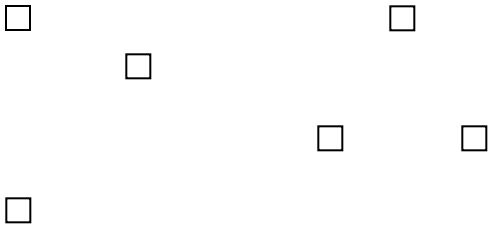
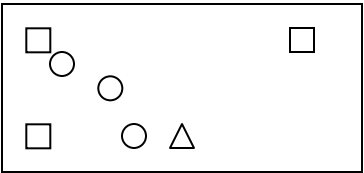
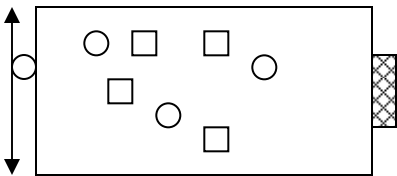
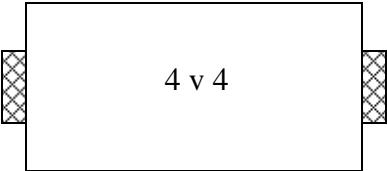




Name: Matt Callahan

Topic: Team shape - Attacking

Date:

UNRESTRICTED SPACE – WARM UP 	ORGANIZATION <ul style="list-style-type: none"> ▪ Ball between three players – moving and passing 	KEY COACHING POINTS <ul style="list-style-type: none"> ▪ Players constantly moving ▪ Good supporting distance ▪ Good supporting angle
RESTRICTED SPACE 	<ul style="list-style-type: none"> ▪ Team plays 3v3+1 in a 35-x-30 yard area ▪ Triangle is a neutral player who plays for both teams ▪ Teams try to complete 5 consecutive passes – get one point for doing so 	<ul style="list-style-type: none"> ▪ Good supporting positions (depth) ▪ Adequate width ▪ Players not in close supporting position making unbalancing runs, creating space ▪ No gaps between players ▪ When one player makes a run, he leaves space that is vulnerable for a counterattack, therefore, all the other players need to adjust to fill the space
ONE GOAL WITH COUNTER 	<ul style="list-style-type: none"> ▪ Play 4v3 to goal ▪ Team of four attacks goal ▪ After defending team wins ball they can score by passing to the target player 	<ul style="list-style-type: none"> ▪ Good supporting positions (depth) ▪ Adequate width ▪ Players not in close supporting position making unbalancing runs, creating space ▪ No gaps between players ▪ When one player makes a run, he leaves space that is vulnerable for a counterattack, therefore, all the other players need to adjust to fill the space
GAME – TWO GOALS 	<ul style="list-style-type: none"> ▪ Play 4v4 + GK's ▪ No restrictions on players 	<ul style="list-style-type: none"> ▪ Observe to see if the team has good team shape