



Monroe Youth Hockey Association

Informational Packet for Avalanche Hockey Players

Monroe Youth Hockey Association Philosophy

The Monroe Youth Hockey Association (MYHA) was organized to provide a well-balanced recreational and competitive hockey program by creating opportunities for all, aiding in the enrichment of the lives of the players and the realization of individual and team achievements of worth accomplished through one's own efforts. These achievements are to be attained through the guidance of our youth hockey coaches, parents, and the Board of Directors.

www.monroeyouthhockey.com

Table of Contents

Introduction.....	1
Player Registration.....	1
Volunteer Hours.....	1
Fees	2
Player/Family Notifications	2
Fundraising.....	2
Concession Stand.....	4
SLICE Facility.....	4
Fun Events.....	4
MYHA Board of Directors.....	5
Teams.....	5
High School Teams	5
Bantams, Peewees, Squirt Teams.....	5
Mites Team	6
Why ADM?	6
Atoms Team	7
Purchasing Equipment.....	7
Avalanche Apparel.....	7
On Ice and Off Ice Facility Rental.....	7
Have Your Birthday Party at SLICE.....	7
Website and Facebook.....	8

Introduction

Monroe Youth Hockey Association (MYHA) is pleased to have your family join our organization. Our coaching staff is very experienced and attentive to each player so that your son or daughter can become a talented hockey player. MYHA coaches are certified by USA Hockey. This pamphlet serves as a guide of what to expect as a parent of a hockey player. A full copy of the policy handbook can be downloaded from the MYHA website (www.monroeyouthhockey.com).

Player Registration

We have online registration for all players Atoms through high school. Players will need to register with USA Hockey before registering on the MYHA site for levels Atoms through Bantams. High school players are required to register only with MYHA (not required to register with USA Hockey since MYHA is WIAA). You can register online any time beginning after August 1, 2017. In person player registration and fee payment will take place on Wednesday, September 20, 2017 from 5-7 pm. At that time families will pick up discount cards, raffle tickets, picture day forms, etc.

- When registering online (www.monroeyouthhockey.com | Registration), begin with the oldest player in the family. You will need each child's USA Hockey number. This will forward your contact information when you register on the MYHA site.
- Be sure to list email addresses for both parents for notifications from the association. This will be the main form of how we correspond with you.
- For the second child, be sure to select "additional" child (toward the end of the first registration) when registering.
- You have the option of paying online via credit card (additional non-refundable charges apply) or by check.
- Be certain to click all the way to the confirmation page.
- If you have any questions regarding online registration, contact Joel Fonseca at hockeyfonz@gmail.com.
- After you have registered your players, you will be able to claim dibs (volunteer hours).
- Retain your login information so you can claim dibs time.

Volunteer Hours

MYHA is an organization made up of strictly volunteers. There are no paid positions so that we can keep our player fees low. We have a number of opportunities where you can volunteer to help out the organization. The Board of Directors has put into place a policy that REQUIRES each family to complete the minimum amount of volunteer hours, which are determined by the level of a family's eldest registered player, or be charged \$15.00 per hour for each hour not fulfilled. This volunteer time is very important and is used to offset the operating expenses of the Association. There are numerous ways to volunteer, such as: working the concession stand at SLICE; driving the Zamboni; cleaning and maintaining SLICE; assisting with fundraisers; or volunteering a special skill such as electrical work, welding, painting, or woodworking. We need everyone's help to ensure all time slots are claimed. Dibs are added throughout the season so check often. Everyone must complete half of their minimum hours by December 31, 2017.

All volunteer hours are claimed and tracked online through Dibs. You will use the same user name and password that you used to register your child. In order for your volunteer hours to be included in the total hours worked, **you must claim the dib time online unless other arrangements are made prior to completing the dib task.**

- Atoms team - required to put in a minimum 12 hours in concession stand
- Second year Atoms, and Mites - required to put in a minimum 25 hours
- Squirts, PeeWees, Bantams- required to put in a minimum 45 hours

Fees

MYHA's player fees are one of the lowest in the area. We strive to do the best we can to keep our fees to a minimum. A \$50 USA Hockey fee is also required through their website at www.usahockey.com for players over six years old through Bantam level .

MYHA hockey fees can be paid in two installments in September and January. All fees must be paid promptly. If the first payment is not received by the first day of practice (October 9, 2017), your child cannot be on the ice until the first payment is received. If the second installment is not received by January 15, 2018, your child cannot be on the ice until full payment is received.

All past fees must be paid in full before the beginning of the season, including unfulfilled dibs hours that have been charged at a rate of \$15/hour. If fees are not paid, your child will not be permitted on the ice until all monies are collected. First installment hockey fees and fundraiser option must be paid before the first day of practice (October 9, 2017) in order for your child to participate.

