

GLGHL

(Great Lakes Girls Hockey League)

**OFFICIAL
HANDBOOK**

rev. 08/15

GLGHL Handbook Index

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GLGHL League Directory

| | |
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| GLGHL Webmaster | Bill Pavone |
| GLGHL President | Joe Crumlish (Amherst) |
| GLGHL President Elect | Open |
| GLGHL Secretary | Kris Quagliana (Amherst) |
| GLGHL Treasurer | Roger Schmelzer (Amherst) |
| Board Member at Large | Rick Hopkins |
| | |
| 12U Division Commissioner | Kris Quagliana |
| 14U Division Commissioner | Craig Towne |
| 16U TB Division Commissioner | Roger Schmelzer |
| 19U Division Commissioner | Susan Olsen |
| Red Division Commissioner | TBD |
| White Division Commissioner | TBD |
| Blue Division Commissioner | TBD |
| Green Division Coordinator | TBD |
| Gold Division Coordinator | TBD |
| Past President | Chris Roberts |

Executive Board Members

Christopher Roberts, Joe Crumlish, Kris Quagliana Rick Hopkins, Bill Pavone, Susan Olsen, Roger Schmelzer, Craig Towne

Great Lakes Girls Hockey League Constitution

Article 1 – Name

The Organization shall be known as Great Lakes Girls Hockey League, herein referred to as “GLGHL” or the “league”.

Article 2 – Objective

To provide recreational hockey instruction and competition for females of all ages. To instill in the players a love for the game of hockey and a respect for the ideals of sportsmanship and fair play.

Article 3 – Membership

The GLGHL shall be affiliated with USA Hockey and New York State Amateur Hockey Association.

All of the member associations must be in good standing with USA Hockey.

The founding associations of the GLGHL are as follows: Amherst Knights, Batavia Ramparts, Brockport Tri-County Golden Eagles, Buffalo Bisons, Buffalo Regals, Erie Lady Lions, Geneva Bombers, Hamburg Hawks, Niagara County Coyotes, Perinton Blades, Rochester Americans, and Webster Cyclones.

Additional members joining the league after the 2000-2001 season include: Auburn Lady Hawks, Buffalo Saints, Monroe County Eagles, Tonawanda Lightning, Jamestown Lakers, Nichols High School & North Buffalo Thunder Cats, Depew, Buffalo Shamrocks

Any new association wishing to apply for membership must do so in writing to the GLGHL President or Secretary. A 2/3rds majority of the voting associations present must accept the new association application for membership.

Article 4A – Board of Directors

The GLGHL Board of Directors shall be composed of one (1) voting representative from each member association in good standing. In the event that an association has 6 or more teams playing in the league, it shall be granted a 2nd voting member on the Board.

Each member association shall provide the name of their league representative prior to the October meeting of the GLGHL.

The Board of Directors shall be empowered to set the policy of the GLGHL. They shall also resolve issues pertaining to the interpretation of the Constitution and the Rules and Regulations of the league as presented by the Executive Board of Directors.

Great Lakes Girls Hockey League Constitution

Article 4B – Executive Board of Directors

The GLGHL Executive Board of Directors shall be composed of the President, President-Elect, Treasurer, Secretary and the Division Commissioners.

The Executive Board of Directors shall be empowered to resolve issues pertaining to the interpretation of the Constitution and the Rules and Regulations of the league. They shall also set the agenda for the monthly GLGHL board meetings.

Except as provided in Section 7.D of this document, any disputes or interpretation of the Rules will be decided by the Executive Board of Directors of the League.

Article 5A – Officers

The GLGHL Board of Directors shall annually vote for GLGHL officers at their May meeting. The GLGHL officers shall be chosen from the member representatives to the Board.

The officers of the GLGHL are as follows:

President

President-Elect

Treasurer

Secretary

Division Commissioners (each division director shall also act as their division Statistician)

Web Master

Ethics / Discipline Committee Chairperson

Article 5B – Officer/Board Member Duties

1. President:

- A. The President shall be the chief executive officer of the league and shall preside over all GLGHL meetings.
- B. The President will also serve as Chairperson of the Executive Board.

2. President-Elect:

- A. The President-Elect shall act in the absence of the President and assist the President whenever required.
- B. The President-Elect shall also oversee the activities of the Ethics/Discipline & Rules Committee Chairpersons. The President-Elect shall attend all meetings of these committees. The President-Elect shall be the liaison between these committees and the Executive Board of Directors.
- C. The President-Elect shall oversee the planning of the yearend tournaments, in conjunction with the Tournament Coordinator and the Treasurer.

Great Lakes Girls Hockey League Constitution

Article 5B – Officer/Board Member Duties – (continued)

- D. The President-Elect will also serve as the Chief Hearing Officer for all disciplinary hearings and rules committee challenges.

3. Treasurer:

- A. The Treasurer shall have charge of the books pertaining to business of the GLGHL.
- B. The Treasurer shall collect funds and deposit funds in a bank account in the league's name.
- C. The Treasurer shall sign all checks pertaining to GLGHL monies under the direction of the Board of Directors.
- D. The President or Treasurer are authorized to sign checks.
- E. The Treasurer shall ensure the timely payment of playoff tournament related obligations and to ensure that the best possible price is obtained for ice, trophies, medals, banners and any other tournament related expenses.

4. Secretary:

- A. The Secretary shall keep proper minutes of all meetings and send copies to all members.
- B. The Secretary shall handle all correspondence.

5. Division Commissioners:

- A. Each Division will have its own Commissioner that will oversee the play in that division. The number of commissioners for each season will be determined by the Executive Board of Directors.
- B. The Commissioner will mediate any disputes regarding teams within that division. Division Commissioners will sit on the discipline and/or rules committee when involving a matter of concern within their division.
- C. The Commissioners shall be responsible for maintaining their division schedules on the league web site and assist the Web Master with loading and maintaining team rosters and game results.

Great Lakes Girls Hockey League Constitution

Article 5B – Officer/Board Member Duties – (continued)

- D. It is expected that each Commissioner will periodically attend the games of teams in their division in an official capacity to observe & oversee the conducting of the game.
- E. Each commissioner shall be responsible for maintaining statistics for their division.
- F. Each Division Commissioner shall coordinate the end of season tournament for their respective division and shall submit a tournament schedule to the Tournament Coordinator prior to the February board meeting.

