



2018 PROGRAM OVERVIEW

OVER HALF OF THE US LACROSSE NAMED HS ALL AMERICANS AND ACADEMIC ALL AMERICANS FROM 2013-2017 ARE TEAM NORCAL ALUMNI. TEAM NORCAL ALUMNI PLAYED IN THE NCAA D1, D2, D3, AND MCLA CHAMPIONSHIP GAMES IN BOTH 2015 AND 2016.

Team NorCal is a year round development program which helps build great lacrosse players and even better student-athletes. We have a philosophy that is unique in today's youth sports and travel team climate. We do not allow parents to coach or manage any of our teams.

We select our boys and girls teams based on competitive tryouts every year. Our players are from throughout the Bay area – from San Francisco to Monterey, from Sacramento to Napa. We have done this for 10 years, and our track record speaks for itself. We have won tournaments all over the country – from Vail, Colorado to Maryland to Texas to right back here in our own backyard in California.

Over 2,500 players have passed through our program since 2007, when we were the first travel team to sponsor a year round travel program for kids from youth to high school in Northern California.

Several of them are now captains of their college teams. Other TNC alumni can say that they played an important role on teams that won an NCAA Lacrosse Championship – at D1, D2, D3 and MCLA levels.

We are most proud of what great people they have become. There are no million dollar contracts in the sport of lacrosse for professionals. There are, though, a world of rewards for those who challenge themselves and their teammates to excel at this sport. Lifelong friendships, learning how to work effectively in teams, the importance of hard work and sacrifice in pursuit of goals, and knowing how to win and lose are valuable life lessons we hope to teach though our program. And vital skills they can use to succeed in college and beyond.

WWW.TEAMNORCAL.COM

2018 TEAM NORCAL TEAMS

BOYS YOUTH

U10 (2026/27)
U12 (2024/25)
U14 (2022/23)
Blue and gold
Teams at each level

BOY'S HIGH SCHOOL

PLATINUM SELECT ELITE

GIRLS

U12 (2024/25)
U14 (2022/23)
HIGH SCHOOL
BLUE AND GOLD
TERMS AT U14 & HS

PRACTICES

MANDATORY PRACTICES TWICE MONTHLY
- YEAR ROUND (EXCEPT FOR HIGH SCHOOL
FEB-APRIL DURING HS SEASON) - PALO
ALTO HIGH SCHOOL. TYPICALLY 2-3
HOURS PER PRACTICE STAFFED BY 3-5
COACHES. PRACTICE SCHEDULE ALWAYS
POSTED AT WWW.TEAMNORCAL.COM

TOURNAMENTS

3 IN FALL/WINTER, 3 IN 2018 SUMMER

SPECIALTY CLINICS

MONTHLY WITH ROTATING SPECIALTIES

WWW.TEAMNORCAL.COM/TEAMS

TOURNAMENT SCHEDULE

NOT ALL TEAMS ATTEND EACH TOURNAMENT. SCHEDULE SUBJECT TO CHANGE. ALWAYS PUBLISHED ON TEAM SNAP.

WINTER 2018

SANDSTORM

JANUARY 13/14 [PALM SPRINGS, CALIFORNIA]
KING'S SHOWCASE

JANUARY 20/21 [SAN FRANCISCO, CALIFORNIA]

SUMMER 2018

PACIFIC LACROSSE FESTIVAL

JUNE [SAN DIEGO, CALIFORNIA]
WESTERN OPEN
JULY [DENVER, COLORADO]
OREGON LACROSSE CLASSIC

JULY [BEND, OREGON]

FALL 2018

SANTA BARBARA SHOWDOIWN

OCTOBER 2018 [SANTA BARBARA, CA]
SILICON VALLEY SHOOTOUT

NOVEMBER 2018 [PALO ALTO, CALIFORNIA]

