

# THE ORANGE COUNTY WHEELMEN NEWS

## CHAIN REACTION

TANDEM TIME  
July

GOAT HILL

PARAMOUNT RACING  
2007

INTERNET WEB: <http://www.ocw.org>



## OCW Picnic



**Sunday, July 8, 2007 11:00 am to 4:00 pm\***  
**Central Park, Huntington Beach**

The park is located in Huntington Beach Central Park in the covered picnic area behind "Breakfast in the Park", which is located at 6622 Lakeview Drive. Enter the area off of Edwards on Inlet Drive, which turns into Lakeview Drive. Inlet Drive is 0.6 miles south of Slater or 0.4 miles north of Ellis.

Free parking is available.

Bring family, friends and your appetites. We'll supply the rest!  
Please RSVP by July 3rd, 2007 to **Sylvia Grotz** .

[LP.Sylvia@verizon.net](mailto:LP.Sylvia@verizon.net)

### IN THIS ISSUE...

|                      |      |       |
|----------------------|------|-------|
| President's Message  | Page | 3     |
| CTC Recap            | Page | 5,6   |
| Sunday Ride Schedule | Page | 13    |
| Bear Ride Recap      | Page | 15,16 |
| Board Minutes        | Page | 17,18 |

### CALENDAR OF EVENTS...

|                |      |       |    |
|----------------|------|-------|----|
| Board Meeting  | Sun. | July  | 1  |
| July 4th Ride  | Wed. | July  | 4  |
| OCW Picnic     | Sun. | July  | 8  |
| Folding Party  | Thu. | July  | 26 |
| Amtrak Century | Sat. | Sept. | 8  |

## OCW CLUB OFFICERS

|                |                 |                                      |
|----------------|-----------------|--------------------------------------|
| President      | Barbara Tomita  | 714.289.0917<br>President@ocw.org    |
| Vice President | Dan Gorman      | 714.771.7741<br>Vpresident@ocw.org   |
| Treasurer      | Jim Walker      | 562.943.9403<br>Treasurer@ocw.org    |
| Secretary      | Doris Bingo     | 714.282.0949<br>Secretary@ocw.org    |
| Events         | Debi Butz       | 714.996.4366<br>Events@ocw.org       |
| Ride Captain   | Kent Parish     | 714.549.8363<br>RideCaptain@ocw.org  |
| Membership     | Irene Walker    | 562.943.9403<br>Membership@ocw.org   |
| Editor         | Cheryl McMurray | Editor@ocw.org                       |
| Statistician   | Donna Parish    | 714.549.8363<br>Stats@ocw.org        |
| Pub Relations  | Michael Lee     | 949.458.0205<br>PubRelations@ocw.org |
| Training       | Ross Ritari     | 714.968.6270<br>Training@ocw.org     |

## BOARD OF DIRECTORS

|             |                  |  |
|-------------|------------------|--|
| WEB Master  | Ken Fry          | 714.289.0917<br>frycat@aol.com           |
| Paramount   | John McKee       | 714.531.1376<br>pres@paramountracing.org |
| Tandem Time | Kathy Pilcher    | 714.998.5734<br>hkpilcher@aol.com        |
| GoatHill    | Alan Dauger      | 714.846.0862<br>abiker@socal.rr.com      |
| Director    | Sylvia Grotz     | 562.943.7357<br>LP.Sylvia@verizon.net    |
| Insurance   | Lorna Laugen     | 714.283.5153<br>bikefamily@netscape.com  |
| Director    | Lee Stebbins     | 714.593.9226<br>bikraak@socal.rr.com     |
| Director    | Rick Butz        | 714.996.4366<br>rdbutz@earthlink.net     |
| Director    | Paul D'Aquanni   | 949.766.2951<br>pdaquanni@cox.net        |
| Director    | Jeff Rich        | 714.998.5587<br>richriders@bbcnet.com    |
| Director    | Mike Laugen      | 714.283.5153<br>bikefamily@netscape.com  |
| Director    | Charlie Irwin    | 949.552.8480<br>csrwin@bbcnet.com        |
| Director    | Michelle Kashima | 714.368.1315<br>kashima@cox.net          |
| Director    | Debbie Myers     | 949.388.7107<br>strong2legs@cox.net      |
| Director    | Peg Bauer        | 714.997.0892<br>prbauer@socal.rr.com     |

## BOARD MEETING

**Sunday, July 1st, 11:30 am**

**Carl's Jr., Irvine.** Take the 405 Freeway to the Mac Arthur exit. Go south 0.8 miles and turn left on Campus. Go 0.3 miles and turn right into Carl's Jr. (at Von Karman). All Officers and Directors are expected to attend to conduct business. Other interested members may also attend.

