

**2015 SUBURBAN EAST CONFERENCE
TRACK AND FIELD CHAMPIONSHIPS
PRELIMINARIES – MAY 19, 2015 PROPOSED SCHEDULE**

<u>TIME</u>	<u>EVENT</u>	
2:15	Coaches meeting (all scratches must be completed by 2:15)	
2:45	HORIZONTAL JUMPS BEGIN Girls Long Jump – Prelims followed by finals Boys Triple Jump – Prelims followed by finals	
3:15	ALL OTHER FIELD EVENTS BEGIN Girls Discus Throw – Prelims followed by finals Girls High Jump – Finals Boys Shot Put – Prelims followed by finals Boys Pole Vault – Finals	
4:15	100 Meter High Hurdles	5 Heats – Heat winners plus next four best times advance
4:30	110 Meter High Hurdles	See above
4:50	100 Meter Dash – Girls	See above
5:05	100 Meter Dash – Boys	See above
5:20	400 Meter Dash - Girls	See above
5:35	400 Meter Dash – Boys	See above
5:50	300 Meter Low Hurdles	See above
6:05	300 Meter Intermediate Hurdles	See above
6:20	800 Meter Dash – Girls	4 Heats – Top two in each heat plus next four best times advance
6:35	800 Meter Dash – Boys	See above
6:55	200 Meters – Girls	5 Heats – Heat winners plus next four best times advance
7:15	200 Meters – Boys	See above

TUESDAY LONG JUMP & TRIPLE JUMP

Flight 1 2:45– 4:10
Flight 2 4:25 – 5:35
Finals 6:00

THURSDAY LONG JUMP & TRIPLE JUMP

Flight 1 3:45 - 5:10
Flight 2 5:25 - 6:35
Finals 7:00

TUESDAY SHOT AND DISC

Flight 1 3:15 – 3:50
Flight 2 4:05 – 4:40
Flight 3 4:55 - 5:30
Flight 4 5:45 – 6:20
Finals 6:35

THURSDAY SHOT AND DISC

Flight 1 4:15- 4:50
Flight 2 5:05 – 5:40
Flight 3 5:55 – 6:30
Flight 4 6:45 – 7;20
Finals 7:35