

Minnesota High School State Records

Varsity Boys (Through meet held on 1/17/2015)



Class/Lift:	Name:	Club:	Weight:	Date:	Site:
56kg:					
Snatch	Brian Meyers	Team Cannon	77.5	Dec. 13, 2003	Cannon Falls: Southern MN HS Open
Clean & Jerk	An Phan	Shakopee	91	Jan. 17, 2015	Rosemount: Rosemount High School Open
	Dithdecha Soundara	Burnsville	91	Feb. 8, 2014	Burnsville: Blaze High School Open
Total	An Phan	Shakopee	164	Jan. 17, 2015	Rosemount: Rosemount High School Open
62kg:					
Snatch	Jason Wetzel	Armstrong	92.5	Mar. 24, 2001	Rosemount: High School State Meet
Clean & Jerk	Taylor Feldmann	Farmington	115	Mar. 5, 2005	Glencoe: High School State Meet
Total	Taylor Feldmann	Farmington	205	Mar. 5, 2005	Glencoe: High School State Meet
69kg:					
Snatch	Jordan Vincent	Rosemount	100	Feb. 23, 2002	Armstrong: Falcon Last Chance Meet
Clean & Jerk	Nathan Oelke	Armstrong	130	Jan. 18, 2014	Rosemount: Rosemount Open
Total	Nathan Oelke	Armstrong	225	Jan. 18, 2014	Rosemount: Rosemount Open
77kg:					
Snatch	Khalid Al-Khatib	Rosemount	111	March 9, 2013	Lakeville: High School State Meet
Clean & Jerk	Nate Oelke	Armstrong	141	Dec. 13, 2014	Armstrong: North Metro HS Open
Total	Michael Schiller	Bur	247	Jan. 17, 2015	Northfield: Raider High School Open
85kg:					
Snatch	Paul Gronvall	Red Wing	122.5	Mar. 15, 2003	Rosemount (DCTC): HS State Meet
Clean & Jerk	Paul Gronvall	Red Wing	137.5	Feb. 15, 2003	Farmington: South Metro HS Open
Total	Paul Gronvall	Red Wing	257.5	Mar. 15, 2003	Rosemount (DCTC): HS State Meet
94kg:					
Snatch	Paul Gronvall	Red Wing	130.5	Jan. 17, 2004	Lakeville: Last Chance Qualifier
Clean & Jerk	Collin Fossum	Lakeville South	160	Mar. 12, 2011	Lakeville: High School State Meet
Total	Collin Fossum	Lakeville South	285	Mar. 12, 2011	Lakeville: High School State Meet
105kg:					
Snatch	Connor Rousemiller	Lakeville South	120	Dec. 13, 2014	Cannon Falls: Southern MN HS Open
Clean & Jerk	Nick Liska	Rosemount	150	Mar. 12, 2011	Lakeville: High School State Meet
Total	Connor Rousemiller	Lakeville South	264	Dec. 13, 2014	Cannon Falls: Southern MN HS Open
105+kg:					
Snatch	Nate Safe	Team Cannon	130	Mar. 15, 2003	Rosemount (DCTC): HS State Meet
Clean & Jerk	Cory Callahan	Northfield	156	March 8, 2008	Farmington: High School State Meet
Total	Nate Safe	Team Cannon	280	Mar. 15, 2003	Rosemount (DCTC): HS State Meet

