



## Athletic Eligibility Forms Packets

The on-line athletic eligibility forms packet contains most of the required documents for athletic eligibility. Forms must be completed in their entirety and require the signature of the student-athlete and the parent/guardian. The school athletic director will determine the deadline for the return of these forms at their school. These forms are required for participation in athletics at the school. Note: These forms do not constitute all required proofs/information for athletic participation.

### Families have the option to

1. Complete the on-line forms and submit them to the school athletic director electronically; print the remaining forms and deliver them to the school athletic director when completed
2. Print the entire forms packet, complete all forms by hand, deliver the entire packet to the school athletic director when completed

### INSTRUCTIONS

1. Complete each form in their entirety and type in your signature and date where noted. *Your electronic signature has the same legal effect and can be enforced in the same way as a written signature and by typing your name to the form you are electronically signing each document.*
2. The first seven (7) forms can be completed on-line. Note: athletes who participate in football and another sport(s) should complete both the football and the all other sport insurance forms. When these forms are completed in their entirety and signed, save the form package to your computer and email it to your school athletic director.  
Name the form: *sport-year-last name-first name*  
Example:volleyball-2018-smith-mary
3. Print and complete the remaining five (5) forms, add the required two proofs of residence and hand deliver the completed package to your school athletic director.
  - a) Confirmation of Signed Athletic Eligibility Forms
  - b) NCHSAA High School Pre-Participation Exam Form (*Requires signature of physician*)
  - c) 2018-19 CMC Medical Release of Information-Student (English or Spanish)
  - d) Child Nutrition notification letter from CMS child nutrition office
  - e) Two (2) proofs of residence
4. Information you provide must be complete, accurate and truthful. False and/or inaccurate information may result in a 365-day athletic ineligibility period for the student-athlete who signs the forms.

**I understand that an electronic signature has the same legal effect and can be enforced in the same way as a written signature and by typing my name, I am electronically signing this document.**

**Please speak with your school athletic director if you have questions about athletic eligibility.**

**Charlotte-Mecklenburg Schools High School Athletic Eligibility Certification Form**  
**TAB THROUGH FORM & TYPE INFORMATION or PRINT FORM AND WRITE INFORMATION**  
*(Completed and signed form is required prior to any athletic participation)*

Name of student-athlete (*print*): \_\_\_\_\_ Sport: \_\_\_\_\_ Grade: \_\_\_\_\_  
 Home Phone: \_\_\_\_\_ Student Cell: \_\_\_\_\_ Parent / Legal Custodian Cell: \_\_\_\_\_

**Domicile:** The fixed and permanent dwelling place where a person intends to live for an indefinite period of time.  
 A person may have only one domicile and a minor's domicile is the same as his/her parents.

<p><b>1. Domicile of student-athlete</b></p> <hr/> Street Address – <i>please print</i> _____ City, State, Zip Code _____	<p><b>2. Domicile of mother</b></p> <hr/> Street Address – <i>please print</i> _____ City, State, Zip Code _____
<p><b>3. Domicile of father - if different from domicile of mother</b></p> <hr/> Street Address – <i>please print</i> _____ City, State, Zip Code _____	<p><b>4. Domicile of legal custodian or hardship caregiver (if applicable)</b></p> <hr/> Street Address – <i>please print</i> _____ City, State, Zip Code _____

**RESIDENCY HISTORY**

Name of all individuals who reside at the domicile of the student-athlete ( <i>print</i> )	Relationship to Student-athlete ( <i>print</i> )
_____	_____
_____	_____

List other addresses where you have lived in the last 12 months. *Print* the street, house or apartment number, city and zip.

\_\_\_\_\_

\_\_\_\_\_

**PROOFS OF RESIDENCY**

One document from **both** column A and column B must be submitted with this signed pre-participation form.  
 These documents are for address verification and must all reflect the address provided for residency eligibility.

Column A	Column B
<ul style="list-style-type: none"> <li>• Copy of Deed OR record of most recent mortgage statement</li> <li>• Copy of full Lease (including Charlotte Housing Authority and HUD leases) and proof of most recent payment if the lease is outdated or month-to-month</li> <li>• HUD Closing Statement</li> <li>• Residency Affidavit from landlord affirming tenancy AND record of most recent rent payment, if applicable</li> <li>• Affidavit of Residence and Student Hardship Status</li> <li>• Section 8 agreement</li> <li>• Letter from approved agency (group &amp; foster home purposes only)</li> </ul>	<p>A utility bill or work order dated within the past 30 days, including:</p> <ul style="list-style-type: none"> <li>• Gas bill</li> <li>• Water bill</li> <li>• Electric bill</li> <li>• Telephone bill</li> <li>• Cable bill</li> </ul> <p><b>- OR -</b></p> <p>Dated within the past 60 days:</p> <ul style="list-style-type: none"> <li>• Payroll stub</li> <li>• Bank or credit card statement</li> </ul> <p><b>- OR -</b></p> <p>Dated within the past year:</p> <ul style="list-style-type: none"> <li>• W-2 form</li> <li>• Vehicle tax bill</li> <li>• Property tax bill</li> <li>• Medicaid Card</li> </ul>

**ENROLLMENT HISTORY**

Where did the student attend school the previous year? (*print*) \_\_\_\_\_  
 Student has been enrolled \_\_\_\_\_ consecutive semester(s) at \_\_\_\_\_ High School  
 The previous semester the student attended \_\_\_\_\_ School in \_\_\_\_\_  
 Student-athlete initially entered the ninth grade in the fall of (year) \_\_\_\_\_ City, State

**CONVICTIONS**

Yes  No Student has been convicted of or entered a plea of no contest to a felony

- \*\*\*\*\*
1. My signature certifies I have read and I understand the definition of domicile provided on this form
  2. My signature certifies my domicile is located at the address listed on this form
  3. My signature certifies the address provided on this form matches the address listed in Power School for the student-athlete and parent/legal custodian
  4. My signature certifies the address provided has been my domicile since on or about the \_\_\_\_\_ day of \_\_\_\_\_  
 Date Month Year
  5. My signature verifies all information provided on this form is accurate and true and that I agree to provide additional specific and current proofs of domicile if requested by school or district administration
  6. My signature verifies I understand that failure to provide accurate and up-to-date information may be grounds for loss of athletic eligibility

\_\_\_\_\_  
**SIGNATURE of Student-Athlete** **Date**

\_\_\_\_\_  
**SIGNATURE of Parent or Legal Custodian/Guardian** **Date** **Print Name of Parent or Legal Custodian/Guardian**

I understand that an electronic signature has the same legal effect and can be enforced in the same way as a written signature and by typing my name in the packet; I am electronically signing those documents.

