

# 2015 Youth National South Qualifier (17 years of age and under)

**Location:** Cannon Falls High School, 820 East Minnesota Street, Cannon Falls, MN 55009

**Date:** Saturday, May 23

**Lifts Contested:** Snatch and Clean and Jerk USAW rules

**Eligibility:** USA Weightlifting Members. You can purchase memberships on site, but USAW charges a \$10 surcharge for paper registration. Online registration at: <http://www.teamusa.org/USA-Weightlifting.aspx> then hit the membership tab.

**Sanction:** Minnesota Weightlifting #30-15-11

**Sponsor:** Cannon Falls Weightlifting Club

**Schedule:** Weigh-ins: 8:00am Lift: 10:00am

**This is a single platform meet with no awards, just a chance to qualify for Youth Nationals**

**Entry Fee:** \$5 if post marked by May 18th, 2015

**Mail to:** Scott Safe : Weightlifting Coach  
12830 315<sup>th</sup> Street  
Cannon Falls, MN 55009

**Make check payable to:** Team Cannon Weightlifting

**2 forms of ID are required:** USAW card; and one of the following: driver's license, passport, birth certificate, ect are acceptable.

**Check-in:** Upon arrival, check in with your documents at the lifter's check-in table.

Keep top section , mail in lower section

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North Metro Open Entry Form

Class \_\_\_\_\_ Kg. USAW # \_\_\_\_\_ Sex M or F Date of Birth \_\_\_\_\_

Name \_\_\_\_\_ (Please Print)

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_ Cell \_\_\_\_\_ Team \_\_\_\_\_

I do not hold USAW, Minnesota Weightlifting, ISD #252, Cannon Falls Weightlifting Club, Team Cannon Weightlifting, It's coaches or sponsors liable for any damages, injuries, or losses suffered by me in this meet,

**Parent/ Guardian Signature:** \_\_\_\_\_

**Athlete Signature** \_\_\_\_\_