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Class/Lift:	Name:	Club:	Weight:	Date:	Site:
48kg:					
Snatch	Destiny Young	Armstrong	49	Feb. 22, 2014	Caledonia: Last Chance Qualifier
Clean & Jerk	Destiny Young	Armstrong	60	March 8, 2014	Lakeville: High School State Meet
Total	Destiny Young	Armstrong	107	Feb. 22, 2014	Caledonia: Last Chance Qualifier
53kg:					
Snatch	Aneesa Ally	Burnsville	54	March 8, 2014	Lakeville: High School State Meet
Clean & Jerk	Aneesa Ally	Burnsville	65	March 8, 2014	Lakeville: High School State Meet
Total	Aneesa Ally	Burnsville	119	March 8, 2014	Lakeville: High School State Meet
58kg:					
Snatch	Hannah Means	Northfield	60	Feb. 13, 2004	Itasca, IL: National Junior Meet
Clean & Jerk	Hannah Means	Northfield	72.5	Feb. 13, 2004	Itasca, IL: National Junior Meet
Total	Hannah Means	Northfield	132.5	Feb. 13, 2004	Itasca, IL: National Junior Meet
63kg:					
Snatch	Hannah Means	Northfield	67.5	April 1, 2005	St. Paul: National Junior Meet
Clean & Jerk	Lisa Krohnfeldt	Alexandria	77.5	2001?	
	Hannah Means	Northfield	77.5	April 1, 2005	St. Paul: National Junior Meet
Total	Hannah Means	Northfield	145	April 1, 2005	St. Paul: National Junior Meet
69kg:					
Snatch	Cori Safe	Team Cannon	72.5	Feb. 13, 2004	Itasca, IL: National Junior Meet
Clean & Jerk	Maria Fruechte	Caledonia	89	June 25, 2011	Flowery Branch, GA: National Youth Meet
Total	Maria Fruechte	Caledonia	154	June 25, 2011	Flowery Branch, GA: National Youth Meet
75kg:					
Snatch	Maria Fruechte	Caledonia	73	Feb. 25, 2013	Caledonia: Last Chance Qualifier
Clean & Jerk	Maria Fruechte	Caledonia	92	March 9, 2013	Lakeville: High School State Meet
Total	Maria Fruechte	Caledonia	164	Feb. 25, 2013	Caledonia: Last Chance Qualifier
75+kg:					
Snatch	Alayna Theissen	Lake Crystal	68	Jan. 17, 2015	Rosemount: Rosemount High School Open
Clean & Jerk	Alayna Theissen	Lake Crystal	92	Jan. 17, 2015	Rosemount: Rosemount High School Open
Total	Alayna Theissen	Lake Crystal	160	Jan. 17, 2015	Rosemount: Rosemount High School Open

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Minnesota High School State Records

Junior Varsity Boys (Through meet held on 1/17/2015)



Class/Lift:	Name:	Club:	Weight:	Date:	Site:
50kg:					
Snatch	Nicholas Lorentz	Cannon Falls	51	Mar. 12, 2011	Lakeville: High School State Meet
Clean & Jerk	Erik Philips	Eden Prairie	71	June 25, 2010	Foster City, CA: National Schoolage
Total	Erik Philips	Eden Prairie	121	June 25, 2010	Foster City, CA: National Schoolage
56kg:					
Snatch	David Hausmann	Rosemount	68	Dec. 13, 2014	Armstrong: North Metro HS Open
Clean & Jerk	David Hausmann	Rosemount	88	Dec. 13, 2014	Armstrong: North Metro HS Open
Total	David Hausmann	Rosemount	156	Dec. 13, 2014	Armstrong: North Metro HS Open
62kg:					
Snatch	Kou Vang	Mpls North/CODP	75	Jan. 18, 2003	Glencoe: Central MN HS Open
Clean & Jerk	Benjamn Nhan	Burnsville	92	Dec. 14, 2013	Armstrong: North Metro HS Open
Total	Benjamn Nhan	Burnsville	163	Dec. 14, 2013	Armstrong: North Metro HS Open
69kg:					
Snatch	Nathan Oelke	Armstrong	98	June 30, 2013	St. Joseph, MO: National Youth Meet
Clean & Jerk	Nathan Oelke	Armstrong	124	Dec. 14, 2013	Armstrong: North Metro HS Open
Total	Nathan Oelke	Armstrong	220	Dec. 14, 2013	Armstrong: North Metro HS Open
77kg:					
Snatch	Collin Fossum	Lakeville South	96	Feb. 7, 2009	Lakeville: Lakeville Open/Last Chance
Clean & Jerk	Michael Schiller	Burnsville	123	Dec. 14, 2013	Armstrong: North Metro HS Open
Total	Michael Schiller	Burnsville	213	Dec. 14, 2013	Armstrong: North Metro HS Open
85kg:					
Snatch	Collin Fossum	Lakeville South	100	June 21, 2009	Gainesville, GA: National Schoolage
Clean & Jerk	Collin Fossum	Lakeville South	125	June 21, 2009	Gainesville, GA: National Schoolage
Total	Collin Fossum	Lakeville South	225	June 21, 2009	Gainesville, GA: National Schoolage
94kg:					
Snatch	Connor Rousemiller	Lakeville South	106	June 30, 2013	St. Joseph, MO: National Youth Meet
Clean & Jerk	William Staska	McGregor	131	Dec. 13, 2014	Armstrong: North Metro HS Open
Total	William Staska	McGregor	229	Dec. 13, 2014	Armstrong: North Metro HS Open
94+kg:					
Snatch	Connor Rousemiller	Lakeville South	108	Dec. 14, 2013	Cannon Falls: Southern MN HS Open
Clean & Jerk	Eric Rousemiller	Lakeville South	135	Dec. 13, 2014	Cannon Falls: Southern MN HS Open
Total	Eric Rousemiller	Lakeville South	240	Dec. 13, 2014	Cannon Falls: Southern MN HS Open

