

ROCKY MOUNTAIN DISTRICT PLAYER DEVELOPMENT/EVALUATION CAMP 2013

UTAH OLYMPIC OVAL
5662 SOUTH COUGAR LANE
KEARNS, UTAH 84118

Initial Draft

May 8-12, 2013

SCHEDULE OF EVENTS:

WEDNESDAY MAY 8:

7:00 PM TO 8:30 PM	PLAYER CHECK IN AND ON SITE REGISTRATION UTAH OLYMPIC OVAL
7:30 PM	ALL COACHES AND TEAM LEADERS MANDATORY MEETING UTAH OLYMPIC OVAL
8:30 PM	ALL PLAYERS MEETING -- THIS IS MANDATORY UTAH OLYMPIC OVAL TRACK
9:00 PM	ALL GOALTENDERS - OFF ICE SEMINAR UTAH OLYMPIC OVAL

PLAYER CATEGORY - GROUPS:

GIRLS BIRTH YEAR	1999 (14 Year Olds)	WHITE & RED	2 TEAMS
GIRLS BIRTH YEAR	1998 (15 Year Olds)	YELLOW & BLUE	2 TEAMS
GIRLS BIRTH YEAR	1996/97 (17/16 Year Olds)	WHITE & RED	2 TEAMS
.....			
BOYS BIRTH YEAR	1998 (15 Year Olds)	WHITE, YELLOW, RED & BLUE	4 TEAMS
BOYS BIRTH YEAR	1997 (16 Year Olds)	WHITE, YELLOW, RED & BLUE	4 TEAMS
BOYS BIRTH YEAR	1996 (17 Year Olds)	WHITE, YELLOW, RED & BLUE	4 TEAMS

Rocky Mountain District Player Development Camp - 2013 Schedule

PLAYER CAMP SCHEDULE:

THURSDAY MAY 9:

ON ICE SCHEDULE

SOUTH OVAL			NORTH OVAL		
6:00-7:15 AM	Boys 15 (98)	Yellow & White - Skills	6:30-7:45 AM	Girls 14 (99)	White & Red - Skills
7:30-8:45 AM	Boys 15 (98)	Red & Blue - Skills	8:00-9:15 AM	Girls 15 (98)	Yellow & Blue - Skills
9:00-10:15 AM	Boys 17 (96)	Yellow & White - Skills	9:30-10:45 AM	Girls 16/17 (97/96)	White & Red - Skills
10:30-11:45 AM	Boys 17 (96)	Red & Blue - Skills	11:00 AM-12:15 PM	Boys 16 (97)	Yellow & White - Skills
			12:30-1:45 PM	Boys 16 (97)	Red & Blue - Skills
12:00 - 1:15 PM	Boys 15	Goalies	1:45-2:45 PM	Ice Maintenance	
1:30 - 2:45 PM	Boys 17	Goalies			
2:45 - 3:30 PM	Ice Maintenance				
3:30-4:45 PM	Boys 15 (98)	Yellow & White - Game	3:00-4:15 PM	Girls 14 (99)	White & Red - Game
5:00-6:15 PM	Boys 15 (98)	Red & Blue - Game	4:30-5:45 PM	Girls 15 (98)	Yellow & Blue - Game
6:30-7:45 PM	Boys 16 (97)	Yellow & White - Game	6:00-7:15 PM	Girls 16/17 (97/96)	White & Red - Game
8:00-9:15 PM	Boys 16 (97)	Red & Blue - Game	7:30 - 8:45 PM	Boys 17 (96)	Yellow & White - Game
			9:00-10:15 PM	Boys 17 (96)	Red & Blue - Game

STRENGTH AND CONDITIONING SCHEDULE: OLYMPIC OVAL TRACK

9:00-10:30 AM	Girls 14 (99)	White & Red	WEAR HOCKEY JERSEY WEAR SOCKS WITH RUNNING OR TENNIS SHOES SHORTS AND T-SHIRTS NO JEWELRY
10:30-12:00 PM	Girls 15 (98)	Yellow & Blue	
12:00-1:30 PM	Girls 16/17 (97/96)	White & Red	
1:30-3:00PM	Boys 16 (97)	Yellow & White	
3:00-4:30PM	Boys 16 (97)	Red & Blue	

