

NORTHBROOK PARK DISTRICT



Northbrook Icette Program

Tryouts 2014

Welcome to the Northbrook Park District's Icette Program tryouts!

Icette Program tryouts this season will take place on Saturday, November 8 starting at 1:15pm.

Parents and skaters are responsible for the information contained in this packet. The Icette Program Director will be available via phone or email to answer any additional questions.

Icette Program

A proud tradition since 1969, the Icette Program focuses on dance skills, teamwork, dedication and leadership. Created in the style of the Ice Follies, the Icettes feature glamorous, dazzling costumes and theatrical dance production numbers. Many Icettes have skated in national touring shows, such as the Ice Capades and Holiday on Ice. Over the years, the Icette Program has grown to include skaters in grades 6-12. Most young skaters in Northbrook hope to become Icettes and to continue the tradition.

The Icette Program is comprised of three dance teams consisting of skaters of various ages and levels:

- **Dancette Team (Coach: Meredith Eisen)**

Skaters must be entering 6th grade or higher and in Freestyle 5 or above. This team is a "dance-on-ice" style team (no jumps, spins or features executed) and is a stepping stone into Jr. Icettes. Up to 24 skaters will be fielded on this team. Skaters will complete approximately 20 hours of rehearsal time from the beginning of February to the beginning of May. Each skater is expected to attend all rehearsals with few excused absences. A parent of a Dancette skater is required to work two volunteer shifts during the production beyond any outside requirement from a different organization such as Teams Elite. Dancettes will perform 1 number in Northbrook-On-Ice. Dancette participants will be eligible to skate in an upper level number in the show.

- **Jr. Icette Team (Coach: Suzy Hunt)**

Skaters must be entering 7th grade or higher and in Freestyle 5 or above. Skaters will complete approximately 60 hours of rehearsal from the beginning of December to the beginning of May. Each skater is expected to attend all rehearsals with few excused absences. A parent of a Jr. Icette skater is required to work two volunteer shifts during the production (both of them being in a locker room) beyond any outside requirement from a different organization such as Teams Elite. Jr. Icettes will perform 3 numbers in Northbrook-On-Ice (one of those numbers will be combined with the Icette team). Jr. Icette participants will perform a jumping number and therefore will not be eligible for an upper level number in the show.

- **Icette Team (Coach: Ashley Gallagher)**

Skaters must be entering 9th grade or higher and in Freestyle 6 or above. Skaters will complete approximately 90 hours of rehearsal from the middle of November to the beginning of May. Each skater is expected to attend all rehearsals with few excused absences. A parent of an Icette skater is required to work two volunteer shifts during the production (both of them being in a locker room) beyond any outside requirement from a different organization such as Teams Elite. Icettes will perform 5 numbers in Northbrook-On-Ice (one of those numbers will be combined with the Jr. Icette team). Icette participants will perform a longer jumping number and therefore will not be eligible for an upper level number in the show.

History of the Icette Program

More than 45 years ago, the Icette program was established to showcase skaters' dance styles on ice. Through the years, the program has been updated and the tryout process modified, but the criteria has remained constant. Skaters should have a strong technical background with the added elegance of style and the ability to learn large amounts of choreography, both over a period of time and in one session.

The program began with just one team, the Northbrook Icettes. After 35 years, a second team (Northbrook Jr. Icettes) was created to train skaters in grades 7 and 8. Due to the popularity of the program and the desire to train skaters at a young age, a third team was created (the Northbrook Dancettes) to add 6th graders into the mix. The Dancette team strives to be more inclusive, allowing skaters to learn and experience the program before advancing to a more demanding level. With the changes throughout the last decade, the Icette Program has become a series of stepping stones to prepare skaters for their ultimate Northbrook Icette experience.

Why is retention so important?

During the Icette Program season, the coaches share a large amount of choreography and blocking information with skaters. The amount of rehearsal time per number decreases with each advancing team level.

Dancettes: 1 Number/Approximately 20 hours of rehearsal

Jr. Icettes: 3 Numbers/Approximately 60 hours of rehearsal

Icettes: 5 Numbers/Approximately 90 hours of rehearsal

During the choreography process, numbers can change at the last minute due to revisions, pattern changes, lighting/prop cues, injuries or illness. Skaters are expected to adjust to changes with ease and cooperation.

