## **Clock Training**



Make sure auto horn is on: Light illuminated. If not, press "Auto Horn"

Make sure no interval is set: Shift + Set Interval - should be set to off

New Game: Shift + New Game

Warm-up: 3:00 minutes

Clock Set, 0300, Enter

**Period Time**: 15:00 minutes (12 minutes for Squirt)

Clock Set, 1500, Enter (Squirt: Clock Set, 1200, Enter)

Period Set: Period, 1, Enter

Goals: Home Score or Visitor Score, #, Enter

## Penalties:

Visitor/Home Penalty, set penalty amount (1:30 for squirt, 2:00 for others), player number, Enter

## **Removing Penalties:**

Visitor/Home Penalty, player number, Enter, Enter

At the end of each period, set clock for new Period Time 15:00 (12:00 for Squirt); Set Period

Clock In when puck drops; Clock out when whistle blows