## FOLDING PARTY

**Thursday, July 26th, 7:00 pm**

Hosted by:

**Sylvia & John Grotz**

16126 Grayville Dr.

La Mirada, CA 90638

562.943.7357

LP.Sylvia@verizon.net

Please RSVP if you plan to attend. Dinner will be served.

**DIRECTIONS:** Exit the 5 Freeway at Beach and head north 4 miles. Turn left on Imperial Highway and go west for 1.0 miles. Turn left on First Ave heading south. Turn right on the first street, Grayville Drive. House will be on your left.

## SPECIAL THANKS TO

**Mike Lee**

**for Hosting the**

**June Folding Party**

If you would like to host a Folding Party or supply refreshments for the General Meeting, please contact **Cheryl McMurray** at **cherylswan@earthlink.net**.

(OCW reimburses up to \$100)

**Chain Reaction** is published 11 times a year by the Orange County Wheelmen, a bicycle club. Current circulation is 500.

Copyright 2007; Orange County Wheelmen. Permission hereby granted to republish if credit is given to the author and OCW. All items submitted become property of OCW. Opinions of authors do not necessarily reflect the views of OCW.

## FROM THE PRESIDENT...

By **Barbara Tomita**

The theme of my article this month is derived from Charles Dickens. In the novel, *A Tale of Two Cities*, Dickens writes, "It was the best of times, it was the worst of times...." And, so it is with OCW. Consequently, I created this list of the best and the worst times in my OCW experiences.

Let's start with the best of times for the OCW President. Without question, the best of times is working with such wonderful people. Serving in this role, I come into contact with many new people from different walks of life who share one thing in common — they care about cyclists and cycling. With them, I have rejoiced in our successes and learned from our failures. I am grateful for these experiences and the strong bonds formed with new my new friends. Now, let's talk about the worst. The worst thing facing me each month is writing this article. I can't figure out what to write about. Should I take the high road and talking about significant cycling issues? Should I focus on the future of the club or I should write whimsical articles like this?

Now that we've covered the good and bad times of the OCW President, let's move on to OCW cycling events. Working as a part of the crew for an OCW cycling event such as the Fiesta 150, Bear or Amtrak is the best experience. The appreciation expressed by the riders makes it all worthwhile for me. I always feel so good about helping someone successfully complete a ride. I also enjoy the camaraderie among volunteers at the events. We joke with each other, dress up in costumes, and entertain while feeding and watering hundreds of weary cyclists. Working a cycling event is always a high point for me. In contrast, the worst of cycling events is rising before the sun does and then driving to some forsaken turn-out in the road to set up the rest stop before the first rider arrives. Additionally, making gooey PB & J sandwiches before you've had time for breakfast is not very appetizing.

When it comes to OCW Board meetings, the best of times is observing our democratic process in action.



Members passionately voice their opposing views while maintaining decorum. Once decisions are made, everyone pitches in to make things happen. It is an efficient and effective process considering the size of our Board – 26 members. The worst of times (and it really isn't that bad) is the time it takes to figure things out. Since we only meet on a monthly basis, there are a lot of things to cover.

Finally, the best of times is opening your e-mail and seeing "Thank You" in the subject line. I love hearing from members who appreciate the efforts of our club. I also get heart-warming messages nonmembers who participated in our cycling events. The worst of times is opening your e-mail and seeing a litany of things you didn't do correctly. Lincoln was right. You can't make all of the people happy all of the time.

Looking back at the list, the good times outweigh the bad times. I encourage every member to participate in OCW. Going back to Dickens, we have "everything before us" if we take advantage of the activities offered by OCW and we have "nothing before us" if we don't.

Addendum: Since this is my last year as President due to term limits. Perhaps our next OCW event should be the "OCW Idol" contest with the winner becoming the 2008 OCW President....just a thought.

### Recognition

As OCW Membership Director, **Irene Walker** serves as the Chair of the OCW Membership Committee which includes **Bob Fairfield, Charlie Irwin, Mike Lee, and Kathy Pilcher**. This committee is working on revising our membership maintenance and recruitment procedures. Thanks for doing such a good job.

