



**RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK
AND INDEMNITY AGREEMENT ("AGREEMENT")**

In consideration of participating in gymnastics I represent that I understand the nature of this Activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the Activity. I fully understand that this Activity involves risks of serious bodily injury, including permanent disability, paralysis, and death, which may be caused by my own actions or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releases named below"; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, cost, and damages I incur as a result of my participation in the activity.

I hereby release, discharge, and covenant not to sue The Laketown Gym, its respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "releases" herein) from all liability, claims, demands, losses, or damages, on my account caused or allowed to be caused in whole or in part by the negligence of the "releases" or otherwise including the negligent rescue operations and future agree that if, despite the release waiver of liability and assumption of risk, I or anyone on my behalf makes a claim against and of the Releasees, I will indemnify, save and hold harmless each of the Releasees from any loss, liability damage or cost, which may incur as a result of such claim.

I have read the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT, I understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance of notwithstanding, shall continue in full force.

Use of Photographs, Videotapes and Recordings

I also expressly grant Laketown Gymnastics and any third party authorized by Laketown Gymnastics the right to film, videotape, photograph, record the voice of, and make any reproduction of the athlete's physical likeness and voice and the irrevocable right in perpetuity to use, display, and digitally enhance or alter in any manner, such likeness in any media now known or hereafter devised, including but not limited to the exhibition and or/online use, broadcast, theatrically or on television, cable, or radio, or any motion picture film video tape, DVD, CD, or any published articles in which such likeness may be printed, used, or incorporated, and in the advertising, exploiting and publicizing of Laketown Gymnastics and our products.

Parental Consent

AND I, the minor's parent and/or legal guardian, understand the nature of the above referenced activities and the Minor's experience and capabilities and believe the minor to be qualified to participate in such Activity. I hereby Release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims demands, losses or damages on the minor's account including negligent rescue operations, and further agree that if, despite this release, I, the Minor or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the releases from any litigation expenses, attorney fees, loss liability, damage or cost any Releasee may incur as the result of any such claim.

Printed name of Participant

Printed name of Parent or Legal Guardian

Date _____

Signature of Parent or Legal Guardian