6. Discipline Committee Chairperson:

- A. The President-Elect shall be designated as the Discipline Committee Chairperson and shall coordinate all meetings of the discipline committee.
- B. That committee shall be made up of representatives, who may include non-Board members, of 4 other associations.
- C. The Chairperson shall present the committee's finding to the full Board.
- D. System of Discipline –

The system of disciplinary action in the GLGHL for match penalties, protests, and supplementary discipline shall be in the manner as set forth in the GLGHL Discipline Committee Handbook and shall New York State Amateur Hockey Association (NYSAHA) bylaws & procedures for hearings & discipline (Section 10).

7. Rules Committee Chairperson:

- A. The Executive Board shall act as the rules committee and shall be responsible for interpreting the rules and submitting changes to the playing rules.

8. Web Master:

- A. The Webmaster shall be in charge of the content of the GLGHL's website (www.glghl.com)

9. Members-at-Large:

- A. Members-at-Large may serve on league committees and assist in carrying out any league functions at the direction of the Board of Directors.

11. Meetings

- A. The GLGHL Board of Directors shall meet regularly throughout the year. Meeting dates, times and locations shall be announced at the prior meeting.

Great Lakes Girls Hockey League Constitution

- B. All Board Members are expected to attend. If a Board Member is unable to attend a meeting, an alternate representative from the same association may participate at the meeting.
- C. A simple majority of voting associations must be present in order to conduct business. Due to geographic limitations, for any regularly scheduled monthly meeting an association may inform the President or Secretary that they are unable to send a representative to the meeting and their written (email) notice shall count toward a quorum (that association shall be recorded as "Excused" in the meeting minutes).
- D. Meeting will be conducted in accordance with Robert's Rules of Order.
- E. The GLGHL Annual Meeting will be held in May of each year.

12. Amendments

- A. A proposed amendment to the Constitution of GLGHL must be submitted to the Executive Board of Directors for review. The Executive Board of Directors will present the proposal to the Board of Directors at the next general meeting. The proposal is to be included in the meeting minutes. It will then be voted upon at the next league meeting. A 2/3rd's majority of all votes cast is required for an amendment to be adopted.

Great Lakes Girls Hockey League Rules and Regulations

1. The Rules of USA Hockey shall apply except where modified below.

2. Age

- A. Teams playing in the GLGHL shall be divided based on age of players as set down by USA HOCKEY. Team age to be categorized the same as the USA HOCKEY.

3. Player Eligibility

- A. All players must be properly registered on their team's USA HOCKEY team registration form.

B. Player Eligibility by Division

Tournament Bound (TB2): Shall allow any caliber of player to participate unrestricted (subject to USA and NYSAHA regulations).

Recreation or Non-Tournament Bound Division (NTB): Shall allow any caliber of player except players whom are registered with a boys travel team (Tier I, II) or with a girls Tier I travel team. Exceptions to this rule must be approved by Board of Directors.

NOTE: Boys Tier III will be considered MOHL or House and is allowed.

NOTE: High School players are allowed unless they appear on the restricted travel rosters as listed above.

- C. For players listed on more than one USA Hockey roster on GLGHL teams the following rules shall apply:

- 1) Any player listed on one organizations roster in two different age categories of the same level (i.e. U12 NTB and U19 NTB) may play an unlimited number of league games in both age categories for the same organization.
- 2) A player listed on rosters in the same age category (i.e. U12 TB2 and U12 NTB) may play up to a maximum nine TB2 league games at the upper level before being declared ineligible to play at the lower NTB level.

NOTE: Players must be rostered on the NTB level team and be called "up" for a game. Players whom appear on the TB2" level team cannot play "down" for 9 games

NOTE: The 9 game maximum is applied to both regular and playoff games. Once the 10th game is reached that player will be ineligible at the NTB level for all remaining games including the playoffs

- D. If a girl is registered on a GLGHL team, she shall be permitted to also register on her school team (boys or girls). If the teams play each other during the regular season and are on the same division, the girl shall play on the team of her choice.

Great Lakes Girls Hockey League Rules and Regulations

3. Player Eligibility (continued)

- E. Any player from an upper level team may be moved to a lower level team in the same age category provided the player is removed from the upper level team's USA Hockey roster for the remainder of the season.
- F. The head coach of each team shall be responsible for monitoring the eligibility of players listed on the game scoresheet for every game of their team. In addition, the league shall appoint a person or persons to monitor the game scoresheets for player eligibility.
- G. A team shall forfeit any game in which an ineligible player is used. Additional penalties may be imposed on the coach at the discretion of the Discipline Committee.
- H. In order to provide a fair and competitive league, the Board may allow or prohibit player eligibility, or player movement, in individual circumstances.

4. Team Roster

- A. Each team may register a maximum of twenty (20) players with a maximum of eighteen (18) skaters.
- B. Your initial USA hockey Team Roster is due by the GLGHL League season game scheduling meeting. Any additions are to be submitted to your Division Commissioner prior to eligibility to play.
- C. GLGHL players must play a minimum of 10 games to be eligible for post-season playoffs, unless approved by the Board of Directors.
- D. Additions to any roster after December 31st must be approved by the Board of Directors.

5. Equipment

- A. As required by USA HOCKEY.
- B. All players must wear mouth guards, per USA HOCKEY rules.
- C. All players must wear approved neck guards. No exceptions will be allowed.
NOTE: Penalty to be assessed as per USA hockey rule 304 c. Protective Equipment.
- D. GLGHL recommends that all nets be pegged for all games.

6. Scheduling

- A. The format of the regular season league schedule will be finalized by the Board of Directors prior to the league scheduling meeting.