**Charlotte-Mecklenburg Schools**  
**High School Student-Athlete Pre-Participation Form**  
**TAB THROUGH FORM & TYPE INFORMATION OR PRINT FORM AND WRITE INFORMATION**

**PERSONAL & EMERGENCY CONTACT INFORMATION**

**Student-Athlete's Name** (First, MI, Last): \_\_\_\_\_ CMS Student ID # \_\_\_\_\_  
 Gender:  M  F Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
 Resides At Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ County: \_\_\_\_\_

**Father's Name:** \_\_\_\_\_ Daytime Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
 Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ County: \_\_\_\_\_

**Mother's Name:** \_\_\_\_\_ Daytime Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
 Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ County: \_\_\_\_\_

*If applicable...* **Guardian's Name:** \_\_\_\_\_ Daytime Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
 Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ County: \_\_\_\_\_

- If student-athlete resides with other than parent(s), attach legal documentation of custody (guardianship or affidavit provided by Student Placement)
- If parents are separated or divorced, provide proof of court custody. If no custody order is available, provide documentation signed by both parents showing address of record for the student-athlete

**Failure to provide accurate and up-to-date residence information may be grounds for loss of athletic eligibility**

Family Physician/Pediatrician: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Preferred Hospital: \_\_\_\_\_ Permission to Transport:  Yes  No

**SPORT (check all sports you are considering to participate in)**

	Fall	Winter	Spring
<input type="checkbox"/>	Cheerleading	<input type="checkbox"/>	Basketball - Men's
<input type="checkbox"/>	Cross Country - Men's	<input type="checkbox"/>	Basketball - Women's
<input type="checkbox"/>	Cross Country - Women's	<input type="checkbox"/>	Cheerleading
<input type="checkbox"/>	Football	<input type="checkbox"/>	Indoor Track - Men's
<input type="checkbox"/>	Golf - Women's	<input type="checkbox"/>	Indoor Track - Women's
<input type="checkbox"/>	Soccer - Men's	<input type="checkbox"/>	Swimming/Diving - Men's
<input type="checkbox"/>	Tennis - Women's	<input type="checkbox"/>	Swimming/Diving - Women's
<input type="checkbox"/>	Volleyball - Women's	<input type="checkbox"/>	Wrestling
	<i>Weightlifting may be a required component of conditioning for any sport.</i>		<input type="checkbox"/>
			Track - Men's
			Track - Women's

**INSURANCE**

School Board Policy JLA requires that all students who participate in athletics be adequately covered by medical or accident insurance. We acknowledge that it is the signed responsibility to notify CMS of any changes that occur to the personal insurance policy below and affect the procedures in which the above-named individual may receive treatment; this includes loss of coverage. We certify that we have purchased and will maintain in full force and effect during student-athlete's participation in athletics the following insurance policy:

Check One:  School Accident Insurance  Personal Insurance Company

Name of Insurance Company \_\_\_\_\_ Policy Number \_\_\_\_\_ Group Number \_\_\_\_\_

Insurance Phone for Authorization \_\_\_\_\_ Policy Holder \_\_\_\_\_

**RELEASE**

In consideration of CMS allowing the above-named individual to participate in athletics, we agree to release and hold CMS, its athletic coaches, and other employees free, harmless and indemnified from and against any and all claims, suits, or causes of action arising from or out of injury that the student-athlete may suffer from participation in athletics other than an injury from gross or willful negligence.

**ASSUMPTION OF RISK**

We acknowledge and understand that there is a risk of injury involved in athletic participation. We understand that the student-athlete will be under the supervision and the instructions of the coach in order to reduce the risk of injury to the student-athlete and other athletes. However, we acknowledge and understand that neither the coach nor CMS can eliminate the risk of injury in sports. Injuries may and do occur. Sports injuries can be severe and in some cases may result in permanent disability or even death. We freely, knowingly, and willfully accept and assume the risk of injury that might occur from participation in athletics.

**HIPAA / FERPA RELEASE**

The above named student-athlete has opted his/her rights under the US Department of Health and Human Resources guidelines. By signing this release, the student-athlete allows sharing of medical information between the Sports Medicine Staff (team physicians and medical staff, athletic trainers, and student assistants), the CMS Athletics Staff (Athletic Director and Coaches), CMS Administration and his/her medical provider(s). In the event of an emergency situation, information may be shared with emergency medical personnel. Every reasonable effort will be made to protect this information. It is understood that once this medical information is disclosed, it is no longer protected under the HIPAA/FERPA guidelines.

We (student and parents) certify that the home address shown in this document is the student-athlete's sole bona fide residence, and we will notify the school principal immediately of any change in residence, since such a move may alter the eligibility status of the student-athlete. All information contained in this form is accurate and correct.

**Student-Athlete Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**I understand that an electronic signature has the same legal effect and can be enforced in the same way as a written signature and by typing my name in the packet; I am electronically signing those documents.**



## Gfeller–Waller NCHSAA Student–Athlete & Parent/Legal Custodian Concussion Information Sheet

**What is a concussion?** A concussion is an injury to the brain caused by a direct or indirect blow to the head. It results in your brain not working as it should. It may or may not cause you to black out or pass out. It can happen to you from a fall, a hit to the head, or a hit to the body that causes your head and your brain to move quickly back and forth.

