AN ACT Relating to the awareness of sudden cardiac arrest for
students engaged in athletic activity; adding a new section to
chapter 28A.345 RCW; adding a new section to chapter 28A.320 RCW; and
creating new sections.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

NEW SECTION. Sec. 1. The legislature finds that sudden cardiac
death is the result of an unexpected failure of proper heart function
that may occur during or immediately after exercise. The legislature
further finds that it has been reported that cardiac arrest is the
leading cause of death in young athletes. The legislature finds that
approximately one in two hundred fifty young athletes has a heart
disorder that may increase his or her risk of sudden cardiac arrest.
The legislature intends to make students engaged in athletic
activity, their families, and coaches aware of sudden cardiac arrest.

NEW SECTION. Sec. 2. A new section is added to chapter 28A.345
RCW to read as follows:
(1) The Washington state school directors’ association, in
collaboration with a nonprofit organization that educates communities
about sudden cardiac arrest in young athletes and the University of
Washington center for sports cardiology, shall develop and make
available an online pamphlet that provides students engaged in
athletic activity, their parents or guardians, and coaches with
information about sudden cardiac arrest. The online pamphlet must
include information on the nature, risk, symptoms and warning signs,
prevention, and treatment of sudden cardiac arrest. The online
pamphlet shall be posted on the office of the superintendent of
public instruction's web site.

(2) The Washington state school directors' association, in
collaboration with an organization that provides educational training
for safe participation in athletic activity, shall make available an
existing online sudden cardiac arrest prevention program for coaches.

(3) The definitions in this subsection apply throughout this
section.

(a) "Athletic activity" means interscholastic sports; an athletic
contest or competition, other than interscholastic sports, that
is sponsored by or associated with a public school district, including
cheerleading and club-sponsored sports activities; and any practice
or interschool practice or scrimmage for those sports or activities.

(b) "Coaches" means any persons responsible for the supervision
of students engaged in athletic activity, including volunteers and
full-time and part-time employees of a school district.

NEW SECTION. Sec. 3. A new section is added to chapter 28A.320
RCW to read as follows:

(1) School districts shall disseminate information on how to
access the online pamphlet described in section 2 of this act to
students who will be engaged in athletic activity, their parents or
guardians, and coaches who supervise these students.

(2) School districts shall hold an informational meeting at the
beginning of each school year that reviews the nature, risk, symptoms
and warning signs, prevention, and treatment of sudden cardiac
arrest. Students engaged in an athletic activity, their parents or
guardians, coaches, athletic trainers, school and team physicians,
school nurses, and other school officials may attend the meeting.
School districts may collaborate with nonprofit organizations that
educate communities about sudden cardiac arrest in young athletes to
hold the informational meeting.

(3) Beginning in the 2015-16 school year and in each school year
thereafter, school districts shall have students who will be engaged
in an athletic activity and their parents or guardians sign a form
that states they reviewed the online pamphlet described in section 2 of this act. The forms shall be returned to the school district before students engage in any athletic activity each school year.

(4) Beginning in the 2015-16 school year and in each school year thereafter, school districts shall require coaches to complete the online sudden cardiac arrest prevention program described in section 2 of this act before the start of the first athletic activity that the person is scheduled to coach. Coaches shall provide a certificate showing completion of the online sudden cardiac arrest prevention program to the school district every four years.

NEW SECTION.  Sec. 4. This act may be known and cited as the sudden cardiac arrest awareness act.

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