of a run). Hopefully, your community has a network of trails. If not, maybe that's a good team project.

* * * * *

Something I look forward to is the daily check-in e-mail I receive from my 86-year-old mother. It's her way of staying connected. Mom knows I like quotes, and she includes one or two in each e-mail. I'll leave you with one of my favorites. It comes from a bicyclist rather than a runner, but it is no less appropriate:

"You hear a lot of comments about, 'He makes it look easy,' or 'His face shows no effort . . .' Come look at my face in January when I'm trail-running in Texas and I'm hurting like a dog. It's an ugly face. But I'd rather have the face then and feel good here. It's called sacrifice." —Lance Armstrong

May your runners all have ugly faces this summer. Hope to see you at the clinic.

Delegates Corner

By: Becky Leuer, President Elect
North Branch

After exploring the concept of a Minnesota Junior Showcase event for almost two years, the decision has been made to drop this idea. While this has been very successful in other states, the events we have in Minnesota currently work very well so we will not fix what is not broken. I think this is yet another example of how our sport associations in Minnesota continually work to do what is best for their members. Many sport associations were already considering an event for juniors and many have been upgrading their All Star events to create an even better experience for the players and coaches. Kudos to all of you for the great work you do.

One thing I did hear from many sport associations is the need for more coaches to step up and volunteer. Sport associations and the MSHSCA can always use more help. We especially need some of our younger coaches to get more involved. While we know the time demands of coaching can be tremendous and overwhelming at times, the rewards and the connections made when getting involved add to the enjoyment of coaching. See if you can find some time to get more involved in your sport association or as an area representative for the MSHSCA. Contact one of the officers if you have questions or would like to volunteer.

HALL OF FAME CANDIDATES NEEDED

Jim Baker, MSHSCA Hall of Fame Coordinator would like to issue a plea for more Hall of Fame nominations.

There are a lot of deserved people that should be nominated.

Use the form found in this issue of The Minnesota Prep Coach and submit one or more coaches that deserve to be recognized as a Hall of Fame inductee.

Baker's Email: jbad154@q.com



VISIT MCDONALD'S AFTER THE GAME



MEMBERSHIP PERKS

MEMBERSHIP PERKS

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- **AMERICINN - Ham Lake** - Contact Al Patel, 763-755-2100. 13440 Highway 65 NE, Ham Lake, MN. \$59-\$99 Includes Breakfast. 4/1/2011
- **BEST WESTERN NORMANDY DOWNTOWN - MINNEAPOLIS** - 1-800-372-3131 Ask for the "Coaches" rate and receive 15% off our Best Available Rate. Contact Timothy Holden with questions. 12/31/2010
- **CROWNE PLAZA MINNEAPOLIS NORTH** - 2200 Freeway Boulevard, Brooklyn Center, MN 55430 - On site restaurant and lounge. Contact Tyler Damlo 763-489-2568
- **DAYS INN - Mounds View** - Contact Pravin Patek, 763-786-2465. 2149 Program Avenue Mounds View, MN. \$64.99 12/31/2010
- **EMBASSY SUITES - Brooklyn Center** - (763) 560-2700 - Ask for MN Coaches Association Rate - Hotel Code = MSPBR. Website: www.minneapolisbrooklyncenter.embassysuites.com
- **RAMADA PLAZA - Minneapolis** - \$75.00 - (612) 331-1900
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- **THE NORTHLAND INN** - 7025 Northland Dr Brooklyn Park, MN 55428 - Contact Jodie Fleck 10% off best rate available, mention MSHSCA 09 when making reservation. 800-441-6422
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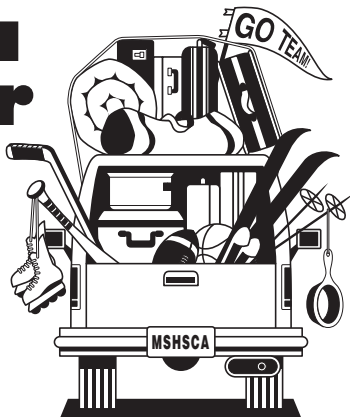
REASONS WHY MSHSCA MEMBERSHIP IS BENEFICIAL

- | | |
|--|---|
| <ol style="list-style-type: none"> 1. Executive Director available to work for you on a daily basis. 2. Dues include a \$1,000,000 Liability Insurance while coaching. 3. Membership card is for admission at many high schools and colleges in Minnesota. 4. Teams are eligible to earn Academic Team and Individual honors. 5. Provide scholarships for Minnesota High School students. 6. NOCAD membership creates revenue marketing that is helpful for the promotion of programs that benefit coaches and their athletes. 7. Four issues of <i>The Minnesota Prep Coach</i>, the MSHSCA newsletter which contains information about and for coaches and their association's activities. 8. Provides potential for clinics for any sport association that wishes assistance. | <ol style="list-style-type: none"> 9. Up to date clinic schedules and educational opportunities on our website. 10. Opportunity to be recognized as a Minnesota Coach of the Year. 11. Opportunity to be recognized as a Minnesota Assistant Coach of the Year. 12. Delegate representation that allows coaches to remain fully updated on issues. 13. Close working relationship with all affiliated sport associations. 14. Provides active representation and support on the MSHSL Board of Directors. 15. Recognition for state team championships. 16. Opportunity for 25 Year Club and Life Membership of the MSHSCA. 17. Opportunity to be nominated and selected to the MSHSCA Hall of Fame. 18. United support for each other's programs. 19. Mass membership email capability. |
|--|---|



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Have You Moved or Changed Your Email?



If you know of a member who has moved or is not receiving their Prep Coach, please ask them to notify us.

Send change of addresses to John and Mary Erickson, PO Box 519, Detroit Lakes, MN 56502, or email us at jomar@lakesnet.net. It is equally important for us to have current email addresses. Our webmaster will send notices and updates. Please notify us ASAP if there is a change. There are several life and retired life members that we do not have current addresses for. We do appreciate the help in updating these addresses so that all members get their Prep Coach and other mailings from the office of the MSHSCA.

For All Insurance Questions

General Liability Insurance Coverage

What to do if involved in a suit

Camp Coverage

Certificates of Insurance

Participant Accident Insurance

Contact Information:

Greg Joly gjoly@loomislapann.com
 Kevin Joyce kjoyce@loomislapann.com
 Karen Boller kboller@loomislapann.com

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GENERAL LIABILITY INSURANCE PROGRAM

As a membership benefit coverage is provided by the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors. This policy will protect the Minnesota State High School Coaches Association and its members from claims made by negligent acts accidentally committed resulting in bodily injury, personal and advertising injury or property damage to others.

CARRIER

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August 1, 2010 – August 1, 2011

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For any additional information please contact Loomis & LaPann, Inc. 18 Exchange St., Glens Falls, NY 12801

Greg Joly, Kevin Joyce, Karen Boller
 800-566-6479 Fax 518-792-3426

CAMP COVERAGE

Today, most Coaches are involved in some type of sports camp. Please note that our General Liability Program follows all members while working at camps and/or conducting their own personal camp.

In addition, Participant/Accident Coverage is available that will cover coaches and/or participants. Should an accident occur during your camp, clinic or event, this secondary coverage could help offset the loss suffered by families affected by such accidents.

CERTIFICATE OF INSURANCE & PARTICIPANT ACCIDENT

If you have a camp and require proof of insurance, certificates are at no additional charge.

If you have a camp and require a certificate of insurance naming an Additional Insured the cost is \$150.00.

Participant/Accident Coverage must be in place for all participants prior to the issuance of a certificate of insurance naming an Additional Insured.

Certificates of Insurance and Participant/Accident request forms are available through your coaches association. 218-847-6796 www.mshsca.org

www.loomislapann.com
gjoly@loomislapann.com
kjoyce@loomislapann.com
kboller@loomislapann.com



VISIT MCDONALD'S AFTER THE GAME



Bounce Shots



By Greg Visich
President, MSHSBLCA
Hill-Murray H.S.

With a Lacrosse season that has already consisted of rain, snow, 80 degrees, and hail the size of Lacrosse balls, it has been one of the most memorable springs in our five year history as a varsity sport. In one day, I was sun burned and just 2 hours later, pelted with freezing rain and hail. While the weather has been against us, the caliber of Lacrosse being played in Minnesota continues to improve and impress.

At the conclusion of each game, coaches are **required** to load their game statistics on the MSHSL website. It is important that your game statistics are uploaded after every game – this information will be used for the selection committees for the MSHSBLCA End of Year Awards. After each game, coaches (both home and away), should email their top three standout players from each game to Greg Visich.

Unfortunately, only about a third of our coaches are doing this. Also, please only send in your top three players; do not list your top five after each game.

There has been a schedule change to the End of Year Player Awards Selection meeting. The Section Committees and the Awards Committee will be meeting has been scheduled for Sunday, May 22nd to finalize the All-State and All-American Awards. Academic All-American, Coach of the Year, Assistant Coach of the Year, and Man of the Year will be voted on via email in the next couple of weeks. Awards will be distributed at the half time of the Senior Showcase being held on Sunday, June 12th at Laxtravaganza.

Please make sure that your statisticians understand the definition of the statistics they are tracking. To ensure that the stats are consistent among all 54 teams, please provide your statisticians the definitions that were sent out to all head coaches at the beginning of the season.

The MSHSBLCA Board of Directors wishes you good luck in the remainder of your season. _____

MEMBERSHIP REPORT MARCH 2011

<u>Types of Membership</u>	<u>2009-10</u>	<u>2010-11</u>
Active Class A & AA	6131	6272
Associates	1096	1156
Active Life	591	564
Retired Life	976	984
<u>Honorary</u>	<u>3</u>	<u>3</u>
	8,797	8,979

Breakdown of membership by sport association (2009-10 totals in parenthesis)

Adapted Athletics (23) 19	Boys Lacrosse (25) 51
Alpine Skiing (66) 68	Girls Lacrosse (49) 47
Athletic Directors (258) 228	Football (1023) 1105
Baseball (411) 400	Boys Hockey (265) 259
Boys Basketball (842) 788	Golf (boys & girls) (375) 371
Girls Basketball (658) 736	Soccer (boys & girls) (347) 379
Cross Country (297) 316	Softball (443) 509
Gymnastics (201) 210	Synchronized Swimming (11) 16
Nordic Skiing (122) 114	Girls Tennis (181) 190
Volleyball (631) 740	Boys Tennis (136) 166
Boys Swimming (169) 165	Track & Field (681) 686
Girls Swimming (210) 217	Wrestling (67) 82

Boys and girls swimming and tennis are reported separately and include coaches that are counted in both. Since their seasons are not at the same time our new system counts coaches in each of their seasons.

We have 34 coaches that have joined the MSHSCA and coach a sport that collects their own dues.
3-Badminton, 7-Cheerleading, 11-Dance and 18-Girls Hockey.



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MSHSCA's

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2010-2011

The following friends of Minnesota coaches and Minnesota prep sports have made contributions to the MSHSCA that will assist the association in providing opportunities for coaches to better their programs and provide the ultimate possible experience for the athletes that take part in their programs.

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COACHES:

Please support the sponsors who are concerned
about your athletes and your programs!

Good luck in 2010-2011

Thanks for your support



VISIT MCDONALD'S AFTER THE GAME



Minnesota State High School Coaches Association

HALL OF FAME

CRITERIA FOR THE SELECTION OF CANDIDATES

1. Individuals selected as nominees must have shown a deep sense of responsibility in the manner in which they conducted themselves as coaches, and demonstrated a dedication to the highest ideals of competitive interscholastic athletics.
2. Of equal importance is the manner in which they conducted their programs, that they be most beneficial to their players, their schools, and their communities, always reflecting a positive image of interscholastic athletics and/or coaches.
3. They shall have demonstrated the characteristics of leadership, the ability to motivate and inspire, and to guide and counsel young athletes.

ELIGIBILITY REQUIREMENTS

1. Nominees must have been active in coaching and/or athletic administration for a minimum of 25 years.
2. Nominees must be a life member of the MSHSCA.

SEND NOMINATIONS TO:

Jim Baker
 8185 E. Courthouse Blvd. Ct.
 Inner Grove Heights, MN 55076
 Email: jbad154@q.com



MINNESOTA STATE COACHES ASSOCIATION HALL OF FAME NOMINATING FORM

Name: _____
Last First Middle

Address: _____ City: _____ Zip: _____

Birthdate: _____ Single: _____ Married: _____ Phone #: _____

Deceased: _____ Spouse's Name: _____

Children and Ages: _____

Nominating Person or Group: _____

Rationale for Nominations: _____

Personal History: Hometown: _____

College: _____ Year: _____

College Honors: _____

Coaching History: (Sports-School & Years): _____

Coach Awards, Honors & Highlights: _____

Are you currently an inductee to a Sport Association? If yes, please list: _____

Present Status: _____ Organizations & Honors (other than coaching): _____

Coaches Association involvement & Present Status: _____

Please list Other Highlights & Experiences: _____

Nominated by: _____ Date: _____

**MORE HALL OF FAME NOMINEES ARE REQUESTED.
 THERE ARE A LOT OF DESERVING COACHES THAT SHOULD BE RECOGNIZED!!**



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MnIAAA CORNER

By: Tom Graupmann, President, MnIAAA
Northfield High School

Coaches, you are the important people! You are the ones in the trenches working with our students each and every day. No one is more valuable than you. Providing an environment where educational athletics is fostered is paramount. The “life-skills,” learned and developed will stay with your students for a “life-time;” make those learning opportunities the very best they can be. With that being said it’s vital that all of us continue to be life-time learners as well.

The Minnesota State High School League will be launching its Continuing Education Requirement (CER) on June 1st. Coaches will receive current and pertinent instruction and education in: Coaching Philosophy, Emergency Planning, League Rules and Policies, and Concussion Management. Once complete, coaches will have access to the required online Rules Interpretation Meeting. Listed below are the requirements of the Minnesota State High School League Continuing Education Requirement (CER). After June 1, 2011 a head coach will do the following:

1. Access the Coaches Clipboard page on the MSHSL Website Home Page under the Coaches Tab and select Coaches Clipboard.
2. Answer a number of questions that will provide the League with information regarding your school the sports that you coach, the level, and how you currently meet the State Statute requirement to be a head coach in Minnesota. Once this information is complete, you will be directed to the appropriate tabbed page on the Coaches Clipboard.
3. Upon confirmation that you meet the State Statute requirement you will complete the following Continuing Education Requirement (CER) chapters.
 - Chapter 1 – Coaching Philosophy
 - Chapter 2 – Concussion Management
 - Chapter 3 – Emergency Preparedness
 - Chapter 4 – Rules and Policies
4. Upon the completion of Chapters 1 - 4 you will then gain access to
 - Chapter 5 – Required sport specific Rules Interpretation Meeting.

5. Completion of the Continuing Education Requirement (CER) and the Rules Interpretation Meeting is required two weeks after the official start date of your sport season. For fall sports this date is August 29, 2011. There is no fee to complete the Continuing Education Requirement (CER).
6. If you do not currently meet the State Statute requirement to be a head coach in Minnesota, you will be directed to the Coaches Education Program tab on the Coaches Clipboard page to register for the Minnesota Coaches Education Program. This is a 6-hour in person course and includes additional online modules that must be completed. The cost of this course is \$170.
7. Penalties for not completing the Continuing Education Requirement will be decided at the June Board of Director’s Meeting.

