Divers:

Here is the info for this year’s dive season. I look forward to seeing all my returning divers as well as meeting all the new divers who are interested in learning about this great sport. Last year I coached 8 different schools and we train together which makes for great meet support and competition.

Practices will be at NC State swimming complex and practices will start on November 2nd. **I would like everyone to meet at 5:45pm in the stands near the diving boards** (I will be there waiting for you, the big bald guy, for those who don’t know me). We need to get some general info out and complete email/contact lists before we get in the pool. Practices will start at 6pm on M,W,F for the season.

**Diving Practice Dates**

November-2, 4, 6, 9, 11, 13, 16, 18, 23, 30

December-2, 4, 7, 9, 14, 16 , 22, 28, 30

January-4,6,8,11,13,16, 20, 22, 25, 27

February 1, 3, 8, 10

**Dive Meets**

December 11

January 8

January15

Conference Meets- January 28

Regional and State meet info will come later this month after the coaches meeting.

You must complete one regular meet to be eligible for the conference championship meet. Top 16 places will move to the regional meet and the top 8, at regions, will move on to the State Championship meet. For these last two meets, you will be released from school around noon because they usually start around 1:30pm and last about 2 – 3 hours for both girls and boys competitions. This year I believe the guys compete first and the girls finish the night.

If you have any questions please contact me via email or text my cell

Coach Dick Wesendunk

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