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Class/Lift:	Name:	Club:	Weight:	Date:	Site:
44kg:					
Snatch	Maria Fruechte	Caledonia	40	June 29, 2007	Springfield, MO: National Schoolage
Clean & Jerk	Maria Fruechte	Caledonia	51	June 27, 2007	Springfield, MO: National Schoolage
Total	Maria Fruechte	Caledonia	91	June 29, 2007	Springfield, MO: National Schoolage
48kg:					
Snatch	Maria Fruechte	Caledonia	45	June 20, 2008	Orlando, FL: National Schoolage Meet
Clean & Jerk	Maria Fruechte	Caledonia	57	June 20, 2008	Orlando, FL: National Schoolage Meet
Snatch	Maria Fruechte	Caledonia	102	June 20, 2008	Orlando, FL: National Schoolage Meet
53kg:					
Snatch	Maria Fruechte	Caledonia	53	Feb. 28, 2009	Farmington: High School State Meet
Clean & Jerk	Michaela McIntosh	Armstrong	65	March 8, 2014	Lakeville: High School State Meet
Total	Maria Fruechte	Caledonia	116	Feb. 28, 2009	Farmington: High School State Meet
58kg:					
Snatch	Maria Fruechte	Caledonia	58	March 13, 2010	Lakeville: High School State Meet
Clean & Jerk	Maria Fruechte	Caledonia	69	March 13, 2010	Lakeville: High School State Meet
Total	Maria Fruechte	Caledonia	127	March 13, 2010	Lakeville: High School State Meet
63kg:					
Snatch	Cori Safe	Team Cannon	60	Jan. 19, 2002	Cannon Falls: Southern MN HS Open
Clean & Jerk	Cori Safe	Team Cannon	70	Jan. 19, 2002	Cannon Falls: Southern MN HS Open
Total	Cori Safe	Team Cannon	130	Jan. 19, 2002	Cannon Falls: Southern MN HS Open
69kg:					
Snatch	Cori Safe	Team Cannon	65	Mar. 8, 2002	Torrance, CA: Junior National Meet
Clean & Jerk	Chase Schaefer	Team Cannon	77	Jan. 17, 2015	Rosemount: Rosemount High School Open
Total	Chase Schaefer	Team Cannon	138	Jan. 17, 2015	Rosemount: Rosemount High School Open
69+kg:					
Snatch	Alayna Theissen	Lake Crystal	67	Dec. 13, 2014	Cannon Falls: Southern MN HS Open
Clean & Jerk	Alicia Vogel	Lakeville South	91	March 8, 2014	Lakeville: High School State Meet
Total	Alicia Vogel	Lakeville South	157	March 8, 2014	Lakeville: High School State Meet