



## Player and Parent Code of Conduct

It is expected that all parents and players affiliated with **Lamar Soccer Club** read and understand the following **CODE OF CONDUCT**. It is expected that all parents, spectators and players will continue to observe and follow the principles contained within the Code throughout the year.

### Parents Code of Conduct

Parents, it is easy to have a great Coach/Parent/Player experience. Just follow these eight simple rules...

1. Understand the coach and team philosophy. If you don't know the goals of the team (for example, player development versus winning), ask the coach.
2. Send your children ready to play. They should be properly fed and clothed, and they should arrive on time.
3. Support the team, but do not instruct the players. It confuses your child and others, and undermines the efforts of the coach.
4. Avoid confusion when cheering. Do not say anything that is a command, such as "Pass it," "Shoot," or "Boot the ball."
5. Use positive encouragement instead. This would include such comments as "Way to go," "Nice effort," or "Stay with it."
6. Refrain from speaking to officials, unless it is to say thank you after the game. If you have questions or concerns with the referees, relay the information at the proper time (see rule 7) to the coach.
7. Speak to the coach at the proper time. If you have concerns, use e-mail or the telephone. If it is about a game, let the dust settle for a couple of days first.
8. Report to the coach all injuries, special medical conditions (such as asthma) or extenuating circumstances (such as lack of sleep or family crisis) that may affect the player.

### Zero Tolerance

All individuals responsible for a team and all spectators and parents shall support the referee. Failure to do so will undermine the referee's authority and has the potential of creating a hostile environment for the players, the referee, and all the other participants and spectators.

No one is to speak to the referee during or after the game. Exceptions: Coaches may ask questions before the game, call for substitutions and point out emergencies during the game, or respond to the referee if addressed.

Absolutely no disputing calls, during or after the game, no remarks to the referee to watch certain players or attend to rough play. **NO YELLING at the referee, EVER, and no criticism, sarcasm, harassment, intimidation, or feedback of any kind during or after the game.**

## Player and Parent Code of Conduct (Continued)

### Players Code of Conduct

1. **Lamar Soccer Club** has a zero tolerance policy for swearing and use of alcohol and drugs by players. This means no swearing on or off the field while associated with team activities and no drugs or alcohol in connection with team functions. Alleged infractions of this rule will be referred to the Board Discipline Committee for action.
2. Players will pay strict attention when coaches are talking and at all times follow the instructions of the coach(es).
3. Not engage in disruptive or disrespectful behavior during practice sessions or games towards fellow teammates, other team players, the coaches, the referee, or spectators
4. It is a requirement that players be at the field/facility 30 minutes prior to game time, and ready to play 15 minutes before game time.
5. Players shall notify coaches if they are unable to attend a game or practice.
6. Conduct themselves at all times in a respectful and sportsmanlike manner.
7. As a soccer player I will set a good example for others, particularly younger players.
8. Demonstrate a willingness to learn the game of soccer, and actively participate in all drills, exercises, and scrimmages.
9. Properly represent our soccer club, our town, and their family whenever they are attending games and practices.

I have read and understand the above **Code of Conduct**, and I agree to abide by these guidelines at all team and league activities. I understand that if I do not follow this **Code of Conduct**, I may be asked to 1) leave the Club activity and/or 2) withdraw my child from the Club.

Print Parent Name \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_

Player Name \_\_\_\_\_

Player Signature \_\_\_\_\_