I personally want to thank all of you for choosing to coach; certainly it’s rewarding, but also, what a GREAT challenge! Have a tremendous spring and summer and I hope you take some time to recharge your batteries and enjoy well-deserved time off. Thank you all once again!

“A positive attitude causes a chain reaction of positive thoughts, events and outcomes. It is a catalyst and it sparks extraordinary results.”

- Wade Boggs



VISIT MCDONALD'S AFTER THE GAME



**MINNESOTA COLLEGES & UNIVERSITIES
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The importance of a close working relationship between college and university coaches and high school coaches in Minnesota remains obvious as 35 institutions of higher learning have opted to continue with the Associate Membership Package offered by the MSHSCA during the 2010-2011 school year.

As part of the arrangement, college coaches can use the MSHSCA membership card to obtain admission to high school events and in turn the high school coach can use the card to attend college most college games. Restrictions apply for college and high school playoff and post season tournament games.

- | | | |
|--|--|---|
| • Anoka Ramsey
Community College (Coon Rapids MN) | • Hamline University (St Paul MN) | • Riverland Community College (Austin MN) |
| • Augsburg College (Minneapolis MN) | • Hibbing Community College (Hibbing MN) | • Rochester Community College (Rochester MN) |
| • Bemidji State University (Bemidji MN) | • Itasca Community College (Grand Rapids MN) | • Southwest MN State University (Marshall MN) |
| • Bethany Lutheran College (Mankato MN) | • Martin Luther College (New Ulm MN) | • St Cloud State University (St Cloud MN) |
| • Bethel University (St Paul MN) | • Mesabi Community College (Virginia MN) | • St Cloud Tech College (St Cloud MN) |
| • Carleton College (Northfield MN) | • Minnesota State University Mankato (Mankato, MN) | • St John's University (Collegeville MN) |
| • Central Lakes College (Brainerd MN) | • Minnesota State University - Moorhead (Moorhead MN) | • St Olaf College (Northfield MN) |
| • Century College (White Bear Lake MN) | • MN West Technical and Community College (Worthington MN) | • St Mary's University (Winona MN) |
| • College of St. Benedict (St Joseph MN) | • Northland Community College (Thief River Falls MN) | • U of MN - Crookston (Crookston MN) |
| • Concordia College (Moorhead MN) | • Northwestern College (St Paul MN) | • U of MN - Duluth Men's Hockey on Availability (Duluth MN) |
| • Concordia University (St Paul MN) | • Ridgewater Community College (Willmar MN) | • U of Mn - Morris (Morris MN) |
| • MN State Comm. & Tech College (Fergus Falls MN) | | • University of St Thomas (St Paul MN) |
| • Gustavus Adolphus College (St Peter MN) | | • Vermilion Community College (Ely MN) |

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By: Ron Stolski - Brainerd
Exec. Director MFCA

“We make a living by what we get; we make a life by what we give”. That quote was given to me some years ago during a quiet discussion with a good friend. One whose counsel I appreciate and admire. And, often seek. He attributed it to the great Winston Churchill.

In this column today, I want to recognize and celebrate just some of the hundreds of coaches who serve the MFCA and, who, like you, give to their schools, communities, players and colleagues in myriad ways... who teach, coach, and live among us.

Let's begin by saluting the marvelous job that Rob Nielsen does with our website, www.mnfootballcoaches.com. If you do not make use of the site, PLEASE do so. The business of the MFCA is documented and chronicled in a professional, easy to use manner. Updated information, forms, affiliations are all available on this outstanding site.

Recently, three major MFCA events were conducted. The MFC Clinic set a modern day attendance record with over 1200 coaches, workers, contributors, and vendors at the DoubleTree, St. Louis Park, Mar.31-April 2. The presence and presentations of the U of M, by Coach Kill and his entire staff highlighted the three day event. Jerry Kill, in particular, sent a resounding message to a packed, standing room only, crowd. His message of hard work, loyalty, accountability, and care is one that resonates; all of Minnesota is rising to their feet in support of Gopher Football. The MFCA extends a very special thank you to Dan O'Brien, Gopher Director of Football Operations, for his work on the Clinic committee, and kudos to the many volunteer staff and the Clinic committee, Claud Allaire, Dave Nigon, Ray Kirch, Dave Nelson, John Gross,

Angie Baldwin and Jim Dotseth for putting an outstanding Clinic together. Plan now to attend next year, 2012, Mar.29-31.

The 2011 Hall of Fame Banquet, the culminating event of the clinic, also set an attendance record with over 350 attending. Hall of Fame inductees were Terry Karlsgodt, ACGC, Mark Kroulik, Stephen-Argyle, Bob Majeski, Hastings, Merrill Pavolich, Delano, Don Stueve, Fergus Falls, and Darell “Bozo” Wincek, Gopher Officials Assoc. Other reconitions : Butch Nash Award; Mike Allen, Northfield, Kirk Golberg, Lakeville South, Greg Johnson, Delano, Mark Johnson, Rocori, Mike Labine, Detroit Lakes, Jeff Moore, Verndale, Jeff Moritko, Totino Grace, Charlie reed, Cretin-DH. Assistant Coach of The Year, Mick Goudy, Rodgers. Distinguished Service, Dave Lee, WCCO radio. Don Swanson Wayne Petermeier, Browerville. Power Of Influence. Jeff Ferguson, Totino Grace. Coach of the Year, Class 9M, Jeff Gronner, Cromwell, 1A, Denny Lux, New Ulm Cathedral, 2A, Don Siepkes, Ottertail Central, 3A, Mike Kesler, Rochester Lourdes, 4A, Marc Franz, Rogers, 5A, Brad Anderson, Wayzata, State COY, Ron Stolski, Brainerd.

Will Wackman, Spring Lake Park, chair of the scholarship committee announced the twelve 2011 scholarship recipients. They are; Tom Mahoney Scholarship— Abe Kolstad, Mankato East, Don Swanson— Bill Gregg, Hopkins, Les Dreschel— Kyler Anderson, Glencoe- Silver Lake, David Nigon— Jimmy Duffy, Mounds View, Al Siegle— Phillip Kuhlman, Crosby-Ironton, Andy Nelson-- Andrew Lonneman, Adrian, Steve Sillianoff— Andrew Hufhes, Holy Family, Dave Hylla— Jacob Lesar, Hermantown, Bob Peterson-, Garrett Edelman, Nevis, Dale Scholl— Cole Hazelbacher, Watertown-Mayer, Warren Olson— Jacob Daniel, Armstrong, Jim Gustafson— Alex Kapraun, Rochester Lourdes.

On May 3, The MFCA hosted our annual Recruiting Fair. Jeff Ferguson, Chairman, submits the following report: Colleges Participating: 44. High schools

attending: 41. ‘ This is an important venture for our association for a number of reasons; for High Schools, it is a great service for the HS coaches (a time saver being able to meet with so many college coaches efficiently outside of the school day), for High School Juniors by getting their information out for the colleges, especially for those coaches who are in attendance. For College Coaches it is a time and money saver being able to purchase the recruiting booklet, and meeting face to face with HS coaches. Finally, the money realized for the MFCA goes directly to other MFCA programs.... awards, scholarships, All-Star game, etc.

Beau Labore reports significant progress with one of our newest programs, the Community Service Award. ‘The award was initiated in 2008. The award encourages teams to display their student-athletes’ service while portraying qualities of leadership, community, and giving to others. Giving without the expectation of receiving anything in return, is a powerful quality that can be instilled in young men.’ Beau has done outstanding work with this initiative. Look for his complete article in the Summer Magazine. In regards to the Summer publication, please cooperate with Publications chair, Terry Turek, in submitting all items and reports to him by a June 1 deadline.. The summer magazine is an “everything you need to know” about the MFCA and Minnesota High School football.

Finally, please make every effort to support and attend the North- South All-Star game , June 25 at TCF. Dave Fritze, game manager, and his staff are putting together an outstanding event! Players, staffs, honorary coaches, John Gross (South), and Roger Lipelt (North) have been selected.. If you have not purchase your five tickets yet, please do so. Your support, as in all things, is very much appreciated.

Phew.. that's it from here. Time to go fishing. Have a great summer!!



VISIT MCDONALD'S AFTER THE GAME





Diamond Cuts

By: Adrian Wagner
Benilde - St. Margaret's

I am writing this as most of us are playing our final regular-season games and gearing up for our respective section tournaments. But by the time most of you have the chance to read these words, our seasons will be done and all we will be left with is thoughts of "what if?" and visions of things to come a season from now.

Granted I have but seven seasons to base this on, but this was by far the coldest season we have ever played in. I saw snow flakes during at least two games, and with factoring the temperatures and wind and rain, there were times I found us out on the field in conditions simply not suitable for high school softball.

But with the already short season we have with trying to cram 20 games in over roughly five or maybe six weeks, there simply are not a lot of dates sitting out there where we can push poor-weather games too, especially with the possibility that that date might feature even worse weather.

Much has been said and written about the pitching distance being moved back to 43 feet. Many I have talked to have said scores have been higher than in past years as they expected this change would dictate, but others have suggested it is actually the hitter who has had to make the bigger adjustment and has struggled even more than the pitcher during this first year at 43 feet. Myself, I simply think it is too early to tell. Many of the top pitchers out there seem just as dominant as they did when pitching three feet closer, while some middle of the road pitchers have really seemed to struggle with their control which has led to some long and very frustrating innings.

The best thing is that I haven't really heard of any pitchers getting struck very hard by a batted ball and being seriously injured this season. In past seasons, it always seems as if I would hear about this pitcher here who was struck or this pitcher there who was injured after being hit with a line drive. I can think of a few close calls this season in my own games, but nothing like some of the batted balls hitting pitchers that I had seen in the previous six seasons. I also have heard nothing but good things from coaches, players, parents, fans and umpires about Minnesota allowing on-deck hitters to go behind the batter during all games this season. Looking back this is one rule change I simply cannot see why it took so long to come to this decision. Safety has to come first when working with young athletes as we get the chance to do, and there simply can be no gain by risking their safety just to have them near our own dugouts prior to their at-bats.

As a varsity softball coach, you either just recently received

or will receive a survey from the Minnesota State High School League regarding your thoughts on this on-deck location change for this season. Perhaps many of you don't know that this was more or less an experimental thing, and the MSHSL will be sharing these survey results with the national federation to see if this rule change should or should not be put into permanent use.

Not too long ago the Minnesota State High School League announced new section assignments for the 2011-12 and 2012-13 school years. Just a quick look at things shows a number of fastpitch teams moving up or down a class and from one section to a number. If you haven't been privy to these changes yet, you can find the new placements for every team in Minnesota at <http://mshsl.org/mshsl/competitiveSections.asp>

According to the MSHSL, here is exactly how this all came about.

The Process:

Beginning in mid-February, enrollments were obtained from the Minnesota Department of Education. The current enrollment formula is 9-12 enrollment minus 40 percent of the Free and Reduced Lunch totals in 9-12 from every school. The top 128 schools in enrollment after applying the formula are classified in Administrative Class AA. The rest of the schools are Administrative class A.

Using the enrollments, each activity is re-classified based on the following methods.

Once classes have been identified and schools have a chance to opt into a higher classification, we begin the process of re-sectioning the teams in each class.

The Process for Re-Sectioning

1. We start with the current placements
2. We place schools new to that class in the nearest geographic region.
3. We then may move schools to balance the number of teams in each section.

When moving schools to a new section the following is considered:

1. Move as few schools as possible.
2. Geographic sections should not overlap.
3. Numerically balance class AA (or higher) sections to within 2 teams
4. Numerically balance class A sections to within 4 teams
5. In activities that have asked for a top XX, try to balance sections evenly
6. Travel concerns or time out of school only if all above can still be satisfied.

The following are not considered:

1. Strength of program or strength of other programs in section.
2. District or Conference rivalries.
3. Requests to the MSHSL office.

These balances will change as new programs start up or new coops are formed, or as teams drop or dissolve coops. The Board has the ability to adjust balances in the off-year should sections become extremely unbalanced due to program changes.



Swim Strokes

By: Mike Steineman

Cretin-Derham Hall Boys Swimming & Diving President –
Boys Swimming & Diving Coaches Association
msteineman@c-dh.org



Ah spring! Itchy eyes, sneezing, and coughing...due to the warm weather that has finally arrived instead of indoor environments with the scent of chlorine!

The boys swimming and diving season finished its season March 3-5 with the State Meet held at the University of Minnesota Aquatic Center. In Class A, there was a race to the finish. The top three teams finished with a difference of only four points! First place went to the team from Fergus Falls with 205 points. Second place went to St. Thomas Academy with 204 points and third place went to Breck/Blake with 201 points respectively. In Class AA, the meet came down to the final relay as well. Finishing in first place was the team from Minnetonka with 253.5 points. Second place went to the team from Eden Prairie with a total of 248 points. Third place was the team from Edina with 232.5 points respectively. One other point of interest from the State Meet was the acknowledgement of Edina Head Coach Art Downey's 55 years of coaching. To honor Art, 150 pairs of his "trademark" glasses were passed out during Class AA swimming prelims. See the story here at the KARE 11 website.

http://www.kare11.com/news/news_article.aspx?storyid=911671

After the State Meet had its final swim, there were a couple more items for the swimming and diving community to attend to. First, The All-State banquet was held at the Prom Center in Oakdale on Friday, April 8. Athletes of the Year were named with Caley Oquist of Monticello winning

for Class A Girls. In Class AA for Girls, Rachel Bootsma of Eden Prairie took the honors. On the Boys side, Mike Hurley of Fergus Falls won for Class A while Mike Gratz of Edina won for Class AA. Also, Coach of the Year was recognized at the Banquet. For the Girls, Rory Fairbanks of Hutchinson won for Class A while Jeff Mace and John Dailey of Edina took the honors for Class AA. For the Boys, Tom Uvass of Fergus Falls was the winner in Class A while Chris Guerrero of Minnetonka won for Class AA. In addition to the Athletes and Coaches of the Year, Kate Lundsten and Dan Schneider were inducted into the Minnesota Swimming & Diving Hall of Fame. Finally, recipients of the Jerry Simpson Distinguished Service Award were Jane Luke of Stillwater and Jim Stanway of St. Paul while Assistant Coach Dedicated Service Awards went to Tony Mosser of Minnetonka, Gregg Rappe of Farmington, and Pete Travis of Hutchinson. Congratulations to all the winners!

Next, the Upper Midwest Swimming and Diving Coach's Clinic was held the same weekend as the All-State Banquet at the Ramada Plaza in Minneapolis. This year's featured speakers included former Olympian and current University of Idaho Coach Tom Jager, current Iowa State Women's Head Coach Duane Sorenson, and former Men's Head Coach at Iowa State Trip Hedrick. Many coaches from around the State attended and have added to their workout arsenal ready to try all the ideas as soon as next season starts.

Finally, I would like to thank outgoing Girls President Chris Aarseth for his leadership, knowledge, and dedication to the sport of swimming and diving. Vice-President Jen Marshall of Farmington and new VP Dale Magnuson of Rochester Century will take over beginning with the 2011-2012 Girls season. I thank you all for your service! Until then, enjoy the weather, the free time, and have a great summer!

