

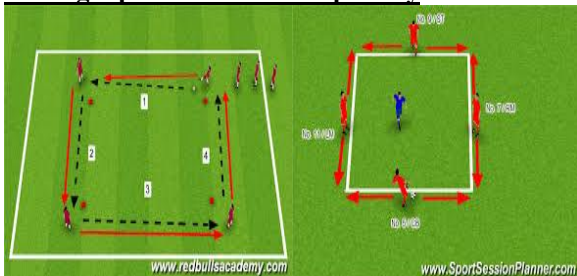




DIAGRAM	ORGANIZATION	KEY COACHING POINTS
<b>Players Dribble in Grid</b> 	<ul style="list-style-type: none"> <li>Dribble in grid- Coach Calls Out Command</li> <li>Same Beginning moves. Keep Change of direction- Outside cut, inside cut, pull back, cryuff, heel. Adv add step overs and scissors Also add fake step right, left and both, also fake kick and Step on then go. Add Ronaldo Chop and pull scoop.</li> <li>Juggle- Try to have no spin on the ball</li> </ul>	<ul style="list-style-type: none"> <li>Get the kids used to touching the soccer ball w/ all surfaces of the feet while having fun racing around the cone.</li> <li>You can make them do funny stuff once their done like sing row row your boat or do the sprinkler if its hot</li> </ul>
<b>Dribble Keep Away From Partner</b> 	<ul style="list-style-type: none"> <li>Can play tails if you have enough pinnies. Each kid puts a bib in their shorts like a tail. Go for 1 min see how many pulls a player gets and who didn't get pulled.</li> <li>B) Can play Freeze tag everyone is it and if they are frozen another player must do a foundation on their ball to unfreeze them</li> </ul>	<ul style="list-style-type: none"> <li>Head up, keep the ball close to you and be able to stop quickly.</li> <li>Make sure to look for defender and use moves to beat them or dribble into space. May need a big touch to get away and cut off touch once you beat them.</li> </ul>
<b>Passing Square then 4v1 Keep Away</b> 	<ul style="list-style-type: none"> <li>Passing Square-Play right then left receive with opposite foot then follow pass to next cone. Good groups use 2 balls.</li> <li>B) 4v1 Keep Away-If Defender wins it play their teammate waiting outside then switch that teammate out to off and the def gets a breather. Go for 45 sec</li> </ul>	<p>Toe up, heel down and ankle locked. Point your nike sign in middle of foot and plant leg to target. Good First touch into space so you can pass. Receive across body always. Keep ball moving. Hit middle of ball for firm pass.</p>
<b>2v1 to Goal</b> 	<ul style="list-style-type: none"> <li>2v1 to Goal- Two lines of attackers with balls and one line of defenders without balls the off lines dribbles and tries to beat the defender and shoot into the goal. Can use two cones as the goal. After 2:30 minutes switch off and def. Play 3 rounds</li> </ul>	<ul style="list-style-type: none"> <li>Key is picking when to pass and when to dribble then using correct surface to pass and receive.</li> </ul>
<b>3v2 to Goal</b> 	<ul style="list-style-type: none"> <li>3v2 to Goal- Three lines of attackers with balls and two lines of defenders without balls the off. lines dribbles or passes and tries to beat the defender and shoot into the goal. Can use two cones as the goal. After 2:30 minutes switch off and def. Play 3 rounds</li> </ul>	<ul style="list-style-type: none"> <li>Adding an extra defender now the attacker must pick the open player and try to create a 2v1 quickly or a 1v1.</li> </ul>
<b>SCRIMMAGE:</b> Play an age appropriate scrimmage. Minimize coaching and let the players play and have fun!!		