Great Lakes Girls Hockey League Rules and Regulations

7. Team Responsibility

- A. Each team is required to have one member of the coaching staff attend the scheduling meeting, and complete all scheduling meeting requirements, to be eligible to play in this league.
- Requirements:
1. Each team will provide their available ice schedule at the scheduling meeting. All regular season games must be scheduled at the scheduling meeting, and comply with the league deadlines for game play.
 2. After scheduling is finished, each team will complete a Game Schedule form listing their home games for the season, and submit the form to the division Commissioner before leaving the meeting.
 3. Any changes to the schedule must be submitted in writing by both involved teams to the division Commissioner for approval. The teams requesting a schedule change shall be assessed a \$25 fee. Q-games cannot be re-scheduled.
 4. If a game is cancelled it must be re-scheduled within 72 hours. The team that cancels the game is responsible for paying for the referees if any cost has been incurred by the other team. If the teams cannot agree on an alternate date, the commissioner may award a forfeit or the league may arrange for another date and time for the game to be played. The team that cancels the initial game is also required to pay for the ice and refs for the alternate game. Also, the \$25 fee for re-scheduling is paid by the team requesting the re-scheduling.
 5. The proposed playoff format for each season, by division, must be decided at the scheduling meeting by each division. The division Commissioner shall submit the written plan to the individual teams and the Board of Directors for approval by the November general meeting.
- B. Each team shall supply their respective Commissioner with:
- 1) A list of phone numbers and email addresses for that team's contact person(s), along with home and mobile numbers..
 - 2) A check or money order payable to the GLGHL to cover the \$125 entry fee submitted at the scheduling meeting. A \$25 surcharge shall be applied to any team that does not have their league entry fees paid prior to the conclusion of the scheduling meeting. An additional \$25 fee shall be assessed at each subsequent regularly scheduled league meeting if the fees have not been paid.
 - 3) In writing, team uniform colors for the season. Home team is designated as light colored jerseys, away is designated as the dark jerseys
 - 4) Each NTB team shall be responsible for a \$250 deposit for the GLGHL Playoffs and league fees/fines due by the 1-Dec for that season. Non-payment will result in that team being deemed ineligible to participate in the season.
 - 5) Each team must have all rostered player's updated information on their GLHL team page no later than 7 days post scheduling meeting. Any team without complete information will be fined \$25 and may (at the discretion of the exec board) forfeit all games played until information is complete.
- C. The home team is responsible for completing the game reporting form on the GLGHL website within 48 hours of the completion of the game, or a \$25 fee will be assessed.
- D. The home team is responsible to e-mail the scoresheet to the division commissioner/statistician within 72 hours of the completion of the game, or a \$25 fee will be assessed.
- E. The home team is responsible for providing timekeeper, scorekeeper and referees.
- F. Individual teams are responsible for providing penalty box attendants.

Great Lakes Girls Hockey League Rules and Regulations

G. Each team must undertake to have sufficient ice time to meet game requirements as follows:

| Level of Play | Ice time Recommended |
|---------------|--|
| 12U & Under | Three (12) twelve minute periods of hockey with a minimum seventy-five minutes of ice time including resurfacing |
| 14U & Under | Three (3) fifteen (15) minute periods of hockey with a minimum eighty minutes of ice time including resurfacing |
| 16U & Under | Three (15) fifteen minute periods of hockey with a minimum eighty minutes of ice time including resurfacing |
| 19U & Under | Three (15) fifteen minute periods of hockey with a minimum eighty minutes of ice time including resurfacing |
| RED | Two (10) ten minute and one (12) twelve minute periods of hockey with a minimum sixty-five minutes of ice time including resurfacing |
| WHITE | Two (12) twelve and one (15) fifteen minute periods of hockey with a minimum seventy minutes of ice time including resurfacing |
| BLUE | Three (15) fifteen minute periods of hockey with a minimum eighty minutes of ice time including resurfacing |

*Note: The above times are to be used for GLGHL games. NYSAHA requires a minimum length of times for games to count toward 10/14 games rule. (12U = 30 minutes; 14U = 36 minutes; 16U, and 19U = 45 minutes). These games will comply with the NYSAHA minimum times required.

8. Score sheets

- A. The ORIGINAL SCORESHEET must be submitted to the appropriate Division Commissioner /Statistician. If the score sheet(s) is not submitted within 72 hours, a one-time written notice will be issued by the Division Commissioner. Teams failing to submit score sheet(s) within the 72 hour time period and after the one-time notice will be subject to a mandatory \$25 fine for **EACH** late scoresheet. Failure to pay the fine may result in further disciplinary action taken against that team and/or organization.
- B. Score sheets must be LEGIBLE and COMPLETE. Any score sheet deemed unreadable or incomplete by the Division Commissioner shall be returned for revisions. The revised and/or completed score sheet must be returned within 7 days of its receipt. Returned score sheets are also subject to fines as per section 8 a).

Great Lakes Girls Hockey League Rules and Regulations

9. Postponed League and Playoff Games

- A. For inclement weather, a minimum of three (3) hours notice by either team via the Commissioner or team contact. Games cancelled due to weather must be rescheduled within three (3) days.
NOTE: Notification to the Commissioner may be made by e-mail, however verbal notification between team coaches and/or managers is REQUIRED prior to any cancellation. E-mail will not be an acceptable form of notification. RATIONAL: email is not always read or is dependable.
- B. For other reasons, seventy-two (72) hours notice by either team to the team contact and Commissioner for postponed games.
- C. In case of rescheduling, the team who requests the rescheduling must provide two (2) alternate times. If neither times are acceptable, the game may be forfeited at the discretion of the commissioner. The team requesting to re-schedule a game will be responsible to pay for the officials.
- D. For any forfeit, the offending team shall be fined \$200.00
- E. To be eligible for playoffs and any league awards, teams must play all their regular season games, only exception will be if a game is forfeited. If a team has three, they are ineligible for end of season league tournament and any league awards, unless approved by Rules Committee and Board of Directors. *NOTE: Completion of league schedule and eligibility as determined by Rules Committee and Board of Directors.*

10. Tournament:

- A. The GLGHL will sanction a season ending NTB tournament for all divisions.
- B. The GLGHL will determine the format of that tournament.
- C. All teams shall be required to participate in the season ending GLGHL playoffs. Failure to participate shall be subject to discipline by the GLGHL up to and including possible expulsion from the league

11. Tie Breaking Format

- A. GLGHL Regular Season
If teams are tied at the end of the Regular Season, the following criteria will be followed:
 - 1) Number of wins
 - 2) Record against other tied teams
 - 5) Fewest goals allowed
 - 6) Fewest Penalty minutes
- B. GLGHL NTB Tournament – tie breaking and tournament format to be decided before tournament begins

Great Lakes Girls Hockey League Rules and Regulations

12. Game Protests

Protest Guidelines

Member associations have the right to protest a game when, in their opinion, conditions existed or events transpired during the conduct of the game that constituted a gross violation of the rules and directly affected the outcome of the game. Recognizing the basic purpose of the GLGHL to promote sportsmanship and fair play, protest procedures are established expressly for the purpose of redressing obvious instances of wrongdoing, such as of an ineligible player. Trivial or "nuisance" protests will normally not be considered.

