

# MAYO CLINIC HIGH SCHOOL SUMMER SPORTS PERFORMANCE TRAINING



**WHO:**

Student-Athletes

**WHAT:**

Strength Training; Speed, Agility & Quickness Training

**WHEN:**

June 8-August 14

**WHERE:**

Century High School

**COST:**

\$90



Services provided by Mayo Clinic Sports Performance

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For information regarding session schedule visit: Century Panthers Sports Performance @ <http://www.centurypanthers.org>