**How do I know if I have a concussion?** There are many signs and symptoms that you may have following a concussion. A concussion can affect your thinking, the way your body feels, your mood, or your sleep. Here is what to look for:

Thinking/Remembering	Physical	Emotional/Mood	Sleep
Difficulty thinking clearly	Headache	Irritability-things bother you more easily	Sleeping more than usual
Taking longer to figure things out	Fuzzy or blurry vision	Sadness	Sleeping less than usual
Difficulty concentrating	Feeling sick to your stomach/queasy	Being more moody	Trouble falling asleep
Difficulty remembering new information	Vomiting/throwing up	Feeling nervous or worried	Feeling tired
	Dizziness	Crying more	
	Balance problems		
	Sensitivity to noise or light		

*Table is adapted from the Centers for Disease Control and Prevention (<http://www.cdc.gov/concussion/>)*

**What should I do if I think I have a concussion?** If you are having any of the signs or symptoms listed above, you should tell your parents, coach, athletic trainer or school nurse so they can get you the help you need. If a parent notices these symptoms, they should inform the school nurse or athletic trainer.

**When should I be particularly concerned?** If you have a headache that gets worse over time, you are unable to control your body, you throw up repeatedly or feel more and more sick to your stomach, or your words are coming out funny/slurred, you should let an adult like your parent or coach or teacher know right away, so they can get you the help you need before things get any worse.

**What are some of the problems that may affect me after a concussion?** You may have trouble in some of your classes at school or even with activities at home. If you continue to play or return to play too early with a concussion, you may have long term trouble remembering things or paying attention, headaches may last a long time, or personality changes can occur. Once you have a concussion, you are more likely to have another concussion.

**How do I know when it's ok to return to physical activity and my sport after a concussion?** After telling your coach, your parents, and any medical personnel around that you think you have a concussion, you will probably be seen by a doctor trained in helping people with concussions. Your school and your parents can help you decide who is best to treat you and help to make the decision on when you should return to activity/play or practice. Your school will have a policy in place for how to treat concussions. You should not return to play or practice on the same day as your suspected concussion.

***You should not have any symptoms at rest or during/after activity when you return to play, as this is a sign your brain has not recovered from the injury.***

*This information is provided to you by the UNC Matthew Gfeller Sport–Related TBI Research Center, North Carolina Medical Society, North Carolina Athletic Trainers' Association, Brain Injury Association of North Carolina, North Carolina Neuropsychological Society, and North Carolina High School Athletic Association.*

## Gfeller-Waller NCHSAA Student-Athlete & Parent/Legal Custodian Concussion Statement Form

Instructions: The student athlete and his/her parent or legal custodian, must initial beside each statement acknowledging that they have read and understand the corresponding statement. The student-athlete should initial in the left column and the parent or legal custodian should initial in the right column. Some statements are applicable only to the student-athlete and should only be initialed by the student-athlete. This form must be completed for each student-athlete, even if there are multiple student-athletes in the household.

Student-Athlete Name: (please print) \_\_\_\_\_

Parent/Legal Custodian Name(s): (please print) \_\_\_\_\_

Student-Athlete Initials		Parent/Legal Custodian(s) Initials
	A concussion is a brain injury, which should be reported to my parent(s) or legal custodian(s), my or my child's coach(es), or a medical professional if one is available.	
	A concussion cannot be "seen." Some signs and symptoms might be present immediately; however, other symptoms can appear hours or days after an injury.	
	I will tell my parents, my coach and/or a medical professional about my injuries and illnesses.	Not Applicable
	If I think a teammate has a concussion, I should tell my coach(es), parent(s)/ legal custodian(s) or medical professional about the concussion.	Not Applicable
	I, or my child, will not return to play in a game or practice if a hit to my, or my child's, head or body causes any concussion-related symptoms.	
	I, or my child, will need written permission from a medical professional trained in concussion management to return to play or practice after a concussion.	
	Based on the latest data, most concussions take days or weeks to get better. A concussion may not go away, right away. I realize that resolution from a concussion is a process that may require more than one medical visit.	
	I realize that ER/Urgent Care physicians will not provide clearance to return to play or practice, if seen immediately or shortly after the injury.	
	After a concussion, the brain needs time to heal. I understand that I or my child is much more likely to have another concussion or more serious brain injury if return to play or practice occurs before concussion symptoms go away.	
	Sometimes, repeat concussions can cause serious and long-lasting problems.	
	I have read the concussion symptoms listed on the Student-Athlete/ Parent Legal Custodian Concussion Information Sheet.	
	I have asked an adult and/or medical professional to explain any information contained in the Student-Athlete & Parent Concussion Statement Form or Information Sheet that I do not understand.	

**By signing below, we agree that we have read and understand the information contained in the Student-Athlete & Parent/Legal Custodian Concussion Statement Form, and have initialed appropriately beside each statement.**

\_\_\_\_\_  
Signature of Student-Athlete

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Legal Custodian

\_\_\_\_\_  
Date

# HIGH SCHOOL FOOTBALL ONLY **GREEN FORM**

## NOTICE AND RELEASE

**IMPORTANT: THIS NOTICE AND RELEASE MUST BE SIGNED AND RETURNED BEFORE YOUR STUDENT-ATHLETE CAN PARTICIPATE IN THE SENIOR HIGH FOOTBALL PROGRAM.**

**To:** Parents of students interested in participating in the Senior High Football Program

**Subject:** Student Accident Insurance – Senior High Football

**Please read this Notice and Release carefully and make sure that you understand its provisions before deciding whether to permit your student-athlete to participate in the Senior High Football Program.**

1. The Charlotte-Mecklenburg School System provides accident insurance in the amount of \$50,000 at no charge for all students participating in the Senior High Football Program. **The Senior High Football accident insurance benefits provided by the school system will apply only toward those covered expenses in excess of expenses recoverable from other insurance.** This means that any applicable personal insurance that you may carry would apply first, and the Senior High Football Accident Insurance would apply only to those covered expenses not paid by your other insurance. If you do not have other insurance, the Senior High Football Accident Insurance will pay toward covered expenses up to \$50,000.
2. There are limitations under the Senior High Football Accident Insurance coverage. **It will not always pay all of the charges incurred for every accident.** This insurance only provides certain benefits for injury or loss due to practicing and playing in the Senior High Football program. For a summary of the coverage benefits, please refer to the Student Accident Insurance Information (for Senior High Football) that has been furnished to each student interested in participating in the Senior High Football Program. If you did not receive the information or if you have questions about the insurance coverage provided to participants in the Senior High Football Program, contact the Athletic Director/Coach where your student-athlete is enrolled.
3. Every player is required by the National Federation of State High School Athletic Associations (NFHSAA) regulations to wear a mouth guard. An additional \$300.00 per sound natural tooth is available for any player who sustains injuries to their teeth as a result of the failure of the mouth guard, provided that they were wearing the required mouth guard at the time of the injury.