Scheduling

Skating supervisors closely examined scheduling for all three teams and tried to avoid potential conflicts by comparing floor/ice/staff opportunities and practice times for synchronized skating, poms, Orchestis, dance, cheerleading, etc. Although we revised the schedules to accommodate skaters' other interests, we cannot avoid every conflict. So, this packet is produced early in the year to give plenty of notice to important dates and times. We expect all members to be fully committed to the season and to make Northbrook-On-Ice their number one priority March through May.

Tryout Conflicts – Dancettes & Jr. Icettes

Occasionally, conflicts arise that prevent a skater from attending the tryout session. If this occurs, a skater should request a personal meeting at least two months before the tryout to discuss available options. Skaters with a conflict will be considered for the same level team as in the previous season only by participating in all optional clinics. In order to advance to the next level team or continue to be a member of the Icette team, a skater must attend the Saturday tryout.



Northbrook-On-Ice

Northbrook-On-Ice is on Mother's Day weekend. The following dates require mandatory participation by all Icette Program members to remain eligible for the team. Mandatory dates are:

Thursday, Nov. 6	5:20-6:50pm – Dancette/Jr. Icette Clinic	Free (Closed to the public)
Thursday, Nov. 6	7:00-8:30pm – Icette Clinic	Free (Closed to the public)
Friday, Nov. 7	5:20-6:20pm – IP Practice Ice	\$7/30 min, No maxed limit
	6:30-7:30pm – IP Practice Ice	\$7/30 min, No maxed limit
Saturday, Nov. 8	1:15pm – Icette Program Tryouts	Fee: \$20/skater
Thursday, April 30	6-9pm – Icette Program Run-Thru/Action Shots	
Saturday, May 2	9am-7pm – Dress Rehearsal	
Sunday, May 3	9am-7pm – Dress Rehearsal	
Tuesday, May 5	6:30-9pm – Tech Night – Full Show	Closed to the public*
Friday, May 8	Ice Show – 7pm	
Saturday, May 9	Ice Shows – 1pm, 6pm	
Sunday, May 10	Ice Show – 1pm	

* Due to our experiences and standard practice for productions, Tech Night will be a closed session.

Optional Instructional Opportunities – The following clinics are highly encouraged for all members training to tryout this season or in upcoming seasons. (5th Grade and Above, FS 4 and Up)

Tuesday, Oct. 7	6:50-8:20pm – Optional Clinic # 1 (Compulsories)	Fee: \$35R/\$39NR
Wednesday, Oct. 15	6:50-8:20pm – Optional Clinic #2 (Pick-Up Piece)	Fee: \$35R/\$39NR
Tuesday, Oct. 21	6:50-8:20pm – Optional Clinic #3 (Dance)	Fee: \$35R/\$39NR

Other Important Dates:

Thursday, Oct. 23	Testing Cut-Off for Eligibility	
Friday, Oct. 24	Tryout Registration Deadline	
Sunday, Jan. 25	1pm – Ice Show Specialty Tryouts	Fee: \$10/skater

Eligibility

Each tryout participant must:

- Participate in both a fall and winter freestyle class in the Northbrook Skating School

OR

- Participate in at least 4 hours of freestyle ice (excluding public skating, classes, etc.) each week for a total of 36 hours from September 8 to November 9. To remain eligible, skaters must complete 24 hours from November 10-December 21 and 60 hours from January 5 to April 19.

Choosing Freestyle Ice

Skater's hours will start to be counted as of September 8. Eligibility weeks coincide with Skating School session dates. Hours during Winter Break will not be counted. Skaters may complete additional hours on some weeks to make up for a loss of hours during others. Below is the breakdown of the eligibility schedule:

2014 Fall Session	Hours	Totals	Event
9/8-9/14	4		
9/15-9/21	4		
9/22-9/28	4		
9/29-10/5	4		
10/6-10/12	4		
10/13-10/19	4		
10/20-10/26	4		
10/27-11/2	4		
11/3-11/9	4	36	Icette Program Tryouts
11/10-11/16	4		
11/17-11/23	4		
11/24-11/30	4		
12/1-12/7	4		
12/8-12/14	4		
12/15-12/21	4	60	End of Fall Session
2015 Winter Session	Hours	Totals	
1/5-1/11	4		
1/12-1/18	4		
1/19-1/25	4	12	Ice Show Solo Tryouts
1/26-2/1	4		
2/2-2/8	4		
2/9-2/15	4		
2/16-2/22	4		
2/23-3/1	4		
3/2-3/8	4		
3/9-3/15	4		
3/16-3/22	4		
3/23-3/29	4		
3/30-4/5	4		
4/6-4/12	4		
4/13-4/19	4	60	End of the Winter Session

* Must participate in freestyle ice. Public Skating, Cosmic, team practices and rehearsal hours are not eligible.