MSHSCA 2010-2011 MEETING DATES

June 19, 20, 21, 2011 Summer Executive Meeting; Detroit Lakes

PREP COACH DEADLINES TO SUBMIT ARTICLES

September 1

December 1

March 1

May 15



VISIT MCDONALD'S AFTER THE GAME



Mat Chatter

By: Tom Gruhlke
 President of MWCA
 Olivia, Mn
 Bold HS



The 2011 Minnesota State Tournament has come and gone but it left all of us with a lot to review and discuss. The new format allowed wrestlers to concentrate strictly on the Team Tournament on Thursday and the Individual Tournament on Friday and Saturday. Depending on who you talk to, you were either excited by this format or have already started the debate on how to improve it. This format allowed the wrestling community to evaluate what draws fans to the Excel, the Team or the Individuals. As witnessed by the attendance numbers, the Individual Tournament drew over 10,000 fans to each session whereas the Team drew around 7000 for each session. There are multiple reasons for this, but putting all the debate aside, our State Wrestling Tournament could reach 60,000 fans again. Remember, our biggest attendance year was 2003 with 63,000 fans and our lowest was 2010 with 48,000 fans, in a non-snowstorm year. This year was just over 55,000 fans. Thanks to all the fans that attended and were a part of this great event and congratulations to all the Team and Individual Champions!

The MWCA David Bartelma Hall of Fame Banquet was held on April 9th at the Country Inn in Benson, Minnesota. Those inducted included John Barrett, Jim Carrington, Jim Dotseth, Jeff Gallagher, Ed Homan, Bruce Thompson, Stephen Saxe, and Joel Sharratt. Mr. Minnesota went to Matt Kelliher, Apple Valley, and Head Coach of the Year went to Jim Jackson of Apple Valley. Dave Pfaffinger of Blue Earth was awarded the Assistant Coach of the Year and Dwight Burman of St. James was honored with the Lifetime Achievement Award. On April 16th at the Holiday Inn in Austin, Minnesota, the Minnesota Chapter of the National Hall of Fame inducted Mike Good, Noel Bailey, Doug Dahl, Richard Maher, Bill Sutter and Jeff Swenson. Congratulations to all recipients and thanks to everyone who attended to help celebrate the career achievements of all award winners.

As we do every year, the MWCA recognizes their All-Academic Team. Congratulations to the following student/athletes. For 2011 it is as follows:

103 - No Entrees

112

1. Mitch Andrews, 12th, Border West (A)
2. Mitchel Lexvold, 11th, Kenyon-Wanamingo (A)

119

1. Jacoby Bergeron, 12th, Thief River Falls (AA)
2. Jordan Kingsley, 12th, Apple Valley (AAA)

125

1. Christian Skillings, 12th, Minneota (A)
2. Oakley McLain, 11th, Kenyon-Wanamingo (A)

130

1. Matt Nelson, 12th, Big Lake (AA)
2. Beau Buysse, 12th, Minneota (A)

135

1. Garret Garness, 12th, Kasson-Mantorville (AA)
2. Hayden Zillmer, 12th, Crosby-Ironton (A)

140

1. Zach Campbell, 12th, Tracy Area (AA)
2. Brandon Kingsley, 11th, Apple Valley (AAA)

145

1. Ryan Swenson, 12th, Dawson-Boyd/Lac Qui Parle Valley (AA)
2. Grant Hegge, 12th, Southland (A)

152

1. Destin McCauley, 12th, Apple Valley (AAA)
2. Zach Rohr, 12th, Hastings (AAA)

160

1. Brett Pfarr, 11th, LeSueur-Henderson (A)
2. Jacob Forcier, 12th, Eden Valley-Watkins (A)

171

1. Cody Tibbetts, 12th, Lake Crystal/Wellcome Memorial (A)
2. Sebastian Gardner, 12th, Monticello (AA)

189

1. Adam Josephson, 11th, Minneota (A)
2. Nate Meixell, 11th, Lake Crystal/Wellcome Memorial (A)

215

1. Michael Kroells, 11th, Scott West (AA)
2. Anthony Gullickson, 12th, Totino-Grace (AA)

Hwt.

1. Jesse Hein, 11th, Perham (AA)
2. Alex Yeager, 11th, Badger/Greenbush/Middle River (A)

In closing, it is now time to step back and remember the great wrestling that we witnessed this year. Who will ever forget Anthony Robles of Arizona State who won a Division I National Championship at 125 lbs. with just one leg? This young man is clearly an inspiration to us all as he overcame many obstacles to reach his goal! Better yet was his interview afterwards where he graciously accepted the compliments for his victory and showed tremendous modesty in this hard earned achievement. Thanks Anthony for the great example you provided to all our youth!



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ALGER AND SCHUMACHER NAMED 2010-11 AD'S OF THE YEAR

Numerous awards were presented during the two award ceremonies held at the Annual Athletic Administrators Convention. The ceremonies took place on March 31st at the Best Western Kelly Inn and Convention Center in St Cloud.

Selections were made for the following awards: Region and State AD's of the Year, Distinguished Service Awards, AD Hall of Fame, State Award of Merit and Distinguished Alumni.

Receiving the Distinguished Alumni were Art Downey (Edina), Gene "Geno" Glynn (Waseca), Stephanie Klaviter (New Ulm Cathedral), Jenny Potter (Edina) and Karl Mecklenberg (Edina West).

The State Award of Merit was presented to John Schumacher (Park Rapids). It turned out that he would eventually become a double award winner.

Sharon Euerle (Mankato West) and Neil Pierce (Alden-Conger) were elected to the MnIAAA Hall of Fame.

Distinguished Service Awards were presented to: Jo ("Dutch") Schroepfer and Patrick ("Lefty") Reynolds (Sleepy Eye St Mary's), Vince McConnell (Dover-Eyota), and Charles Lussenhop, Gene Verdoes and Lynn Bonebright (Redwood Valley.)

Region AD's of the Year included the following:

- 1A - Corey Wagner (Hayfield)
- 2A - Dave Swanberg (LeSeuer-Henderson)
- 3A - Dennis Stoterau (Redwood Valley)
- 4A - Darcy Cascaes (DeLaSalle)
- 5A - Jerry Lindstrom (Belgrade-Brooten-Elrosa)
- 6A - Don Seipkes (Henning)
- 7A - Scott Ross (Two Harbors)
- 8A - John Schumacher (Park Rapids)

- 1AA - Mark Winter (Winona)
- 2AA - Dave Kuehn (Waconia)
- 3AA - Matt Percival (Eastview)
- 4AA - Lee Alger (Tartan)
- 5AA - Mike Smith (Totino Grace)
- 6AA - Jerry Pettinger (Benilde-St Margaret's)
- 7AA - John Barth (Elk River)
- 8AA - David Hartmann (Alexandria)

Selected from the above listed illustrious group as 2010-11 AD's of the Year were John Schumacher and Lee Alger. Bios of the AD's of the Year are found below:

LEE ALGER TARTAN HIGH SCHOOL

Lee is a graduate of the University of North Dakota (Ellendale) in Physical Education and Health. He also has a BS in Elementary Education. Lee received his Masters of Educational Administration from Bemidji State University and his Sixth Year Degree from St Thomas University.

Alger a native of Delano, first started teaching and coaching with administrative duties, as assigned in Ellendale ND from 1969-87. He returned to Minnesota from 1987-95

as AD at Thief River Falls. He moved to Hudson, WI from 1995-97 and then took over at Tartan in 1988 where he has remained up to the present time. Early in his career he coached a variety of sports including baseball, basketball, football and track and field. All told he has had 42 years in the education business.

Throughout Lee's career he has been a member of numerous important committees. He has managed a number of regional tournaments. He has served as chair of the 4AA Committee and led the Classic Suburban Conference several times. He also has been very active in the MnIAAA with various assignments from regional rep and an Advisory Committee member. The Annual State Conference has heard presentations by Alger including the latest entitled - "What Works For Me." He has been on the MnIAAA Legislative Committee and various MSHSL Ad Hoc Committees. He was selected as Region 8AA Ad of the Year once and Region 4AA twice. Alger represented Minnesota at two national conventions while he served as an officer of the MnIAAA.

His highlights include founding the Thief River Falls Athletic Hall of Fame. While at Hudson, WI, he helped start the first intercollegiate girls hockey program. At Tartan, he rebuilt or upgraded all of the facilities during his tenure and headed a consortium of 30 schools regarding artificial turf issues which helped many schools obtain turf.

Lee and his wife, Evelyn, have been married 42 years and have eight grandchildren and three children.

JOHN SCHUMACHER PARK RAPIDS

John Schumacher is a graduate of Bemidji State University where he received his degree in Physical Education, Health and Coaching in 1983. He has been Athletic Director at Park Rapids for the past seven years and has taught and coached there, as well, for 20 years.

Schumacher has been active at the Sub-Section, Section and State levels and within his own community. These assignments included Sub-Section and Section Manager for a multitude of athletic events. His booming voice has been very effective at Sectional Cross Country Meets that he has hosted. John served on the MnIAAA National Awards Committee and moderated the 2008 state conference. He was elected to serve on the MSHSL Board of Directors from 2006-10.

He served on a strategic planning group with the MSHSL in 2006 and was a Region 8A Committee member from 2004-06.

John's community service includes being a member of the Hubbard First Response Team, St Peter's Knights of Columbus, Board of Directors of the Park Rapids Area Education and Activities Foundation.

John and his wife, Bernie, have two daughters, Tavia and Nikki. They are following their fathers footsteps in education and coaching.



VISIT MCDONALD'S AFTER THE GAME



SCHOLARSH



Alexis Mehr, ROCORI High School, won the Val Teichroew Scholarship. Alexis is a member of her high school swimming, basketball and softball teams. She states that “being a part of those teams introduced me to everything being an athlete has to offer; new friendships, team camaraderie and lessons that will stick with me for the rest of my life.” Alexis will attend the University of Wisconsin, La Crosse majoring in physical therapy.



Chanel Madson, Westbrook Walnut Grove High School, won the Betsy Farness Scholarship. Chanel has been an active participant in band, choir, Knowledge Bowl, Student Council and FFA, as well as volleyball, basketball and track during her high school years. Through her activities and athletics, Chanel says, “I have been taught to set attainable goals and achieve them, which frequently pushes me outside my comfort zone. However, it is there that I find I grow the most. I have developed focus, self-discipline, mental strength and a work ethic that thrives under pressure.” Chanel will attend either Bethel University or Northwestern College this fall.



Katelyn Adams, Two Harbors High School, was awarded the Kathy Fredrickson Scholarship. While in secondary school, she participated in soccer, basketball, softball and track. Katelyn states, “I love the physical and mental challenges that sports provide and I have had so much fun participating in, coaching and refereeing sports throughout my high school career. Sports have helped me develop my character and given me skills and positive attributes that have transferred to my daily life.” Katelyn plans to participate in soccer and basketball at the University of Wisconsin Superior and College of St. Scholastica.



Kaylee Maxon, NRHEG high school, received one of the McDonald's Scholarships. Kaylee has participated in gymnastics, volleyball, track and cheerleading. Kaylee believes that, “each sport requires the same basic athletic characteristics; responsibility, discipline, leadership, mental clarity, self-confidence, teamwork and sportsmanship.” She will attend Gustavus Adolphus College to pursue a career in nursing.



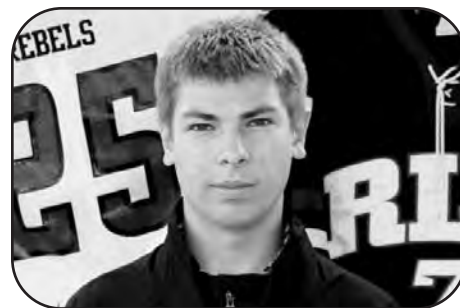
Mara Olson, St. Louis Park High School, received one of the Gatorade Scholarships. She was a member of her high school soccer, basketball and track teams. Mara stated in her essay published in the Cross Country Journal that, “Long distance running is both one of the hardest and one of the simplest activities. It is the ultimate test of the body's muscular synergy, a trial of the mind's power over body and a test of limitations. But when it gets down to it, little thought is exercised in the actual act of running. And that is what I love. For me, running is an escape from my hormone-driven, teenage mind and an opportunity to delve into the purely physical essence of myself” Mara will attend Butler University this fall.



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CHIP WINNERS

Robbie Glass, Red Lake Falls Lafayette High School, received the Steve Kerzie Scholarship. Football, hockey and baseball were Robbie's sports of choice. He writes, "Strength, determination, courage, resolve and confidence were all needed at one point in time and are still necessary. Some of the few places that you can hone these traits are on the fields, courts and rinks of Minnesota. I have made lifelong friends, word as a team and learned valuable lessons from wise coaches." Robbie is undecided where he will attend college.



Nicholas Solberg, Cambridge-Isanti High School, won the Darien DeRocher Scholarship. Nicholas feels that, "Athletics provide a sense of pride for belonging to something bigger than oneself. My participation in football, swimming and diving, and track and field made my confidence grow, made me mentally strong and chiseled my body. For every down, length, yard or second; I've learned that things happen for a reason. They have taught me how to live my life and have defined me as an individual." Nicholas will attend the University of Minnesota Morris this fall.



Donald Mattia, Lakeville South High School, is the recipient of the Howard Emerson Memorial Scholarship. Donald's high school sports were football and baseball. He wrote, "High school sports are more than an entertainment event, they're a lifestyle. It means you're dedicated, that you're part of a greater team. Sports are a way to stay healthy and provide fun you can't get anywhere else. High school sports form individuals who are able to work with others and become leaders in society." Donald is undecided where he will attend college.



Connor Hedstrom, Detroit Lakes High School, received one of the Gatorade Scholarships. Connor was diagnosed with Acute Lymphoblastic Leukemia at age seven. Through his three year treatment, he states, "I became a fighter. My coaches, as well as my doctors, were individuals that taught that the difference between being successful or not, is not a lack of strength or knowledge, but rather in a lack of will." Connor participated in football, basketball and golf. He plans to pursue Biochemistry at the University of Minnesota Twin Cities, with the dream to become a Pediatric Oncologist.



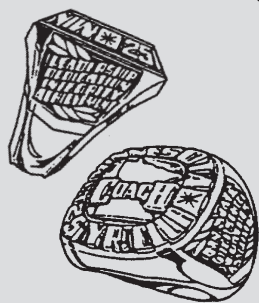
Benjamin Harney, Rochester Century High School, received one of the McDonald's Scholarships. Benjamin participated in soccer and tennis throughout his high school career, but as a senior, he also became the kicker for his high school football team. He began his essay by stating, "Although I've attended school for an education, I often think that I've learned much more about life through athletics. Things that are hard to teach in a classroom like teamwork, leadership and true friendship are all discovered during a sports season." Benjamin plans to attend Luther College in the fall.



VISIT MCDONALD'S AFTER THE GAME



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VISIT MCDONALD'S AFTER THE GAME



SUMMER CLINIC ATTENDEES URGED TO USE ELECTRONIC MEMBERSHIP

Coaches who plan to attend clinics this summer are urged to obtain their membership in advance using the electronic membership opportunity.

Due to location of many of the clinics, the MSHSCA may not be able to hook up to provide membership cards using their computer. As a result, it will simplify things if membership is obtained prior to clinics to eliminant a lot of potential confusion regarding the reception of membership cards at the sight of the clinic.