The team must notify the referee verbally of protest before, during or at the end of the game, before they leave the ice. Protests regarding ineligible players do not have to appear on the scoresheet. They must be filed with the division commissioner within 48 hours of the end of the game. Discretionary calls of referees are not subject to protests.

Protest Guidelines

- 1) A protest may only be lodged by a Member Association's President or GLGHL Board Member. No protest may be lodged by a coach, manager or parent regardless of their position.
- 2) The official USA Hockey playing rules shall be used. No Protests shall be permitted on the playing rules.
- 3) Protest for referee calls or penalties assessed before, during or after the game are not allowed.
- 4) The GLGHL Association President and or GLGHL Board Member shall notify the GLGHL President of the impending protest within 72 hours of the completion of the game.
- 5) A formal written protest must be received within 5 days of the said game accompanied by a \$50.00 check made out to the GLGHL. The \$50.00 fee will be refunded if the protest is upheld. A copy of the protest should also be sent to the opposing team.
- 6) Included in the written protest should be the desired outcome. State precisely what you are protesting and the outcome your association is looking for in the protest. Do not be vague in any statements.
- 7) The GLGHL President will turn the protest over to the, Disciplinary Panel Chair and Division Commissioner for review. They will investigate and convene the disciplinary panel of the GLGHL to rule on the protest.
- 8) Both parties will be notified of the decision of the panel within 30 days.

13. Game Times

- A. Length of periods are as stated in the table below. In non-tournament bound classifications, the length of periods may be increased with the agreement of both teams prior to the start of the game, if sufficient icetime is available.

| Level | Period(s) Length |
|------------------|-------------------------|
| 12 & Under | 12, 12, 12(Curfew) |
| 14U, 16U and 19U | 15, 15, 15(Curfew) |
| Red | 10, 10, 12(Curfew) |
| White | 12, 12, 15(Curfew) |
| Blue | 15, 15, 15(Curfew) |

- B. Curfew time shall be marked on the game sheet.
- C. A three (3) minute warm-up will start each game, if time allows.
- D. In non-tournament bound classifications, once a 5 goal differential is reached no additional goals will be posted on the scoreboard to the team that is winning.

14. Penalty Times

(Note: Also see GLGHL Aggressive Penalty Policy; page 32)

- A. 19, 16 and 14 & Under
1. Minor penalties shall be 2 minutes
 2. Major penalties shall be 5 minutes.
 3. Misconducts shall be 10 minutes

- B. 12 & Under
1. Minor penalties shall be 1-1/2 minutes
 2. Major penalties shall be 3 minutes
 3. Misconducts shall be 6 minutes

- C. All

A suspension that occurs during a GLGHL game requires that player to serve the next scheduled GLGHL game(s) regardless of other non-league games sat out as part of the suspension.

Example: If your next game is against a non-GLGHL opponent the player must serve the USA Hockey game suspension, however they must also sit out their next scheduled GLGHL game. If your next game is against a GLGHL opponent then the player sits that game or games and is eligible to return.

1. Each additional game misconduct incurred by a player during the season will carry one additional game suspension.
3. Match penalties MUST be reported to your division commissioner by the head coach within 24 hours of the incident. Failure to do so will be cause for disciplinary action taken against the coach, team and possibly the organization. *A player or coach under match penalty suspension may not participate in games or practices until such time as a hearing is conducted*
4. Fighting will result in a two (2) game misconduct starting with the next game on the teams schedule. Fighting-in the case where this penalty is given in or after the third period, will result in an additional

NYSAHA Guidelines for tournament bound teams

game misconduct penalty being given to the offending player(s). This makes the penalty a three (3) game misconduct. The GLGHL reserves the right to review the penalty situation and add to the penalties as they see fit.

16

1. Beginning with the 2007-2008 season, the GLGHL will institute a league schedule that includes sectional qualifying games (Q-games) for West Section Tier 2 tournament-bound girls teams as part of their regular season league schedule as follows:
2. Tier 2 tournament-tournament bound (TB2) teams will play in the same division within their USA hockey age group (12U, 14U, 16U, 19U).
3. The league schedule shall designate games as "Q-games" to be used for qualifying and seeding teams for state tournaments. Separate standings shall be maintained for Q-games.
4. Each team shall play one home and one away game with each of the other West Section TB2 teams that will be designated a "Q-game" for the purpose of this proposal.
5. The teams shall be ranked by total points (2 points for a win, 1 point for a tie) using all of the Q-games played within the age group.
6. In case of a tie, the format for breaking a tie in a regional or sectional tournament in the NYSAHA guide book shall be used.
7. If a team rescinds their tournament bound status, all games played with that team will be deleted from the Q-game standings.
8. All Q-games will be conducted under the rules for sectional games in the NYSAHA guide book.

17. Rules Protests

- A. Any rules protests must be submitted in writing to Rules Committee.

Note: This is only a summary of the tournament bound requirements. Please consult the current New York State and USA Hockey annual guide books for complete and current requirements including changes and updates. Any questions should be directed to your section Vice-President or the NYS Tournament Director.

1. USA Hockey roster

- A. All players and coaches must appear on a USA Hockey Roster
- B. The roster shall include the age group and current NYSAHA status
- C. Each player must be listed with correct birth date
- D. Roster must be date stamped by the NYSAHA Registrar before any games will count towards the 10/14 Rule.

2.10/14 RULE

- A. Each player must play in a minimum of **10 games** before she is eligible to compete at the NYS Tournament.

