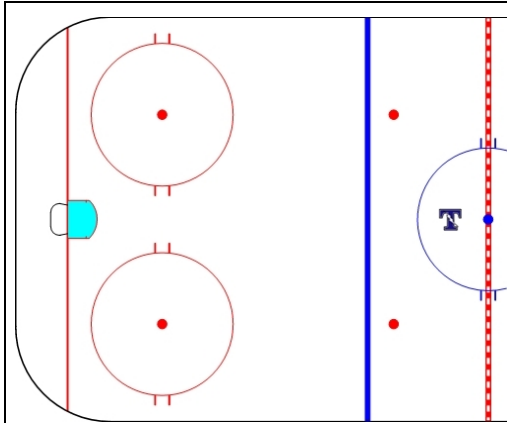




Drill Sheet

Team: _____ Date: _____

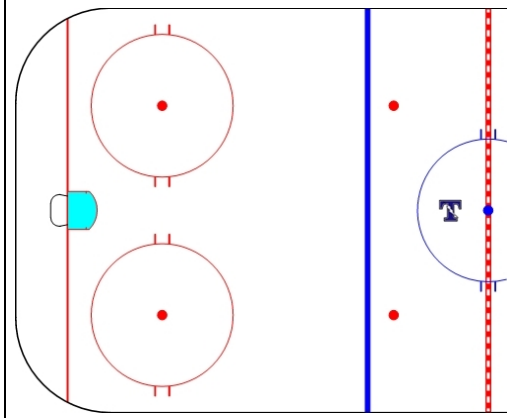
Forward Skate ←	Backward Skate	Stop
Carry Puck ←	Pass - - - →	Shoot ⇒
		Coach ©



Drill Name: _____

Description: _____

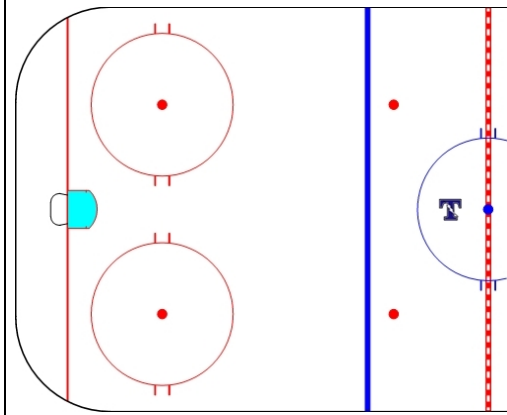
Time: _____ Duration: _____



Drill Name: _____

Description: _____

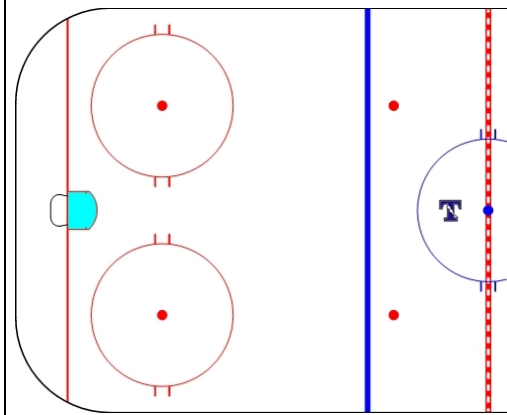
Time: _____ Duration: _____



Drill Name: _____

Description: _____

Time: _____ Duration: _____



Drill Name: _____

Description: _____

Time: _____ Duration: _____