BREAKDOWN

SportsUSA

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MSHSL BOARD OF DIRECTOR'S REPORT

By: Mindy Sparby - Belle Plaine HS
John Schumacher - Park Rapids HS

It's hard to believe we are on the verge of wrapping up another school year! Spring sports have been dealt their usual dose of challenges by Mother Nature, but continue to press on!

There always seems to be a lot of action at the April board meeting as we really get close to wrapping up our board goals for 2010-2011. Here is a brief synopsis of what happened at our last board meeting. Thanks to Howard Voit for putting this information together so we as board members can put out a consistent message.

Section football was the hottest topic at the April board meeting. Although Section Football was voted down, it went to a role call vote and there was some great discussion as to the pros and cons. The Board adopted the recommendation of the Football Task Force, which was forwarded on a 13-1 vote, and voted to abandon the section football proposal. An additional recommendation of adding a seventh class of competition for the largest schools was adopted. Class AAAAAA will be comprised of the 32 largest schools by enrollment. The additional class will reduce the ratio of largest school to smallest school to approximately 1.8-to-1. Currently, Class AAAAA's ratio is approximately 2.5-to-1. Under the seven-class plan, the next two largest school classes would each have 48 schools. The method for dividing the smallest three of the 11-man classes is yet to be determined. The task force was charged with studying options to alleviate football-scheduling problems that some schools were having. Previously the Board had adopted recommendations to allow Zero Week scheduling and the establishment of a scheduling clearinghouse at the League office. The thought process is to let these plans run their course and see how it works. The board thanked the Task Force for all of their great work and recommendations.

The Board formally endorsed action taken by its Executive Committee in March, approving a revamped 2011 State Baseball Tournament schedule. For the second consecutive year, the championship games of all three classes will be played at Target Field, home of the Minnesota Twins. The Prep Championship Series will be played on Tuesday, June 21, with Class A at noon, Class AA at 3 p.m. and Class AAA at 6 p.m. It's exciting to have the opportunity to play these games at Target Field!

The Board also approved adding three wheelchair events to track and field competition effective immediately. Athletes in wheelchairs will be able to compete in 800-meter and 1600-meter track events, and shot put will be the field event. The events are available during both the regular season and in post-season meets.

Coaches Education and the Coaches Clipboard will be up

and running as of June 1st. Head Coaches are encouraged to go to the MSHSL web site after June 1st and create your clipboard. On your clipboard is where you will find all the requirements for continuing education that need to be completed before you can take your rules meeting in your specific sport. There will be more information coming out to Activities Directors at the area meetings this spring.

I hope you all have a great Spring, and look forward to the great Spring State tournaments to come!



By: Rachel Aiken
Head Coach Chaska/ Chanhassen
President - Girls LaCrosse

Coaches your advisory board has been working overtime for you. We have met with MSHSL officers and decided to proceed with an application for an eight team state tournament. With this our current overloaded sections will decrease in size and hopefully we will have more representation at our state tournaments. We will hopefully hear something fall of 2011. Throughout the summer months we will meet with them again to express our desire to go back to the Women's Division National Tournament, blackout date restrictions and other business that will help our lacrosse community. If you're interested in participating or have an idea please contact Rachel Aiken aikenr@district112.org.

*** Reminder to all coaches to please join our Coaches Association. It is a wonderful group to be a part of and can only benefit the sport of lacrosse****

Upcoming Lacrosse Events:

All State Voting- May 22 3pm CDH
Miss Lacrosse Awards Banquet- June 5
State Tournament June 7, 8,9,10 – Chanhassen High School
Laxatravganza- June 11-12
Star of the North- June 18, 19

Opportunities for Players:

MN Elite- <http://www.minnesotaelitelacrosse.com/girls-elite>
MN Lakers- <http://www.winningforlifemn.com/>
MN Frost- <http://www.frostlacrosse.com/>

Best of luck the rest of your season.



VISIT MCDONALD'S AFTER THE GAME





DIG THIS

By: Jim Lee
Waconia HS

Just like the banks of all bodies of water in Minnesota this spring, our sport of volleyball is overflowing with information!

New MSHSL Coaching Requirement (available June 1st)

Head Coaches will need to create a personalized Coaches Clipboard on the MSHSL website which will allow them to access the MSHSL online educational “menus” that need to be completed. The modules will contain information on Health & Safety, Concussion Education, and Philosophy of Educational Athletics. After successful completion of the 2-2 1/2 hour requirement, head coaches will need to also complete the rules interpretation requirement like you have done in previous years. After successful completion of the educational component and the rules meeting, the coach will be certified for three years and will only have to do the online rules meetings each subsequent year. This must be completed no later than one week after the official start date (August 22, 2011). Please contact your athletic director for further information regarding assistant coaches and other specific information.

Blackout Dates

Blackout dates for summer 2011 are July 1-July 7.

New Section Alignment

If you haven't heard, our sections have been realigned. To see the up-to-date sections, access <http://www.mshsl.org/mshsl/index.asp>, click on the Section Assignments tab, and scroll to the bottom for the appropriate link.

2011 MNVBCA Coaches' Clinic

Our MNVBCA clinic will be held on Wed, July 27th and Thurs, July 28th at St. Cloud State with the All-Star match also being conducted on Wednesday night. Registration will begin at 11:00am on Wednesday with the first session at 1:15.

The tailgating session will begin at 5:00 with free burgers, brats, etc (a new strategy should produce shorter lines this year . . .); the All-Star Match warm-up begins at 5:30; and the Coaches' Social at the Holiday Inn Suites will begin at 8:00pm.

Thursday's sessions begin at 9:00am; remember you'll receive a free lunch on Thursday! Sessions and door prizes expect to be concluded on Thursday at about 3:30pm.

Speakers will include (but are not limited to) coaches from: UND, St. Ben's, Waldorf, Jamestown, Minnesota State University-Mankato, MVI, Marshall, Mabel-Canton, Windom, STMA, AVCA, and Performance VB—with more

speakers to be added!

Our designated hotel will once again be the St. Cloud Holiday Inn Suites which displays two indoor volleyball courts, two half basketball courts, about 50 video games, Guitar Hero, ping-pong, pool, three whirlpools, two swimming pools, 24-hour fitness center, an area for the coaches social separate from the pool, an on-site cafe, and an on-site night club which has live blues bands on Wednesday nights. Applebee's, Buffalo Wild Wings, and a bowling alley are right across the street, too! Cost should be a minimal increase to about \$89/double room. The location is at Division Street and 37th Avenue in St. Cloud with reservations at 320-253-9000.

Registration is now available for the 2011 MNVBCA Clinic at: <http://mshsca10.cordonco.com/> If you attended the clinic last summer, go to the LOGIN section; enter your email address and the password is zzz (unless you changed it).

CLINIC BONUS

This year's clinic will allow every head coach who attends to receive a free AVCA membership and the first 200 head coaches who register will receive a free Breakdown booklet!

We knew the water's crest was coming at some point this spring—just like we know the season will be starting soon! Prepare yourself for the flood of opening day by attending the 32nd Annual Coaches Clinic on July 27th and 28th and set up a Coach's Clipboard after June 1st! And if you ever feel like you're drowning, I can send a rescue boat from jlee@waconia.k12.mn.us

Life and Retired Life Members

We would like to have all life and retired life members contact us if there has been any change in your address recently. It is important to let us know if you are receiving your *Prep Coach*. If you have access to email, we would like to have you email us at the following address jomar@lakesnet.net or you may drop us a note to MSHSCA, PO Box 519, Detroit Lakes, MN 56502. We are trying to do a better job of keeping the files updated and your help is much appreciated.

Need new Life Card?

Please send the life card you currently have to the MSHSCA address (above) and we will send a replacement.



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Volleyball Coaches Clinic registration is online!



Register for membership and the clinic online at
www.mshsca.org

Login with your email and password from last year's online registration.
If you mailed in your registration last year, your password is probably zzz.
Questions? Call: 218-847-6796 or email: jomar@lakesnet.net

The FIRST 150 coaches registering ONLINE will receive a sport specific t-shirt designed by Blue 84

**Payment can be made using a credit card, check or money order.

One check can be sent for an entire staff. Each staff member enters their information and prints out a receipt to be included with one payment.

2011 Volleyball Clinic Information & Fees July 27 & 28

Saint Cloud State University

*ALL Coaches attending the volleyball clinic must be members of MSHSCA
Out of state, college and club coaches can join as associate members

Clinic Fee	\$ 115.00 until July 20 th . \$125 after July 20 th
*MSHSCA Membership Fee	\$ 30.00
Volleyball Association Fee	\$10.00 for a head coach, \$5 assistant coach

Life Member Coach registration fees

Clinic Fee	\$115.00 until July 20 th . \$125 after July 20 th
*MSHSCA Insurance Fee	\$10.00
Volleyball Association Fee	\$10.00 for a head coach, \$5 assistant coach

Out of state, college & club coaches

Clinic Fee	\$115.00 until July 20 th . \$125 after July 20 th
*MSHSCA Membership fee	\$15.00
Volleyball Association Fee	\$10.00 for a head coach, \$5 assistant coach

Headquarter hotel is the Holiday Inn, 75 S 37th Ave, 320-253-9000

Mail online registration payment to: MSHSCA, PO Box 519, Detroit Lakes, MN 56502



VISIT MCDONALD'S AFTER THE GAME





Ice Chips

By: Chris Lonke
MHCA Communications
New Prague High School

Welcome to May! Unfortunately, it still seems like March as I write this article. March Madness has come and gone with crowned champions. We had two amazing state championship games, either team in both games were worthy champions. Congratulations to Class A state champion Saint Thomas Academy and Class AA state champion Eden Prairie. Congratulations to all the state tournament team participants:

Rochester Lourdes, Breck, New Ulm, St. Thomas Academy, Hermantown, Alexandria, Hibbing and Thief River Falls in Class A, AA teams were Lakeville North, Edina, Eagan, White Bear Lake, Blaine, Eden Prairie, East and Moorhead.

An annual event during State Tourney weekend is our Hall of Fame banquet. It was grandiose again this year! Take a read of the biographies of our Hall of Famers and award winners.

GEORGE KARN

To see George Karn in his professional world, as an award-winning illustrator, one may not have had a clue as to his role in hockey.

The man, who won two CLIO Awards for his commercial illustration and design work as well as creating characters such as the Trix Rabbit and Count Chocula, would sit at his drafting table with a myriad of markers, pens and pencils with nary a hint of organization around him.

However, his organization was in his mind and what made him great was his passion for his work and his ability to see what others could not, to see things in a new way.

This also made him outstanding in the world of hockey as well. As a player, coach and official, Karn was always one of the best in his field.

"George was a pioneer," said Charles "Lefty" Smith, a legend in his own right who was inducted into the MHCA Hall of Fame in 1992.

Karn was a 1945 graduate of St. Paul Humboldt High School and Smith, who was two years younger, related that the first Minnesota state high school hockey tournament that year had a profound effect on him.

In 1948, Karn and Smith put together a bantam team and joined with several others from around the state to put on the first bantam state tournament, in White Bear Lake. Along with the likes of the Marvin family in Warroad, and Bob Ridder, they would help form what became the Minnesota Amateur Hockey Association.

It was also during this time that Karn attended Hamline University. A standout

baseball and football player, he lettered four times in both sports and was an all-conference baseball player.

He also helped formed Hamline's hockey program. As a player/coach, he organized the program, maintained the rink and earned all-conference honors as well. All of which would see him inducted into the school's hall of fame in 1987.

Already a budding artist, a bout with polio saw him spend time at the Sister Kenney Institute when he began taking classes at Mechanical Arts School, where he met up with another future legend, Charles M. Schultz, who became famed for his long-running Peanuts comic strip. Schultz would later serve as a team manager for Karn.

After playing for one year with the Minneapolis Millers, alongside Smith and other such hockey luminaries as John Mariucci, Bob Johnson, Dave Peterson and Earl Bartholomew, Karn took over the post as the head of the South St. Paul art department, which led to the start of his high school coaching career.

As a coach, he was one of the top best in the state in the 1950's, taking South St. Paul to four state tournaments (1953-55, 57) in a five-year span but he would resign following the 1956-57 season to take a job as a commercial artist.

He remained heavily involved in hockey, however, eventually taking over programs at St. Agnes and Cretin-Derham Hall.

During his tenure at South St. Paul, he was instrumental in helping the Minnesota state high school hockey tournament evolve while also working with Smith to promote youth hockey in his community, getting his varsity players to coach the younger kids and form a youth program which would involve as many as 500 kids per year.

With most hockey, below the professional and Division I college levels, being played outdoors, Karn, Smith, Ridder and several others formed Wakota Arena, Inc., raising \$500,000 to build one the Metro areas first indoor community arenas.

Despite joining the private sector professionally, Karn maintained his involvement in hockey and, as an official; he worked at all levels of the game. Professionally, he served as a referee in the Central Hockey League, worked as a junior hockey official in the Western Hockey League, officiated in both the Western Collegiate Hockey Association and the Minnesota Intercollegiate Athletic Conference and worked in 13 Minnesota State High School League state tournaments.

His athletic prowess also made him a legend on the Metro's east side, earning him a coveted spot in Mancini's Sports Hall of Fame in 1986, one year prior to his induction into Hamline's Athletics Hall of Fame.

Smith, who won 201 games in 11 seasons at South St. Paul before leaving for his storied career at Notre Dame, was a lifelong friend of Karn, who passed away in 2000.

"I was very pleased when I heard that this

honor was being bestowed upon George," he said. "I was surprised that he had not already been inducted but it is a well-deserved honor. He really was a visionary and a pioneer for the sport."

RON SELLOW

Since beginning his involvement with hockey as a coach/administrator, Ron Sellnow has dedicated 47 years to the sport in the Hopkins and St. Louis Park districts, as well as working with the Minnesota State High School League, the Minnesota Hockey Coaches Association, Minnesota Hockey and USA Hockey in varying capacities.

"It is a great honor," he said of being inducted into the Minnesota Hockey Coaches Association Hall of Fame. "I am humbled by the opportunity to join many others who have been very successful varsity coaches."

It is a testament to Sellnow's dedication and devotion to the sport that he is being inducted despite never having served as a varsity head coach, instead plying the role as a reliable and much-needed assistant.

A math teacher for the Hopkins School District for 23 years, he took over as the director of athletics for the district in 1988 and served in that capacity for 11 years, earning the Class AA Athletic Director of the Year award in his final year in 1999.

Sellnow served the Hopkins district as an assistant hockey coach for 25 years, helping to lead Hopkins Lindbergh to state tournament appearances in 1975 and 1980, and served as an assistant girls coach for four seasons. He also spent six years as a youth hockey coach in St. Louis Park.

Since 1997, Sellnow has served as the Section 6AA boys' hockey tournament manager and took on that role for the Section 6AA girls' tournament in 1999. He has been the assistant tournament director for the boys' state tournament since 2006.

His involvement with USA Hockey includes the past 16 years as a counselor, director and manager for various camps and teams. He began working with the Select 16/17 program at the behest of Wally O'Dell in 1988. Sellnow's son, Derek, who went onto play at the Air Force Academy, was part of the Select Festival that year.