Tryout Format

All skaters should clear their schedules during the following blocks of time to ensure no conflicts during tryouts:

Tryout Date: Saturday, November 8

Dancettes & Jr. Icettes: 1:15-5pm

Icettes: 4-9pm

1st Section of Tryouts: Skills Combination (20%)

Skaters will execute a 9, 8-count combination containing skills such as show stops, t-stops, slide stops, kicks, ronde de jambs, chaines, etc. This will test the skater's knowledge of Icette skills while showing the judges the skater's confidence in presentation. Each skater will perform this combination once. Icettes will learn this combination during the actual tryout session. Jr. Icettes and Dancettes will learn their combination during the Thursday night clinic.

2nd Section of Tryouts: Dance Performance (50%)

Participants will learn a two minute dance at the mandatory clinic. Skaters will review this dance once during the tryout before performing it three times for the judges. The first performance will be executed with the whole group of participants, the second by two large groups; the 3rd performance will be done two at a time. The judges may request additional performances at that time.

3rd Section of Tryouts: Freestyle Program (30%)

(Those trying out for Dancettes are exempt from this portion of the tryout)

Each skater will perform a short compulsory routine made up of the skills listed below. Skills may be performed in any order. Skaters or coaches may choreograph this routine. This program will be performed to a 1:40-2:00 minute music selection. The music choice is unique to each skater and does not have to be professionally cut. Timing will start with the first movement and end with the last. A deduction (-1 to the overall skating quality from each judge) will be given for programs lasting over 2:00 minutes. Skaters should bring two copies of their music to the tryout. Participants will perform this aspect of the tryout one-at-a-time after a 5 minute timed warm-up.

Required Maneuvers:

* A single axel jump

* An additional jump (may be of higher difficulty). If an axel (or axel attempt) is the hardest jump able to be performed, another single jump should be performed with the strongest possible quality and speed.

* Spin: A solo spin or combination spin.

* Feature Maneuver: Please choose one from the list below...

- Split jump (Only eligible for Jr. Icettes)
- Russian
- Split Falling Leaf
- Bauer
- Spread Eagle
- Spiral
- Grab Spiral
- 135 or 180
- Hydroblade
- Shoot-the-duck

* Split Jump: only required for those trying out for the Icette team

Small skills may be performed throughout the program and will be considered “transitional choreographic maneuvers”. These skills will help to build a well rounded program that will influence the overall quality skating score.

- Mini bauers or spread eagles
- Bunny hops or mazurkas
- Short Knee Slides
- Illusion/Kicks
- Walley(s)
- Footwork Skills: Counters, Rockers, Twizzles, Loops, Brackets, Choctaws
- Stops (T-stops, slide stops, show stops)
- Chaines (no split falling leafs)

4th Section of Tryouts – Icettes & Jr. Icettes (Not scored with a point value)

Before the tryout is finalized, all skaters will be asked to perform a standard kick-line combination with the other participants trying out. This combination will be rehearsed during the Thursday night clinics. A specific score will not be given to each skater during this section; however, it will be used to assist in final team decisions by the judges. A skater’s flexibility and technique will be analyzed during this section.

Videotaping

Parents or coaches will not be permitted to videotape skaters at the rink during the practice sessions on Friday (all day) or Saturday morning. Each skater deserves the respect of practicing their routine/dance independently and free from worry that they are being watched, copied or judged.

Tryout Fee

A \$20 fee is required at the time of registration and is for the direct program tryout costs. These costs include production costs and minimal compensation to secure quality judges (6 - 8 judges for a minimum of 8 hours).

Group/Skating Order

- Skating order will be randomly selected during the night of the mandatory clinic. Skaters will be grouped according to team (Dancettes, Jr. Icettes, Icettes, Returning Icettes)
- Starting numbers for each section of the tryout will vary.

