



Lower Hudson Volleyball Association is a non-profit organization designed to provide athletes with a competitive

volleyball experience. Our goal is that each player performs to their peak level of ability, as well as learn important life lessons. Through hard work, determination and teamwork, each player will gain self-confidence in the sport of volleyball on and off the court. Our coaching staff consists of experienced coaches from around the area who are ready to share their knowledge of the game.

2014-2015 Teams

17s/16s Travel Team
17s/16s Regional Team
15s Regional Team
14s Regional Team
13s Regional Team
Developmental Program

Need More Information?

Website

www.lhvavolleyball.com

Contact Us

Email: info@lhvavolleyball.com

Directors

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**LOWER HUDSON
VOLLEYBALL
ASSOCIATION**

**AN ALL GIRLS CLUB
VOLLEYBALL PROGRAM
DESIGNED TO IMPROVE
AND ENHANCE
A YOUNG ATHLETE'S
SKILLS AND ABILITIES**

Travel and Local Teams

Information Meeting

Wednesday, November 5th @ 7pm
Pelham Middle School Gym

New and returning parents and players are encouraged to attend to learn more about our program and to meet the 2014-2015 coaches.

Tryouts

Date: November 18th & 19th

(must attend both days)

Place: Hooperstown (Mount Vernon, NY)

Tryout Times for New Players

Age: 15 and Under Regional

6:00-7:30pm

Age: 16 and Up Travel and Regional

7:30-9:00pm

Tryout Times for Returning Players

Go to your age group (see above for times) unless you played up on a LHVA team in the 2013-2014 Season.

(Ex: A player is 14 years old but played on the 16 and under LHVA Team in the 2013-2014 season. This player would go to the 16 and up tryout time.)

Registration

Players must be registered with GEVA prior to tryouts.

Website: www.geva.org

Place: Hooperstown

Date: November 18th

Time: 15 and under 5:30-6:00pm
16 and up 7:00-7:30pm

Tryout Fee: \$75 non-refundable (*does not include GEVA Player Registration*)

Pre-Register at the Information Meeting to save \$15. (**Tryout Fee on November 5th- \$60**)

Cost

The cost for each player depends on the team they are selected to play on. The fee for the entire season is from \$1,200 to \$1,600 for the Regional Teams and from \$2,200-\$2,500 for the Travel Team.

What's Included:

- * Uniform Package
- * Qualified Impact Certified Coaches
- * Two practices a week (17s-14s)
- * Six practices a month (13s)
- * Positional Practices- 1 hour a week (starts in January)
- * Regional Tournament Entry Fees
- * Hotel Accommodations and Tournament Fees for Travel Teams
- * Training Equipment

Developmental Program

This program is designed for players in grades 2-8 that are looking to learn and build basic volleyball skills. Players will be divided by grades, but can be moved depending on their ability.

Cost: \$300

Place: Pelham High School

Time: 1:00-2:30pm

Dates:

December 6th & 13th

January 10th, 17th, 24th & 31st

February 7th & 28th

March 7th & 14th

Snow Make-Up Date: March 21st

Registration

Players must be registered with GEVA and print the required forms on www.lhvavolleyball.com.

Tuesday, December 2nd

Pelham Middle School

7-8pm

or

Saturday, December 6th

Pelham High School

12-1pm