Player/Family Notifications

All correspondence from the Association is done via email through the website. Coaches and board members will contact the webmaster to send a broadcast email or team specific email. Check your email a few times per week, especially on Friday in case there is a change to the weekend's game schedule. It is wise to list an email in your registration for both parents. The email you enter as the main email during the online registration is the email that will be contacted. You have the option to add a secondary email to receive notifications as well.

Fundraising

MYHA sponsors a variety of fundraising activities. We count on all Avalanche Hockey families to work at the various events we sponsor. These fundraising activities keep our fees low. Fundraising activities include golf outing, raffle, Cheese Days Chase, Kids Race, food stand (alternating years), etc.

Subway Card/Derby Tickets

To help offset the hockey fees, you will receive Kentucky Derby tickets or Subway cards to sell. The amount you sell of the required fundraiser is yours to keep. If you are able to sell more than the minimum, we are thrilled if you are able to bring in more revenue for the association, thereby, supporting MYHA and helping to keep your fees low.

Wreaths/Trees

Christmas trees and wreaths are also sold by members (which you personally receive a check for 10% of your sales over \$200, 15% of your sales over \$500, 20% of your sales over \$800 and 25% of your sales over \$1,100 to offset your hockey fees which you can keep or donate back to MYHA. Your discount can not be any larger than your fees for the year). Every dollar that you raise is a dollar that directly benefits your child at MYHA and ensures us to maintain our successful programs. Money from sale must accompany your order form when you submit to the wreath coordinator in order for your order to be placed.

Scrip Gift Cards

Scrip is a popular fundraising method used by many schools and non-profit organizations. Instead of using cash or a credit card to pay for your regular purchases, you can now use scrip gift cards from Great Lakes Scrip Center.

Scrip gift cards are the same as gift cards you would buy at the store. Many popular retailers participate in the scrip program including Kohl's, Amazon, Wal-Mart, iTunes, Pick 'n Save, and Kwik Trip, (just to name a few). You can see all cards at www.shopwithscrip.com. There are even some cards that are instantly downloadable and printable and some that are electronically re-loadable.

How a scrip program works: MYHA families buy the gift cards from scrip participating retailers for full face value, and redeem them for full face value. Each gift card you buy will have a percentage assigned to it, which you will know before purchasing. Of that percentage, the MYHA board has voted that your family will keep 90% of it as a credit within the association for your family's hockey fees. MYHA will retain the other 10%. JC Penney's cards, for example, offer a 5% rate on their cards. If you buy a \$100 gift card, at a cost to you of \$100, you can use the card at any JC Penney's and spend the \$100. The great part is, you just took \$4.50 off of your fees for next season and earned MYHA \$0.50.

If you're still wondering what the catch is... The catch, if you consider it one – is that families need to plan ahead a little, spend the money on gift cards, and do their normal shopping on groceries, gas, clothing, electronics, etc. with gift cards.

To get started: Create a free family account by clicking on the green Family Sign Up box at www.shopwithscrip.com. It only takes a minute or two.

The enrollment code for MYHA is 749F37AE35936 and is case sensitive.

We will be using the online payment method offered at www.shopwithscrip.com called PrestoPay. We will NOT be collecting order forms or checks. All orders will be online with www.shopwithscrip.com. PrestoPay will charge you a fee of \$0.15 every time you order, regardless of order size. You will need to sign up with PrestoPay after enrolling in the scrip program. This process can take up to a few days. Once you receive your approval code, you'll need to forward it to Tina Folgate (tina.folgate@gmail.com) or Angie Daughenbaugh (Daughenbaugh@sccompanies.com).

Members can place orders any time online, but MYHA will only complete that order once a month due to our costs with the program. We're hoping there is enough participation that we can eventually make two orders per month to give families a better opportunity to reduce their fees. If you are able to earn more credit than your hockey fees total, MYHA cannot refund you the difference. This is due to our non-profit status.

Concession Stand

When working the concession stand, please read and follow the instructions for opening, operating, and closing the concession stand. The instructions are located on the bulletin board in the concession stand. When working the last shift of the night, you are responsible for closing the facility. This includes counting money in the register and locking up the money, cleaning, empty all garbage (including locker rooms) turning off lights, and locking the doors. For your first couple times working the concession stand, it is beneficial to sign up with a veteran person so he/she can show you what needs to be done. The weekend you are scheduled to work you will receive an email for the code to enter the side door of the concession stand. Do not share this code with anyone. The code is changed often .

SLICE Facility

It is our responsibility to maintain the SLICE facility. We ask each family to help out with weekly cleaning of rink and restrooms, maintenance, snow shoveling, lawn mowing, etc. Dibs time is online for these tasks. It's not a glamorous job, but a necessary one to keep our facility maintained.

