

DO NOT FILL  
OUT THE  
SHADED  
SECTIONS

## Baseline Worksheet

### I. Demographic and Background Information

School / Organization: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ month \_\_\_\_\_ date \_\_\_\_\_ year

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Height: \_\_\_\_\_ ft \_\_\_\_\_ in Weight: \_\_\_\_\_ Gender: \_\_\_\_\_ male \_\_\_\_\_ female

Handedness: \_\_\_\_\_ right \_\_\_\_\_ left \_\_\_\_\_ ambidextrous (both right and left)

Native Country / Region: \_\_\_\_\_

Native Language: \_\_\_\_\_

Second Language: \_\_\_\_\_ N/A \_\_\_\_\_ (only if fluent in speaking and writing)

Years of education completed excluding kindergarten: \_\_\_\_\_

(e.g., high school senior is 11 years)

Check any of the following that apply:

- \_\_\_\_\_ Received speech therapy
- \_\_\_\_\_ Attended special education classes
- \_\_\_\_\_ Repeated one or more years of school
- \_\_\_\_\_ Diagnosed attention deficit disorder or hyperactivity
- \_\_\_\_\_ Diagnosed learning disability

5 <sup>th</sup> Grade = 4
6 <sup>th</sup> Grade = 5
7 <sup>th</sup> Grade = 6
8 <sup>th</sup> Grade = 7
9 <sup>th</sup> Grade = 8
10 <sup>th</sup> Grade = 9

While in school, what type of student were / are you?

- \_\_\_\_\_ Below Average
- \_\_\_\_\_ Average
- \_\_\_\_\_ Above Average

Current Sport: \_\_\_\_\_ Ice Hockey \_\_\_\_\_

Current position / event / class: \_\_\_\_\_

(e.g., quarterback, forward, 1st base, etc.)

Current level of participation: \_\_\_\_\_ (e.g., junior high, high school)

Years of experience at this level: \_\_\_\_\_ (0 - 4)

(e.g., number of years in high school, high school senior = 3)

Please list your 5 most recent concussions: \_\_\_\_\_ month \_\_\_\_\_ year

\_\_\_\_\_ month \_\_\_\_\_ year

\_\_\_\_\_ month \_\_\_\_\_ year

\_\_\_\_\_ month \_\_\_\_\_ year

\_\_\_\_\_ month \_\_\_\_\_ year

Concussion History

\_\_\_\_\_ Number of times diagnosed with a concussion (excluding current injury)

\_\_\_\_\_ Total number of concussions

\_\_\_\_\_ Total number of concussions that resulted in confusion

\_\_\_\_\_ Total number of concussions that resulted in difficulty with memory for events that occurred immediately after injury

\_\_\_\_\_ Total number of concussions that resulted in difficulty with memory for events that occurred immediately before injury

\_\_\_\_\_ Total number a games that were missed as a direct result of all concussions combined

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# I. Demographic and Background Information (cont.)

## Baseline Worksheet

Indicate if you have had any of the following:

- |  |   |
|--|---|
| <input type="checkbox"/> yes <input type="checkbox"/> no | Treatment for headaches by physician                      |
| <input type="checkbox"/> yes <input type="checkbox"/> no | Treatment for migraine headaches by physician             |
| <input type="checkbox"/> yes <input type="checkbox"/> no | Treatment for epilepsy / seizures                         |
| <input type="checkbox"/> yes <input type="checkbox"/> no | Treatment for brain surgery                               |
| <input type="checkbox"/> yes <input type="checkbox"/> no | Treatment for meningitis                                  |
| <input type="checkbox"/> yes <input type="checkbox"/> no | Treatment for substance abuse / alcohol abuse             |
| <input type="checkbox"/> yes <input type="checkbox"/> no | Treatment for psychiatric condition (depression, anxiety) |

Have you been diagnosed with any of the following?

- |  |           |
|--|-----------|
| <input type="checkbox"/> yes <input type="checkbox"/> no | ADD/ ADHD |
| <input type="checkbox"/> yes <input type="checkbox"/> no | Dyslexia  |
| <input type="checkbox"/> yes <input type="checkbox"/> no | Autism    |

Have you participated in any strenuous exercise and/or exertion in the last 3 hrs?

yes  no

Date of your last concussion: \_\_\_\_\_ month \_\_\_\_\_ date \_\_\_\_\_ year

Number of hours slept last night: \_\_\_\_\_ (approximate if uncertain)

Please list any **PRESCRIPTION** medication (s) you are currently taking:

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