

COLLEGE RECRUITING SIMPLIFIED



BASEBALL RECRUITING GUIDELINES: BY DIVISION

NCAA DI

Pitchers:

Over 1 strikeout per Inning Pitched

ERA below 2.50

Velocity: 84 MPH to 95 MPH+

2 Additional pitches thrown to spots consistently

Catchers:

Height: 6'1"

Weight: 200 lbs.

Pop Time: 1.95 and below consistently

Middle Infielders:

Height: 6'1"

Weight: 190 lbs.

60 Yard Dash: 6.8 or below

RH Hitter: 4.2 or below, LH Hitter: 4.1

Velocity from the INF: 85+ MPH

Corner Infielders:

Height: 6'2"

Weight: 200 lbs.

Power Numbers: 8+ HR, 30+ RBI

Outfielders:

Height: 6'1"

Weight: 190 lbs.

60 Yard Dash: 6.6

RH Hitter: 4.1 or below, LH Hitter: 4.0

Velocity from the OF: 87+ MPH

NCAA DII/HIGH NAIA

Pitchers:

Averaging about 1K per inning pitched

ERA below 3.00

Velocity: As low as 82 MPH consistently

1 Additional pitch thrown to spots consistently

Catchers:

Height: 6'0"

Weight: 180 lbs.

Pop Time: 2.0 or below

Middle Infielders:

Height: 6'0"

Weight: 180 lbs.

60 Yard Dash: 6.9 or below

RH Hitter: 4.3 or below, LH Hitter: 4.2

Velocity from the INF: Low 80's from SS

Corner Infielders:

Height: 6'0"

Weight: 180 lbs.

Power Numbers: 4+ HR, 20+ RBI

Outfielders:

Height: 5'11"

Weight: 180 lbs.

60 Yard Dash: 6.8 or below

RH Hitter 4.2 or below, LH Hitter: 4.1

Velocity from the OF: 82-86 MPH

NCAA DIII/LOW NAIA

Pitchers:

1 or less than 1 K per Inning Pitched

ERA below 4.00

Velocity: As low as 80 MPH consistently

1 Additional pitch thrown for strikes consistently

Catchers:

Height: 5'10"

Weight: 170 lbs.

Pop Time: 2.1 or below

Middle Infielders:

Height: 5'10"

Weight: 165 lbs.

60 Yard Dash: 7.1 or below

RH Hitter: 4.4 or below, LH Hitter: 4.3

Velocity from the INF: Upper 70's MPH from SS

Corner Infielders:

Height: 5'11"

Weight: 170 lbs.

Power Numbers: 2+ HR, 20+ RBI

Outfielders:

Height: 5'10"

Weight: 170 lbs.

60 Yard Dash: 7.0 or below

RH Hitter: 4.3 or below, LH: 4.2

Velocity from the OF: 78+ MPH

JUNIOR COLLEGE

Similar to the NAIA level there are many discrepancies in characteristics between the top level programs and the least selective programs. The most selective junior colleges in the country recruit mid to upper level DI student-athletes. Lower level JUCO programs recruit low level DIII players.

There are 3 different associations at the junior college level. Many of the junior college players lack the 'polish' to be considered DI players coming out of HS, but they already possess the necessary physical tools to be successful at high levels. Often, these recruits need to harness and polish those tools. At times, the GPA's of some junior college athletes are lower than those attending four year schools, suggesting that these athletes need to two years to mature academically.

BASEBALL RECRUITING GUIDELINES: CONTACTING COACHES

MAY RECEIVE GENERAL INFORMATION ALL DIVISIONS, ANYTIME

GENERAL INFORMATION INCLUDES CAMP BROCHURES AND ADMISSIONS INFORMATION.

MAY RECEIVE RECRUITING MATERIALS

YOU MAY RECEIVE ANY WRITTEN INFORMATION INCLUDING PERSONAL EMAILS AND LETTERS.

DIVISION I: SEPTEMBER 1 OF JUNIOR YEAR.

DIVISION II: JUNE 15 AFTER SOPHOMORE YEAR.

DIVISION III: ANYTIME.

NAIA: ANYTIME.

YOU CAN TAKE UNOFFICIAL VISITS

YOU ARE ALLOWED TO TAKE AN UNLIMITED AMOUNT OF UNOFFICIAL VISITS AT ANY TIME DURING YOUR CAREER. AN UNOFFICIAL VISIT IS ANY VISIT BY YOU AND YOUR PARENTS TO A COLLEGE CAMPUS PAID FOR BY YOU AND YOUR PARENTS.

ALL DIVISIONS: ANYTIME.

YOU CAN HAVE CONTACT WITH A COACH OFF OF THEIR CAMPUS

THIS MEANS YOU CAN VISIT THE COACH OFF THEIR COLLEGE CAMPUS OR A COACH CAN VISIT YOU.

DIVISION I: ALLOWED STARTING JULY 1 AFTER JUNIOR YEAR. UP TO 3 IN-PERSON CONTACTS.

DIVISION II: JUNE 15 AFTER SOPHOMORE YEAR, UNLIMITED CONTACTS.

DIVISION III: AFTER JUNIOR YEAR, UNLIMITED CONTACTS.

NAIA: ANYTIME.

YOU CAN CALL COACHES AT YOUR EXPENSE ALL DIVISIONS, ANYTIME

COLLEGE COACHES MAY CALL YOU

REMEMBER, YOU ARE ALWAYS ALLOWED TO CALL COACHES, BUT THERE ARE SEVERAL RESTRICTIONS ABOUT WHEN THEY CAN CALL YOU. TECHNICALLY, DIII COACHES CAN CALL AT ANY TIME, ALTHOUGH MANY FOLLOW THE DI RULES.

DIVISION I: ONCE PER WEEK STARTING JULY 1 AFTER JUNIOR YEAR.

DIVISION II: UNLIMITED AMOUNT JUNE 15 AFTER SOPHOMORE YEAR.

DIVISION III: ANYTIME, UNLIMITED.

NAIA: ANYTIME.

YOU CAN TAKE OFFICIAL VISITS

AN OFFICIAL VISIT IS ANY VISIT TO A COLLEGE CAMPUS BY YOU AND YOUR PARENTS PAID FOR BY THE COLLEGE.

DIVISION I: ALLOWED OPENING DAY OF CLASS SENIOR YEAR. LIMITED TO 1 VISIT PER COLLEGE, UP TO 5 DIFFERENT COLLEGES.

DIVISION II: UNLIMITED AMOUNT ALLOWED BEGINNING OPENING DAY OF CLASSES SENIOR YEAR. YOU ARE LIMITED TO ONE OFFICIAL VISIT PER COLLEGE.

DIVISION III: ALLOWED BEGINNING OPENING DAY OF CLASSES SENIOR YEAR. YOU MAY TAKE UNLIMITED OFFICIAL VISITS BUT YOU MAY ONLY TAKE ONE OFFICIAL VISIT PER COLLEGE.

NAIA: ANYTIME.