**PLEASE COMPLETE THE BACK OF THE FORM**

# HIGH SCHOOL FOOTBALL ONLY **GREEN FORM**

4. To be eligible for practice or participation in the Senior High Football Program, each participant must receive an **ANNUAL MEDICAL EXAMINATION** and return a physical examination form each calendar year (once every 365 days if signed before 1/1/2016 or once every 395 days if signed after 1/1/2016) signed by a physician licensed to practice medicine.
5. Neither the Board of Education nor any of its employees assumes any responsibility for claims resulting from injury to your Student Athlete while they are participating in the Senior High Football Program. This means that you will have to pay for any medical expenses not covered by the Senior High Football Accident Insurance, any personal insurance coverage that you might have and/or any other applicable insurance.

I, \_\_\_\_\_, (print name) hereby state that I have read and understand the provisions of this Notice and Release as well as the Student Accident Insurance information for the Senior High Football Accident Insurance coverage. I also state that prior to signing this document, I have had an opportunity to ask questions and that my questions have been answered to my satisfaction. I acknowledge that neither the Board of Education nor any of its employees assumes any responsibility for claims resulting from injury to my Student-Athlete while they are participating in the Senior High Football Program. In consideration of my Student-Athlete being permitted to participate in the Senior High Football Program, I **hereby waive, release, and forever discharge** the Charlotte-Mecklenburg Board of Education and its employees from any responsibility for claims resulting from injuries to my Student-Athlete due to their participation in the Senior High Football Program. I also state that my Student-Athlete has received a Medical Examination and has returned a physical examination form in compliance with the policy set forth in paragraph 4 of this Notice and Release. I certify that I consent to have my Student-Athlete participate in the Senior High Football Program offered at their school.

**SIGNED: (Parent or Legal Guardian)** \_\_\_\_\_ **Date** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Student's Full Name:** \_\_\_\_\_

**School:** \_\_\_\_\_

I understand that an electronic signature has the same legal effect and can be enforced in the same way as a written signature and by typing my name above, I am electronically signing this document. 2017



**NOTICE AND RELEASE**

**IMPORTANT:**        **THIS NOTICE AND RELEASE MUST BE SIGNED AND RETURNED BEFORE YOUR SON/DAUGHTER CAN PARTICIPATE IN THIS PROGRAM.**

**TO:**                      Parents of students interested in participating in Athletics

**SUBJECT:**              Student Accident Insurance for Athletics

**SPORT (S):**            \_\_\_\_\_

**Please read this Notice and Release carefully and make sure that you understand its provisions before deciding whether to permit your son or daughter to participate in middle or senior high athletics.**

1.     Board of Education policy requires that the Student Accident Insurance offered by the school system, will be required for all students participating in middle and senior high school athletics unless an insurance waiver form is signed by the parent indicating adequate personal insurance and releasing the Board of Education and its employees from responsibility for any claim due to injuries received while participating in a school sponsored athletic program.
  
2.     There are limitations in the Student Accident Insurance coverage. **IT WILL NOT ALWAYS PAY ALL OF THE CHARGES INCURRED FOR EVERY ACCIDENT.** For a summary of the coverage and benefits provided by the Student Accident Insurance, please read the current Student Accident Insurance Brochure that was furnished to each student at the beginning of the school year. If you did not receive the brochure or if you have questions about the insurance coverage provided under the policy, contact the Athletic Director at the school where your son/daughter is enrolled.
  
3.     To be eligible for practice or participation in any school athletic program, each participant must receive an **ANNUAL MEDICAL EXAMINATION** and return a physical examination form each calendar year (once every 365 days if signed before 1/1/2016 or once every 395 days if signed after 1/1/2016) signed by a physician licensed to practice medicine.
  
4.     Neither the Board of Education nor any of its employees assumes any responsibility for claims resulting from injury to your son/daughter while he or she is participating in the school athletic program. This means that you will have to pay for any medical expenses not covered by the Student Accident Insurance, any personal insurance coverage that you might have and/or any other applicable insurance.

**PLEASE COMPLETE THE BACK OF THE FORM**

I, \_\_\_\_\_, (print name) hereby state that I have read and understand the provisions of this Notice and Release as well as the Student Accident Insurance Brochure. I further state that prior to signing this document, I have had an opportunity to ask questions and that my questions have been answered to my satisfaction. I acknowledge that neither the Board of Education nor any of its employees assumes any responsibility for claims resulting from injury to my son/daughter while he or she is participating in the school athletic program. **I HEREBY WAIVE, RELEASE, AND DISCHARGE** the Charlotte-Mecklenburg Board of Education and its employees from any responsibility for claims resulting from injuries to my son/daughter due to his or her participation in this athletic program. I hereby certify that my son/daughter has received a MEDICAL EXAMINATION and has returned a physical examination form in compliance with the policy set forth in paragraph 3 of this Notice and Release. I certify that I consent to have my son/daughter participate in school athletic activity as identified on this Notice and Release. I make the following representation and selection (check one, sign and return promptly):

\_\_\_\_\_ I have adequate personal insurance that will cover injuries that might be sustained by my son/daughter as a result of his/her participation in the school athletics. I understand that in the event my son/daughter sustains any injuries as a result of his/her participation in school athletics, I am responsible for payment of medical expenses or other items not covered by any personal insurance.