Kudos to **Tracy Sharp**, Chair of the Financial Practices Committee. Using the information from the OCW Audit Committee report, **Tracy's** committee is developing financial reports that will simplify the data Board mem-

Continued from Page 3

bers receive and establish financial policies. Committee members include **Jim Walker, Debi Butz, and Charlie Irwin**. We're lucky to have people with expertise in this area.

**Debi Butz** did another outstanding job of organizing the Ride Around the Bear. In her article, **Debi** will give recognition to everyone who assisted in the operation except herself because she's humble. So, I want to publicly express our thanks to **Debi** for all of her efforts.



## May 20, 2007 Hike to Mt. San Antonio By Alan Dager

Our May hike was much more strenuous than our previous offerings, having the ambitious goal of climbing the highest peak in the San Gabriel Mountains: Mt. San Antonio, commonly called Mt. Baldy, altitude 10,060 feet. There are several routes to the top of Baldy, the most popular being from Manker Flats, just below the ski area parking lot, via the ski lodge at Baldy Notch, along Devil's Backbone, to the summit. The one-way distance is about 6.5 miles, for an elevation gain of about 4000 feet. Our group decided to cut the distance down with a choice of either the other popular route, the steep Baldy Bowl Trail which goes by the Sierra Club San Antonio Ski Hut, for a distance of 4.5 miles one-way, or a rarely used "use trail" which goes up the ridge to the Devil's Backbone just below Mt. Harwood and is even steeper in parts. We decided as a group to go for the steep ridge trail even though none of the four hikers had done it before! This trail was so steep and with such loose talus that there was no turning back once we started up.

This route was daunting but got us to the top in three hours flat. We came down the Baldy Bowl Trail for a total distance of about ten miles and 4000 feet of climbing. Please see the group summit photo by Cheryl McMurray of hikers Robyn Stein, Dave Rusher, Alan Dager, and Cheryl McMurray.

Future hikes. To keep updated on the status of future hikes and to obtain more detailed information, please email [abiker@socal.rr.com](mailto:abiker@socal.rr.com).



## July 4<sup>th</sup> "The Square"

37 Miles including the Shady Canyon trail and Castaways Park by Dover. Red Hill, Tustin Ranch, Portola, Jeffrey, Irvine Ctr., Quail Hill, Bonita Cyn., Marguerite, PCH, Castaways Park, Santiago, Red Hill. Ride Captain Kent Parish at 714-549-8363 or [ridecaptain@ocw.org](mailto:ridecaptain@ocw.org). Ride starts at 8:00 am.



# CALIFORNIA TRIPLE CROWN DOUBLE CENTURY REPORT

By Frank Neal

Hi! Its me...**Garfield** (you know, the Kickstand Guy!).

The California Triple Crown (CTC) Double Century Series for 2007 continued in May with Central Coast, Davis, Heartbreak, and Eastern Sierra Double Centuries.

**5/12/07: Central Coast Double.** This awesome Paso Robles course travels through Cambria, along the Pacific Coast Highway, and then climbs to Lake Nacimiento. It is one of the tougher CTC Doubles with just over 14,000ft. of total elevation gain! This year the weather was ideal. The morning was overcast, the coastal headwinds were not excessive, and the valley heat never reached over 84\*. Congratulations to the following OCW Members who completed this very difficult Double: **Andrew Melczer, Bill Murphy, Tom Parkes, Doug Patterson,** and **Brian Rapp.**

**5/19/07: Davis Double.** One of the oldest Doubles in California, this Event is still the most popular Double on the CTC Schedule. The course has changed many times over the years. Due to the closing of Big Canyon, it now climbs the tougher Mt. Cobb pass. Once considered to be one of the easiest Doubles for beginning Double Century Riders, its current course with 8,400ft. of gain now borders on "High Difficulty". The weather can be unpredictable this time of year. This year, a forest fire caused EVERYTHING to change without notice! The Davis Crew did ONE UNBELIEVEABLE JOB changing the course at the last minute to make 2007 another successful Event for the riders! Congratulations to the following OCW Member who completed the Davis Double: **Tom Parkes.**

**5/26/07: Heartbreak.** This Event is a challenge under any conditions! With over 15,000ft. of total elevation gain, this beautiful course meanders (climbs!) through some of the best So. Cal. back roads and scenery. How about climbing the Grapevine (from Palmdale), to Gorman, through Frazier Park, up and over Apache Saddle? This year the weather had the normal high temperatures with little air movement during the Heartbreak climb. Congratulations to the following

OCW Members who are AWESOME for completing this "Radically Difficult" Double: **Tom Parkes** and **Doug Patterson.**