Fun Events

MYHA also sponsors events throughout the year such as golf outing, Cheese Days float, Cheese Days Chase (fun run), and skeet shoot just to name a few. At the end of the year each team may play a parents vs. kid's game which is a lot of fun for all. MYHA also has an appreciation day for MYHA sponsors/teachers/grandparents to watch their favorite athletes play.

Mite teams have also played between periods at UW men's and women's hockey games for Bucky's Mighty Mites.

MYHA Board of Directors

The MYHA Board of Directors meet the fourth Tuesday of each month at 6:00 pm at SLICE in Monroe.

The public is welcome and encouraged to attend these meetings.

Board members are elected at the annual meeting/banquet in March or April. Nominations are accepted before that time and put on ballots for the meeting.

If a member would like to submit an item to be on the agenda for the next regularly scheduled board meeting he/she would need to send their agenda item in writing or in an e-mail to the board secretary two weeks before meeting and be present at the meeting to discuss the agenda item.

The Forum - Monroe Youth Hockey Association, Inc.

MYHA Board of Directors for 2017-18

<u>Name</u>	<u>Position</u>	<u>Email</u>	<u>Phone</u>
Joel Fonseca	President	hockeyfonz@gmail.com	815-541-0928
Amy Lewis	Vice President	amyadamlewis@gmail.com	608-558-2804
Angie Daughenbaugh	Treasurer	daughenbaugh@scompanies.com	608-558-3017
Adam Buholzer	Secretary	Adam@klondikecheese.com	608-558-7163
Ron Brandt	VP-Facility	ron@brandtconstruction.net	608-558-7878
Gottlieb Brandli	Director	godi@tds.net	608-325-1133
Amanda Spotts	Director	raspotts87@gmail.com	608-347-8167
Jeff Kurschner	Director	jeffk@midwesternbioag.com	608-225-5180
Tammy Anderson	Director	tammyiic@hotmail.com	608-558-6116
Dan Rosenstiel	Director	randracing@yahoo.com	608-558-8141
Kaitlyn Wylchinski	Director	kaitlyn.wilchynski@gmail.com	608-851-1215

Practice Schedules

When finalized, practice schedules will be posted on the website at www.monroeyouthhockey.com.

We encourage families to attend open skate at SLICE as much as you can. This will give your child more ice time and build his/her self-confidence that much quicker. Open skate schedules are posted online.

Teams

High School Team

The 2017-18 season is the fourth year of WIAA play for boy's high school hockey. Schools participating in the co-op include: Argyle, Darlington, Dakota, Monroe, New Glarus, Orangeville and Warren.

For the 2017-18 season, Monroe High School girls will continue their participation in the Beloit Fury Coop for WIAA Girls high school hockey. Schools participating in the co-op include: Beloit Memorial (host school), Beloit Turner, Janesville Parker, Janesville Craig, Monroe, Milton, and Clinton.

Bantams, Peewees, Squirt Teams

These levels are open to boys and girls. Games begin in November and will play through state tournaments in March. There will be tournaments scheduled for home and one away. We may have home and away tournaments for these levels. Tournament fees are not included in hockey fees. For home tournaments, each family is required to volunteer a minimum of three hours in order to make the tournament a success.

Mites Team

We have adopted the ADM model for the Mite level. Below is an explanation of the model. Mite level is open to boys and girls. More information is on our website under Teams | Mites. Players will play cross-ice games to develop their hockey skills. Games will be played on Sundays, November through February. **Mites may play in cross-ice only tournaments.** Fees paid do not include tournament fees.

Why ADM?

The American Development Model is a nationwide model for successfully developing American hockey players. It is a tool that will ensure every kid will have the same chance to succeed.

By implementing ADM, associations will see an increase in player retention. Again, ADM is a set of guidelines designed specifically to help kids reach their full potential.

One of the first things that USA Hockey did when beginning this project was to look closely at the statistics related to player development – specifically the skill development time each player has when in both a practice setting and a game setting. When viewed from the perspective of how kids learn the number of repetitions of specific skills and situations that occur in practice versus a game, we quickly learned where players have a chance to develop the most: practice.

A model was created that valued practices and proper training above all else. This isn't to say that the ADM is about taking the fun out of hockey, quite the contrary. Practices can and should be fun, especially if the kids are all playing together and having a blast with a game that they love. The more they play it, the better chance that they'll love it. When you combine a passion for the game with increased puck time, kids will start to excel at it. Play, love, excel. That's the ADM.

