



2018 Spring Development Program **"Player Draft Season"**

The Vikings Hockey Club is proud to announce their [2018 Spring Development Program](#) at The Arctic Ice Arena. This year's program will run from early April thru the late June. The Vikings Spring Development Program is open to [ALL PLAYERS](#) from all clubs including AAA, High School, Girls Teams, Arctic Jr Fury and all House Programs.

For 2018, the Vikings Spring Program will consist of a combination of Skills, Drills, Small Area Games and Draft Games. The revised format allows for a focus on individual player development while implementing team concepts and tactics through a fun yet competitive game environment. In April all sessions will consist of skills and drills only focusing on individual player development. Beginning in May, the Coaching Staff will draft all Spring Players onto two teams (Blue & Red). Players will be issued jerseys in early May. The month of May will consist of one session per week being skills and drills and the other session being all small area games. In June each level will skate one time per week and each session will be full games. This revised format will allow our players to progress from the skills and drills program into the concepts and game situation from April to June.

The Vikings will be entering teams in the following tournaments... [Dragons Lair Hockey Tournament May 18th – 20th \(Girls U12 and U14\)](#) and [Canlan Chicago May Classic May 11-13 \(Mite AAU, SQ U10, PW U12, Bantam U14 and U16\)](#) These tournaments will be held in the Chicago area. Teams will be selected with priority given to players registered in the Vikings Spring Program. Teams will be selected and coached by a collection of 2018 Orland Park Vikings Spring and Fall Coaches.

Vikings Hockey Director Nick Pollos combined with Hockey Sense Inc. will be entering teams at all birth years (10-02) in the **Tier I AAA Chicago Shootout (formally NAPS) May 4th – 6th in the Chicago area.** This is a high level birth year tournament. Players will be invited individually throughout the spring by Nick Pollos and Hockey Sense Inc. Staff.

If your player is selected for any tournament teams, he/she will incur an additional cost per tournament which will include a tournament jersey. There will be no refunds or prorated fees for tournaments.

Now in its 8th year, our development program has been developed by Vikings Hockey Director Nick Pollos with contributions from various **USA Hockey** and Professional Hockey Coaches and Instructors. Each session will be made up of challenging development drills, focusing on proper skating technique, puck handling, passing and shooting along with focused and competitive scrimmage time. Specialized goaltender instruction will also be present throughout the program including goalie clinic nights.

A variety of instructors will be used during these sessions including current and new Vikings coaches, special guest instructors, current Junior A, NCAA and Professional Players along with Hockey Director Nick Pollos.

This is not a spring league, no meaningless games, no driving to multiple rinks at various times and days. Our program focuses on teaching and development at one location with a pre-determined schedule, all in one rink with proven instructors at a very reasonable cost.

Program details are outlined as follows...

2018 Vikings Spring Program Options

Listed below are two registration options for the 2018 Vikings Spring Program...

Option 1 - Families can sign up for the full spring program at their child's age level. This consists of All On and Off Ice Sessions from April through June. All Off-Ice training sessions (U10, U12, U14 & Girls) take place at the Vikings Training Center.

Option 2 – Families can purchase a Flex 10 skate program which can be used any time during the Spring Program. The Flex 10 skaters name will be checked off a master Flex 10 list each time they attend. The Flex 10 Skate Program can be used in any combination of levels if a family has multiple skaters at different levels and includes off-ice training (U10, U12, U14 & Girls). The player can attend any 10 sessions they choose at their age level from April through June. (Excludes Mites and Midgets)

2018 Vikings Spring Program Fees

<u>Age Level</u>	<u>Full Spring Program</u>	<u>Flex 10 Skate</u>
<i>Register before 3/15/18</i>	<i>\$50.00 discount (excludes goalies)</i>	N/A
Mite (13-10)	\$399.00	N/A
U10 (08-09)	\$479.00	\$325.00
U12 (06-07)	\$479.00	\$325.00
U14 (04-05)	\$479.00	\$325.00
Girls (04-07)	\$479.00	\$325.00
Midgets (00-03) <i>No Jersey provided</i>	(Drop In only \$10 per skate)	N/A
ALL GOALIES (excludes midgets)	\$279.00	N/A

- *2 Years playing experience recommended for girls program, contact Girls Director Julie Sochacki with any questions regarding Girls Spring Program at vikingsgirlshockey@gmail.com*
- **ALL PLAYERS RECEIVE A NEW 2018 VIKINGS SPRING PROGRAM JERSEY**

**** All signups are highly recommended to be completed online prior to April 3rd.**

**** No refunds will be given for full program or Flex 10 purchases**

**** There will be a Maximum of 36 Full Program Skaters accepted to each level, 48 Mites**



2018 Spring Development Program On-Ice Schedule April – June

Mites U8, SQ U10, Girls 04-07,
Mondays & Wednesdays (Only Dates Listed)

Mites U8 – 5:10pm-6:10pm, SQ U10 – 6:20pm-7:20pm, Girls 04-07 – 7:30pm-8:40pm

April – 9, 11, 16, 18, 23, 25, 30

May – 2, 7, 9, 14, 16, 21, 23, 30

June – 6, 13, 20

PW U12, Bantam U14 & Midgets

Tuesdays & Thursdays (Only Dates Listed)

PW (U12) – 6:10pm-7:10pm, Bantams (U14) – 7:20pm-8:20pm

Midgets (All) – 8:30pm-9:30pm

April – 3, 5, 10, 12, 17, 24

May – 1, 3, 8, 15, 17, 22, 24, 29, 31

June – 5, 12, 19

On Ice Goalie Clinic Sessions

ALL GOALIES

April 13th 6:40pm – 8:00pm (Off-Ice 5:10-6:10pm)

June 4th 6:40pm – 8:00pm (Off-Ice 5:10-6:10pm)

June 11th 6:40pm – 8:00pm (Off-Ice 5:10-6:10pm)

All Goalies will also receive 3 Specialized Off-Ice Goalie Only Training Sessions at the Vikings Training Center. All Goalies will train using the Pro Hybrid Consistent Confidence Crease



2018 Off-Ice Training Dates & Times

Mondays (Dates Listed)

SQ U10 (4:50-5:50pm) Girls 04-07 (6:00-7:00pm)

April – 9, 16, 23, 30

May – 7, 14, 21

Tuesdays (Dates Listed)

PW U12 (4:40-5:40pm) Bantam U14 (5:50-6:50pm)

April – 10, 17, 24

May – 1, 8, 15, 22

(Separate sign up and fee for Midget Off-Ice Training to be held at PSP Training, log on to pspfitness.com for details)

All Off-Ice Training will be led by the Vikings Strength Coach(s) and will involve speed-agility, weightlifting and flexibility training (age appropriate)

All Players should dress in work-out attire (shorts, gym shoes etc.)

VIKINGS HOCKEY OFF ICE TRAINING CENTER
18404 S. 116TH Ave., Unit H Orland Park, IL 60067

*Just south of 179th St. off Wolf Rd and 183rd St.
Vikings TC is the furthest unit on the west end of the building*

[http://assets.ngin.com/attachments/document/0082/9073/Vikings Training Center Map.pdf](http://assets.ngin.com/attachments/document/0082/9073/Vikings_Training_Center_Map.pdf)

*Click "**Registrations**" tab on the Vikings Website home page to register*



SIGN UP TODAY AT

WWW.VIKINGSYOUTHOCKEY.ORG

Contact Vikings Hockey Director, Nick Pollos with any questions at

vikingshockeyhd@gmail.com

LET'S GO VIKINGS