



ANOKA RAMSEY ATHLETIC ASSOCIATION PARENTS' PLEDGE & CODE OF CONDUCT

Please read, sign, and return to the coach or appropriate team representative.

1. I pledge to get my child to practices, scrimmages and games on time. I understand that it may be embarrassing for my child to be late, it is hard for the Coach to adjust to the additional player and it may not provide adequate warm up time which could result in injury to my child. I will be on time to pick up my child from all practices, scrimmages and games. This shows my child that they are the highest priority and it shows respect for the Coach.
2. I pledge to always use positive encouragement when talking about my child's abilities. I understand that less than 1% of youth sports participants receive college scholarships and that the top three reasons kids join sports are to: a) have fun, b) make new friends and c) to learn new skills. I understand that the game is for the players and I will keep that in proper perspective.
3. I pledge to refrain from making negative comments or complaints about my child's Coach or Assistant Coach in the presence of my child. I understand that this may plant a negative seed in my child's mind which could result in negative behavior towards the Coaches and may affect my child's ability to be respectful, motivated and to enjoy their experience.
4. I pledge to "Respect" the game. I understand the importance of setting a good example for my child. I will show respect for all involved in the game including coaches, players, opponents, opposing fans and officials. I understand that the officials make judgment calls to keep the players safe. I understand that officials may make mistakes. If I believe a "bad" call has been made against my team I will not yell or speak negatively to the official. I will respect the game and be silent.
5. I pledge to refrain from yelling out instructions to my child or any other player. I understand that this is the coach's job. I will limit my comments during the game to positive cheering or encouragement for my child and the other players for both teams.
6. I understand that the objective is to win the game; however, most importantly, I understand that winners are players who make the maximum effort, learn as they progress, improve with practice and don't let mistakes or fear of making mistakes stop them from trying. I understand that mistakes will be made and that people learn from their mistakes. I understand that each child has different abilities and that it is inappropriate to compare players to one and another, including my own child.
7. I understand that if I do not keep my pledge that I may be asked to remove myself from the practice, scrimmage or game at which I am offending. I also understand that if I continue to break any assortment of pledges that I may be banned from all Anoka and Ramsey Parks for the duration of 1 game that could extend to an entire season.

Prohibited Behavior & Discipline

The privilege of participating in Anoka Ramsey Athletic Association events includes the responsibility to act accordingly. It is the intent of Anoka Ramsey Athletic Association to ensure satisfaction and benefit to its members. The conduct of players, coaches, parents, officials and spectators is a direct reflection on the Anoka Ramsey Athletic Association and our community.

Any player, parent, coach, official or spectator involved in disruptive, abusive or otherwise “bad” behavior will be disciplined by the appropriate person, be it the coach, the official, the Commissioner for that particular sport, or the Anoka Ramsey Athletic Association Board of Directors if necessary.

The following are the expectations and disciplinary actions Anoka Ramsey Athletic Association will take:

- a) Inappropriate or disrespectful behavior by or towards players, coaches, parents, officials or spectators will not be tolerated. Inappropriate or disrespectful behavior includes but is not limited to Assault, Harassment, Racial & Religious Violence, Sexual Harassment, Sexual Violence, Taunting, Showboating, Vandalism, Inappropriate Language, as well as Tobacco, Alcohol or Drug Use.
- b) Players, parents/spectators, coaches and officials shall abide by the Rules set forth by the Commissioner and or Board of Directors of each individual sport and the Anoka Ramsey Athletic Association Board of Directors.
- c) Prior to the beginning of each season of play, the parent(s) or legal guardian of each participating child will be required to sign the Anoka Ramsey Athletic Association Parents’ Pledge and Code of Conduct. Players will be considered ineligible to participate until completed forms have been turned in to the head coach and copies forwarded to the Anoka Ramsey Athletic Association Board of Directors.
- d) Violations of these policies may result in the imposition of any of the following sanctions: verbal or written warnings; game(s) suspension; partial or full season suspension; suspension for a defined period of time; temporary or permanent banishment from participation in any Anoka Ramsey Athletic Association events.
- e) Hearings and appeals, if any, will be handled by the Anoka Ramsey Board of Directors.

I will honor my Parents Pledge in my words, actions and abide by the Anoka Ramsey Athletic Association’s Behavior and Discipline Policy. I understand that by not signing this form, my child will be ineligible to participate in any Anoka Ramsey Athletic Association events and that refunds will not be given.

Please have both parents sign if applicable.

Parent(s) Signature

Date

Parent(s) Signature

Date