

***USA Select National Youth Football League and State Leagues
Coaches, Administrators and Volunteers Standard of Conduct***

COACHES, ADMINISTRATORS and VOLUNTEERS STANDARD OF CONDUCT

All Administrators, Coaches, and Volunteers will abide by a Standard of Conduct, which includes the provisions listed below. If any of these provisions are violated, the Association / Conference shall have the authority to impose any penalty they see fit. If any violations of these provisions become known to the National Office or are violated during a USA Select Sanctioned, State, Region, or National Event including those sponsored or hosted by a National Partner, the Board of Governors and National Board of Cheer Directors (Board), will make disciplinary recommendations to the National Office. The National Office will then at its sole discretion decide on the course of action to be taken, in this event there will be no right to appeal.

Administrators, Coaches, and Volunteers, having already accepted and agreed to abide by the "Coach, Administrators and Volunteers Standard of Conduct", by their accepting and active participation in membership, shall follow the intent of all rules contained in this rulebook, expected reasonable behavior, shall assist the intent to have all involved serve as role models for all of our children and will report to the proper authority's anyone not following what is expected, and shall inclusively and/or additionally agree to:

- a) Treat each participant equally, excessive team or individual conditioning drills, disciplinary actions or assigning individual players laps or intentionally placing player in intimidating hitting drills for the purpose of encouraging weaker players to quit is not acceptable. Coaches determined to be using this or any other tactic to drop weaker players will be immediately dismissed for the remainder of the season and may be permanently suspended.
- b) Coaches are not to allow, nor encourage, any form of weight loss for the purpose of making the maximum weight in an Age & Weight Program / Division – See Minimum Penalties. This does not preclude your ability, if professionally trained/educated to do so, to provide nutritional and proper diet advice to obese participants.
- c) Not smoke and/or use smokeless tobacco on the field or in front of participants at any time.
- d) Abstain from the possession and drinking of alcoholic beverages and the possession or use of any illegal substance on the field or in front of participants at any time.
- e) Accept decisions of the game officials and judges on the field and in competitions as being fair and called to the best of their ability.
- f) Not criticize an opposing team, its players, spirit participants, coaches, or fans by word of mouth or by gesture.
- g) Together with team officials, be jointly responsible for the conduct and control of team fans and spectators. Any parent, guardian, or fan that becomes a nuisance and out of control must be asked to leave.
- h) Not use abusive or profane language at any time.
- i) Not encourage their team to intentionally run up the score on an opponent. In the event of a commanding lead every effort shall be made to let all players play.
- j) Not permit or encourage, "extreme dieting", or "sweating down" tactics of any kind for any reason. Must report any instance witnessed or suspected to the parent/guardian and local administrator.
- k) Not recommend or distribute any medication, controlled or over the counter
- l) Not deliberately incite unsportsmanlike conduct.
- m) Not criticize/berate participants ever, to provide constructive criticism, in private, or in the presence of team/squad members if others might benefit.
- n) Remove from a game or practice any participant when his/her health is in question, whether or not as a result of injury, until competent medical advice is available.
- o) A coach will not use ineligible players and will take the responsibility of having proper and legal documents on each and every player proving his eligibility at all times.
- p) Insure that all participants meet the minimum required number of plays under the Mandatory Play Rules and Regulations.
- q) Uphold all rules and regulations.
- r) A coach must discourage the wearing of Gang colors or any gang symbol and the use of any gang related forms of communication during any and all team related activities including but not limited to team practices.
- s) Refrain from posting anything derogatory or antagonizing on any social network/internet or public

communication of any type.

t) Remember to win without arrogance and lose without excuses.

In addition to the aforementioned basic expected behavior Administrators, Coaches and Volunteers additionally agree to the following:

Make a conscious choice to uphold the best of values:

