
Chicago Fire Juniors West

Player Development



Goalkeeper Language

It is important to improve the quality of communication between field players and you, the goalkeeper. It is imperative that you develop simple commands that have specific meaning in a commanding and confident voice.

AWAY/CLEAR	First time clearance high and away, giving your team a chance to recover.
INSIDE/OUTSIDE	The direction you wish the defender to push the attacker.
PUSH OUT/STEP UP	Players need to push up pulling the opposition off sides.
KEEPER	The main call used when calling off players from the ball, defenders must back him up when he goes to the ball.
WALL #	Number of players you need in the wall- don't just set your own wall.
CONTAIN/DELAY	Don't tackle or dive in, just shadow and delay the players advancement of the ball.
DOUBLE	Two men on player with the ball.
FRONT	Throw ins, free kicks, get in front of the man who is perceived to be most dangerous with the ball.
SUPPORT	You have help, play the ball back.
LEFT/RIGHT SHOULDER	Used to tell your defender a man is making a run across the defense or the fact a man is wide open.
MAN ON	Used when a defender is being closed down by the opponent.