CLASSROOM SEMINARS AT OLYMPIC OVAL TRACK - *To be determined*

9:00 AM	PARENT AWARENESS SEMINAR - OBJECTIVES AND CONCEPTS OF PLAYER DEVELOPMENT - Tom Lampl
2:00 PM	BOYS (ALL) MEET WITH NCAA COLLEGE COACHES FOR OPPORTUNITIES IN HOCKEY - Joe Bonnett

TEAM LEADERS AND COACHES - All

Meet in the administration room following their respective final session of each day

Rocky Mountain District Player Development Camp - 2013 Schedule

FRIDAY MAY 10

ON ICE SCHEDULE

SOUTH OVAL			NORTH OVAL		
7:15-8:15 AM	Boys 15 (98)	Red & White - Skills	6:30-7:30 AM	Girls 14 (99)	White & Red - Skills
8:30-9:30 AM	Boys 15 (98)	Yellow & Blue - Skills	7:45-8:45 AM	Girls 15 (98)	Yellow & Blue - Skills
9:45-10:45 AM	Boys 16 (97)	Red & White - Skills	9:00-10:00 AM	Girls 16/17 (97/96)	White & Red - Skills
11:00 AM - 12:00 PM	Boys 16 (97)	Yellow & Blue - Skills	10:15-11:15 AM	Boys 17 (96)	Yellow & Blue - Skills
			11:30 AM - 12:30 PM	Boys 17 (96)	Red & White - Skills
12:30 - 1:45PM	Girls 14, 15, 16/17	Goalies	12:45 - 2:45 PM	Referees	
1:45 - 2:30 PM	Ice Maintenance				
2:30-3:45 PM	Boys 15 (98)	Red & White - Game	3:00-4:15 PM	Girls 14 (99)	White & Red - Game
4:00-5:15 PM	Boys 15 (98)	Yellow & Blue - Game	4:30-5:45 PM	Girls 15 (98)	Yellow & Blue - Game
5:30-6:45 PM	Boys 16 (97)	Red & White - Game	6:00-7:15 PM	Girls 16/17 (97/96)	White & Red - Game
7:00-8:15 PM	Boys 16 (97)	Yellow & Blue - Game	7:30-8:45 PM	Boys 17 (96)	Yellow & Blue - Game
			9:00-10:15 PM	Boys 17 (96)	Red & White - Game

STRENGTH AND CONDITIONING SCHEDULE: OLYMPIC OVAL TRACK

10:00-11:30 AM	Boys 15 (98)	Red & White	WEAR HOCKEY JERSEY WEAR SOCKS WITH RUNNING OR TENNIS SHOES SHORTS AND T-SHIRTS NO JEWELRY
11:30AM - 1:00 PM	Boys 15 (98)	Yellow & Blue	
1:30-3:00 PM	Boys 17 (96)	Red & White	
3:00-4:30	Boys 17 (96)	Yellow & Blue	

CLASSROOM SEMINARS AT OLYMPIC OVAL TRACK - *To Be Determined*

1:00 PM	Open to All - Prep-School Opportunities - Robb Gagon
10:30 AM	GIRLS (ALL) MEET WITH NCAA COLLEGE COACHES FOR OPPORTUNITIES IN HOCKEY - Jodie McKenna
11:30AM	Girl Goalie - Yvette Anderson Mid-Am camp

FRIDAY REFEREE SEMINAR - *To Be Determined*

12:00 PM - 9:00 PM	REFEREE TRAINING - BOB MCMANN
--------------------	-------------------------------

TEAM LEADERS AND COACHES - All

Meet in the administration room following their respective final session of each day