- a) Each game and practice I participate in or administer over will provide me with an opportunity to teach and be a role model for positive character development. As a member of USA Select National Youth Football League(USASNYFL) I accept the challenge and will do my best to represent UYFL, my Conference, my Association, my Team, and myself by: respecting my opponent, the officials, my team, my administrators, coaches, myself and the game; taking responsibility for my actions in all areas of my life; having the integrity to stand by my word; providing leadership where I serve others while striving to be a personal and team leader; and being an example of sportsmanship by holding myself to the highest standards of fair play.
- b) Athletics provides another opportunity for the training of youth for a strong and efficient democracy.
- c) Athletics provides another opportunity for the building of good character and personality.
- d) Athletics is a significant part of a sound educational program.
- e) UYFL considers the privilege of guiding youth through participation in sports as a sacred trust.
- f) Coaches must always keep the best interests of each participant as their aim. Coaches should never be guilty of enhancing his/her progress by the use of a participant's skill for his/her benefit.
- g) Coaches must forever keep before the participants under his/her direction the high ideals, honesty, sincerity, and integrity which have made our nation great. Coaches must not encourage, or tolerate, any form of trickery or evasion of rules in order to gain an advantage over an opponent.
- h) USA Select members will do all in their power to instill in those under their direction a tolerance for all races and creeds, and stand out against intolerance wherever it may occur.
- i) USA Select members should strive to instill in every youth great purposes and aims in living and use the desire to play not as an end, but as a training ground for the participant's highest development.
- j) Coaches should strive to teach each participant's to be humble in victory and gracious in defeat, to be above bragging or using alibis, and shall help develop inner strength and poise.
- k) USA Select members will use only fair and honest means of securing talent for athletic teams and never stoop to trickery or insincere promises in influencing participants in the selection of their experience.
- l) Coaches should use every means at their command to protect the moral, mental and physical health of the participant's under their guidance.

A) Special Warning Regarding Rumors

No one should be allowed to participate in a Local, Regional or National event until all of their paperwork, grade and/or weight have been verified. Any allegations of Cheating or Violations of this rulebook or any local rule or regulation should be immediately reported, in writing, to both the Association and Conference presidents and/or their appointed representatives for dealing with such issues. Associations and Conferences are required to fully investigate all claims and keep on file a written record of all investigations.

Once the allegations of cheating or rules violation has been reported, in writing, to the respective official, be it Association or Conference, there shall be NO further discussion until it is reviewed, investigated and acted on appropriately by the Association and/or Conference. The act of spreading rumors which is general talk not based on fact will not be tolerated in USA Select Football and Cheer, it not only hurts your credibility, it affects your team and other teams that may become involved in the rumor.

Any allegation of Cheating or Violations of this rulebook during Post Season Play should be reported in writing to the National Office for investigation. Given these facts any Organization, individual or group of individuals (which includes any member of the organization) spreading rumors of cheating, special treatment or any other false information whether causing an incident or not during Post Season Play/event may be banned from participation in any future Post Season Play/event(s) for a period of time deemed reasonable by the National Office.

B) Social Media Policy

Due to the nature of the Internet, each Team, Association, and/or Conference, depending on your structure, must develop, communicate and enforce a "Social Media Policy" on all members who represent all of us as their

actions/words are a reflection of us all collectively.

* Social media is largely about connecting, helping others, and having fun.

*Social media is also a valuable resource to learn and to contribute.

* Social media is more than just Facebook and Twitter. It includes blogs, online networks, and any other Internet-based tools for sharing and discussing information.

Please remember these points:

- a) Be respectful to others.
- b) Each individual is responsible for what they post online.
- c) Understand that you are legally liable for anything you write or present online.
- d) Anyone can be sued for commentary, content, videos, or images that are defamatory, pornographic, proprietary, harassing, libelous, or create a hostile environment.
- e) Post knowledgeably, accurately, and use appropriate professionalism.
- f) Be quick to correct your own mistakes and admit when you are wrong.
- g) No one is authorized to speak on behalf of United Youth Football and Cheer, or to represent that they are.
- h) Do not cite anyone without their approval.
- i) Never reveal any confidential and/or proprietary information.
- j) Never identify players, parents, or league members/officers by name without their permission.
- k) Understand that any threats, potential threats of violence of any kind, online bullying or any other criminal act that is posted by any member, association, league officer etc, will be forwarded to law enforcement for prosecution and will be cause for revocation of UYFL membership.

Please make all of your members aware that USA Select National Youth Football League, Inc. (USASNYFL) reserves the right to revoke anyone’s membership who seeks to defame or use the social media in any form to disrupt the mission, goals and purpose of UYFL and/or violates any of the suggested Social Media Policy.

As an officer of the Association listed below, I have read and understand the **Coaches, Administrators and Volunteers Standard of Conduct** outlined above. I have also provided a copy to my **Coaches, Administrators and Volunteers**, and have gone over the Standard of Conduct with each. I, as an officer of my association will enforce and abide by this **Coaches, Administrators and Volunteers Standard of Conduct** , and will be responsible for my **Coaches, Administrators and Volunteers**, in abiding by the **Coaches, Administrators and Volunteers Standard of Conduct** as well.

Association Name

Association Officer (Print Name) Office Held

Association Officer Signature

Date: _____