

**This form must be completed and returned to the MHSА no later than
December 19, 2018.
Return by email to bmichelotti@mhsa.org and by fax to 406-442-8250.**

Form WR #2
One copy of this form
must be sent to
MHSА
1 S. Dakota
Helena, MT 59601



Montana High School Association Wrestling Squad Weight Certification

I hereby certify that I have on file Form WR#1 and have listed below the lowest weight that each student may wrestle on WR#1 information.

Name of school _____ **Date** _____ *

Signature of Superintendent or Principal _____

* Upon completion of the WR#1, this form must be completed and sent to the MHSА office by December 19, 2018. A student who joins the team after the certification date must immediately have the WR#1 completed and a WR#2 sent to the MHSА office.

| Name of Wrestler (last, first) | Lowest Weight (certified to wrestle) | Actual Weight (beginning of season) | Body Fat |
|-----------------------------------|---|--|----------|
| 1. _____ | _____ | _____ | _____ % |
| 2. _____ | _____ | _____ | _____ % |
| 3. _____ | _____ | _____ | _____ % |
| 4. _____ | _____ | _____ | _____ % |
| 5. _____ | _____ | _____ | _____ % |
| 6. _____ | _____ | _____ | _____ % |
| 7. _____ | _____ | _____ | _____ % |
| 8. _____ | _____ | _____ | _____ % |
| 9. _____ | _____ | _____ | _____ % |
| 10. _____ | _____ | _____ | _____ % |
| 11. _____ | _____ | _____ | _____ % |
| 12. _____ | _____ | _____ | _____ % |
| 13. _____ | _____ | _____ | _____ % |
| 14. _____ | _____ | _____ | _____ % |
| 15. _____ | _____ | _____ | _____ % |
| 16. _____ | _____ | _____ | _____ % |

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| Name of Wrestler (last, first) | Lowest Weight (certified to wrestle) | Actual Weight (beginning of season) | Body Fat |
|-----------------------------------|---|--|----------|
| 17. _____ | _____ | _____ | _____ % |
| 18. _____ | _____ | _____ | _____ % |
| 19. _____ | _____ | _____ | _____ % |
| 20. _____ | _____ | _____ | _____ % |
| 21. _____ | _____ | _____ | _____ % |
| 22. _____ | _____ | _____ | _____ % |
| 23. _____ | _____ | _____ | _____ % |
| 24. _____ | _____ | _____ | _____ % |
| 25. _____ | _____ | _____ | _____ % |
| 26. _____ | _____ | _____ | _____ % |
| 27. _____ | _____ | _____ | _____ % |
| 28. _____ | _____ | _____ | _____ % |
| 29. _____ | _____ | _____ | _____ % |
| 30. _____ | _____ | _____ | _____ % |
| 31. _____ | _____ | _____ | _____ % |
| 32. _____ | _____ | _____ | _____ % |
| 33. _____ | _____ | _____ | _____ % |
| 34. _____ | _____ | _____ | _____ % |
| 35. _____ | _____ | _____ | _____ % |
| 36. _____ | _____ | _____ | _____ % |
| 37. _____ | _____ | _____ | _____ % |
| 38. _____ | _____ | _____ | _____ % |
| 39. _____ | _____ | _____ | _____ % |
| 40. _____ | _____ | _____ | _____ % |
| 41. _____ | _____ | _____ | _____ % |
| 42. _____ | _____ | _____ | _____ % |
| 43. _____ | _____ | _____ | _____ % |
| 44. _____ | _____ | _____ | _____ % |
| 45. _____ | _____ | _____ | _____ % |
| 46. _____ | _____ | _____ | _____ % |
| 47. _____ | _____ | _____ | _____ % |
| 48. _____ | _____ | _____ | _____ % |