WWW.TEAMNORCAL.COM/TOURNAMENTS

EXECUTIVE LEADERSHIP



BILL GLAZIER FOUNDER AND EXECUTIVE DIRECTOR



JONNY GLAZIER
DIRECTOR OF TEAMS AND PROGRAMS
NORTHWESTERN UNIVERSITY TEAM CAPTAIN
PALO ALTO HS ACADEMIC ALL AMERICAN



COLLEEN NIKLAUS
DIRECTOR OF GIRL'S PROGRAMS
FORMER HEAD COACH, ST IGNATIUS
WOMEN'S VARSITY LACROSSE



GREG HOLLINGSHEAD DIRECTOR OF BOYS HIGH SCHOOL SANTA CLARA UNIVERSITY COACH



STEVE HARMAN
DIRECTOR OF OPERATIONS
2 TIME SANTA CLARA VALLEY ATHLETIC
LEAGUE COACH OF THE YEAR

COACHES

2017-2018 GUEST COACHES

MYLES JONES MIDFIELD 4 TIME ALL AMERICAN DUKE, MLL CHESAPEAKE BAYHAWKS KYLE BERNLOHR GOALIE, MARYLAND, 2016 NCAA D1 GOALIE OF THE YEAR **CONNOR BUCZEK MIDFIELD, CORNELL 2 TIME ALL AMERICA, MLL ALL STAR 2016** MATT KAVANAGH ATTACK, 4 TIME ALL AMERICAN NOTRE DAME, MLL DENVER OUTLAWS NIKO AMATO GOALIE, 3 TIME ALL AMERICAN UNIVERSITY OF MARYLAND, MLL BAYHAWKS **SCOTT FLYNN** DEFENSE. CORNELL UNIVERSITY '18 **CHARLIE ESTILL** ATTACK, CORNELL UNIVERSITY '18 TROY REVELLO MIDFIELD, CORNELL UNIVERSITY '18 BRYCE YOUNG DEFENSE, UNIVERSITY OF MARYLAND '18 CHRISTIAN ZAWADZKI MIDFIELD UNIVERSITY OF MARYLAND '18 <u>adam dimillo midfield university of maryland '18</u> PJ TITTERTON DEFENSE, CHAPMAN UNIVERSITY '17 **BEN KNAUS** ATTACK, TRINITY UNIVERSITY '19 Jonathan Glazier Northwestern University '17 Jordan Stevens assistant coach, cornell university MAC MORGAN ST MARY'S UNIVERSITY '17 <mark>'RON SHAHIN</mark> CONNECTICUT COLLEGE '20 TT **SELIGSON** WILLIAMS COLLEGE '19 COLE AIKINS LIMESTONE COLLEGE '18 Jack Curran Villanova University '17 MLL Rattlers **JORDAN GANS RPI '19 GRIFIN CONNOR MARQUETTE UNIVERSITY '17**

WWW.TEAMNORCAL.COM/COACHES

RECENT TOURNAMENT CHAMPIONSHIPS

VAIL SHOOTOUT - VAIL, CO
MARYLAND SUMMER SIZZLE - BALTIMORE, MA
US LACROSSE WESTERN REGION CHAMPIONSHIP - MORGAN HILL, CA
US LACROSSE CENTRAL REGION CHAMPIONSHIPS - DALLAS, TX
PACIFIC LACROSSE FESTIVAL - SAN DIEGO, CA (BOYS, GIRLS)
SANTA BARBARA SHOWDOWN - SANTA BARBARA, CA (BOYS, GIRLS)
SILICON VALLEY SHOOTOUT - SUNNYVALE, CA (BOYS, GIRLS)
LAKE TAHOE U19 BOYS TOURNAMENT - INCLINE VILLAGE NV
GOLDRUSH - PETALUMA, CA

GRAPEVINE - NAPA, CA (BOYS, GIRLS)

WEST COAST SHOWCASE - MORGAN HILL, CA Grand Gobbler - San Francisco, Ca

TEAM NORCAL WON 15 TOURNAMENT CHAMPIONSHIPS IN 2017

RECENT YEAR COLLEGE PLACEMENT (SELECTED)

DENVER

ARMY
ARIZONA
BATES
BRYANT UNIVERSITY
BOSTON UNIVERSITY
BROWN
CHAPMAN
CAL BERKELEY
CAL POLY
CONN COLLEGE

COLGATE

DARTMOUTH

FAIRFIELD
GOUCHER
GUILFORD
HAVERFORD
HENDRIX
KENYON
LIMESTONE
MICHIGAN
NORTHWESTERN
ONONDAGA
OREGON

RPI
SANTA CLARA
SIERRA NEVADA
SONOMA STATE
TOWSON
TRINITY
TUFTS
UCSB
URSINUS
WASHINGTON & LEE
WESTMINSTER
WILLIAMS

WWW.TEAMNORCAL.COM/ALUMNI

PROGRAM COSTS

Youth sports are too expensive. Team NorCal is an affordable travel program. While many other travel teams now charge up front annual fees of \$3-5K or more, Team NorCal's annual team fee is always below \$1,000 for a full year round program. You are NOT required to pay in advance for all the years tournaments, whether or not you can attend them, nor are you pressured or required to attend camps or skill evaluations which often have hefty fees associated with them. We offer significant scholarship support to help families in need.

FAMILY FRIENDLY

Building the Team NorCal family and community is very important to us. Given the investment in time and money made by most families in helping their children pursue a sport they love, we do our best to make our program and our events family friendly. We provide travel and logistics support to families so we can all stay together where possible. We sponsor many family activities at our tournaments, so families can get to know each other and enjoy the tournaments beyond just the time at the field. Tournaments can be great family vacations – and we pick great locations to visit. Our Hospitality Tent has a well deserved national reputation - everywhere we go, everyone wants to eat in our tent!

<u>A COMPLETE PROGRAM</u>

Team NorCal is much more than just a travel team. We offer year round programs to help improve our players – including Summer Day and Bear Valley Overnight Camp, Fall Ball, SummerBall, and Specialty Clinics. Many of our counselors and coaches at these programs are former Team NorCal alumni now playing in college.

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