"I owe a debt of gratitude to Wally O'Dell," Sellnow said. "I have had the opportunity to observe some great high school players as well as numerous Olympic and professional players."

"It has also provided me with new acquaintances from all facets of hockey and some very good friends."

Sellnow's involvement with high school hockey in Minnesota has seen him cross paths with some of the great coaches in the state, including such luminaries as Doug Woog at Hopkins West and, later, South St. Paul, Lefty Smith, another South St. Paul legend, and Dave Peterson at Minneapolis Southwest.

Sellnow's extensive list of honors and awards includes induction into four different halls of fame and, in 2011; he joins his fifth



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as a member of the Minnesota Hockey Coaches Association Hall of Fame.

"My life has been greatly enriched by hockey people," Sellnow said. "First and foremost, the coaches of Minnesota high schools."

As his 47th year in high school hockey nears an end, he said "I am only beginning to ponder when the guard needs to change."

Many around him would argue that things are in good hands with Sellnow involved and that the guard doesn't need to change anytime soon.

BOB FRERKER

The Minnesota Boys High School Coaches Association is inducting its newest members into its Hall of Fame during the 2011 state tournament week and for Rochester John Marshall's Bob Frerker, it is an honor bestowed upon him that left him staggered.

"It brought me to my knees when they told me," said Frerker, who played for the University of Wisconsin and parlayed that into a coaching career that began in Roseau and concluded in Rochester. "It is your colleagues that are voting you in on this. I am just really humbled by the fact that I am representing all these coaches that not only helped me but all these players that made a difference in the game. I am very humbled that I am bestowed this great honor. I think it is fantastic, I was shocked that this was really happening, I am still in disbelief."

A true inventor, Frerker is known as a tireless innovator whose teams could play multiple ways and adapt to their opponents. Frerker, a goaltender, developed one of the first goalie camps ever in Minnesota, which was duplicated by many. His passion and desire to share that with players impacted the game in ways that are immeasurable.

Early influences

Frerker grew up in Madison, Wisconsin and played from La Folette High School. His teams went to three straight state championships while he was there tending the goal. His clubs did not win a title, however he was able to move on and play his college hockey at the University of Wisconsin for "Badger" Bob Johnson through his final year in 1973. The goaltender and Badger Bob would develop and grow a relationship that would build through Frerker's coaching career.

"I wanted to play (in college) and Bob Johnson had a great influence on me," Frerker said. "I did play for Bob. I actually started in Superior, Wisconsin then transferred down and played for Bob Johnson for two years. We had good team. We won the National Championship in the NCAA in 1973 and I was involved with that. I didn't make the (playoff) team, you are on it the whole year and they have to pick a tournament team and I wasn't on that team."

After getting married after college, Frerker and his wife Barb ended up moving to Roseau, Minnesota where he had his first coaching job as a the goalie coach and assistant coach at

Roseau High School. While working with Johnson, Dave Peterson and Ken Johansson in Colorado Springs with USA Hockey, Frerker would eventually be lured to Rochester by Johansson to teach and coach. His first head coaching job came at Rochester Lourdes High School.

Head coaching career

After working in Roseau, Frerker moved to Rochester at the urging of Johansson who helped him find a teaching and coaching position. Frerker started his head coaching career at Rochester Lourdes high school where he held that position from the 1975-76 season through the 1991-82 season when he resigned.

He eventually became the head coach for the Rochester John Marshall Rockets in 1985 following the retirement of Gene Sack. Frerker guided his John Marshall teams to five section finals in seven years and also appeared in back-to-back state tournaments in 1988 and 1989. His Rockets captured the 1989 state championship. Retiring in the 1992 after seven seasons at the helm, Frerker carried a passion for the game and was a teacher in every way.

He credits his players, family, and assistant coaches for his success as he points to the caliber of players he had.

"They are fantastic people. I was really blessed to have that and along with that, you need support and I have had some fantastic people," Frerker said. "I definitely had that with my family. We all enjoyed hockey and are a hockey family."

When referring to the number of high level players he coached, Frerker beamed and said, "We had a great run and looking back at all the great players I had, I have just really been fortunate. I am dead serious. There are not too many guys that can say they have had the Neal Brotens, the Bergraffs, the Hedlunds, Erickson, Zmolek, and Podein."

He won the coach of the year award with his 1989 team yet Frerker quickly deflected any praise and gave credit to his team and assistant coaches.

"I did get awards as I coached and that was because of the teams I had," Frerker said. "I did get coach of the year, the year that we won in '89, but it was because we had great teams. I give my credit to my assistant coaches. I try to hand pick those guys and we had a forward, a goaltender, and a 'd' coach. We all worked together to build the team."

Coaching innovator

Frerker is a student of the game and prides himself in sharing his passion, love and energy of the game. Much of that was fostered in his early relationships that included Peterson, Johnson, Roseau's Terry Abram, Johansson, and Herb Brooks among others.

A visionary, he began instructing goalies during the season in the mornings while in Roseau. Frerker ventured to Fergus Falls and tutored goalies in Grand Forks where they set up and executed stations.

"Goaltending is a passion of mine. I look at goalies, I study them, I like to see how you could actually help somebody," Frerker said. "It's not about how I want you to play, but how you can help that player or particular individual. I have a passion for other goalies and listen to them."

When discussing his career, Frerker is always quick to credit those around him for his success. "I am really fortunate to have known these people," Frerker noted. "They were fantastic and even Herb Brooks came down with (Warren) Strehlow. We met after they were looking at (Eric) Strobel. I had one of the first goalie camps in the state. We sat down at the Ground Round and I talked to them before the Olympic team and Herb asked what I do with the goalies and I spilled the beans. Strehlow picked it up and ran with it. The next year, or that summer, they started goalie schools and I had been doing it for five years. That was in the 70's and I had goalie schools running all the way through."

For Frerker, it all began in the net.

"Goaltending is a passion of mine," he admitted. "I look at goalies, I study them, and I like to see how you could actually help somebody. It's not about how I want you to play, but how you can help that player or particular individual. I have a passion for other goalies and listen to them."

His innovative thinking goes beyond the goal crease. Frerker and his staff began to scout heavily in the Southeastern Minnesota area as his teams would prepare for their upcoming games. The Rocket staff would put in multiple looks for his team and the players were able to adjust.

Frerker explained his team's approach. "We were going with what we called and absolute where you could go to the 1-2-2, and then we would get the forced forecheck, or we would do the 2-1-2. Then, we would do wherever the puck was we would have 2 guys on and one guy in the middle. It was like a 2-1-2 but like an exaggerated forced forecheck, that's what we called it. We were throwing it at these other teams and they could not adapt to it. They really couldn't turn the corner on it." That is not for the faint of heart as he was able to execute different styles from his teams on different evenings depending upon who they were playing.

Passion for the game

Beyond his creative thinking and the X's and O's, Frerker shared his love of the game with his teams.

"If you are going to coach, and maybe that is why it keeps me out of it a little bit, you have to dedicate yourself 100%," Frerker said. "You have got to bring fun. Come out with excitement, which is what I love to do. Light a fire under them and say, 'Hey you know this is fantastic! I am still playing and you can do this the rest of your life.'"

If you make it, the Olympics, or college, or it is a bonus to make it beyond high school and play anywhere." I was always and

... continues on page 34



VISIT MCDONALD'S AFTER THE GAME



ICE CHIPS . . . continued from page 33

advocate of being a student of the game and my players being a student of the game. I made sure we all got it down and played together and within the system.”

He liked players that possessed the burning desire to play the game. In his own words, Frerker was succinct in what players need to move to the next level.

“The kind of player I liked was one that had the burn of desire to play, not only with passion but to make it to that next level they want to do it and they won’t take no for an answer and they want to be in the position to do it. The beauty of it is that you really help a lot of good people out there.”

Frerker more than helped a lot of good people out there. He helped change the game and how it was coached from the crease out and influence a large number of players that are now passing his passion on to young players in the hockey world. He still coaches youth teams and is tutoring young goalies and players as they come into his sporting goods store, Shoot and Save in Rochester.

CLIFF KAUPPI

When thinking of one of the greatest events in high school sports, one thinks of the Minnesota State High School Hockey Tournament. Long before that became the event it is today, pioneers such as Cliff Kauppi were busy sharing their passion for the game throughout northern Minnesota.

Kauppi, who earned the title “Father of Grand Rapids Hockey,” took a group of kids and began developing hockey in a town which is known today as one of the most successful high school and youth hockey programs in the state.

He grew up in Eveleth, Minnesota and took a lot of pride in that. He saw that community as a progressive one that built was off new ideas.

“They would be first in this, first in that, and other communities would follow,” the late Kauppi said in an interview with Grand Rapids radio station KAXE 91.7 some years back.

He credited the Mayor of Eveleth at that time as being instrumental in building the city and advancing it with sports. Their town was able to create a buzz for hockey as they were the first community to host organized hockey at the Eveleth Hippodrome. That forward thinking would help fuel his desire to build high school hockey at every stop he would make in his career.

“Of course, those range towns, there were a lot of ethnic groups,” he said. “Slovenians, Italians, Swedes, Fins, most of them worked in the mines. The greatest place to grow up was on the Iron Range. That time, it was booming except for of course, there was the war (World War I), but after that, there was a lot of money there. It was great, you could go out in the woods, you could swim, you could fish, the community had a lot of play grounds, and the range was lively, it was hard to beat.”

Kauppi played for the Golden Bears of Eveleth and went on to play hockey in junior college and at St. Cloud Teachers College. Kauppi played semi-pro hockey in Wisconsin and Michigan and began teaching in 1938 where he took a job at hockey-crazed Williams High School just south of the Canadian border.

Even though the depression had stunted the growth of hockey in Minnesota, and in some cases stopped it completely, there was a run of hockey along Northern Minnesota that kept on plugging.

“I was up there four years,” Kauppi said. “As far as high school hockey, it was almost extinct throughout the state. I think they played a little in the Cities on a kind of club level. Up there, it was Roseau, Baudette, Rainy River, Warroad, Greenbush, Hallock, and later, Thief River.

“Up there was the first, really organized hockey tournament. Up there they’d had started hockey early, being close to Canada. Most games were on outside rinks. They used to get a lot of people. People were tough up there, they were outdoor people. Roseau did have a little rink and that is where we would have our tournament.”

Kauppi returned to his roots on the Iron Range where he took a teaching job at Grand Rapids High School and a similar theme was developing as hockey blossomed wherever Kauppi landed.

At the time, Grand Rapids was known as a basketball school and through a lot of hard work, Kauppi shared his love of the game with some of his students at an outdoor park by the courthouse in Grand Rapids.

“I know they had a rink by the courthouse,” he mused. “There was not too much activity there, but later on I noticed now these kids were playing and I went down there and I was skating around and these kids, my class asked me if I could get a game. So I said, ‘Ok,’ and some of these kids were pretty good. So, I took them over and played Taconite a couple of times. We got in two or three cars and went over there and they didn’t do too badly.”

The team was not affiliated with the high school and did not have any equipment. They played with sticks and skates. Kauppi did what he does best, and that is build relationships. He developed one with junior chamber had the golf course. Kauppi served as the course manager during the summer and talked a lot of hockey. His discussions were able to land funding for equipment.

They went on to play other range towns, and even took a trip or two to Canada to play. After recruiting kids to play and helping grow the game, Kauppi convinced Grand Rapids school board to add hockey as a varsity sport. In 1949 Kauppi became the first head coach in Grand Rapids history and held that position until 1955.

Kauppi would turn the reigns over to his assistant in 1955 in order to focus on building and developing the youth program. He was instrumental in building and developing a

MINNESOTA PREP COACH

number of outdoor rinks and the IRA Civic Center to serve as the foundation of the youth and high school hockey programs.

What is known as Minnesota Hockey today, was originally formed as MAHA or the Minnesota Amateur Hockey Association and Kauppi was instrumental in helping form the governing body for the largest youth hockey association in the country.

He saw the game from the beauty which is enveloped by its skating. “I had a lot of fun with hockey. It was a lot of work but a lot of amusing things happened with kids and adults, great experiences.”

His experiences and amusements along the way have crafted many memories for kids who have grown and played in Grand Rapids. The numbers speak for themselves, fourteen Section titles, three State championships, thirty All-State selections, three Hobey Baker candidates, five Mr. Hockey candidates with one winner, seventeen NHL players, and seventy-five Division I players have all been benefactors of Kauppi’s efforts in building hockey in Grand Rapids.

Beyond the successes of Grand Rapids lies the joy of the game that has been brought to every player that has played hockey in Grand Rapids and Minnesota.

LOU NANNE

By Loren Nelson, Hockey Hub Editor

The clear dasher boards at the old St. Paul Civic Center came and went.

So did the Civic Center, for that matter, demolished in 1998.

The great International Falls teams of the 1960s had their moment in spotlight.

The early 1990s were Bloomington Jefferson’s dynasty years.

Henry Boucha, Tim Sheehy, Neil Broten, Phil Housley, Reggie Miracle, Dave Spehar, Johnny Pohl, and Mike Crowley — the names are legendary.

There’s no forgetting the epic Duluth East vs. Apple Valley in “The Game That Wouldn’t End.”

The one constant, through 47 years of the madness and mayhem that is the Minnesota state boys’ high school hockey tournament, is Lou Nanne.

When the 69-year-old Nanne says he’s seen everything, well, when it comes to the state tournament, that’s about right.

“When a name becomes synonymous with a team or an event you know they have reached another level with their involvement,” Benilde-St. Margaret’s coach Ken Pauly said about Nanne, who for the 47th year will be a TV analyst for the state tournament that begins March 9 at the Xcel Energy Center in St. Paul. “Not that they have transcended the event, but they certainly have become ingrained in it.”

Nanne could add “Voice of the State Tournament” to his business cards and not have to worry about copyright infringement. Who else would dare lay claim to that title?

“When I first saw it 1959, I went to the



GATORADE...Official Sport Drink of the MSHSCA

games when I was a freshman at the University (of Minnesota)," said Nanne, the former Gophers standout defenseman who played for the Minnesota North Stars and later became the franchise's general manager and coach. "Oh my gosh, has it changed over the years."

To this day, Nanne said he's never seen an event like the state tournament.

"The unabashed enthusiasm of the players," Nanne said about what makes the tournament special. "There's not one second of relaxation. I don't know if anybody plays harder and enjoys an event more.

"It is undoubtedly going to be one of the highlights of their lives."

If anyone associated with the tournament can match the players' enthusiasm, it's Nanne. His passion for the event all but drips from his signature sport coat.

Minnetonka coach Brian Urick said he met Nanne for the first time last year before the Skippers' quarterfinal game against Lakeville North. Nanne was gathering material for that night's broadcast.

"The one thing that really surprised me is how much passion he had in his voice for high school hockey," Urick said. "Here is a guy who grew up in Sault Ste. Marie, Ontario. And for someone that famous and that well off in the hockey community, high school hockey usually isn't that important to them.

"It was like, 'Wow, he really does love it.'"

Looking back, Nanne remembers with pride the interview he conducted while atop a Zamboni as it was cleaning the ice.

"I'm certain I'm the first guy to do that," Nanne said. "That was in 1964. People had never been on the Zamboni. I asked if they could shoot me interviewing the driver."