NYSAHA Guidelines for tournament bound teams

- B. Each Team must play at least **14 Games** to be eligible to compete at the NYS Tournament

3. Game Eligibility

- A. In order to be eligible for New York State Regional Playdowns towards State Championships, a team must play its games against USA Hockey registered teams of its own age classification, (not from its own organization), and or International Ice Federation team. Where the registered team is a member of a recognized league of USA Hockey members, the team must play its entire league schedule.
- B. GAME REQUIREMENTS - CLARIFICATION For a game to count as a qualifying game for tournament eligibility, it must have had a minimum number of minutes of game (stop) time as follows:
 - A. 12U = 30 minutes;
 - B. 14U = 36 minutes
 - C. 16U, and 19U = 45 minutes.
- D. Any game that is played while using a non-rostered player(s), per Rule 1, is not eligible to count towards the 10/14 rule. If that player is added legally at a later date only games from the date-stamp addition shall count.
- E. *Example: J. Smith played in the first 3 games of the season but was not officially added (by date-stamped) on the USA roster until Game 4. Games 1,2 and 3 will NOT count towards the 10/14 Rule for any player or the team.*
- F. *Example: J. Smith is added to the roster on December 28th. The team has played 16 eligible games without her playing. All previous games will count for the original players and the team. However, J. Smith will need to play in at least 10 more eligible games before the NYSAHA Tournament.*

4. Player Eligibility

- A. Player must appear on the date-stamped USA Roster
- B. Player must appear on the roster by Dec 31 of that season
- C. Suspended players must complete any suspension prior to be able to participate in the NYSAHA Tournament and Sectionals. Such suspensions will carry over into the sectionals and or tournament if necessary

5. Coaching Eligibility

- A. Any coach whom intends on being behind the bench must appear on the USA date-stamped roster and comply with USA Hockey coaching requirements.

6. Score sheets

- A. For score sheets to count in meeting 14/10 rule, that team's Team Membership Application (2-T) and the Player Roster form (1-T) must be certified by the District Registrar or his/her designee prior to that game being played. In addition, score sheets used to verify the 14/10 must contain only names found on the Player Roster form (1-T) for that team.
- B. Original eligible game score sheets must be retained – carbon copies are acceptable

7. Sectionals

NYSAHA Guidelines for tournament bound teams

- A. Team may be required to play in NYSAHA Sectionals (play downs).
- B. The Sectional will determine if the team advances and the tournament seeding
- C. Sectionals are to be held no more than 2 weeks before the NYSAHA Tournament
- D. Instead of sectionals, NYSAHA West Section girls teams shall participate in qualifying games (Q-games) within the GLGHL schedule to qualify for NY state tournaments

8. Documentation Required

- A. Copies of government issued **birth certificate** or, if birth certificate is not available, **copy of a passport ID page** for each rostered player.
- B. A certified **Team Application Form (2-T)** and **Player Roster Registration Form (1-T)** as approved and provided by the USA Hockey District Registrar.
- C. Signed **Waiver of Liability Release, Assumption of Risk & Indemnifying Agreement** for each participant for all players, coaches and managers.
- D. Sanctioned game score sheets to verify compliance with the **Youth & High School Club 20/10, Girls/Women 14/10** and **Midget Tier III teams 10/8** minimum number of games for eligibility rule for each team and rostered player.
- E. **A USA Hockey Consent to Treat Form** for each rostered player, coach and manager.
- F. **A USA Hockey Individual Membership Registration (IMR) Form** or current membership card for each rostered player, head coach and assistant coach(s) or player roster form representing players and coaches that have been **electronically registered** with USA Hockey. Copies of IMR's or member cards are **NOT** required if team is electronically registered.
- G. A **coaching credential** at the level mandated by the District (New York State) in which the coach is registered is required. (USA Hockey requirement levels apply).
- H. **A USA Hockey Completed Code of Conduct** for each rostered player.
- I. **Non-U.S. citizens** must provide proof of legal residency and proof of release and transfer from home country ice hockey federation if required.

- J. For National Tournaments only, a copy of the Team Roster Registration Certification (form 2-C) signed by the District Registrar or his/her designee.
- K. Other documents pertinent to team activities and player eligibility.

For aliens the card(s) required are #1-151 or #1-551. For Foreign Exchange Students the required card number is I-94.

Note: Please check with our USA Hockey Registrar

10. TOURNAMENT BOUND OBLIGATION

- A. A Team that does not honor that commitment may be banned from all sanctioned tournaments for the next year.

INTENT: A team, which qualifies for a state tournament, must compete in that tournament. Any team who commits itself to play in a Sectional Tournament, (By Dec31st) must play in that sectional tournament.

NYSAHA GIRL'S/WOMENS' POLICIES AND PROCEDURES 10-11

Below you will find some pertinent NYSAHA information related to the formation and classification of Girl's/Womens teams.

1. Classification

- a) Girls teams must declare their intention to compete at the Tier 1 or Tier 2 tournament bound level in writing to the Section President, or their designee, at a regularly sanctioned Section Meeting.
- b) Tournament bound teams registered in the previous season that do not make a written request prior to the meeting will retain the same tournament bound status.
- c) Teams not registered in the previous season that form after the meeting may register as tournament bound at the Tier 2 level only, unless they are a part of a progression within an existing Association that offered girls teams the previous season.
- d) New teams (not registered the previous season) forming after the meeting are still required to notify the Section President of their intent to go tournament bound.
- e) Tournament bound teams registered in the previous season that wish to change from Tier 2 to Tier 1 must get Section Approval at the Fall Meeting.

2. New Youth, Girls, and High School Associations and their respective teams will not be eligible for Regional, Sectional or other play which leads to NYSAHA Championships for the first year (season) after acceptance by the Section and NYSAHA, unless approved by the NYSAHA Board of Directors.

3. Changes in program type will require the same approval process as a new application.

4. Adult and Senior Women's teams will register with NYSAHA in accordance with USA Hockey guidelines and procedures.

Great Lakes Girls Hockey League Codes of Conduct

I. Code of Conduct for Everyone

- **Behavior toward game officials:** Game officials will be treated with dignity and respect at all times. When questioning officials, proper procedure tempered with good judgment shall be used (e.g., lodge an official protest or have only designated individuals, such as captains, address officials). Under no circumstances shall anyone argue with, use profanity toward, verbally or physically threaten or assault an official.
- **Behavior toward opponents:** Opponents will be treated with dignity and respect at all times. No one shall argue with, make sarcastic remarks to, or use profanity toward opponents. Also, no one shall retaliate should someone make offensive actions towards him or her.
- **Behavior toward coaches:** Coaches will be treated with dignity and respect at all times. No one shall argue with, make sarcastic remarks to, or use profanity toward any coaches. Coaches shall not retaliate should someone make offensive actions towards him or her.
- **Behavior toward fans:** Fans will be treated with dignity and respect at all times. No one shall argue with, make sarcastic remarks to, or use profanity toward fans. Also, no one shall retaliate should someone make offensive actions towards him or her.