As research was conducted in developing the ADM, it became apparent that critical areas in our system were neglecting kids at a very early age. As children mature, they each progress through the same development stages. And certain aspects of these stages must be addressed at the appropriate points along the development curve in order for our children to reach their genetic potential. Maximum development occurs through age-appropriate structure and content. Without developing skills and certain physical and mental attributes at the appropriate time, the long-term prospects of becoming a truly elite player diminish each day.

Once the kids are on the ice and playing, the game itself can only take them so far. To love hockey, they first have to play it. To excel at it, they need to play it and love it. To love the game of hockey, kids first have to play it in an environment that brings out their passion. One that encourages them. The more they love the game, the more they'll play. The more they play, the better they'll get.

There needs to be reasons to love the game. If all they're doing is playing hockey 365 days a year, there's a good chance the game they're supposed to love becomes more of a chore than a passion. That amount of exposure too early on can put undue stress and pressure on them and give the kids plenty of reasons not to love hockey.

The bottom line is that if we can give kids reasons to stick with hockey, we can unlock their potential and help them excel at the game they play and love.

Atoms Team

The Atoms level is the learn-to-play hockey for ages 4-8. Boys and girls will learn to skate forward and backward and learn basic hockey skills. Most equipment (including helmet and skates) for first year Avalanche players is provided. Sticks are available for sale through MYHA.

Equipment

For first year MYHA players, full equipment including helmets, breezers (pants), shoulder pads, shin guards, elbow pads, gloves, socks, practice jersey, and ice skates (with the exception of mouth guards, stick, pelvic protector, and equipment bag) is provided by MYHA. The player is responsible for skate sharpening and replacement laces.

After the first year, you will need to purchase ice skates, stick, breezers (blue), helmet (red), shoulder pads, elbow pads, shin guards, gloves, mouth guard, pelvic protector, and equipment bag. White (home) and red (away) game jerseys and socks are purchased through MYHA.

Purchasing Equipment

There are many providers for equipment. MYHA does not carry a full line of gear.

Avalanche Apparel*

At the beginning of the season, we offer Avalanche apparel to all members for purchase. Items will include sweatshirts, T-shirts, hats, jackets, and warm-ups. Order forms will be sent out via email. Only authorized apparel is permitted to members through this sale.

*All digitizing and reproduction rights belong exclusively to MYHA. Any other reproductions are not authorized.

On Ice and Off Ice Facility Rental

To rent the SLICE facility or on ice and off ice events (including weddings, birthday parties, corporate events, tradeshow, receptions, etc.) contact Amy Jo Smith at 608-558-9097 or amyjo.smith@rrd.com. Dry floor sales are available mid-March through beginning of October. Contact Amy Jo Smith at 608-558-9097 or amyjo.smith@rrd.com for more information and rates.

Click on the "Contact" tab at www.monroeyouthhockey.com or call Amy Jo Smith for more information regarding birthday parties.

Have Your Birthday Party at SLICE

Schedule your birthday parties, anniversary parties, wedding receptions, family reunions, or any gathering at SLICE. Contact Joel Fonseca at 815-541-0928 or hockeyfonz@gmail.com for more details.

Birthday Party Plan 1 - \$75

10 children and 2 adults (\$3 for each additional child/adult). Includes a locker room, skating, skate rentals, and popcorn for each person.

Birthday Party Plan 2 - \$100

10 children and 2 adults (\$5 for each additional child/adult). Includes a locker room, skating, skate rentals, hot dog, pop, one pop and popcorn per person.

Birthday Party Plan 3 - \$15

Includes set up and clean-up of a locker room. Each skater is ala carte for skating, food, drinks, and skate rental.

The only food items that parties may bring into the rink are cupcakes, cakes, or ice cream. All other food and drinks must be purchased from our concession stand.

Avalanche Coaches Registration

The Avalanche is looking for new coaches every season. MYHA coaches are certified by USA Hockey. There is always need for good coaches and role models and coaching is a great way to help youth develop lifelong skills!

Team Representatives

Each team rep will work with the coach in uploading the stats after each game and sending short game summaries to the webmaster. Both should be done each weekend no later than 6:00 pm each Sunday in order to be published in that week's newspaper. Write ups must be short, concise, and error free (print ready) when submitted to the webmaster no later than 6:00 pm Sundays.

Website and Facebook

Avalanche Hockey's website is www.monroeyouthhockey.com. Game and player stats, rosters, open skate schedule, future events, etc. are listed on our website. Listed on the website is a link to like Avalanche Hockey (www.facebook.com/AvalancheHockey.MYHA).

Cheese Days Chase's website is www.cheesedayschase.com. Like us on Facebook at www.facebook.com/CheeseDaysChase. Please carefully read our social media policy in the MYHA Handbook.



www.monroeyouthhockey.com