Tryout Attire

- Any style of black leotard – no rhinestones or colored trim
- Hair should be neatly tied back (half-up or ponytail) – hairspray/gel highly recommended (no headbands)
- Performance make-up
- Numbers will be pinned on to leotard prior to warm-ups
- No previous Icette Program attire should be worn during any point of the tryout session (ex: Icette sweatshirt)
- No gloves permitted

Tryout Times

Tryouts are scheduled to begin at 1:15pm. All skaters should arrive 1 hour before their warm-up time. Please check in at the Community Room to receive your number. Clear your schedules for time before and after the tryout due to the slight time changes that may occur.

Judges

There are typically 6-8 judges comprised of past Icette Program participants and/or those with experience in a variety of productions.

Scoring

Since this is not a technical competition but a show in its nature, scores are not solely awarded to the strongest skaters. Skaters must be proficient in their ability to dance and entertain as well as their technical abilities. Judges will be looking for skaters to show their personality, as well as their skills, while having a great time being on the ice.

- Judges will score on a range of 0-20 for each category (listed below)
- Average of scores of each category is calculated
- Average score is multiplied by the varying percentages (weight of category) and added together for Overall Score.
- Bonus points for the number of years of participation in Northbrook-On-Ice (0.10/year), number of years of participation in the Icette Program (0.25/year), as well as 0.25 points for Northbrook Park District residents are added to produce the Final Tryout Score

Categories with Weights	
Technical (30%): Single Axel Jump (5%) Additional Jump (5%) Solo/Combination Spin (5%) Feature Maneuver (5%) Icettes Only: Split Jump (5%) Icettes: Overall Skating Quality (5%) Jr. Icettes: Overall Skating Quality (10%)	Dance Performance (50%): Technical (25%) Presentation (25%) Skill Combination (20%): Technical (10%) Presentation (10%)
Bonus Points: Number of years of participation in Northbrook-On-Ice Number of years of participation in the Icette Program Northbrook Park District Residents	

Judging Criteria

0-4 = Needs Improvement

5-8 = Satisfactory

9-12 = Good

13-16 = Very Good

17-20 = Outstanding

To negate differences, scores are averaged to create consistency.

General Tryout Tips for Skaters

- Please refer to skill list attached to this packet.
- Eat healthy and be sure to get plenty of rest.
- Talk to past/present skaters who have been through the tryout; they can be an excellent source of information.
- Every time you practice, perform all moves “full out”
- Feel good about the way you look! It will be easier for you to concentrate on what you need to do.
- If you make a mistake, don’t panic! Show your ability to handle mistakes graciously and with confidence. Pick up where you left off, keep yourself calm and relaxed.
- Be energetic and always show enthusiasm.
- Show your personality! The judges want to see who YOU are!
- Eye contact and a genuine smile are extremely important to the judges!

Closed Tryouts for Parents & Coaches

To maintain a level of objectivity, the judges have been added to ensure an equitable field for all skaters. The Director of Northbrook-On-Ice, Icette Program staff and other Sports Center office staff will be present at the tryouts to assist in the execution of the tryout. Staff and non-staff coaches and parents will not be allowed to view the tryout.

Results

- At registration, skaters will select the teams they are interested in participating on this season. These selections will be referenced when fielding the team rosters.
- On the day of tryouts, the judges’ scores are immediately entered onto a spreadsheet
- Calculations are double-checked and judges’ scores are reviewed for inconsistencies and/or bias
- Icette Program teams are posted on the Monday following tryouts at 5:30pm on Ice Chatter.

Posting Locations

All results of the tryouts will be posted on Ice Chatter at nbparks.org.

Typical Results (Based on Previous Years)

(Results may vary.)

- 7th graders – Generally Dancettes – Strong skaters and dancers make Jr. Icettes
- 8th graders – 50% Dancettes/50% Jr. Icettes
- Freshmen – Less experienced skaters/dancers - Dancettes, Portion will become Jr. Icettes, Select group of strong skaters and dancers make Icettes
- Sophomores – 50% Jr. Icettes/50% Icettes

General Tryout Tips for Parents

- Prepare your daughter for the possibility that she will not make the team she desires or has been on in previous years. If she chooses not to accept other team options, is she okay with not being a part of the program?
- Encourage her to be realistic about her chances.
- Find the balance between optimism and pessimism. Being overly optimistic puts extra pressure on her; being too pessimistic will discourage her from trying her best.
- Discuss how your daughter should handle success, the importance of integrity, and how to console others who may not have made the team they strived for.

