

DIABLO FUTBOL CLUB

CLUB PHILOSOPHY



V I S I O N

The vision of Diablo FC is to provide the most complete and comprehensive youth soccer program that will produce the best soccer athletes in our community.

Diablo FC provides the foundation and best training habits to create the best possible environment for player development. We aim to inspire and empower our youth soccer athletes to achieve excellence in the sport of soccer and life.

P L A Y E R D E V E L O P M E N T M O D E L

PHYSICAL	TECHNICAL	TACTICAL	PSYCHO-SOCIAL
<ul style="list-style-type: none"> •Psycho-Motor Abilities •Coordination Abilities •Speed •Agility •Quickness •Strength •Power 	<p><u>1st Stage</u></p> <ul style="list-style-type: none"> •Juggling •Passing & Receiving •Guiding the Ball <p><u>2nd Stage</u></p> <ul style="list-style-type: none"> •Long Passing •Shooting •Dribbling 1v1 <p><u>3rd Stage</u></p> <ul style="list-style-type: none"> •Heading •Fakes/Feints •Tackling 	<ul style="list-style-type: none"> • Offense •Defense •Transition <p>Offense to Defense</p> <ul style="list-style-type: none"> •Transition <p>Defense to Offense</p> <ul style="list-style-type: none"> •Set Pieces 	<ul style="list-style-type: none"> • Respect & Discipline •Motivation •Self-Confidence •Team Work / Cooperation •Competitiveness •Commitment •Accountability •Decision Making

S T A G E S O F D E V E L O P M E N T



U12 COACHING STAFF

TEAM	HEAD COACHES
U12 03 Girls	Zach Sullivan
U12 03 Boys	Brian Voltattorni & Zbysek Rychtecky

Technical Staff

Director of Coaching: Brian Voltattorni

Girls Director: Scott Alexander

Boys Director: Richard Weiszmann

Technical Director: Marquis White

GK Director: Henry Foulk

2015 PROGRAM

Our **U12 Program** trains 3 x week and plays 11v11 in the U12 NorCal Spring & Fall League. They will also compete in 3-5 different tournament events and conclude the season with NorCal Cup in January-February. Typical roster is 15-18 players. The U12 season is a very important season as the players transition from the 8v8 game to the 11v11 game. The objective for the season is to teach the team how to play the 11v11 game with new positions and roles and responsibilities, while still trying to play the game the correct way. We will emphasize possession and playing out of the back, even at the expense of losing games now. DFC is committed to development over winning and we will teach our players the fundamentals and tactics to play with style.

2015 CALENDAR OF EVENTS

CYCLE	TRAININGS	PLAYING LEAGUE & EVENTS
Competitive I Cycle Spring Season (March-May)	3 x Week	NorCal Spring League
Preparation Cycle Summer Season (June-Aug)	3 x Week	Ballistic Summer Classic (Boys) Rage Showcase (Girls) Santa Cruz Beach Soccer + 2-3 Tournaments <i>Club Vacation: June 21-July 5 & 1-2 Weeks Selected by Coach</i>
Competitive II Cycle Fall Season (Sept-Nov)	3 x Week	NorCal Fall League NorCal Cup
Cup Cycle (U11 only) Winter Season (Dec-Feb)	2-3 x Week	NorCal Cup Mustang Winter Turf

GK Training: Year-round on Tuesdays @ Baldwin park
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Futsal Training (Indoor Program): Winter Months

Skills & Elite Training Clinics: Seasonal

DFC PRIDE

We truly believe in our club. We would like you to be a part of it. We offer competitive teams with great coaching for all skill levels. It is our goal to make sure every family that wants to be a part of this club will have that opportunity.

GO DFC!!!