Rocky Mountain District Player Development Camp - 2013 Schedule

SATURDAY MAY 11

ON ICE SCHEDULE

SOUTH OVAL			NORTH OVAL		
7:00-8:00 AM	Boys 16 (97)	Red & Yellow - Skills	6:30-7:30 AM	Girls 14 (99)	White & Red - Skills
8:15-9:15 AM	Boys 16 (97)	Blue & White - Skills	7:45-8:45 AM	Girls 15 (98)	Yellow & Blue - Skills
9:30-10:30 AM	Boys 15 (98)	Red & Yellow - Skills	9:00-10:00 AM	Girls 16/17 (97/96)	White & Red - Skills
10:45-11:45 AM	Boys 15 (98)	Blue & White - Skills	10:15-11:15 AM	Boys 17 (96)	Red & Yellow - Skills
			11:30 AM - 12:30 PM	Boys 17 (96)	Blue & White - Skills
12:00 - 1:15 PM	Boys 16 (97)	Goalies	12:45-2:00	Referees	
1:15 - 2:45	Players/Coaches	Open House	1:15 - 2:45	Players/Coaches	Open House
			2:00-3:00	Ice Maintenance	
3:30-4:45 PM	Boys 16 (97)	Red & Yellow - Game	3:00-4:15 PM	Girls 14 (99)	White & Red - Game
5:00-6:15 PM	Boys 16 (97)	Blue & White - Game	4:30-5:45 PM	Girls 15 (98)	Yellow & Blue - Game
6:30-7:45 PM	Boys 15 (98)	Red & Yellow - Game	6:00-7:15 PM	Girls 16/17 (97/96)	White & Red - Game
8:00-9:15 PM	Boys 15 (98)	Blue & White - Game	7:30-8:45 PM	Boys 17 (96)	Red & Yellow - Game
7:00-8:15 PM			9:00-10:15 PM	Boys 17 (96)	Blue & White - Game

STRENGTH AND CONDITIONING SCHEDULE: OLYMPIC OVAL TRACK

10:30 AM-12:00 PM
12:00-1:30 PM

WEAR HOCKEY JERSEY
WEAR SOCKS WITH RUNNING OR TENNIS SHOES
SHORTS AND T-SHIRTS
NO JEWELRY

PLAYER/COACH OPEN HOUSE FOR ALL PLAYERS, COACHES & PARENTS
1:15 PM to 2:45 PM - OLYMPIC OVAL TRACK

COACHING STAFF MEETING IMMEDIATELY FOLLOWING YOUR FINAL ON ICE SESSION OF THE DAY
ADMINISTRATION ROOM

SUNDAY MAY 12

ON ICE SCHEDULE

SOUTH OVAL			NORTH OVAL		
6:00-7:15 AM	Girls 14 (99)	White & Red - Game	6:30-7:45 AM	Boys 16 (97)	3 Vs 4
7:30-8:34 AM	Girls 15 (98)	Yellow & Blue - Game	8:00-9:15 AM	Boys 16 (97)	1 Vs 2
9:00-10:15 AM	Girls 16/17 (97/96)	White & Red - Game	9:30-10:45 AM	Boys 15 (98)	3 Vs 4
10:30-11:45 AM	Boys 17 (96)	3 Vs 4	11:00 AM-12:15 PM	Boys 15 (98)	1 Vs 2
12:00-1:15 PM	Boys 17 (96)	1 Vs 2			

Put something in here about how the players find out their game times (3 Vs 4 and 1 Vs 2) on Friday

SUNDAY GAMES WILL BE FESTIVAL FORMAT 5 VS. 5

**COACHING STAFF MEETING IMMEDIATELY FOLLOWING YOUR FINAL ON ICE SESSION OF THE DAY
ADMINISTRATION ROOM**

PLAYERS CAN LEAVE FOLLOWING THEIR LAST SESSION.

CAMP CONCLUDES AT 1:15 PM

THANK YOU FOR PARTICIPATING IN THE 2013 RMD PLAYER DEVELOPMENT/EVALUATION CAMP

"If it is to be ...it is up to me."

William Ward

"Sports do not build character. They reveal it"

John Wooden