\_\_\_\_\_ My son/daughter has enrolled in the Student Accident Insurance Program on \_\_\_\_/\_\_\_\_/\_\_\_\_, and I understand that in the event my son/daughter sustains any injuries as a result of his/her participation in school athletics, I am responsible for payment of any medical expenses or other items not covered by the Student Accident Insurance.

**SIGNED: (Parent or Legal Guardian)** \_\_\_\_\_ **Date** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**STUDENT'S FULL NAME:** \_\_\_\_\_

**SCHOOL:** \_\_\_\_\_





## Student-Athlete & Parent/Guardian Confirmation of Signed Athletic Eligibility Forms

My signature below confirms I read, understand and completed in full the on-line athletic eligibility forms noted below. In addition, I emailed the documents \_\_\_\_\_  
(file name)  
to \_\_\_\_\_ on \_\_\_\_\_.  
(school athletic director) (date)

My signature also confirms the information I provided on all athletic eligibility forms is accurate and truthful. I understand false and/or inaccurate information may result in a 365-day athletic ineligibility period for the student-athlete who signs below. **I understand that an electronic signature has the same legal effect and can be enforced in the same way as a written signature and by typing my name in the packet; I am electronically signing those documents.**

Student-Athlete Signature \_\_\_\_\_ Date \_\_\_\_\_  
Print Name \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_  
Print Name \_\_\_\_\_

### Athletic Forms Package

*(Initial all forms submitted or printed)*

- \_\_\_\_\_ CMS High School Eligibility Form
- \_\_\_\_\_ CMS High School Pre-Participation Form
- \_\_\_\_\_ Athletic Honor Code Form Student/Parent
- \_\_\_\_\_ Concussion Statement Student/Parent
- \_\_\_\_\_ 2018-19 Football Insurance-Green Form
- \_\_\_\_\_ 2018-19 All Other Sports Insurance-Blue Form
- \_\_\_\_\_ NCHSAA Eligibility and Authorization Form
- \_\_\_\_\_ Confirmation of Signed Eligibility Forms  
*(Print & complete this form and hand deliver to AD)*
- \_\_\_\_\_ NCHSAA HS Pre-Participation Exam Form  
*(Print form and hand deliver to AD after physician signs)*
- \_\_\_\_\_ 2018-19 CMC Medical Release of Information-Student  
*(Print & complete this form and hand deliver to AD)*
- \_\_\_\_\_ 2018-19 CMS Medical Release of Information in Spanish  
*(Print & complete this form and hand deliver to AD)*
- \_\_\_\_\_ Athletic Participation Fee Waiver Application (if Applicable)  
*(Print & complete this form and hand deliver to AD)*

# NORTH CAROLINA HIGH SCHOOL ATHLETIC ASSOCIATION SPORT PREPARTICIPATION EXAMINATION FORM

Student Athlete's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

*This is a screening examination for participation in sports. **This does not substitute for a comprehensive examination with your child's regular physician where important preventive health information can be covered.***

**Student-Athlete's Directions:** Please review all questions with your parent or legal custodian and answer them to the best of your knowledge.

**Parent/Legal Custodian Directions:** Please assure that all questions are answered to the best of your knowledge. If you do not understand or are unsure about the answer to a question please ask your doctor. Not disclosing accurate information may put your child at risk during sports activity.

**Physician's Directions:** We recommend carefully reviewing these questions and clarifying any "Yes" or "Unsure" answers.

Explain "Yes" or "Unsure" answers in the space provided below or on an attached separate sheet if needed.	Yes	No	Unsure
1. Does the student-athlete have any chronic medical illnesses [diabetes, asthma (exercise asthma), kidney problems, etc.]? List: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Is the student-athlete presently taking any medications or pills?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Does the student-athlete have any allergies (medicine, bees or other stinging insects, latex)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Does the student-athlete have the sickle cell trait?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Has the student-athlete ever had a head injury, been knocked out, or had a concussion?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Has the student-athlete ever had a heat injury (heat stroke) or severe muscle cramps with activities?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Has the student-athlete ever passed out or nearly passed out DURING exercise, emotion or startle?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Has the student-athlete ever fainted or passed out AFTER exercise?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Has the student-athlete had extreme fatigue (been really tired) with exercise (different from other children)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Has the student-athlete ever had trouble breathing during exercise, or a cough with exercise?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Has the student-athlete ever been diagnosed with exercise-induced asthma?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. Has a doctor ever told the student-athlete that they have high blood pressure?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. Has a doctor ever told the student-athlete that they have a heart infection?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. Has a doctor ever ordered an EKG or other test for the student-athlete's heart, or has the athlete ever been told they have a heart murmur?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. Has the student-athlete ever had discomfort, pain, or pressure in his chest during or after exercise or complained of their heart "racing" or "skipping beats"?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16. Has the student-athlete ever had a seizure or been diagnosed with an unexplained seizure problem?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17. Has the student-athlete ever had a stinger, burner or pinched nerve?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18. Has the student-athlete ever had any problems with their eyes or vision?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19. Place a check beside each body part that the student-athlete has ever sprained/strained, dislocated, fractured, broken had repeated swelling in or had any other type of injury to any bones or joints? <input type="checkbox"/> Head <input type="checkbox"/> Shoulder <input type="checkbox"/> Thigh <input type="checkbox"/> Neck <input type="checkbox"/> Elbow <input type="checkbox"/> Knee <input type="checkbox"/> Chest <input type="checkbox"/> Hip <input type="checkbox"/> Forearm <input type="checkbox"/> Shin/calf <input type="checkbox"/> Back <input type="checkbox"/> Wrist <input type="checkbox"/> Ankle <input type="checkbox"/> Hand <input type="checkbox"/> Foot    Other: _____			
20. Has the student-athlete ever had an eating disorder, or are there concerns about his/her eating habits or weight?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
21. Has the student-athlete ever been hospitalized or had surgery?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
22. Has the student-athlete had a medical problem or injury since their last evaluation?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
23. (Place a check beside each statement that applies to the student-athlete, elaborate in the space provided below). <input type="checkbox"/> 1. Has the student-athlete had little interest or pleasure in doing things? <input type="checkbox"/> 2. Has the student-athlete been feeling down, depressed, or hopeless for more than 2 weeks in a row? <input type="checkbox"/> 3. Has the student-athlete been feeling bad about himself/herself that they are a failure, or let their family down? <input type="checkbox"/> 4. Has the student-athlete had thoughts that he/she would be better off dead or hurting themselves?			
<b>FAMILY HISTORY</b>			
24. Has any family member had a sudden, unexpected death before age 50 (including from sudden infant death syndrome [SIDS], car accident, drowning)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
25. Has any family member had unexplained heart attacks, fainting or seizures?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
26. Does the athlete have a father, mother or brother with sickle cell disease?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Explain "yes" or "unsure" answers here: \_\_\_\_\_