No Contact Period

The director of Northbrook-On-Ice and Icette Program Staff will not be available for contact from the Thursday before tryouts to the Wednesday morning after tryouts.

Parent/Skater Conferences

If you have questions/concerns, we would like to speak to you in person! We are happy to meet with you on an individual basis. Blocks of time have been set aside for half-hour conferences with the Ice Show Director to review results and receive feedback on the skater's tryout. Skaters must be present for these meetings to take place. If you would like to schedule a conference, please contact Peggy Schreiner at 847-291-2993 (after 11:30am) or email at pschreiner@nbparks.org.

Feedback Changes

After each season, feedback is presented to the staff and a variety of ideas are discussed in planning the upcoming season. Thank you again for your thoughts and suggestions!

Icette Program Skills List

The skills listed below are highly recommended for skaters training to become Icettes. The strength of skill performance will help to determine team placement, but skaters who master all of the skills are not guaranteed a position on the Dancette, Jr. Icette or Icette team. The Icette Program is based on a dance and theatrical background combined with the use of technical highlights throughout the routines.

Icette-Style Footwork

Front/Back T-Stops (Left and Right)
Outside/Inside Show Stops (Left and Right)
Chaine Turns, Split Falling Leafs
Fan Kicks, Ronde De Jambes (Front and Back)
Bauer Turn Bauer
Kick Line

Synchro Experience

Circles
Lines
Intersections
Pin Wheel
Splicing Circles
Splicing Blocks

Advanced Footwork

Outside Loops (LFO, RFO)
Inside Loops (LBI, RBI)
Outside Rockers (RFO, LFO, RBO, LBO)
Inside Rockers (RFI, LFI, RBI, LBI)
Outside Counters (RFO, LFO, RBO, LBO)
Inside Counters (RFI, LFI, RBI, LBI)
Whirlies
Swing Mohawks
Brackets
Choctaws
Inside Slide Stops (Right and Left)
Mazurka
Twizzles – Single and Double (Right and Left)

Questions

If you have any additional questions, please email Heather Aseltine, Leisure Services Supervisor/Northbrook-On-Ice Director at haseltine@nbparks.org. If the question is general and applies to all parents or skaters, the question and answer will be emailed to all eligible to tryout.

Icette Program Contract

~ 46th Annual ~

Thank you for your participation in our honored tradition! The Park District is fortunate to have such a talented group of skaters in our program. Our goal is to maintain the high standards that have been part of Northbrook-On-Ice for more than 45 years.

The following is a list of expectations from the Park District. We need your collective dedication to accomplish our goals.

Positive Attitude- Skaters should come to rehearsals with a positive attitude and a sense of excitement about the program.

Hard Work Ethic- Northbrook-On-Ice has a reputation as the most professional-looking ice show in the area. Be prepared to work hard, learn and be flexible to reach for perfection.

A Sense of Togetherness- As a team member, you are expected to be understanding, considerate and fair with each other, build strong relationships based upon honesty and integrity, and be accountable for your actions.

Pursuing Excellence- Being in the Icette program means taking pride in your work and striving for success through dedication and a commitment to excellence.

Code of Behavior

Icette Program participants are expected to exhibit appropriate behavior at all times. **The Icette Program is part of the Northbrook Park District, which enforces a zero tolerance policy with respect to drug and alcohol use.**

The Park District insists that skaters comply with the following Code of Behavior to ensure the Icette Program is safe and enjoyable for all participants:

1. Respect yourself, employees, the facility, parents and the community.
2. Do not make false or malicious statements about staff, the District or other participants in any form, including blogs or social networking sites, such as Facebook, Instagram, Twitter, etc.
3. If your views negatively impact the reputation or integrity of the District, staff or team morale or create divisiveness or friction among staff or the team, you may be disciplined — up to and including expulsion from the team.
4. Refrain from using abusive or foul language, causing bodily harm to yourself or other participants, and displaying any negative references to the sex, age, color, religion, national origin or abilities of any other participant.
5. Follow all directions given by staff.
6. Do not display any behavior considered inappropriate by staff or teammates.
7. Discuss any concerns privately with your team coach.

Disciplinary Action

The discipline policy consists of the following guidelines but does not limit the Park District's right to take immediate and appropriate action as needed.

