



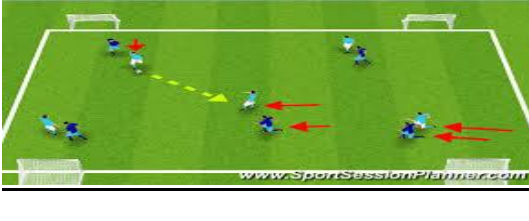


DIAGRAM	ORGANIZATION	KEY COACHING POINTS
Players Dribble in Grid 	<ul style="list-style-type: none"> • Dribble in grid- Coach Calls Out Command • Same Beginning moves. Keep Change of direction- Outside cut, inside cut, pull back, cryuff, heel. Adv add step overs and scissors 	<ul style="list-style-type: none"> • Get the kids used to touching the soccer ball w/ all surfaces of the feet while having fun racing around the cone. • You can make them do funny stuff once their done like sing row row your boat or do the sprinkler if its hot
Dribble Keep Away From Partner 	<ul style="list-style-type: none"> • Can play tails if you have enough pinnies. Each kid puts a bib in their shorts like a tail. Go for 1 min see how many pulls a player gets and who didn't get pulled. • B) Can play Freeze tag everyone is it and if they are frozen another player must do a foundation on their ball to unfreeze them 	<ul style="list-style-type: none"> • Head up, keep the ball close to you and be able to stop quickly. • Make sure to look for defender and use moves to beat them or dribble into space. May need a big touch to get away and cut off touch once you beat them.
Passing Gates then 4v1 Keep Away 	<ul style="list-style-type: none"> • Pass Through gates and go for 1 min and see how many gates you can get advanced add def B) 4v1 Keep Away-If Defender wins it play their teammate waiting outside then switch that teammate out to off and the def gets a breather. Go for 45 sec 	<p>Toe up, heel down and ankle locked. Point your nike sign in middle of foot and plant leg to target.</p>
Partner Passing 4 Square 	<ul style="list-style-type: none"> • Make two teams. One team defends the pug and the other is on offense and has a ball and a partner not like the picture where everyone has a ball. To start maybe just have a few defenders then you can add more. Go for a minute and a half then switch off and def. most goals wins. No puppy guarding. 	<ul style="list-style-type: none"> • Go at speed to goal if a defender comes figure how to beat them to get the ball into the goal by dribbling or passing then shooting. • Vision awareness of defenders, good technique on pass, dribble and finish.
4 Goal Game 	<ul style="list-style-type: none"> • 4 Goal game-Make two teams and each gets to attack two goals and defend two goals. • If kids need a change can do steal the bacon or mini 2v2 games so two fields going at once. 	<ul style="list-style-type: none"> • Look for opportunities if a goal is crowded to go to another goal. Head up on dribble and for the pass.
SCRIMMAGE: Play an age appropriate scrimmage. Minimize coaching and let the players play and have fun!!		