**By signing below, I agree that I have reviewed and answered each question above. Every question is answered completely and is correct to the best of my knowledge. Furthermore, as parent or legal custodian, I give consent for this examination and give permission for my child to participate in sports.**

Signature of parent/legal custodian: \_\_\_\_\_ Date: \_\_\_\_\_ Phone #: \_\_\_\_\_

Signature of Athlete: \_\_\_\_\_ Date: \_\_\_\_\_

Student-Athlete's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ BP \_\_\_\_\_ ( \_\_\_\_\_ % ile) / \_\_\_\_\_ ( \_\_\_\_\_ % ile) Pulse: \_\_\_\_\_

Vision: R 20/ \_\_\_\_\_ L 20/ \_\_\_\_\_ Corrected: Y N

***Physical Examination (Below Must be Completed by Licensed Physician, Nurse Practitioner or Physician Assistant)***

These are required elements for all examinations			
	NORMAL	ABNORMAL	ABNORMAL FINDINGS
PULSES			
HEART			
LUNGS			
SKIN			
NECK/BACK			
SHOULDER			
KNEE			
ANKLE/FOOT			
Other Orthopedic Problems			

**Optional Examination Elements – Should be done if history indicates**

HEENT			
ABDOMINAL			
GENITALIA (MALES)			
HERNIA (MALES)			

**Clearance:**

- A. Cleared
- B. Cleared after completing evaluation/rehabilitation for: \_\_\_\_\_
- \*\*\* C. Medical Waiver Form must be attached (for the condition of: \_\_\_\_\_)
- D. Not cleared for:  Collision  Contact  
 Non-contact \_\_\_\_\_ Strenuous \_\_\_\_\_ Moderately strenuous \_\_\_\_\_ Non-strenuous

Due to: \_\_\_\_\_

Additional Recommendations/Rehab Instructions: \_\_\_\_\_

Name of Physician/Extender: \_\_\_\_\_ (Please print)

Signature of Physician/Extender: \_\_\_\_\_ MD DO PA NP (Please circle)

(Both signature and circle of designated degree required)

Date of Examination: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Physician Office Stamp
------------------------

(\*\*\* The following are considered disqualifying until appropriate medical and parental releases are obtained: post-operative clearance, acute infections, obvious growth retardation, uncontrolled diabetes, severe visual or auditory impairment, pulmonary insufficiency, organic heart disease or Stage 2 hypertension, enlarged liver or spleen, a chronic musculoskeletal condition that limits ability for safe exercise/sport (i.e. Klippel-Feil anomaly, Sprengel's deformity), history of uncontrolled seizures, absence of/ or one kidney, eye, testicle or ovary, etc.)



# Carolinan HealthCare System

## REQUEST FOR TREATMENT AND AUTHORIZATION FORM

REQUEST FOR TREATMENT. The Hospital maintains personnel and facilities to assist my physicians in providing me medical care, and I authorize the Hospital personnel to perform on me the care ordered by my physicians. I understand that I have the right to be informed by my physicians of the nature and purpose of any proposed operation or procedure and any available alternative methods of treatment, together with an explanation of the risks associated with each of them. This form is not a substitute for such explanations, which are the responsibility of my physicians to provide according to recognized standards of medical practice, and I acknowledge that the Hospital and its personnel are not responsible for providing me this information. I consent to receive services by telemedicine (using interactive audio, video, or data communications to carry out consultations, evaluations, screenings, diagnosis, treatment, monitoring, or other communications benefiting a patient) if appropriate for my condition, and I understand the risks, benefits and alternatives of doing so.

I authorize the Hospital and my physicians/athletic trainers to take pictures and/or video of me for treatment and health care operation purposes.

I have read the foregoing request and authorization in its entirety and agree to be bound by all terms and conditions herein. Witness my (our) hand(s) below.

\_\_\_\_\_  
Patient Name Printed

\_\_\_\_\_  
Responsible Party/ies Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
I have been provided access to CHS's Notice of Privacy Practices

Signature \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_  
(Patient or Authorized Representative)

Relationship to Patient: \_\_\_\_\_

Reason Patient Unable/Unwilling to sign \_\_\_\_\_

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_
Street Address: \_\_\_\_\_ Last 4 numbers of SSN: \_\_\_\_\_
City, State, Zip: \_\_\_\_\_ Telephone: ( ) \_\_\_\_\_
Email address: \_\_\_\_\_

Release Information From: Carolinas Healthcare System
(List applicable Facility(s) and/or Practice(s))
(Phone number) (Fax number)
Release Information To: Charlotte-Mecklenburg Schools
(Name of facility, person, company) (Relationship)
PO Box 30035 Charlotte, NC 28230-0035
(Street Address or PO Box, City, State, Zip Code)
980-343-6980
(Phone number) (Fax number)

PURPOSE OF RELEASE (check reason): Request of individual/personal Continued patient care Insurance
Legal purpose including discussions & proceedings Other Sports Medicine including oral & written communication

Fill in dates of treatment for records to be released:
Treatment dates: From Aug 1, 2018 To July 31, 2019
Hospital Summary: May include history & physical, discharge summary, operative notes, consults, diagnostic test results, medication list, allergies.
Office/Clinic Summary: May include most recent office visits, physical exam, consults, diagnostic test results.