Forms of Discipline

1. Oral Reprimands – Oral reprimands consist of a conference between the coaches or a supervisor and the skater to express disapproval of misconduct, clarify applicable rules or standards, and warn that repetition of the misconduct may result in more severe discipline.
Oral reprimands may be used for minor offenses. It is the skater's responsibility to share oral reprimands with her parents. Records of oral reprimands are kept on file as long as the skater is in the program.
2. Written Reprimands – Written reprimands require a conference between the coaches or a supervisor and the skater. The reprimand is issued in a letter to express disapproval of misconduct, clarify applicable rules or standards, and warn that repetition of the misconduct may result in more severe discipline.
Written reprimands are signed by the coaches or supervisor, the skater and a parent. They can be used for repeated misconduct of a minor nature or for more serious misconduct that does not warrant discharge from the Icette program. Copies of written reprimands are kept on file as long as the skater is in the program.
3. Expulsion – Expulsion is for serious misconduct or repeated misconduct of a less severe nature and calls for permanent removal of a skater from the Icette program.
4. If a skater is dismissed from the program, the coaches or supervisor can determine if the skater will be allowed to try out the following year based on the severity of the misconduct, past behavior issues and the skater's willingness to improve inappropriate behavior.

Attendance

Skaters are required to:

1. Arrive early enough to be prepared and ready to skate/dance when the rehearsal begins.
2. Attend the entire rehearsal and do not leave the ice without permission.
3. Notify staff of a late arrival or early dismissal before the start of a rehearsal by emailing the following personnel:
 - a. Icettes: Heather: haseltine@nbparks.org and Ashley: agallagher@nbparks.org
 - b. Jr. Icettes: haseltine@nbparks.org and Suzy: hunt-w@scbglobal.net
 - c. Dancettes: Heather: haseltine@nbparks.org and Meredith: merbear57@sbcglobal.net
4. Wear proper attire (dance pants) to rehearsals. Jeans, mittens or pants that hang low are not allowed, and hoods cannot be pulled up around the face. Hair should be pulled away from your face.
5. Refrain from using cell phones or musical devices at practice. (If used, they will be confiscated and disciplinary action will be taken.)
6. Attend all practices. A skater can be dropped from a number(s) due to attendance issues. No refund will be given.
7. No gum, snacks or homework will be allowed on the ice during the length of the rehearsal.

Missed Rehearsals

Rehearsals run most efficiently when all skaters are present. The following rules are in place to reduce the need for additional rehearsals:

1. A skater who misses a rehearsal is responsible for learning the choreography from a teammate. The skater must know the choreography before coming to the next rehearsal. Any extenuating circumstances should be addressed with the choreographer in advance if plans need to be altered.
2. The following rules apply:
 - a. Missed time is considered time away from rehearsals for any reason; no questions will be asked.
 - b. Skaters who are sick or injured and attend rehearsals without participating will be marked as missing half of the time.
 - c. Skaters asked to leave the ice or floor during rehearsal time due to behavioral issues will be marked as missing that length of time.
 - d. Late arrivals and early dismissals will be tracked with time rounded to the nearest quarter hour by the rink clocks. Practices will start promptly at the times listed on the calendar.
 - e. Skaters who miss 10% (**Dancettes: 1.75 hrs, Jr. Icettes: 5.75 hrs, Icettes: 9 hrs**) of rehearsal time will be eliminated from one number. (Dancettes will be dismissed from the team.)
 - f. Skaters who miss 15% (**Jr. Icettes: 8.75 hrs, Icettes: 13.5 hrs**) of rehearsal time will be eliminated from two numbers. (Jr. Icettes will be dismissed from the team.)
 - g. Icettes who miss more than 18% (**16.25 hrs**) of rehearsal time will be dismissed from the team.

The coach will decide which number(s) to drop for missed rehearsals. If a skater is expelled from a team before January 1, the coach will decide whether another skater will be asked to join the team after considering factors such as costumes ordered and choreography completed. Refunds will not be given to skaters that are dismissed from a team.

Reporting Problems

If you experience any hurtful behavior or harassment, report it directly to your team coach. If the coach cannot take care of the situation, the program director and facility manager will be brought in; the situation will remain confidential to all parties involved.

