



Coaches Program

NCCP Instructional Stream & NCMP Specialty Clinic Overview

NCCP Instructional Stream & NCMP Specialty Clinics are a series of clinics that offer coaches practical sessions on teaching skills and tactics. These 3 hour clinics are composed of in-class and on-ice sessions and are facilitated by OMHA Instructors trained by Hockey Canada.

The focus of these clinics is to assist the coach in developing the knowledge and skills to teach and develop age appropriate skills (based upon Hockey Canada's Long Term Player Development model). Coaches can earn Professional Development credit towards renewal of NCCP certification. In the Instructional Stream, Coaches can work towards 'certified' status in each of the 5 streams as designated by the NCCP program of the CAC.

[>> NCCP Instructional Stream Chart](#)

Clinic Modules

NCCP INSTRUCTIONAL STREAM

- Skating I
- Skills I
- Developing Defensemen I
- Checking Skills I
- Goaltending I

NCMP SPECIALTY CLINICS

- Small Area Games
- Planning a Practice

Target Audience

All OMHA Coaches - Initiation up to U21

Participants must be a minimum of 16 years of age

Clinic Format

Each Instructional Stream and Specialty Clinic will consist of two components:

1. A Classroom Session – 90 minutes;
2. On-Ice Session – 90 minutes

Professional Development (PD) Credits

All NCCP Instructional Stream clinics carry a value of 5 Professional Development credits and NCMP Specialty Clinics carry a value of 3 Professional Development credits.

Clinic Hosting Criteria

A Local Minor Hockey Association wishing to book an Instructional Stream Clinic or Specialty Clinic must provide/or have in place the following items:

1. Local MHA Development Contact / Technical Director / Head Coach
2. Arrange a Meeting Room suitable for the projected number of participants (Classroom setting including table & chairs)
3. AV items including a laptop computer, LCD projector, screen and flip chart
4. Ice time sufficient for the presentation of the specialty skills (90 minutes per module)
5. Attendance by at least 12 coaches (maximum 24).
6. **TRAINER AT ICE SESSION** - Clinic Host will be required to have a Certified Trainer available at the player bench for all on-ice sessions.

Clinic Descriptions & Requirements

Skating

Efficient and effective skating is the foundation for all other hockey skills. Skating ability is directly related to puck control, shooting, and checking, and improving a player's skating ability works towards improving all aspects of his/her game and greatly enhance their enjoyment of the game. Curriculum includes: Balance & Agility; Edge Control; Striding; Backward Skating; Turning & Crossovers

Meeting room & Ice
No other specific requirements

Skills

Develop the ability to confidently lead players through skill specific drills and then link them to game application. Learn how to teach skills for technique and results, and develop an understanding of the components required for skill acquisition.

Meeting room & Ice
No other specific requirements

Developing Defensemen

Coaches are introduced to the basic principles of defensive skating, regroup, neutral zone play, defensive zone 1-on-1 play, shooting, and individual breakout skills. The on-ice portion demonstrates drills focusing on these skills.

Meeting room & Ice
No other specific requirements

Checking

Checking is a critical skill in the game of hockey that when performed properly can create quality scoring opportunities or help a team regain control of the puck. Curriculum includes the 4 Step Progression for Checking

Meeting room & Ice
On-ice portion of Clinic may include Players since the drills are competitive in nature and involve body contact

Goaltending

Goaltending is a specialized position that minor hockey coaches often find challenging to lead and teach. Learn the foundation of technical skills including skating, stance, moving, positioning, save selection and puck control. Along with the technical aspect of goaltending, coaches will be introduced to practice utilization, communication and specific drills related to goaltending.

Meeting room & Ice
Require 4 nets on the ice (minimum)
Goaltenders are required for the on-ice portion of Clinic

Small Area Games

Every practice should contain some form of game-situation and competitive drills, but not necessarily through traditional scrimmage activities. Small area games allow more players to be active, while handling the puck in a smaller area and making quicker decisions. Coaches can work on technical skills, individual tactics and team tactics in a manner that is seen as fun by the players.

Require 4 nets on the ice (minimum)
On-ice portion of Clinic may include Players/Goaltenders since the drills are competitive in nature

Initiation Program

Creative offense is the key to generating scoring chances. Skating, puck control, and shooting skills are used in combination as Individual Offensive Tactics to deceive or beat a defender. It's the mastery of these fundamental skills, combined with creativity that makes dangerous offensive players.

Meeting room & Ice
Initiation-aged Players are required for the on-ice portion of Clinic

Planning a Practice

The practice is the basic preparation unit for the athlete and links to the overall Seasonal Plan. It is the fundamental building block of coaching. Skills are learned, conditioning is achieved, and confidence is built.

Meeting room
No on-ice component

Coaching Days

Local Minor Hockey Associations can also choose to host a ‘Coaching Day’ – featuring two (2) Instructional Stream or Specialty Clinic modules on the same day.

Clinic Fees

One Clinic	\$20.00 (\$17.70 + \$2.30.96 HST) per participant
Coaching Day – 2 clinics / same day	\$35.00 (\$30.97 + \$4.03 HST) per participant

- Clinics require a Minimum attendance of 12 participants and a Maximum attendance of 24
- Payment to **‘ONTARIO MINOR HOCKEY ASSOCIATION’** must be remitted prior to clinic completion. This is the responsibility of the Host Centre. Host Centres are responsible to fulfill all obligations regarding minimum clinic participant requirements. In cases where attendance is below the minimum of 12, the Host Centre is responsible for submission of the Fee based upon the minimum number of participants. (i.e. \$20.00 X 12 participants = \$240.00).
- If possible, a Representative of the Host Association should be present to assist as required.
- Host Centres may build costs for incidental expenses (i.e. Facility rentals) into the Participant Registration Fee, and should be factored in on a Pro Rata / Per Participant shared basis.
- **Note: Clinics must be operated on a cost-recovery basis and not as a source of revenue generation for the Host Centre.**

Clinic Booking Details

- Local MHA’s interested in hosting an NCCP Instructional Stream or NCMP Specialty Clinic complete the Booking Form and submit to the Coaching Program Chair and copy to the OMHA Office. *Contact information is provided below:*

TOM BLY

OMHA COACHING PROGRAM CHAIR
tom.bly@omha.net
Phone: 705-229-8538

MICHAEL DUNDAS

MANAGER, HOCKEY DEVELOPMENT
michael.dundas@omha.net
Phone: 905.780.2152

MARK KRAWCZYK

MANAGER, HOCKEY DEVELOPMENT
mark.krawczyk@omha.net
Phone: 905.780.2169