Nanne also recalls fondly the interview he did in the stands with Reginald Lisowski, the deceased professional wrestler better known as "The Crusher."

"He was holding a goalie stick when I interviewed him," Nanne said with a chuckle.

Nanne's four-plus decades of unabashed enthusiasm for boys high school hockey has earned him a spot in the Minnesota Hockey Coaches Association Hall of Fame. He will be inducted during the Hall of Fame banquet on Thursday, March 10, at the River Centre in St. Paul.

"What really comes through when Lou is doing the games how much he loves the event and how much he loves high school hockey," Pauly said. "He shows leadership as someone who cares."

Nanne was providing the analysis in 1984 when Edina beat Bloomington Kennedy 4-2 in the championship game. His son Marty scored the winning goal for the Hornets.

"People ask me how I was able to do that broadcast," Nanne said. "On the outside I was calm and matter of fact. And on the inside it was all turmoil."

Last year Nanne broadcast Edina's 4-2 victory over Minnetonka in the Class 2A championship game. His freshman grandson Louie Nanne registered an assist. Louie Nanne

and the Hornets qualified for the state tournament again this year.

Another grandson, Minnetonka sophomore Vinni Lettieri, recently completed a standout season for the Skippers.

"I've got to do it until my grandkids going through," Nanne said about how much longer he plans to work. "I've got to wait until then."

A true ambassador, Nanne refuses to single out a player when asked who he has enjoyed watching the most over the years.

"(Duluth East's) Dave Spehar, with hat tricks all the time, that was really unique," Nanne said. "(International Falls') Tim Sheehy, he was so dominant.

"(Elk River's) Paul Martin really put on a show. I just remember such a dominant performance on defense from him. I remember going over to the Wild and saying that you have to draft this guy.

"There have been so many memorable players."

The state tournament is assured of a new cast of characters each year. The show will go on after Nanne retires, too. But it will be altogether different.

"When I think of Lou Nanne, I think of the state tournament," Pauly said. "The day he steps down, there will be a void there."

Added Urick: "You will lose a little bit of the state tournament there. Because I don't know if it will ever be the same."

CLIFF THOMPSON AWARD- JEFF WHISLER

Jeff Whisler was inducted into the Minnesota Hockey Coaches Association Hall of Fame in 2004 and, this year, he is the recipient of the organization's Cliff Thompson Award for long-term, outstanding, contributions to hockey in the state of Minnesota.

An accomplished hockey player, Whisler played under the legendary Terry Skrypek at Hill-Murray, where he was a three-sport star and helped lead the hockey team to the first two of their 24 state tournament appearances as the Pioneers finished third in both appearances.

His skills on the ice took him to Providence College where he played for another coaching legend, Lou Lamoriello, for four years. He was a member of the Friars' squad which reached the NCAA tournament in 1978 and captained the team as a senior in 1979-80.

Those two coaches had a profound impact on the type of coach, and person, Whisler would become.

"You coach how you were coached," he said. "One of the great things I learned from Skrybes was how to have a relationship with the players. He knew how to communicate with his players.

"Louie was definitely a disciplinarian and he held us all accountable for our actions. I really got a lot of the basics from him."

After two years as an assistant coach to Lamoriello with the Friars, and one season at Lincoln High School, Whisler had spent seven

years away from Minnesota when he and his wife returned to the Land of 10,000 Lakes.

Without a job lined up upon his return, Whisler took a job as a substitute teacher and, with the head coaching position at Mahtomedi becoming available with Warren Strehlow's retirement, his career as a one of Minnesota's finest hockey coaches began.

After four seasons behind the Zephyrs bench, Whisler took over what had quickly become one of the state's power programs when he returned to his alma mater, Hill-Murray.

Since he had played on the school's first two teams to reach the state tournament, the Pioneers had reached the state tournament 10 times in 12 seasons and, even though Whisler would take them there three times in the next five seasons, the start wasn't so rosy.

His first Hill-Murray team went 0-4 before reeling off 19 consecutive wins to reach the state tournament. The following year, the Pioneers would fall in the state championship to a Willard Ikola-led Edina squad.

After a two-year absence from the state tournament, Whisler led a talented Pioneer squad to its second state title. His team wore opponents down as he rolled out three lines throughout games while using all six defensemen and spotting his fourth in penalty-killing roles.

"Not only did that help wear other teams down, but it built chemistry," he said. "When you're using all of your players, they feel they're a part of what you're doing and they all had roles."

After the 1990-91 season, in which he earned the John Mariucci award as the state's top coach, Whisler left Hill-Murray to return to Mahtomedi. He would lead the Zephyrs to Tier II/Class A state tournament appearances three times in six years and became a proponent of the two-class system.

As the coach of the team to win the tournament dubbed "The Last Great Eight," Whisler admits he was not in favor of expanding the state tournament format.

"At first, I was against the two-class system," he said. "I thought it would ruin the tournament.

"Now that I see it from the perspective of a smaller school, you can see the impact that it has on the school and the community. Places like Mahtomedi and Hermantown have been able to showcase their kids and their talent when they would otherwise not have had that chance.

"They may not be able to, on a consistent basis, compete with the big programs they are still very good programs in their own rights."

He led the Zephyrs to three tournament appearances in six seasons before taking over as the school's athletic director but, when the school's girls program needed coaching help, he returned to the bench as an assistant.

"It's hard to find coaches," he said. "My daughter was playing at the time and I missed coaching. It was an opportunity to return to coaching and spend time with her."

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VISIT MCDONALD'S AFTER THE GAME



ICE CHIPS . . . continued from page 35

Whisler gave up coaching again a few years ago and is now in his 14th year as the school's A.D. When he looks back upon his career in hockey, it's more than what has happened on the ice that he cherishes.

"Hockey's been a large part of my life," he said. "I started at age five and quit just a couple of years ago.

"You've got the wins and losses, the ups and downs, the good memories and bad, but it's the relationships that you've built over time that you remember most.

"I sat with Tom Saterdalen at the Coliseum before the (section 5AA) Maple Grove-Blaine game and we just shot the breeze and it's the opportunities that I've been given and the relationships that have been created over time that I remember most."

STEVE "MOOSE" YOUNGHANS 2011 DAVE PETERSON AWARD

Steve "Moose" Younghans has been a fixture in the St. Paul Johnson hockey community since 1979. A highly successful youth hockey coach, his bantam A teams made 11 state appearances and took home three state championships in 1982, 1989, and 1992. He served on Johnson Youth Hockey Associations Board in every position during the past 30 years!

He took over as the bench boss for the St. Paul Johnson Governors in 1993 where he led his team to the state tournament in 1995. He was honored as Section Coach of the Year in 1995 and again in 2009. He was voted as the John Mariucci Coach of the Year in 1995 at the class AA level. And he added the Don Clark Lifetime Achievement Award from Minnesota Hockey in 2010 to his long list of achievements.

He returned to coach the Johnson bantam A team through 2007 thru 2009 while still coaching the varsity team at St. Paul Johnson high school! In addition, he is a founding member for the Johnson Como Hockey Association where he now serves as the Vice President.

Coach Younghans has made a lasting impact on his community and the kids who play hockey in St. Paul. He simply states: "I am blessed to be from the East Side and to have such a great opportunity within my community." Steve "Moose" Younghans has returned the blessing tenfold!

OSCAR ALMQUIST AWARD- WALLY ODELL

Wallace C. Odell, or Wally as we all know him, has been involved in grass roots youth hockey for nearly five decades. His service to youth and high school hockey in Minnesota is that of a "hockey statesman."

He began his service to hockey by serving on two different youth hockey associations in Minnetonka and Wayzata and he was instrumental in getting Wayzata's first indoor arena built. He went onto to serve at the state level on numerous committees and held

several executive positions for Minnesota Hockey. He went onto serve at the national level as a member of the USA Hockey/AHAUS Youth Council. He was a recipient of the prestigious Don Clark Award in 2005 from Minnesota Hockey for a lifetime of achievement and contribution.

As a liaison to the Minnesota Hockey Coaches Association in the 1980s, he worked to bring together the successful *Maroon and Gold High School All Star Game*. In addition, he was a key figure in organizing Olympic Development Camps between 1978-1995. Through Wally's efforts hundreds of high school players furthered their development at an elite national level of play. He also worked to expose numerous high school coaches to the national level of development as well.

Wally's contributions have made life better for kids and he has helped to strengthen Minnesota hockey in the process.

BRUCE JOHNSON AWARD-SHELDON WESTON

Sheldon Weston is a 1981 graduate of Roseau High School. He participated as a player in that State Tournament under one of last year's Hall of Fame inductees, Gary Haakenson. He played college hockey for Charlie Basch at St. Cloud State University.

In 1985 he married Nan Quilling (Edina-Yes Roseau and Edina can work together!) and they have two children; Dallas-Freshman at Bemidji State, and Stevie Lee-Junior at Foley High School. In the 1988-1989 season, he accepted the assistant coaching position at Sauk Rapids-Rice High School. In the 1990-1991 season he became their Head Hockey coach and remained there for the next 20 years bringing that school 5 Conference Championships, 3 Times Section Runner-Up, and 1 Section Championship.

He was twice voted as Section Coach of the Year (2000 & 2006) and was the Class A Coach of the Year in 2000. As always, he mixes his sense of humor and great organizational skills to help keep his fellow coaches up to date, and on task with the day to day operations that are involved in our business.

Sheldon immediately became involved in the coaches association working in many capacities. From creating radio ads, organizing select tryouts, speaking at coaching clinics, and serving as section rep., Sheldon is always willing to help promote the game of hockey any way that he can. This past season, in the midst of a coaching change, Sheldon continued his commitment to this organization by taking the lead of not one, but two sections.

SECTION AND STATE COACHES OF THE YEAR

The section and state coaches of the year were recognized and chosen at the general membership meeting on Saturday, March 12th: The head coaches of the year are listed on top and assistants of the year below.

- 1A- Chris Lonke New Prague/
Roy Nystrom Albert Lea

MINNESOTA PREP COACH

Bob Rajanen Red Wing

1AA- Randy Schmitz Lakeville North
Paul Rutt Lakeville North

2A- Tim Donahue St Louis Park
Dick Emhaiser Providence

2AA- Joe Pankratz Prior Lake
Dave Klein Chanhassen

3A- Erik Setterholm New Ulm
Tom Macho Sleepy Eye

3AA- Mike Taylor Eagan
Todd Carlson Eagan

4A- Cory McKinnon Chisago Lakes
Steve Houge Johnson

4AA- Tim Sager White Bear Lake
Chris Anderson White Bear Lake

5A- Bruce Plante Hermantown
Craig Peterson Hermantown

5AA- Dave Aus Blaine
Scott Richert Blaine

6A- Scott Woods Alexandria
Mike Alt Fergus Falls

6AA- Todd Weisjahn Armstrong
Tim Lloyd Armstrong

7A- Mark DeCenzo Hibbing
Dave Grannis Duluth Marshall

7AA- Bruce LaRoque Grand Rapids
Terry Johnson Duluth East

8A- Mike Pepera Lake of the Woods
Tim Lyon/Curt Bitter Lake of the Woods

8AA- Wade Chiodo Bemidji
Kevin Williamson Bemidji

The Class A Co-Head Coaches of the Year are Bruce Plante (Hermantown) and Mark DeCenzo (Hibbing). Class A Assistant Coach of the Year is Craig Peterson (Hermantown). The Class AA Head Coach of the Year is Tim Sager (White Bear Lake) and Assistant Class AA Coach of the Year is Chris Anderson (White Bear Lake). Congratulations to these coaches and their teams for an outstanding season of hockey.

Have a great May and start to your summer and summer session with your programs. I highly encourage you to get your best young players up and involved in the Elite D league. We had over 30 players go up and play in the Elite League from Elite D last fall. This process should only be becoming stronger going into the fall. Contact Charlie Graves for Elite Development league information or to have questions answered. Take care coaches!



ATTENTION COACHES:

If your team qualifies for an academic award please notify your A.D. to look for it!

The MSHSCA continues the Academic Awards program

Many schools are receiving plaques and plates similar to the one pictured for sports that qualified as a gold or silver academic team. You should receive them within a month after your season ends.

GPA's were submitted, by the coach, to their sport association President along with a varsity roster.

The sport association then determined that the coach was a member of the MSHSCA and sport association for the roster they submitted.



This process is true for each sport.

Your school will receive a plate for each of the teams that qualify.

Please be alert to envelopes with the return address of Beachs Awards they will contain additional plates.

We are very pleased with our new program since it will recognize more teams for their outstanding efforts.

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**Thank you for your help with this program,
John and Mary Erickson**



VISIT MCDONALD'S AFTER THE GAME



CHIP SHOTS



By: Todd Petterson
Red Wing H.S.

Hope all have been able to get the golf matches in this year. In Red Wing we have only postponed a Jr. High meet but have had to cancel practice probably more this year than in the past ten years combined. As we near the conference and section meets let's hope the weather makes a turn for the better.

It has been a quieter spring this year for items to send out to golf coaches across the state. We are nearing the end of the second year of coaching on the course, and I expect that there will be some discussion as new/better ideas filter back to the golf advisory board. I plan on attending the MSHSL Board of Directors meeting June 6th and in all areas want things to be fair for each coach and each situation. So if you have ideas send them to me, and I will share them with the Golf Coaches Association Advisory Board before I attend that meeting.

Of the six topics from the leagues' perspective from last fall, mentioned in the last Chip Shots article, remember the speed of play was a focus of attention for this year; continue to monitor the pace of play. While I am not pushing for the use of rangefinders nor positive their use will get passed, I would expect that the use of rangefinders might happen for next season-both the summer PGA and MGA junior tournaments now allow their use and so I would expect the League might approve them for HS use next year. The use of pull carts

passed with very little discussion but with a good push from the medical field. I have not heard a lot of follow up discussion on this and I also have seen very little use of the pull carts but remember, again, it is ok for their use in meets.

A project for me at this time is an important one and needs attention from every coach in the state. Last fall we held the vote for 2009 coach-of-the-year. With three classes in golf and eight sections in the state and each having a boys/girls golf opportunity there should be 48 nominees for section Coach Of The Year. We had only slightly more than a dozen of the possible 48 slots filled last year. When you go to the upcoming conference meets/tournaments this spring, etc. and see others from your section, make sure everyone is aware of the issue and takes the initiative to get a vote taken at each section tournament. When coaching on the course was passed, the chances for a section meeting during the competition is now almost impossible.

Coaches are now all over the course so a meeting would not find many coaches in attendance.

A little thought should go into the vote as well. It bothers me when the coach of the year is submitted with the words 'the coach of the section winner'. Your fellow coaches are working hard and many are trying to get teams and individuals to state. I would encourage you to try to find the 'coach who has done the diamond in the rough job' so-to-speak. On the MSHSCA.ORG website there is going to be a chart that will have an "X" to indicate that a coach has been nominated from your section, class and gender. Look for the sections which have followed through in getting the information to me. Also,

remember that the nominated coach needs to be a member of the coaches association in order to receive the award.—so let's try to create a buzz at the section tournaments and try to fill all 48 slots!!

Also, we need to get the vote and nominees from last spring 2010-assume that no one did it and let's get that done first and then move to this year's nominations.

