



FC-1 Academy 2015-2016 Practice Schedule

FC-1 Girls Teams	Coach	Monday	Tuesday	Wednesday	Thursday
Girls U12 Elite	Kyle/Casey	4:30-6:00 PM - ACC	4:30-6:00 PM - Techny		4:30-6:00 PM - CWP-6
Girls U12 Select	Peter	6:00-7:30 PM - ACC	6:00-7:30 PM - CWP-1		6:00-7:30 PM - CWP-1
Girls U13 Elite	Kyle	6:00-7:30 PM - ACC	6:00-7:30 PM - Techny		6:00-7:30 PM - CPW-6
Girls U13 Premier	Steve	6:00-7:30 PM - ACC	5:30-7:00 PM - CPW-1		5:30-7:00 PM - CPW-1
Girls U13 Select	Steve	7:30-9:00 PM - ACC		6:00-7:30 PM - CPW-1	7:00-8:30 PM - CPW-1
Girls U14 Elite	Svet	6:00-7:30 PM - ACC	8:00-9:30 PM - Techny		6:30-8:00 PM - CWP-6
Girls U14 Premier	Tong	4:30-6:00 PM - CWP-1	4:30-6:00 PM - CWP-1		5:00-6:30 PM - ACC
Girls U14 Select	Peter	4:30-6:00 PM - ACC	4:30-6:00 PM - CWP-1		4:30-6:00 PM - CWP-1
Girls U15 Elite	Svet	7:30-9:00 PM - ACC	6:30-8:00 PM - Techny		8:00-9:30 PM - CWP-6
Girls U15 Premier	Tong	6:00-7:30 PM - CWP-1	6:00-7:30 PM - CWP-1		6:30-8:00 PM - ACC
Girls U15 Select	Jay	7:00-8:30 PM - CPW-6		7:00-8:30 PM - CPW-6	6:30-8:00 PM - ACC
Girls U16 Elite	Issac		7:30-9:00 PM - Techny	7:30-9:00 PM - ACC	7:30-9:00 PM - CPW-6
Girls U16 Select	Albert	7:30-9:00 PM - CPW-6	7:30-9:00 PM - CPW	7:30-9:00 PM - ACC	
Girls U17/18 Elite	Kyle	7:30-9:00 PM - ACC	7:30-9:00 PM - Techny		7:30-9:00 PM - CPW-6
Girls U17/18 Select	Matty		7:30-9:00 PM - Techny	7:30-9:00 PM - ACC	7:30-9:00 PM - CPW-6

FC-1 Boys Teams	Coach	Monday	Tuesday	Wednesday	Thursday
Boys U12 Elite	Jay	5:30-7:00 PM - CPW		5:30-7:00 PM - CPW	5:00-6:30 PM - ACC
Boys U13 Elite	Issac	7:30-9:00 PM Vel	4:30-6:00 PM - Techny		4:30-6:00 PM - CWP-6
Boys U13 Select	Matty	7:30-9:00 PM Vel	4:30-6:00 PM - Techny		4:30-6:00 PM - CWP-6
Boys U14 Elite	Issac	8:30-10:00 PM Vel	6:00-7:30 PM - Techny		6:00-7:30 PM - CPW-6
Boys U14 Select	Matty	8:30-10:00 PM Vel	6:00-7:30 PM - Techny		6:00-7:30 PM - CPW-6

GK Training - starts August 18th, ends November 3rd

	Tuesday
GK Girls & Boys U12-U14	6:00-7:30 PM - CPW
GK Girls U15-U18	7:30-9:00 PM - CPW

Important! Accelerated Center & Techny Starts Aug 24

Important! Veledrome Starts Sep 14