

2013-2014 Practice Schedule

Team	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11 Blue		Chapin School 6:00-8:00			Spence 93rd 6: 00-7:30
11 Orange			Chapin School 6:00-8:00		Spence 93rd 6: 00-7:30
12 Orange			Chapin School 6:00-8:00		Spence 93rd 7: 30-9:00
12 National		Chapin School 6:00-8:00	Conditioning 7:00-8:00		Nightingale 7: 15-9:00
13 National		Spence 91st 7: 00-9:00	Conditioning 7:00-8:00		Nightingale 7: 15-9:00
13 Orange		Nightingale 7: 15-9:00		Nightingale 7: 15-9:00	
14 National		Conditioning 7: 00-8:00	Dwight School 7:00-9:00		Spence 91st 7: 00-9:00
14 Orange		Nightingale 7: 15-9:00		Nightingale 7: 15-9:00	
15 National	Spence 91st 7: 00-9:00	Conditioning 7: 00-8:00	Spence 91st 7:00-9:00		
15 Orange	Dwight School 7:00-9:00			Dwight School 7:00-9:00	
16 National	Nightingale 7: 15-9:00	Conditioning 8: 00-9:00		Spence 91st 7:00-9:00	
16 Blue		Packer Collegiate 7: 00-9:00		Packer Collegiate 7: 00-9:00	
17 National		Spence 93rd 7:00-9:00	Conditioning 8:00-9:00	Spence 93rd 7:00-9:00	
17 Blue		Packer Collegiate 7: 00-9:00		Packer Collegiate 7: 00-9:00	
18 National	Spence 93rd 7:00-9:00	Conditioning 8: 00-9:00	Spence 93rd 7:00-9:00		

Chapin School	E. 84th St. and East End Ave
Spence 91st	E. 91st St. btw Fifth and Madison Ave
Spence 93rd	E. 93rd St. btw Madison and Park Ave.
Nightingale	E 92nd St. btw Fifth and Madison Ave.
Dwight School	First Ave. btw E. 108th and 109th St.
Packer Collegiate	170 Joralemon St. (Brooklyn)
Strength & Conditioning Avenues: The World School	Tenth Ave. btw W. 25th and 26th St.