



ERAA Athlete Code of Conduct

As an athlete participating in East Ridge Athletic Association (ERAA), I understand the purpose of the code of conduct is to help me understand the acceptable behaviors that will help make me successful youth athlete. I also understand there are consequences to any inappropriate behavior that would keep me from achieving success as a player within ERAA and I agree to abide by and follow the rules and guidelines listed below.

1. I will respect the property and equipment used at any sports facility, both home and away.
2. I will demonstrate good sportsmanship through my actions by praising my teammates and refraining from putting down or making fun of my opponents and teammates.
3. I will show respect to my teammates by understanding that all players develop their talents at different times throughout the season and we all have skills that can be improved.
4. I will respect all officials, coaches, spectators, parents, or any other individual involved with the ERAA program regardless of race, creed, color, sex or ability. I expect to be treated respectfully in the same manner in order to provide a positive experience for all.
5. I will contribute to a safe environment for ERAA sports. I will not take drugs, use alcohol or tobacco, or possess any type of weapon during or after any practice, game or at any ERAA event home or away.
6. I will inform the coach of any physical disability or ailment that may affect my safety or the safety of others.
7. I will do my personal best each day at school and maintain good grades.
8. I will be on time and attend all practices. I will inform the coach, within a reasonable amount of time, of any absence from a game or practice due to sickness, planned vacation, or any other reason.
9. I will follow the rules of the game. For each practice and game I will focus on being a good teammate and also achieving my personal best.
10. I will control my behavior to resist any retaliation when I feel I have been fouled during a practice or game.
11. I will wait at least 24 hours to discuss any serious problems with my coach. My parents and/or I will respectfully speak to my coach in an appropriate setting regarding these issues. If the problem cannot be successfully resolved, my parents and I can contact the ERAA board in writing. The ERAA board will make a decision and contact my parents. I understand the decision is final.
12. I will remind myself that I am playing youth sports to have fun!

I also agree that if I do not abide by the aforementioned rules and guidelines, I may be subject to disciplinary action(s) by the ERAA board. All decisions will be final. This action could include, but is not limited to:

Verbal Warning Written Warning Player Game(s) Suspension Player Season Suspension

ERAA reserves the right to select and apply the appropriate penalty depending on the severity of the situation.

I/We agree to support and promote the philosophy of ERAA sports: *Excel, Attitude, Strength, Team, Respect, Integrity, Dignity, Goals, and Energy.*

Date

Parent/Guardian Signature

Date

Athlete Signature

Note: Signature by parent(s)/guardian(s) required for all athletes under age 18.