As coaches we need to enter on the MSHSL website our schedules at the beginning of the year, and as the season progresses the results of each meet. This also needs to be a focus in the future as the results have been very spotty and the League is working towards having a place to gather the scores. As I enter my results, I see many teams that must not have entered their schedules. I would guess that many are wondering what I am talking about with this-so talk with your AD if it does not make sense.

Last, three coaches are, and will be, working hard to make the banquets work for each of the three state tournaments. For any state qualifiers make sure you follow the directions for reserving tickets. The banquets are a nice event for the players; they will remember the entire state tournament experience for the rest of their lives. I once in a while speak with coaches who say they are "not coming", and I guess that is the teams and players choice, but it is only a few hours and it is a memorable evening for them-each and every player gets recognized at the banquet.

Also, remember to end the year on a positive note at the courses you play. They greatly discount golf for the HS teams. I hope the golf season finishes on a positive note for you and all of your players and remember if you have questions or concerns contact me and I will follow through.



12th Annual "HODGE PODGE" GOLF OUTING

Open to:

Wrestling "Weigh In Crew," Retired A.D.'s, MADA Past Presidents, HVL A.D.'s Missota A.D.'s, Classic Suburban A.D.'s, spouses and guests (or anyone that knows Jim Baker)

Date: Monday July 18th, 2011

Where: Mt. Frontenac, Fontenac, MN - Hwy 61 between Red Wing and Lake City. 651-345-3504

Time: 11:30 AM shot gun start

First come, first serve:

You can put together your own foursome or sign in at 11AM, day of outing to be placed in foursome - prizes for various contests.

Cost: 18 Holes and 1/2 Cart & Beverage Tickets = \$40.00

Please no substitutes

Send Registration and money to:

Jim Baker
8185 E. Courthouse Blvd. Ct.
Inver Grove Heights, MN 55077
(h) 651-306-0328

REGISTRATION

Name _____

Address _____

State _____ Zip _____

Phone Number (_____) _____

- I will sign up for the foursome on 7-18-11
- My spouse/guest will sign up for the foursome on 7-18-11
- I will create my own foursome. Names of others in foursome.

1) _____

2) _____

3) _____

4) _____

Total money enclosed (\$40.00 each)

Payable to Mt. Frontenac Golf or Jim Baker

Need good turnout to keep this function going beyond this year!



USE YOUR MEMBERSHIP CARD

Your 2010-2011 Membership & Insurance Expires July 31st.

Have your new card for fall sporting events.

The possession of the MSHSCA membership card is a privilege extended to paid up members of the MSHSCA.

The use of the MSHSCA card to gain admission to regular season high school events and some college events is controlled by the school at which the card is used to gain admission. There is a variety of policies that schools follow in regards to allowing admission with the card. The MSHSCA is not empowered to dictate to the schools what the school policy should be in terms of accepting the MSHSCA card or the number that will be admitted with each card. A letter is sent to the Activity Directors of all schools in July and all schools are asked to inform us if their school would not accept the card. Only one school here indicated they do not honor the card, that school is Esko. It has also been brought to our attention over the past that some private venues do not accept the card for admission and this is especially true for hockey schools using private venues for their contests.

MINNESOTA STATE HIGH SCHOOL COACHES ASSOCIATION LIFE MEMBERSHIP

A member of the coaching profession for 25 years or more

Date Issued _____

Executive Director _____

The card is white with blue print for the year 2010-2011.

2010-2011 Life Membership Card

Minnesota State High School Coaches Association
John Erickson, Director, Detroit Lakes
Phone: (218) 847-6796 • Email: jomar@lakesnet.net
Website: www.mshsca.org
President, Shelly Hotzler - Jackson County Central



John Doe
Cambridge-Isanti H.S.

Asst. Football
Head Wrestling
Asst. B/G Track



VISIT MCDONALD'S AFTER THE GAME



CORNER KICKS



*Ron Kruschwitz
North St. Paul Boys (retired)
Soccer Communications Officer*

It is time to get the last article of the school year to the Prep Coach. It will not be long before the 2011 fall season is here. We all look forward to the time we can get back with our team and compete.

I was able to attend the Minnesota High School League Hall of Fame Banquet on May 15. It was an honor to see Chuck Scanlon (Apple Valley Boys Coach) being inducted in the Hall of Fame. We continue to get recognition for our sport and should continue to find coaches that are deserving of this award. Congratulations to you Chuck.

This April, 70 high school coaches throughout Minnesota and as far away as Puerto Rico, attended the NSCAA High Diploma co-hosted by the MYSA and MSHSSCA. The 21 hour course was a combination of classroom and field sessions that covered topics from building strong working relationships with athletic directors to zonal defending. It was a great opportunity for veteran and rookie coaches to focus specifically on the game of soccer from a high school perspective. Four NSCAA Academy Staff Coaches led the clinic and provided great insight and guidance as coaches reflected on their coaching philosophies, their legal responsibilities and the numerous responsibilities of the high school soccer Coach.

One of the new items on the agenda for all of the coaches in Minnesota is the Coaches Education Requirement. The purpose of this is to promote coaches education amongst Minnesota high school coaches.

The Initiative will start in the 2011-2012 year and then continue. All head coaches will need to create their personalized "Coaches Clipboard" prior to the start of their respective season. On the clipboard will be the online Rules Interpretation Meeting information that each head must annually complete. However PRIOR to having access to the online meeting, each head coach will need to complete a 2 to 2 1/2 hour module including but not limited to: Health and Safety, Concussion Education, Philosophy of Educational Athletics. Once the module and the online rules meeting have been completed (prior to the start of the season) that head coach will be "certified" for a three year-period. The rules interpretation meeting will continue to be an annual requirement, as it is now, but the recertification education piece would only occur every third year. In the following recertification cycles, a coach would have a variety of components germane to coaching and working with high school athletes that he or she could elect to complete.

Potentially built into all of this is the possibility of receiving Continuing Education Units for online work. The MSHSL will continue to pursue this benefit.

The second big agenda for the MSHSSCA is the 21st Annual Soccer Coaches Clinic. Clinic Director Greg Juba (Girls-Park of Cottage Grove) has the brochure in this edition of the Prep Coach. The Clinic will be held on Friday, August 12. The Clinic will run from 7:30 A.M. till 4:00 P.M.

As always, there will be a Head Coaches Meeting during Session IV. At that time coaches will receive MSHSSCA information packets and MSHSSCA business for the upcoming season will be discussed. You are also to note that you need to join the Minnesota State High School Coaches Association to belong to our organization. You can either pay at the clinic or go on line to the MSHSCA website to pay. A reminder that the deadline for paying your dues is Oct 1st, 2011. Pre-registration goes to Art Seplak at the address on the Clinic sheet. Coaches this is a great time to talk with your peers, share ideas and get to know what is being provided by the soccer association.

The MSHSSCA will continue to collect feedback from the coaches on the reduction of games from 18 to 16. This will be an important focus for us in the coming seasons. As we get feedback from the coaches, the Board will determine what action needs our attention.

The Board has voted the addition of Al Greimel replacing Dave Wold in 4AG and Kevin Adams replacing Rob Charpentier in #AAG.

The replacements were necessitated by Section changes made by the MSHSL. Thanks so much to Dave Halgren (Executive Secretary) for all the work he does in keeping the organization up to date. We hope you continue to use this as a valuable information site. The complete list of the section reps and all other MSHSSCA personnel is on the website. We continue to ask you to check MSHSSCA.org for all current information.

There are important rule changes coming in 2012 and 2013. You need to check out these rule changes either on the website or in your rule book. One of the changes concerns jersey colors and numbers. These changes go into effect in the next four years. Make sure if you are ordering uniforms you understand the specifics about uniforms and uniform numbers. The other rule change is about shinguards meeting NOCSAE standards by the fall of 2012.

Two other people I need to offer congratulations on their selection to the MSHSL Hall of Fame, Dean Verdoes and Ziggy Kauls. I work with Dean at the Boys Basketball Tournament and Ziggy is a friend. These two along with all the rest of the 2011 inductees are more than worthy of this award. Gentleman you represent all of what we do and believe about high school athletics. You are most deserving.

That should do it for another year. Enjoy your summer and we look forward to seeing you at the Clinic. Remember, you have the best job in the world, working with kids.



GATORADE...Official Sport Drink of the MSHSCA



MINNESOTA STATE HIGH SCHOOL SOCCER COACHES ASSOCIATION

Website: www.mshssca.org

in conjunction with the Minnesota State High School Coaches Association, Inc.

21st ANNUAL SOCCER COACHES CLINIC



WHO: All interested soccer coaches **WHERE:** Hopkins High School
2400 Lindbergh Drive
Minnetonka, MN 55305

WHEN: Friday, August, 12011
7: 30 AM – 4: 00 PM

COST: See Box below

NOTE: 1st time attendees, clinic registration is \$30.

- Includes a box lunch
- T-Shirt for the 250 registered coaches

For more information, please call:

Greg Juba, Director -- Head Girls' Soccer Coach -- Park (Cottage Grove) High School
cell -- 651.260.1048 email -- gjuba@sowashco.k12.mn.us

AGENDA

7:30 – 8:15 AM Sign-in / Registration
8:30 – 9:25 AM Session I
9:40 – 10:35 AM Session II
10:50 – 11:45 AM Session III
Lunch 11:45AM – 12:45 PM
12:50 – 1:40 PM Session IV
1:50 – 2:45 PM Session V
2:55 – 3:50 PM Session VI

NOTE: There will be a **Head Coaches Meeting** during **Session IV**. Coaches will receive Association information packets at this meeting. All Association business for the upcoming season will be discussed. **Session for all NEW COACHES, head and assistants, will occur during the lunch hour.**

Costs:

Clinic Registration = \$50/30 before August 1st, 2011
= \$60/40 after August 1st, 2011

NSCAA Dues = \$60 before August 1st, 2011
(National Soccer Assoc.) = \$75 after August 1st, 2011

****MSHSCA Dues**** This year ALL MN Coaches Assoc. dues need be paid online by credit card or paid at the clinic. **DEADLINE for DUES PAYMENT is: October 1st, 2011.** *****PLEASE go online and take care of it NOW!*****

Total for each Coach = \$50/30 Clinic Only.
= \$110/90 including NSCAA.

Add \$10 to all above if registration after August 1st, 2011

Mail to
(Before August 1, 2011):

Art Seplak
10077 Upton Road
Bloomington, MN
55431-2849
952.881.2898

Clinic Registration Form:

-----PLEASE PRINT this information-----Mail BEFORE 8/1/11-----

Please be sure to CIRCLE the (Head/Asst) (Girls/Boys) choice and also the lunch choice for each person registered. Please give PREFERRED mailing addresses and phone numbers for ALL coaches who join the NSCAA. Online registrations for MN organizations will ask for contact information.

Your name _____ School _____ (Head/Asst) (Girls/Boys)

Address _____

City _____ Zip _____ Phone _____

Your Lunch Choice (Circle one): Turkey Ham Roast Beef Veggie

OTHER REGISTRANTS:

#2 name _____ School _____ (Head/Asst) (Girls/Boys)

Address _____

City _____ Zip _____ Phone _____

Lunch Choice (Circle one): Turkey Ham Roast Beef Veggie

#3 name _____ School _____ (Head/Asst) (Girls/Boys)

Address _____

City _____ Zip _____ Phone _____

Lunch Choice (Circle one): Turkey Ham Roast Beef Veggie

#4 name _____ School _____ (Head/Asst) (Girls/Boys)

Address _____

City _____ Zip _____ Phone _____

Lunch Choice (Circle one): Turkey Ham Roast Beef Veggie

Fees: (circle the choices for each registrant)

Registration	MN State Coaches' Association Dues and MSHSSCA Dues	Clinic Registration Past Attendee (50) OR First Time (30)	National Coaches' Association of America (NSCAA) Dues	Total (Include \$10 per registrant late fee if after 8/1)
Yours	Pay directly to mshsca.org	\$50 OR \$30	+ \$60	=
#2 Registrant	Pay directly to mshsca.org	\$50 OR \$30	+ \$60	=
#3 Registrant	Pay directly to mshsca.org	\$50 OR \$30	+ \$60	=
#4 Registrant	Pay directly to mshsca.org	\$50 OR \$30	+ \$60	=
			TOTAL SENT	=

Please make checks payable to MSHSSCA. CHECK TOTAL _____

Mail to: ART SEPLAK, 10077 UPTON ROAD, BLOOMINGTON, MN 55431-2849



VISIT MCDONALD'S AFTER THE GAME



2011 FINAL WINTER ACADEMIC SELECTIONS



On behalf of the McDonald's Twin Cities Co-Op, Rosemount owner/operators Kay and Tom Butler, holding check, presented Rosemount High School band members with a \$1,500 check for winning the Minnesota State Fair High School Marching Band Competition.

Ronald McDonald, far left, and Fair mascot Fairchild the Gopher, far right, were on hand for the presentation. Congratulations to Band Director Steve Olsen and the Irish Band, which won for the second consecutive year competing against dozens of schools from Minnesota and western Wisconsin. McDonald's has been a proud sponsor of the event since it started in 2005.



CONGRATULATIONS TO WINTER SPORT CHAMPIONS

The MSHSCA and the MN Prep Coach would like to take this opportunity to congratulate all of the winter sport championship teams and the coaches who directed them to the ultimate season beginning goal. Hard work by all involved and the team work of the coaching staff and the players led to another exciting Minnesota prep sport season.

Sports and coaches that are not affiliated with the

MSHSCA or are not members of the association will not be included in the recognition.

The 2010-11 championship teams and their coaches are listed below:

BOYS TRUE TEAM SWIMMING AND DIVING

- AA Minnetonka
Chris Guerrero
- A St Thomas Academy
John Barnes

ALPINE SKIING

- (Boys) St Thomas Academy
Tom Carlson

- (Girls) Minnetonka
Greg Sand

NORDIC SKIING

- (Boys) Duluth East
Bonnie Fuller-Kask
- (Girls) Duluth East
Bonnie Fuller-Kask

GIRLS GYMNASTICS

- (AA) Northfield
Melissa Bernhard
- (A) Perham
Charlie Fleck

BOYS SWIMMING AND DIVING (MSHSL)

- (AA) Minnetonka
Chris Guerrero
- (A) Fergus Falls
Tom Uvaas

WRESTLING

- (AAA) Apple Valley
Jim Jackson
- (AA) Simley
Will Short
- (A) Frazee
John Barlund

BOYS HOCKEY

- (AA) Eden Prairie
Lee Smith
- (A) St Thomas Academy
Tom & Greg Vanelli

ADAPTED FLOOR HOCKEY

- (PI) Robbinsdale-Hopkins/Mound
Westonka
Marcus Onsum
- (CI) Anoka-Hennepin
Bill Newell

GIRLS BASKETBALL

- (4A) Hopkins
Brian Cosgriff
- (3A) DeLaSalle
Faith Johnson Patterson
- (2A) Braham
Tim Malone
- (1A) Maranatha Christian
Academy
Jim Hammond

BOYS BASKETBALL

- (4A) Hopkins
Ken Novak, Jr.
- (3A) Orono
Barry Wohler
- (2A) Perham
Dave Cresap
- (1A) Springfield
Lance Larson

All championship coaches will be honored with a plaque presentation at the October Annual Hall of Fame Awards Banquet.

