

## **Patrick Schoonover Heart Foundation**

November 1, 2015

Dear students, volunteers and community members,

The Halloween Play for Patrick Heart Screening was a tremendous success!

Out of the 250+ kids screened, we found 9 structural abnormalities, one electrical abnormality and four kids with hypertension. Out of those kids, one finding was potentially very serious if undiagnosed, in some cases requiring heart and lung transplant if untreated. Thankfully, with the early detection and treatment, the student will do very well and likely not have any long-term negative consequences.

It was a great reminder of why we do this and how much impact these types of screens can have on the health of our kids. Of the abnormalities found, none of the structural abnormalities would have been picked up without the use of echocardiography. They had no clear symptoms, no murmurs and no specific ECG abnormalities. We are thankful for the skill and expertise of our Cardiac Sonographers and the sonographer students who made the echo portion of our screening so successful.

I would also like to thank Dr. Scott Benson (from Apple Valley Medical Center), Dr. Saira Mitha (Southdale Pediatric Assoc), Dr. Barbara Hansen (Southdale Pediatric Assoc) and Dr. Jennifer Block (Northfield Hospital) for donating their time and spending the day with us!

While we cannot identify all causes and risks of sudden cardiac death and no screening can give a 100% guarantee of safety, it was a fun day of volunteerism, community spirit and a day very well spent in my opinion!

A big thank you to all our medical and non-medical volunteers for a fun, educational and fulfilling day. We hope you will spread the word and that we will see you at our next screening on January 16<sup>th</sup>, 2016!

Charles Kim, MD & the Play for Patrick Team