Volunteering

Dress Rehearsal: 7:30am-12:30pm or 1:30-6:30pm

Tech Night: Tuesday Tech Night 6-9pm

Friday Night Show: 6-10pm **Saturday Afternoon Show:** Noon-4pm

Saturday Night Show: 5-9pm **Sunday Afternoon Show:** Noon-4pm

Parents in the Icette Program must devote their volunteer shifts to the locker room areas first. Once those times fill up, they can sign up for shifts in other areas, such as sales tables or the Community Room.

Locker Rooms

Icette Program teams will share locker rooms for dress rehearsal days, tech night and all four shows. Head volunteers for each locker room will organize the snacks and water needed for each event. Team locker room assignments will be communicated before the shows.

Icette Program Sweats

Icette Program sweats will be organized by the team captains on the Dancette and Jr. Icette teams and by the Seniors on the Icette team. All designs will be reviewed and confirmed by the coaches/IP Staff. Captains will be responsible for designing the sweats, placing the order and collecting the necessary payments. The payment for sweats will be capped at \$75 for each team and is not included in your monthly payments. This cost is optional to all skaters.

Team Captains

Team Captain(s) will be chosen from each team. These captains will have additional responsibilities throughout the season. Captains will be chosen based on a variety of topics such as maturity, responsibility, leadership ability, and past experiences with the Icette Program.

Team Payments

Icette Season Fee: \$800*

Included: Ice time, coaching/choreography fees, 5 costumes, locker room supplies (hairspray, rubber bands, v-clips, etc.)

December 15 - 1st payment of \$200 due

January 15 - 2nd payment of \$200 due

February 15 - 3rd payment of \$200 due

March 15 - final payment of \$200 due

*Seniors pay an additional \$125 for the extra number, costume, and collage in the program book.

Jr. Icette Season Fee: \$500

Included: Ice time, coaching/choreography fees, 3 costumes, locker room supplies (hairspray, rubber bands, v-clips, etc.)

December 15 - 1st payment of \$125 due

January 15 - 2nd payment of \$125 due

February 15 - 3rd payment of \$125 due

March 15 - final payment of \$125 due

Dancette Season Fee: \$260

Included: Ice time, coaching/choreography fees, 1 costume, locker room supplies (hairspray, rubber bands, v-clips, etc.)

December 15 - 1st payment of \$65 due

January 15 - 2nd payment of \$65 due

February 15 - 3rd payment of \$65 due

March 15 - final payment of \$65 due

Icette Program Season

Thank you to previous Icette Program participants who shared suggestions for the upcoming season. The skating staff has made changes as a result of that feedback, restructuring the schedule to accommodate educational needs and outside activities. Practice schedules will intensify closer to the performance dates and practices may be added or removed, depending on the progress of skaters and possibility for inclement weather.

We have included a team calendar with rehearsal times to help with your planning – before tryouts take place. Skaters who expect to miss numerous hours of practice due to other activities should reconsider their participation in the program.

If you have questions after reading this packet, contact Heather Aseltine, Leisure Services Supervisor/Northbrook-On-Ice Director at haseltine@nbparks.org. If the question is general, the question and answer will be emailed to all participants. The skating staff is looking forward to an exciting, new season!

Registration information is currently available. Please check the Northbrook Park District Program Guide.

November 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6 Mandatory Clinics	7 5:20-6:20pm: IP Ice 6:30-7:30pm: IP Ice	8 Icette Program Tryouts
9	10	11	12 IP Program Meetings Dancettes: 6:30pm (D: Parents Included) Jr. Icettes: 7pm Icettes: 7:30pm	13 Icettes 6:30-9pm Floor - CR	14 Icettes 6:15-7:15am Ice	15
16	17	18	19	20 Icettes 6:30-9pm Floor - CR	21 Icettes 6:15-7:15am Ice	22
23	24 Icettes 6:15-7:15am Ice	25	26	27 Thanksgiving	28	29

December 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3 Jr. Icettes 6:30-9pm Floor - CR	4 Icettes 6:30-9pm Floor - CR	5 Icettes 6:15-7:15am Ice	6 Northbrook Winter Welcome (Not Competing)
7 Northbrook Winter Welcome (Not Competing)	8	9	10 Jr. Icettes 6:30-9pm Floor - CR	11 Icettes 6:30-9pm Floor - CR	12 Icettes 6:15-7:15am Ice	13
14	15 Icettes 6:15-7:15am Ice	16 Hanukkah	17 Jr. Icettes 6:30-9pm Floor - CR	18 Holiday Recital	19 Icettes 6:15-7:15am Ice	20
21	22 Winter Break	23 Winter Break	24 Winter Break	25 Winter Break	26 Winter Break	27
28	29 Winter Break	30 Winter Break	31 Winter Break			