WINTER TEAM ACADEMIC RESULTS (PART TWO)

The McDonald's Restaurants of Minnesota and the MHSCA are proud of the accomplishments of Minnesota prep athletes that excel on the playing field and in the class room.

A Gold standard (3.76 to 4.00) and a Silver standard (3.50 to 3.74) have been established.

Each time a school meets the criteria, they are awarded a plate to add to a plaque for display in the school trophy case.

The March edition included winter sports that concluded prior to the publishing of the newsletter. This edition includes the remaining winter sports concluded to end the winter season.

Spring results will appear in the September edition.

This issue includes Boys and Girls Basketball, Boys Hockey and Boys Swimming and Diving.

BOYS BASKETBALL

Note: Boys basketball uses the earlier version of Team Academic rather than the Gold and Silver standard



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established by the MSHSCA.

	Kenyon-Wanamingo	Faribault	Pipeston Area
	Kingsland	Fertile-Beltrami	Red Lake Falls
1A	Lester Prairie/Holy Trinity	Fillmore Central	Red Rock Central
1	Mahnomen	Forest Lake	Red Wing
2	Maple Lake	Frazee	Robbinsdale Armstrong
3	Mayer Lutheran	GFW	Rochester Century
4	Minneapolis Southwest Academy	Glenville-Emmons	Rocori
5	New Life Academy	Goodhue	Roseville Area
6	New York Mills	Grand Rapids	Royalton
7	Pequot Lakes	Hancock	Rush City
8	Randolph	Hastings	St Charles
	Redwood Valley	Hayfield	Sartell-St Stephen
	Sacred Heart	Hibbing	Sauk Centre
2A	Sebek	Hill-Murray	Sauk Rapids-Rice
1	St Croix Lutheran	Holdingsford	Sleepy Eye
2	St Peter	Holy Family Catholic	Southland
3	Tracy-Milroy-Balaton	Howard Lake-Waverly-	Spring Grove
4	Minneapolis Roosevelt	Underwood	Springfield
5	Maple Lake	Willmar	St James
6	Staples-Motley	Win-E-Mac	St Anthony Village
7	Braham		St Cloud Cathedral
8	Crookston **	SILVER	St Francis
	Academy of the Holy An-	Academy of the Holy An-	Stephen-Argyle Central
	gels	gels	Stewartville
3A	Ada-Borup	Lake Park-Audubon	Stillwater Area
1	Austin	Lakeville North	Swanville
2	Mankato West	Lakeville South	Thief River Falls
3	DeLaSalle	LeCenter	Totino-Grace
4	St Paul Johnson	LeRoy-Ostrander	Tracy-Milroy-Balaton
5	Princeton	Lincoln HI	Triton
6	Holy Family Catholic	Litchfield	United South Central
7	Chisago Lakes **	Little Falls	Waconia
8	Fergus Falls	Mahtomedi	Wadena-DeerCreek
	Benilde-St Margaret's	Mankato West	Warren/Alvarado/Oslo
	Benson	Maple River	Watertown-Mayer
4A	Bethlehem Academy	Martin Luther	Waubun
1	Owatonna	McGregor	Wayzata
2	Shakopee	Menahga	West Central
3	Eastview	Milaca	West Lutheran
4	East Ridge	Minnehaha Acedemy	White Bear Lake
5	Champlin Park	Minnesota Valley Lutheran	Yellow Medicine East
6	Wayzata	Montevideo	Zimmerman
7	Anoka	Moorhead	
8	Moorhead **	Morris Area/Chokio-Al-	
	Champlin Park	berta	
** Depicts state champion	Chanhassen	New Ulm	BOYS HOCKEY
	Chaska	North St Paul	GOLD
GIRLS BASKETBALL	Chatfield	Northfield	Eden Prairie
GOLD	Cherry	Northland	
Barnum	Clearbrook-Gonvick	Onamia	SILVER
Blue Earth Area	Cook	Ortonville	Apple Valley
Byron	Crookston	Osakis	Bemidji
Cambridge - Isanti	Dassel-Cokato	Osseo	Burnsville
Centennial	Dilworth-Glyndon-Felton	Park Center	Centennial
Crosby-Ironton	East Grand Forks	Pequot Lakes	Cretin-Derham Hall
Detroit Lakes	East Ridge	Perham	Delano
Eden Prairie	Eastview	Pierz	Eastview
Esko	Eden Valley-Watkins	Pillager	Grand Rapids
Hillcrest Lutheran Academy	Edina	Pine Island	Hopkins
Hills-Beaver Creek	Ely	Pine River-Backus	Lakeville North
Jordan	International Falls		

BOYS HOCKEY**GOLD**

Eden Prairie

SILVER

Apple Valley

Bemidji

Burnsville

Centennial

Cretin-Derham Hall

Delano

Eastview

Grand Rapids

Hopkins

Lakeville North

... continues on page 45



VISIT MCDONALD'S AFTER THE GAME



MSHSCA Seeks Nominations for Officials Distinguished Service Award

The Minnesota State High School Coaches Association has always been aware of the value of officials as an integral part of the high school athletic programs could function without the dedication that is currently being provided to prep sports by the many officials in Minnesota.



A few years ago, the MSHSCA, in an effort to restore sportsmanship, as it should be, to the stands of high school sporting events, created an Officials Distinguished Service Award.

Coaches who are aware of the outstanding officials in your area that qualify for the award should either nominate the officials directly or contact the area officials associations and urge them to submit the deserving candidates for the award.

This award is presented to five deserving officials at the MSHSCA's Annual Awards Banquet that is held each year in November.

The MSHSCA has maintained a collective file of nominations but is currently looking for more nominations of the many deserving officials that need to be recognized for their long time service to minnesota high school sports.

Nominations to receive the Officials DSA can be submitted by using the following criteria.

1. Should still be an active official.
2. Have been a high school official of varsity competition for at least 25 years.

If you know of a deserving official in your area that satisfies the established criteria, complete the accompanying nomination form and send to:

John Schumacher
16332 Deer View Rd
Park Rapids, MN 56470



By: Terry Eiter
Detroit Lakes

Spring has finally sprung! I know it's a busy time for coaches, officials and administrators this time of year – all involved with wrapping up another school year. For those not directly involved with any type of school business you all have your own activities and responsibilities that creates business in your lives.

That being said I am digging into the archives to bring you a past article from 2006. The message hasn't changed and I hope you enjoy. Wishing you all a enjoyable and relaxing summer!

Technology certainly can make our lives easier. At the same time I'd venture to guess that it has caused a good deal of headaches as well. At home, the office or via cell phones most people have some type of "answering machine" where others can leave messages for you. It's a convenient tool for both yourself and those wishing to contact you. Often times it is actually more of a benefit to others who might want to "leave a message" without you knowing from where or whom it came from.

Coaches and officials have both had their share of "messages" left to decipher who might have left them. Can't say that any of the anonymous ones I've ever heard were ever on a positive note. One particular one I was amused with.....*"Hey ref, you dat guy that ruffed dat game de udder night? Ya well, my brudder Lute and I were at da gym watchin. We taught you guys were hoorible - Yer nuttin but a bunch a crooks an thieves an day shoul da takin away yer weekend pass from da home*

... continues on page 45

Officials Distinguished Service Award Nomination Form

Name _____

Address _____

Phone () _____

Years officiated at varsity level _____

Sport(s) Officiated _____

Other information to support this nominee: _____

Nominating Person _____

Address _____

Phone () _____



and trown away da key!" It went on and on – got a good chuckle from that one. Some can get down right mean. That being said, I really appreciated an e-mail a coach sent me taking a closer look at his answering machine. I've taken the liberty to edit bits and pieces of it.

THE COACH'S ANSWERING MACHINE:

The outgoing message: "Hello! You have reached the automated answering service of The Coach. In order to assist you, please listen to all the options before making a selection:

- * To lie about why your child is missed practice - Press 1
- * To make excuses for why your child shouldn't have to follow team rules- Press 2
- * To complain about what we do without actually talking with someone in person - Press 3
- * To swear at me - Press 4
- * To ask why you didn't get information that was already enclosed in your newsletter and several flyers mailed to you and discussed at Booster meetings - Press 5
- * If you want to reach out and touch, slap or hit someone -Press 6
- * To request another coach, for the third time this year - Press 7
- * To complain that I'm too hard on the kids - Press 8
- * To complain that I'm not hard enough on the kids - Press 9
- * To complain about me being inaccessible – just speak up, call me at work or at home, come up after a game, send an email, send a postcard, a text message or even come by my office.
- * If you realize this is the real world and your child must be accountable and responsible for his/her own behavior, performance, attitude and that it's not the coaches' fault for your child's lack of effort: Hang up and have a nice day!

Not wanting the official in me to be left out, here is one I've created for THE OFFICIAL:

The outgoing message: "Hello! You have reached the automated answering service of The Ref. In order to assist you, please listen to all the options before making a selection:

- * To just generally belittle me – Press 1
- * To mock my intellect - Press 2
- * To loft insults about my vision or insult me because I wear glasses – Press 3
- * To report that your child's self-esteem has been ruined by my calls – Press 4
- * To replay every call of last night's game – Press 5
- * To announce that you have begun criminal proceedings against me – Press 6
- * To declare that you are no longer eligible to coach

WINTER SPORT CHAMPIONS . . . continued from page 43

Lakeville South
Litchfield
Little Falls
Maple Grove
Monticello
Mound-Westonka
Northfield
Orono
Roseville Area
St Cloud Cathedral
Sartell- St Stephen
Totino-Grace
Warroad
White Bear Lake
Willmar

BOYS SWIMMING AND DIVING

GOLD
Eastview

SILVER

Albert Lea
Alexandria
Breck/Blake
Cambridge-Isanti
Cretin-Derham Hall
Eden Prairie
Maple Grove
Minneapolis South
Robbinsdale Cooper
Rochester Mayo
St Louis Park
Willmar

college athletics because of my incompetence – Press 7

- * To go over any rules interpretations you don't understand – Press 8
- * To question how closely related I am to cow dung – Press 9
- * If you realize this is the real world and your child or athlete will never sign a pro contract, nor will they have an agent or several national endorsements and that they must be accountable and responsible for his/her own behavior, performance and attitude and that it's not the officials' fault for your child or athletes lack of effort: Hang up and have a nice day!

Remember to keep the game fun.

Eiter is a high school teacher and baseball coach in Detroit Lakes, MN. He currently officiates football and basketball and is a former baseball and softball umpire. He can be contacted at dlref@hotmail.com.



VISIT MCDONALD'S AFTER THE GAME





Procedure for Online Registration

***You do not have to use a credit card to register online!**

**All memberships run from Aug. 1 to July 31
This corresponds to the school year NOT the calendar year.**

- 1. To begin, go to www.mshsca.org.**
- 2. Use the link for 2011-12 membership.**
- 3. Use the right hand side to *join* for the new members.
Use left hand side for returning members.**
- 4. Login is your email address and your password is zzz if you mailed in your application, in the past.**
- 5. Follow the steps to join, on page 3, you will have to choose at least one sport association to support.**
- 6. On the last page, you will have a chance to choose your method of payment. (check, money order OR credit card)**
- 7. Print your receipt.**

Please note: if you choose to pay by check or money order, your card will be sent when payment is received.

Questions????

Please call 218-847-6796 or email jomar@lakesnet.net with questions

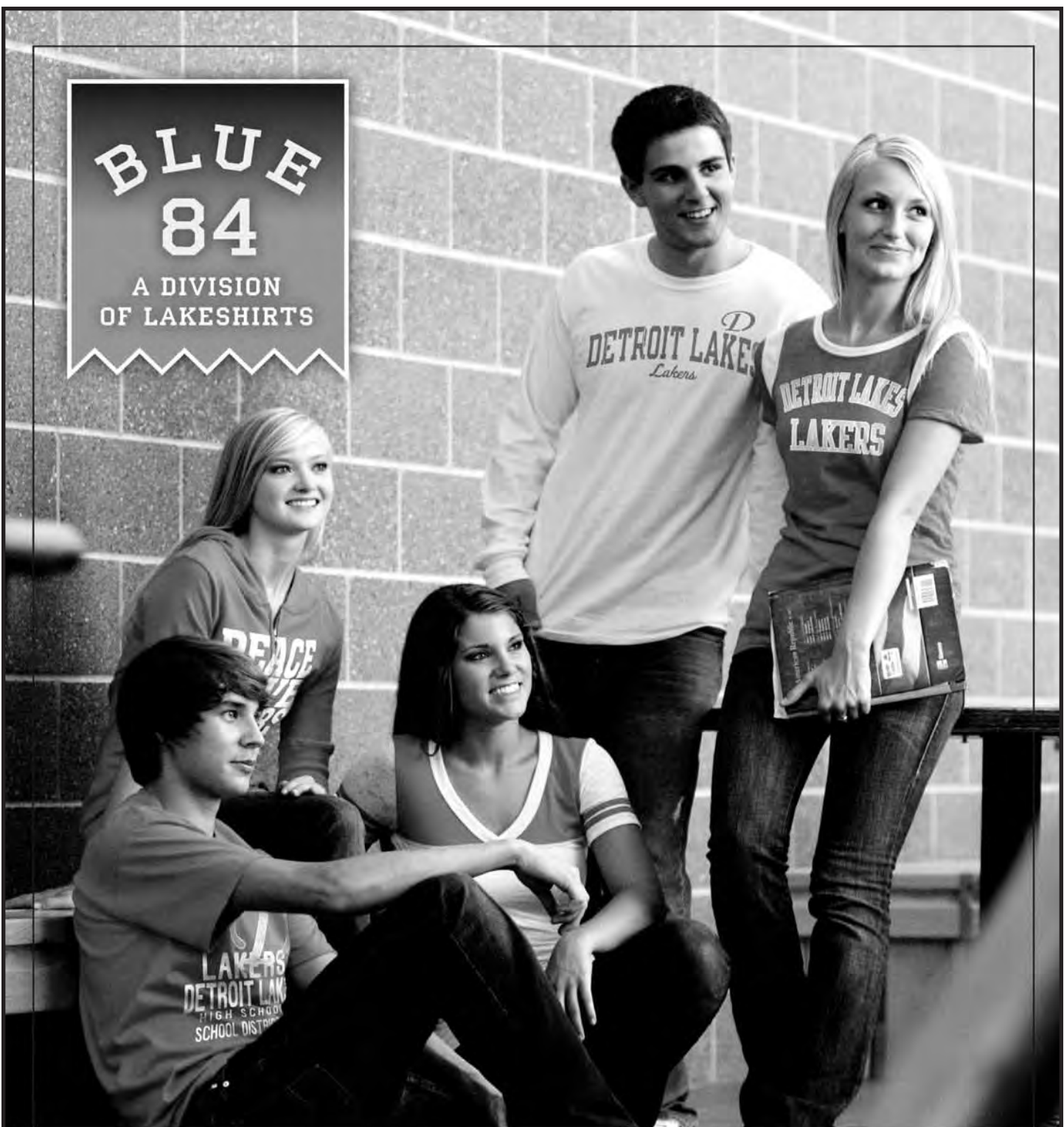
A membership application is not being printed this year. The paper copies have not always been clear and we have had incorrect emails and mailing addresses for cards. By using the online registration, you will be helping us to update our records and information. We will be happy to walk you through the process.

Thank you for using our online system, John and Mary Erickson



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