

Developing Player:

You are undeveloped compared to other No-Excuse players in your grade. Improvement is a must, but with intense dedication, and hard work you can be a Solid Player.

1. Weak Lacrosse IQ
2. Some bad habits
3. Weak to average stick skills/fundamentals
4. Average athletic ability
5. Good work ethic, very committed to being your best
6. Team player, you work well with your teammates on and off the field
7. Lots of hustle
8. Very coachable

Solid Player:

You are an above average player for your grade. You are a fundamentally strong player and never a liability on the field. If you want to be a Blue-Chip player, you will need lots of dedication, and hard work.

1. Good Lacrosse IQ
2. Little/No bad habits
3. Strong stick skills/fundamentals
4. Above average athletic ability
5. Good work ethic, very committed to being your best
6. Team player, work well with your teammates on and off the field
7. Lots of hustle
8. Very coachable

Blue-Chip Player:

You are an elite player. You will likely be targeted for recruiting, You will be asked to join our most elite teams for recruiting tournaments. You are already very dedicated and work hard.

1. Advanced Lacrosse IQ
2. Any bad habits, kicked long ago
3. Fundamentally sound: smooth, fluid stick, with both hands
4. Talented and dedicated athlete
5. Known for your work ethic, you show up early and stay late.
6. A leader on and off the field
7. Constant hustle
8. Coaches enjoy instructing you

You should always be moving up.....