January 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Winter Break	2 Winter Break	3
4	5	6	7 Jr. Icettes 6:30-9pm Floor - CR	8 Icettes 6:30-9pm Floor - CR	9 Icettes 6:15-7:15am Ice	10
11	12	13	14 Jr. Icettes 6:30-9pm Floor - CR	15 Icettes 6:30-9pm Floor - CR	16 Icettes 6:15-7:15am Ice Specialty Clinics	17
18	19 MLK Day Specialty Clinics	20	21 Jr. Icettes 6:30-9pm Floor - CR	22 Icettes 6:30-9pm Floor - CR	23 Icettes 6:15-7:15am Ice	24
25 Specialty Tryouts	26	27	28 Jr. Icettes 6:30-9pm Floor - CR	29 Icettes 6:30-9pm Floor - CR	30 Icettes 6:15-7:15am Ice	31

February 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 Dancettes 6:30-8pm Floor	4 Jr. Icettes 6:30-9pm Floor - CR	5 Icettes 6:30-9pm Floor - CR	6 Icettes 6:15-7:15am Ice	7
8	9	10 Dancettes 6:30-8pm Floor	11 Jr. Icettes 6:30-9pm Floor - CR	12 Icettes 6:30-9pm Floor - CR	13 Icettes 6:15-7:15am Ice	14
15	16	17 Dancettes 6:30-8pm Floor	18 Jr. Icettes 6:30-9pm Floor - CR	19 Icettes 6:30-9pm Floor - CR	20 Icettes 6:15-7:15am Ice	21
22	23	24 Dancettes 6:30-8pm Floor	25 Jr. Icettes 6:30-9pm Floor - CR	26 Icettes 6:30-9pm Floor - CR	27 Icettes 6:15-7:15am Ice	28

March 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Icettes 8-11am Ice	2	3 Dancettes 7-8pm Ice	4 Jr. Icettes 7-9:30pm Ice	5	6 Icettes 6:15-7:15am Ice	7
8 Icettes 8-11am Ice	9	10 Dancettes 7-8pm Ice	11 Jr. Icettes 7-9:30pm Ice	12	13 Icettes 6:15-7:15am Ice	14
15 Icettes 8-11am Ice	16	17 Dancettes 7-8pm Ice	18 Jr. Icettes 7-9:30pm Ice	19	20 Icettes 6:15-7:15am Ice	21
22 Icettes 8-11am Ice	23	24 Dancettes 7-8pm Ice	25 Jr. Icettes 7-9:30pm Ice	26	27 Icettes 6:15-7:15am Ice	28
29	30 Spring Break	31 Spring Break				

April 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Spring Break	2 Spring Break	3 Spring Break Good Friday Passover	4 Passover
5 Easter	6	7 Dancettes 7-8pm Ice	8 Jr. Icettes 7-9:30pm Ice	9 Icettes 6:30-9:30pm Ice	10 Icettes 6:15-7:15am Ice	11
12 Icettes 8-11am Ice Combined 11-1pm Ice	13	14 Krolak Ceremonies	15 Jr. Icettes 7-9:30pm Floor - CR	16	17 Icettes 6:15-7:15am Ice	18
19 Icettes 8-11am Floor - CR Combined 11-1pm Floor - CR	20	21 Dancettes 7-8pm Seniors 6:15-7:45pm – Floor 8-9:30pm - Ice	22 Jr. Icettes 7-9:30pm Ice	23	24 Icettes 6:15-7:15am Ice	25
26 Icettes 8-11am Combined 11-1pm Finale - TBD	27 Seniors 8:10-9:30pm Ice	28 Dancettes 7-8pm Icettes 8-9:30pm Lighting Cues	29 Jr. Icettes 7-9:30pm Lighting Cues	30 ALL TEAMS 6-9pm Action Shots		

May 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Icettes 5:30-8:00pm Lighting Cues Seniors 8-9pm	2 Dress Rehearsal
3 Dress Rehearsal	4	5 Tech Night (Closed to Public)	6	7	8 Ice Show	9 Ice Shows
10 Ice Show	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