II. Players Code of Conduct

- Play for fun and work hard to improve your skills.
- Learn the rules and play by them.
- Be on time for practices and games.
- Give maximum concentration and effort to your coaches both at practices and games.
- Be a team player.
- Learn teamwork, sportsmanship and discipline.
- Give only constructive criticism and positive encouragement to teammates. Remember that negative remarks to teammates undermine the quality of their play and thereby hurt the team in general.
- Respect and appreciate your parents, coaches, teammates, opponents and officials.

III. Coaches Code of Conduct

- Winning is a consideration, but not the only one, nor the most important one. Care more about the child than winning the game. Remember, players are involved with hockey for fun and enjoyment.
- Be a positive role model to your players, display emotional maturity and be alert to the physical safety of players.
- Be generous with your praise when it is deserved; be consistent and honest; be fair and just; do not criticize players publicly; learn to be a more effective communicator and coach; don't yell at players.
- Adjust to personal needs and problems of players; be a good listener; never verbally or physically abuse a player or official; give all players the opportunity to improve their skills, gain confidence and develop self-esteem; teach them the basics.
- Organize practices that are fun and challenging for your players. Familiarize yourself with the rules, techniques and strategies of hockey; encourage all your players to be team players
- Maintain an open line of communication with your players' parents. Explain the goals and objectives of your association.
- Be concerned with the overall development of your players. Stress good health habits and clean living.
- To play the game is great, to love the game is greater.

Great Lakes Girls Hockey League Codes of Conduct

III. Spectators Code of Conduct

- Display good sportsmanship. Always respects players, coaches and officials.
- Act appropriately; do not taunt or disturb other fans. Enjoy the game together.
- Cheer the good plays of all the participants, avoid negative cheering.
- Cheer in a positive manner and encourage fair play; profanity and objectionable cheers or gestures are offensive.
- Help provide a safe and fun environment; throwing objects onto the ice surface can cause injury to players and officials.
- Do not lean over the boards on the glass; the glass surrounding the ice surface is part of the playing area.
- Support the referees and coaches by trusting their judgment and integrity.
- Be responsible for your own safety and remain alert to help prevent accidents.
- Respect locker rooms as private areas for players, coaches, and officials.
- Be supportive after the game, win or lose. Recognize good effort, teamwork, and sportsmanship.

On-Ice officials are directed to stop the game when parents/spectators displaying inappropriate and disruptive behavior interfere with other spectators or the game. The On-Ice officials will identify violators to the coaches for the purpose of removing parents/spectators from the spectator's viewing area. Once removed, play will resume. Lost time will not be replaced, and violators may be subject to further disciplinary action by the Local Governing Body. Examples of inappropriate and disruptive behavior include:

- Use of obscene or vulgar language in a boisterous manner to anyone at any time.
- Taunting of players, coaches, officials, or other spectators by means of baiting, ridiculing, threat of physical violence or physical violence.
- Throwing of any object in the spectator's viewing area, player's bench, penalty bench or on the ice surface, directed in any manner as to create a safety hazard.

Violent Behavior and Contact Above the Shoulder

Ice hockey is a fast paced game that requires the participants to master many skills. Skating, stick handling, passing, shooting and body checking all require certain skills which are unique to the sport of ice hockey. When these skills are properly executed, the speed and beauty of the game are unmatched by any other sport. However, the game has changed recently with the inclusion of reckless and violence at all levels.

USA Hockey is continuing a special emphasis, that started with the "Heads Up Hockey" program, on eliminating violence. All on-ice officials are directed to penalize, in all instances, infractions that fall into the injury potential category. These infractions include boarding, charging, checking from behind, cross checking, elbowing/kneeing, high sticking, roughing and slashing. Special emphasis should also be placed on unnecessary body contact to players who are not in possession and control of the puck and any body contact that results in the opponent being thrown into the boards with excessive force.

In addition, any contact made above the shoulders, intentional or not, should be penalized. All players must be held responsible for playing in a safe and sportsmanlike manner. Reckless use of the stick or body that makes contact above an opponent's shoulder is unacceptable and must be penalized in every instance.

Coaches are directed to teach proper fundamental skills with an emphasis on body contact (see glossary) versus body checking. The use of body check to punish an opponent or to intimidate an opponent will not be tolerated and should be penalized. Coaches and parents are also directed to encourage clean play at all levels and reinforce the decisions of the on-ice officials where players are penalized for the infractions noted above.

Conclusion

As you have probably noticed, the minimal number of rule changes that have been incorporated in Official Playing Rules indicates that the game of hockey is not broken. The goal is USA Hockey is to promote a safe and positive playing environment for all participants with the emphasis on skill development. With the cooperation of all participants (players, coaches, officials and parents) the above "points of emphasis" will support the continuation of these goals for the game of ice hockey at the amateur level.

Great Lakes Girls Hockey League Score Sheet

Reference guide for managers, coaches, referees and score keeper to help you correctly fill out and complete a GLGHL Scoresheet.

A properly filled-out game sheet is required for all GLGHL games

Managers / Coaches

Pre-game

- Please make sure the game identification is filled in: game #, date, time, rink, teams, division Red, White or Blue NTB, 12U, 14U, 16U or 19U TB, level (Tier I or Tier II.)
- All coaches on the bench (maximum of 4) must be certified at the proper level, sign and print their name on the scoresheet, and include his/her coaching certification number and level
- Please make player names and numbers are READABLE
- If using roster labels make sure all the copies of the scoresheet have labels on them and they correspond to the lines on the scoresheet.
- If not using labels for players the Manager or coach should fill out the names, not players
- Fill out participants on the scoresheet in alphabetical order by last name
- A player serving a game suspension SHOULD be listed in the regular place on the roster, but across from the name write "- suspension -". Note player's number, name and team, and "serving suspension" in the comments section. It does not help to see "#4 serving suspension", but no #4 in either roster, and no indication of which team the player is from
- A player who is part of the team and eligible to play, but is not playing, SHOULD be listed as well, but a single line should be draw through the players name If the player arrives late, make sure the "absent" notation is crossed out and the player signs the sheet. Cross out all inactive players.

