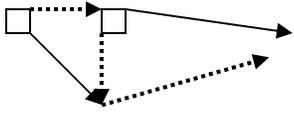
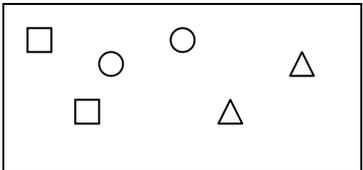
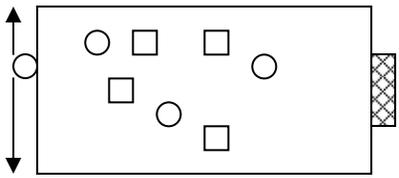
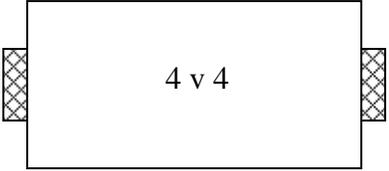




Name: Matt Callahan

Topic: Double Pass

Date:

<p>UNRESTRICTED SPACE – WARM UP</p> 	<p>ORGANIZATION</p> <ul style="list-style-type: none"> ▪ Ball between two players – moving and passing using a double pass 	<p>KEY COACHING POINTS</p> <ul style="list-style-type: none"> ▪ Similar to wall pass, with one more pass ▪ Use of outside of foot for first pass ▪ Player who receives the ball must lay it off, turn, and then make a run.
<p>RESTRICTED SPACE</p> 	<ul style="list-style-type: none"> ▪ Team plays 2v2+2 in a 35-x-30 yard area ▪ A pair scores a point for successfully completing a double pass ▪ If defender wins ball his/her team switches roles with the team that lost possession 	<ul style="list-style-type: none"> ▪ Use of outside of foot for first pass ▪ 1st attacker ‘hunts’ 1st defender to create opportunity for double pass ▪ Proper positioning of supporting attackers – distance and angle
<p>ONE GOAL WITH COUNTER</p> 	<ul style="list-style-type: none"> ▪ Play 4v3 to goal ▪ Team of four attacks goal using double pass whenever appropriate ▪ After defending team wins ball they can score by passing to the target player ▪ Goals scored from penetration caused by double pass count double 	<ul style="list-style-type: none"> ▪ Ability of players to create double pass opportunity ▪ Quick transition from attack to defense for both teams ▪ Try to create numbers up opportunities that allow double pass
<p>GAME – TWO GOALS</p> 	<ul style="list-style-type: none"> ▪ 4v4 + GK game ▪ No restrictions on players ▪ Give points for making a double pass and for scoring 	<ul style="list-style-type: none"> ▪ Correct shape of team ▪ Look for numbers up opportunities that allow the double pass to work ▪ Assess safety and risk in attempting combination play based on field position ▪ Penetrate when possible using double pass ▪ Observe to see if session has helped with double pass