Hospital (check all that may apply): Discharge Summary History and Physical Consultation reports Operative Reports Laboratory reports Radiology/X-Ray Reports Pathology reports
Office/Clinic (check all that may apply): Office/Clinic Summary Office Visits Physical Exam Laboratory Reports Radiology Reports Other Research Participation ATC Medical Records
Entire Record (Not including psychotherapy notes)
Behavioral Health/Sub. Abuse (check all that may apply): Hospital Summary Assessments Discharge Summary Physician Orders Progress notes Medications Lab reports Other
Entire Record (Not including psychotherapy notes)

FORMAT: CD (charges may apply) Email Address noted above, where permitted Paper copy (charges may apply) Other
DELIVERY METHOD: Reg. US Mail Pick-up Fax, where permitted Overnight/Express Mail Service, where permitted Secure email Other:

PATIENT'S RIGHTS - I understand that:
I can cancel this permission at any time. I must cancel in writing and send or deliver cancellation to releasing facility or practice named above. Any cancellation will apply only to information not yet released by facility or practice.
This is a full release including information related to behavioral/mental health, drug and alcohol abuse treatment (in compliance with 42 CFR Part 2), genetic information, HIV/AIDS, and other sexually transmitted diseases.
Once my health information is released, the recipient may disclose or share my information with others and my information may no longer be protected by federal and state privacy protections.
Refusing to sign this form will not prevent my ability to get treatment, payment, enrollment in health plan, or eligibility for benefits.
CHS will not share or use my health information without my permission other than by ways listed in CHS's Notice of Privacy Practices or as required by law. The Notice of Privacy Practices is available at carolinashealthcare.org.
A fee may be charged for providing the protected health information.
I have a right to receive a copy of this form upon request.

This permission expires one year after the date of my signature unless another date or event is written here: \_\_\_\_\_

Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

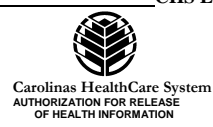
Note: If the patient lacks legal capacity or is unable to sign, an authorized personal representative may sign this form.
Note the relationship/authority if signature is not that of the patient (Written Proof May be Requested):
Healthcare Agent/POA Guardian Executor/Administrator/Attorney in Fact Spouse
Parent Adult Child Affidavit Next of Kin Other:

Note: If minor consented for their outpatient treatment for pregnancy, sexually transmitted disease or behavioral/mental health without parental consent, the minor must sign this authorization. When the patient is a minor being treated for substance abuse, the minor must sign this authorization, regardless of who consented for treatment.

Signature of Minor: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

Authorization given to patient / Date of release: \_\_\_\_\_ via Mail Fax Other ID Verified DL/Other ID
CHS Employee Name & Title: \_\_\_\_\_ CHS Employee Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\*905\*



Name:
DOB:
Medical Record #:
Account #:

Patient Information or Sticker



**Información del Paciente: Yo doy permiso para revelar la información de salud de:**

**(Un paciente por formulario)**

Nombre del paciente: \_\_\_\_\_ Fecha de Nacimiento: \_\_\_\_\_  
 Dirección: \_\_\_\_\_ 4 últimos números del SS: \_\_\_\_\_  
 Ciudad, Estado, Código postal: \_\_\_\_\_ Teléfono: \_\_\_\_\_  
 Dirección de correo electrónico: \_\_\_\_\_

<b>Revelar información de:</b> _____ (Indique Institución (es) y / o Consultorio (s) pertinente (s)) _____ _____ (Número de teléfono)	<b>Revelar información a:</b> _____ (Nombre de la institución, persona, empresa) (Relación) _____ (Dirección o Apartado Postal / PO Box, Estado, Código Postal) _____ (Número de teléfono) (Número de fax)
--	--

**PROPÓSITO DE LA ENTREGA (marque razón):**  Solicitud individual/ personal  Atención continua al paciente  Seguros  
 Propósito legal, incluidos debates y procesos  Otro \_\_\_\_\_

**Indicar las fechas de tratamiento del historial médico a ser entregado:**  
 Fechas de tratamiento: Desde \_\_\_\_\_ hasta \_\_\_\_\_  
**Resumen del Hospital:** Puede incluir historial y físicos, informe de alta, notas quirúrgicas, consultas, resultados de pruebas de diagnóstico, lista de medicamentos, alergias.  
**Resumen de Consultorio / Clínica:** Puede incluir visitas más recientes al consultorio, examen físico, consultas, resultados de pruebas diagnósticas.

<b>Hospital (marque todas las que apliquen):</b> <input type="checkbox"/> Resumen de Hospital <input type="checkbox"/> Resumen de alta <input type="checkbox"/> Historial y Físico <input type="checkbox"/> Informes de Consulta <input type="checkbox"/> Informes operativos <input type="checkbox"/> Informes de laboratorio <input type="checkbox"/> Informes de Radiología / Rayos X <input type="checkbox"/> Informes de patología <input type="checkbox"/> Expediente completo (No incluye notas de psicoterapia)	<b>Consultorio / Clínica (marque todas las que apliquen):</b> <input type="checkbox"/> Resumen de Consultorio/Clínica <input type="checkbox"/> Visitas de Consultorio <input type="checkbox"/> Examen Físico <input type="checkbox"/> Informes de laboratorio <input type="checkbox"/> Informes de Radiología <input type="checkbox"/> Otro _____ <input type="checkbox"/> Expediente completo (No incluye notas de psicoterapia)	<b>Salud Mental/ Abuso Sub. (marque todas las que apliquen):</b> <input type="checkbox"/> Resumen de Hospital <input type="checkbox"/> Evaluaciones <input type="checkbox"/> Resumen de alta <input type="checkbox"/> Órdenes médicas <input type="checkbox"/> Notas de progreso <input type="checkbox"/> Medicamentos <input type="checkbox"/> Informes de laboratorio <input type="checkbox"/> Otro _____ <input type="checkbox"/> Expediente completo (No incluye notas de psicoterapia)
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<b>FORMATO:</b> <input type="checkbox"/> CD (cargo puede aplicar) <input type="checkbox"/> Correo electrónico indicado anteriormente, cuando lo permita <input type="checkbox"/> Copia en papel (cargo puede aplicar) <input type="checkbox"/> Otro _____	<b>MÉTODO DE ENTREGA:</b> <input type="checkbox"/> Correo Reg. <input type="checkbox"/> Recogido <input type="checkbox"/> Fax, cuando lo permita <input type="checkbox"/> Email seguro <input type="checkbox"/> Servicio de correo Nocturno / urgente, cuando permita <input type="checkbox"/> Otro: _____
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**DERECHOS DEL PACIENTE - Entiendo que:**