Post-game

- Make sure you get your copy of the scoresheet; save them for proving playoff eligibility, statistics etc.
- If you are the home team, make sure the white sheet goes where it is supposed to, so the league will get it; lost white sheets can lead to fines and forfeits.
- Check for suspensions right after referee is through; ask questions if there's something you don't understand
- If the coach gets 15 penalties, or a player gets 5 penalties, and the ref does not notice, **the commissioner will**; point it out to the ref and get it noted on the sheet so penalties don't have to levied at a later time. Double minors count as two penalties as does a major and a game.

Referees

Pre-game

- Check that head coaches have the scoresheet
- Playing rosters are filled out WITH NUMBERS
- Count players during warm-ups, see if the roster matches
- If the count does not match roster, inquire as to why (2 players have not shown up, etc.); be certain you know why if the sheet lists fewer players than are on the ice
- A player serving a game suspension SHOULD be listed on the roster, with number, but noted next to the name, they should write "- suspension -", with another notation in the comments section.
- If a player is not present at the beginning of the game, mark "- absent -" across that name, and make sure the score keeper crosses out the "absent" when the player arrives.

During game

- If there's a complicated situation brewing, help the score keeper
- Check in with score keeper between periods for questions
- If a scorekeeper is in the weeds, go suggest to the home team coach that the score keeper might benefit from an experienced helper

Post-game

- READABLE officials' names please
- Check penalties:
- 15 penalties means coach suspension; please write it up
- 5 penalties for 1 player means game misc; please write it up
- Check that double minors are listed and counted as 2 + 2 not a 4
- Check that checking from behind is listed as 2 + 10, not a 12
- Check "served by" penalties are noted correctly

Score Keeper

- Please make sure the game identification is filled in: game #, date, time, rink, teams, division, level
- Note the actual start time and curfew time
- Find out the referee's name and print it legibly, so he/she can be identified for questions later
- It is often easier to write events down on a separate sheet of paper while the referee is telling you something, then transcribe it carefully onto the score sheet; it's easy to write the right thing in the wrong place if you go directly onto the score sheet
- The score keeper has three main responsibilities during the game: recording goals / assists; recording penalties; recording goalie stats; each poses its own challenges
- Score keepers should record times as they appear on the clock.

Goals / Assists

- Record each goal on a line alone; do not leave blank lines
- The number of the player who scored the goal according to the ref is registered in the first box; one or two players may be credited with assists, or none; it's the ref's job to award assists
- Some parents will get very heated over unregistered or incorrect assists; feel sorry for them and try and teach them it's a team game; only with the officials' approval can a score sheet be changed; a wise man once said there's way too much focus on individual stats in youth hockey
- After the game, please note the final score in the upper corners as provided on the score sheet
- If a goal is a power play mark "pp" near the goal number on the left; also mark "sh" for shorthanded, and "en" for empty net

Penalties

- **A penalty is 2, 5 or 10 minutes.** There are no 4 minute penalties (those are recorded as 2 2-minute penalties) and there are no 12-minute penalties (those are recorded as a 2-minute minor and a 10-minute misconduct).
- The wide blank area is for the actual penalty; "rough", "trip", "cross-check"; keep it terse (however, please note there are no "F's in rough; "ruff" is either part of Bridge, or Dennis the Menace's dog); if a penalty is being served by another player, just list the player serving by putting their number in parenthesis after the penalty type; make sure the player who did the deed is listed in the second column
- If a player gets multiple penalties on the same play, the "off" and "start" times of the penalties are different. For example, with 13:00 remaining, player #5 gets 2-and-10 for checking from behind. That is entered on the sheet as 2 separate penalties:

| PER | MIN | NO. | INFRACTION | OFF | ON |
|-----|-----|-----|------------------------|-------|-------|
| 1 | 2 | 5 | Check From Behind (14) | 13:00 | 11:00 |
| 1 | 10 | 5 | Misconduct | 13:00 | :32 |

The (14) says the minor penalty was served by team mate #14. Assuming the other team does not score, #14 re-enters the game at 11:00. Then the 10-minute part of #5s misconduct starts. That player re-enters the game at the first whistle after the 1:00 mark, in this case 0:32.

Another example is a player gets 4 minutes for roughing. Let's say the other team scores after 1:30 of the penalty.

That looks like:

| Per | min. | # | Penalty | Off Ice | On Ice |
|-----|------|---|----------|---------|--------|
| 2 | 2 | 8 | Roughing | 13:00 | 11:30 |
| 2 | 2 | 8 | Roughing | 13:00 | 9:30 |

If you're running the score clock too, and it shows penalties, you post the first penalty as 4:00 minutes. When the other team scores, the clock would read 2:30 remaining. You need to change the clock to read 2:00 at that point.

"Off" and "Start" are different when you have three or more players serving penalties.

| Per | # | Penalty | Min | Off Ice | Start On Ice |
|-----|---|----------|-----|---------|--------------|
| 1 | 2 | Roughing | 2 | 13:00 | 13:00 |
| 1 | 3 | Hooking | 2 | 12:00 | 12:00 |
| 1 | 4 | Slashing | 2 | 11:30 | |

When #4 gets his penalty, his team is already 2 players short. So his penalty does not start until #2's penalty is over. #2 cannot go out on the ice until #3's penalty expires, when his team is entitled to 4 players again. So this one may end up looking like:

| Per | Min | # | Penalty | Off Ice | Start On Ice |
|-----|-----|---|----------|---------|--------------|
| 1 | 2 | 2 | Roughing | 13:00 | 13:00 10:00 |
| 1 | 2 | 3 | Hooking | 12:00 | 12:00 9:00 |
| 1 | 2 | 4 | Slashing | 11:30 | 11:00 8:32 |

In this case, there were no whistles between 11:00 and 8:32. At 10:00, #2 re-entered on the fly when #3's penalty expired, but #3 had to stay in the box. Similarly, when #4's penalty expired, #3 enters on the fly, and #4 must wait for a whistle (8:32).

