



Update Rules for Session 2 at RSSC

1. Dropped ball - Just like in outdoor soccer, the ball is now dropped to a player on the last team that touched the ball except when there is a dropped ball in the penalty area where it is always dropped to the goalkeeper. Opposing players must be 10 feet away from the dropped ball.
2. Walls - If there are 3 or more defending players in a wall, attacking players must be 1 yard away from the wall.
3. Referees - If a ball hits a referee and possession changes or a scoring opportunity develops, the team that last touched the ball is awarded a dropped ball.
4. Goal kicks & defensive free kicks - These are now in play once the ball is kicked and moves; they don't have to leave the penalty area; however, in u10 and younger, the ball still does need to leave the penalty area.
5. Accidental handling by an attacking player who then scores or creates a goal-scoring opportunity results in a free kick to the defending team.
6. Penalty kick - The goalkeeper only needs to have one foot on the goal line during a penalty kick.
7. Team officials - Coaches may now be cautioned (yellow carded) or sent off (red carded).
8. Blue cards - No more blue cards (only yellow or red cards).
9. Goal area - Attacking players may now be in the goal area prior to the ball. However, if you feel an attacking player is impeding the goalkeeper, don't be afraid to call it.

POINT OF EMPHASIS:

1. Penalty kicks - Except for the goalkeeper and the kicker, all players need to be 10 feet behind the ball. Don't let players line up surrounding the penalty area during a penalty kick!