- Puedo cancelar este permiso en cualquier momento. Tengo que cancelar por escrito y enviar o entregar la cancelación a la instalación o consultorio que revela nombrado arriba. En caso de cancelación aplicará únicamente a la información aún no publicada por dicha instalación o consultorio.
- Esta es una revelación completa, incluyendo información relacionada con el tratamiento de comportamiento / salud mental, del abuso de drogas y alcohol (en cumplimiento con el 42 CFR Parte 2), información genética, VIH / SIDA y otras enfermedades de transmisión sexual.
- Una vez que se entrega mi información de salud, el destinatario puede revelar o compartir mi información con otras personas y mi información puede no estar protegida por las protecciones federales y estatales de privacidad.
- El negarme a firmar este formulario no impedirá mi habilidad para obtener tratamiento, pago, inscripción en el plan de salud o calificar para beneficios.
- CHS no compartirá ni usará mi información médica sin mi permiso que no sea de la forma que figura en el Anuncio de Prácticas de Privacidad de CHS o de lo requerido por la ley. El Anuncio de Prácticas de Privacidad está disponible en carolinashealthcare.org.
- Un cargo puede ser aplicado por proporcionar la información de salud protegida.
- Tengo derecho a recibir una copia de este formulario a petición.

Este permiso se vence un año después de la fecha de mi firma a menos que otra fecha o evento se escriba aquí: \_\_\_\_\_

Firma: \_\_\_\_\_ Nombre en letra de imprenta: \_\_\_\_\_ Fecha: \_\_\_\_\_

**Nota:** Si el paciente carece de capacidad legal o no puede firmar, un representante personal autorizado puede firmar este formulario.  
 Anote la relación / autoridad si la firma no es la del paciente (Prueba escrita puede ser solicitada):  
 Agente de Salud / Poder Notarial  Tutor  Ejecutor / Administrador / Apoderado  Cónyuge  
 Padre/Madre  Hijo Adulto  Pariente más cercano por declaración jurada  Otro: \_\_\_\_\_

**Nota:** Si el menor de edad consintió para su tratamiento ambulatorio para embarazo, enfermedades de transmisión sexual o salud del comportamiento / mental sin consentimiento de los padres, el menor deberá firmar esta autorización. Cuando el paciente es un menor de edad que recibe tratamiento para el abuso de sustancias, el menor debe firmar esta autorización, independientemente de quién consintió para el tratamiento.  
 Firma del menor: \_\_\_\_\_ Nombre en letra de imprenta: \_\_\_\_\_ Fecha: \_\_\_\_\_

Autorización dada al paciente / Fecha de relevo: \_\_\_\_\_ vía  Correo  Fax  Otro \_\_\_\_\_  Identificación verificada  Licencia de Conducir u Otra  
 (Authorization given to patient / Date of release) (via Mail) (Other) (ID Verification) (DL/Other ID)

CHS Employee Name & Title: \_\_\_\_\_ CHS Employee Signature: \_\_\_\_\_ Date: \_\_\_\_\_



**Patient Information or Sticker**  
 Name:  
 DOB:  
 Medical Record #:  
 Account #:



Charlotte-Mecklenburg Schools
Application for Waiver of Athletic Participation Fee

In June 2010, the Board of Education initially approved participation fees for middle and high school athletic participation. In July 2017 participation fees were adjusted. Middle school students pay a fee of \$75 and high school students pay a fee of \$125 for each interscholastic sports season in which they participate on one or more teams. Payment of this fee is required by a deadline which is established for each sports season.

In June 2014, the Board of Education approved CMS to participate in the federal Community Eligibility Provision (CEP). The CEP eliminates the need for a district to qualify students for free and reduced price meals and track which students are participating. Students are identified as directly certified (through data matching) for free meals because they live in households that participate in Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TNAF), or Food Distribution Program on Indian Reservations (FDPIR), as well as children who are qualified for free schools meals without submitting a school meal application because of their status as being in foster care, enrolled in Head Start, homeless, runaway, or migrant students.

A student-athlete who is directly certified automatically qualifies for a participation fee waiver. A directly certified student-athlete must provide a copy of their notification letter from CMS Child Nutrition confirming their status.

A student who attends a CEP school but is not directly certified may, if they qualify, complete the Application for Need Based Assistance form accompanied by proof of total household income (pay stub, tax return, etc.). The Application for Need Based Assistance form serves in place of the free and reduced lunch approval letter.

A student who attends a non-CEP school and is not directly certified may apply for free and reduced lunch status (FRL). A student at a non-CEP school who is approved for FRL will have their participation fee waived. A family will receive a notification letter from CMS Child Nutrition if their child is approved for free and reduced lunch. Waiver process changes

If you wish to apply for a fee waiver, please fill out the information below and return this form to your child's athletic director or athletic coach.

Partially completed forms will not be accepted.

A separate form must be filled out for each student-athlete for whom a waiver is requested.

Name of student [please print]
Student ID number [please print]
School [please print]
Parent/guardian name [please print]
Address [please print]
Number/Street City, State

I hereby apply for a waiver of the CMS athletic participation fee and affirm the information provided on and with this application is accurate.

Parent/Guardian (Print Name)

Parent/guardian signature

Date