Try explaining that one to a mite player...

Reminders:

- Keep an eye out for a player receiving 5 penalties in a game and inform the ref when the fifth occurs; that player receives a game misconduct
- Count the penalties at the end of a game; if a team has 15, tell the ref; the coach gets a game misconduct.
- Do not leave blank lines in the penalty section. If all the lines are not used cross them out.
- If a game has more penalties than will fit, the right thing to do is get a second blank score sheet and continue on that.
- Always be alert during the game.
- At the end of the game make sure the scoresheet is complete and accurate. Any last minute information must be recorded prior to it being signed by the referees.
- Cross out any players that did not participate

GLGHL Aggressive Play Policy

Scoresheet Instructions

1. **Level:** Playing Level Tier I or II either Tournament bound TB or non-tournament bound NTB.
2. **Division:** Print the name of the level and division of play i.e.: 10U, 12U, 14U, 16U, 19U, Red, White or Blue Division.
3. **Teams:** List the names of the two teams participating in the game. The home team is listed first and then the Visiting team underneath.
4. **Goals per Period:** Goals per period must also be entered in the spaces provided, as well as the total goals per team for the game.
5. **No., Players Name:** List all rostered players in Alphabetical order by last name. Cross out any players not participating in the game. Players should not have duplicate jersey numbers. Jersey numbers should remain consistent throughout the season. Any change in jersey numbers should be reported to the Division Commissioner and a comment should be listed on the scoresheet.
6. **Goals:** List the goals of the game in the following order:
 - Per.** Write the period when the goal took place.
 - Time:** Record the actual time on the clock not the time elapsed.
 - Goal:** The number of the player that scored the goal
 - Assist:** The number(s) of the player(s) that assisted on the goal. Separate the assists with commas.
7. **Coaches:** All coaches on the roster (Maximum 4) must be listed on the scoresheet. The head coach listed on the roster must be listed first. If the coach is at the game they are required to sign the scoresheet and list their coaching level, card number and the year their coaching level expires. If the coach is not in attendance that coach is to be crossed off the scoresheet.
8. **Penalties:** List all penalties as they occur.
 - Min.** Length of the penalty is listed, (In GLGHL All minor penalties are 2:00 minutes, Double minors are (2) 2:00 minutes penalties, Major penalties are 5:00 minutes, Misconduct penalties are 10 minutes – at 12U Minors 1:30, Majors 3:00, Misconducts 6:00)
 - Per.** List the period that the infraction occurred.
 - No.** List the number of the player receiving the penalty.
Infraction: The penalty name assessed to the player i.e. tripping, roughing, high sticking, game misconduct and or the rule number.
 - Off:** Actual time on the clock when the player was assessed the penalty
 - On:** Time the player leaves the penalty box and goes on to the ice.
9. **Game No.** In this box, list the official game number for the division and level of play. The game numbers are available on the GLGHL web site at (www.glghl.com) If you are unable to locate the master schedule for your division, let the commissioner know promptly.
10. **Date:** Write the correct date the game is being played.
11. **Curfew:** If a curfew is in effect for the game, it must be clearly noted on the scoresheet prior to playing the game. The visiting coach must be notified as such and what device will be used to determine curfew. If there is a curfew clock, write the minutes the clock will be set to in this space (i.e.100 minutes). Once the game has begun, curfew cannot be changed. If there is no curfew, write the words NO CURFEW in the space.
12. **Rink:** Write the arena name where the game is being played.
13. Referees and linesmen: All officials should print their name after the game to verify the accuracy of the scoresheet.
14. **Comments:** The comments section of the score sheet is for any misconducts, protests, suspensions, referee remarks etc. Players on suspension should also be noted here.
- 15.

GLGHL Aggressive Play Policy

- 1) This Policy is intended to provide additional support to the USA Hockey and NYSAHA Playing rules, points of emphasis and not necessarily intended to impose supplementary discipline. This policy is intended to draw attention to the dangerous and/or reckless behavior of participants that will hopefully result in modifications to that behavior, so additional supplementary discipline and lengthy suspensions are not necessary. This policy is directed at both players and Team Officials.

- 2) **Players:** For the purposes of this policy, any of the major penalties that includes a game misconduct, plus any Checking from Behind, Boarding, intent to injure and all Head Contact minor penalties would be defined as an "Aggressive Play Penalty".
 - A) Any Player who incurs **3** Aggressive Play Penalties during a Season in any combination would, following the third such penalty, be required to appear before the GLGHL Disciplinary hearing panel, or its designee, for the purpose of reviewing (with the player and head coach as well as the parents of the player) the penalties that have occurred and the concern that this raises with the League. After review of the penalties, the league may enforce discipline in addition to any mandated suspensions associated with the infractions.

 - B) Violations of the policy requiring the disciplinary panel to take action for a second time in the same season would result in supplementary discipline above and beyond any mandatory suspensions served to date.

 - C) A player, who has appeared before the Disciplinary Panel twice under this rule and incurs a match penalty for an aggressive play penalty, will be automatically suspended from all GLGHL activities for the duration of the season including playoffs and championship games. A request will also be made to the section President to extend the suspension to all USA Hockey activities.

- 3) **Head Coach:** a coach whose team has incurred 8 or more Designated Aggressive play penalties over a season will be required to respond in writing to the disciplinary chair within 5 days, addressing the penalty issue and their coaching methods. For this purpose, "Designated Aggressive Play Penalties" shall be the penalties relating to Checking From Behind, head contact, Boarding, intent to injure, game misconducts and match penalties. The team's Manager will be required to attend the hearing also. The coach and the manager will be expected to explain the steps that they are taking to curtail this behavior. If not satisfactory to the Disciplinary Panel, then supplementary discipline can be imposed by the Disciplinary Panel at its discretion.
 - A) The Head Coach of the Team for each player who appears before the Disciplinary Panel under this policy will also be required to appear with the player. The Head Coach will be asked to explain what steps he or she has taken, both with the team and with this player to reduce the incidence of Aggressive Play. Where circumstances warrant, the panel can impose supplementary discipline on the Head Coach by way of a suspension.