**6/2/07: Eastern Sierra.** Starting in Bishop and traveling up through Mammoth Lakes and June Lakes, this is my personal favorite Double. Riders find little traffic, few signals, and awesome scenery! There is no air to breathe up there; but, it is such a great course that the high altitude just doesn't matter! This year the weather was overcast in the morning making the early climbs very tolerable. After lunch it got warm, but not hot. Then came the challenge! The last 25 miles were met with stiff, in-your-face, headwinds! Great job to all the OCW riders who Finished: **James Cawthon, Andrew Melczer, Bill Murphy, Tom Parkes, Doug Patterson, Brian Rapp,** and **Jeff Rich.**

Special Congratulations to our Members who have already completed three CTC Double Centuries to capture their 2007 Triple Crown Awards: **Chuck Bramwell, James Cawthon, Jim Kehr, Andrew Melczer, Bill Murphy, Tom Parkes, Doug Patterson,** and **Brian Rapp!**

Additional Recognition to: **Andrew Melczer, Bill Murphy, Tom Parkes, Doug Patterson,** and **Brian Rapp** who have already completed five Doubles this year to achieve the Thousand Mile Award! That is 1,000 miles in five days!

Special Kudos' to our GOLD Thousand Mile Award Winners! This Award goes to a rider that, in one calendar year, Finishes five CTC Doubles and volunteers (or provides a volunteer) for at least one CTC Event. Congratulations, OCW Members: **Tom Parkes** and **Doug Patterson.**

"Over-The-Top" Recognition goes to the following OCW Members:

**Andrew Melczer:** Six 2007 CTC Doubles completed.  
**Bill Murphy:** Six 2007 CTC Doubles completed.  
**Brian Rapp:** Six 2007 CTC Doubles completed.  
**Doug Patterson:** Seven 2007 CTC Doubles completed.  
**Tom Parkes:** Eight 2007 CTC Doubles completed.

**Super Recognition! - Andrew Melczer:**

The California Triple Crown started in 1990, consisting

of only four Double Centuries. That first year there were 42 Riders who participated. 32 of those earned their Triple Crown Awards. Between all of the Riders, they Finished 115 Doubles.

In 1992, Chuck Bramwell took the helm as Executive Director of the CTC. He remains the Executive Director today and has built the CTC into an unbelievably huge success!

Compare the current stats to 1990: In 2006 there were 18 Double Centuries. 1,477 Riders participated and 513 were awarded the Triple Crown. Their total Finishes were an amazing 3,382 Doubles! The CTC boasts that 8,900 different Riders have completed, at least, one CTC Double Century since 1990.

In 1999, the first Rider reached 50 individual CTC Finishes. That was OCW's Jim vonTungeln. Chuck added a new Award to the CTC. The first Hall of Fame Award was given to Jim at the conclusion of the 1999 Eastern Sierra Double. Since the inception of the HOF, only 42 Riders have won this prestigious Award! Compared to the 8,900 Riders who have completed a Double, this shows the level of dedication and accomplishment of the Riders inducted as a California Triple Crown Hall of Fame Award Winner!

OCW boasts 11 of the 42 HOFs: **Ken Bartholic, Chuck Bramwell, Dan Crain, Kermit Ganier, Charlie Griffice, Charlie Irwin, Frank Neal, Tom Parkes, Doug Patterson, Brian Rapp, and Jim vonTungeln.**

At the 2007 Eastern Sierra Double, OCW Member **Andrew Melczer** Finished his 50<sup>th</sup> career Double Century! This qualifies **Andrew** for induction into the California Triple Crown Hall of Fame at the Vacaville CTC Awards Breakfast on Sunday, Sept. 30, 2007! He rode Eastern Sierra with two Hall of Fame Veterans: **John Clare** and **Brian Rapp**. Between the three, they have completed 217 CTC Doubles! **Andrew** has also ridden the Seattle-to-Portland Double seven times. He finished the four qualifiers for Paris-Brest-Paris. His goal is to ride Paris-Brest-Paris and the Furnace Creek 508.

Please join me, our other OCW HOFs, and the whole

OCW Membership recognizing **Andrew Melczer** for this awesome feat of being the next OCW Member inducted into the California Triple Crown Hall of Fame, "Hearty Congratulations, **Andrew!**"



l to r: Andrew Melczer, John Clare, and Brian Rapp.

For complete year-to-date CTC results, go to: [www.caltriplecrown.org](http://www.caltriplecrown.org) Click directly on "2007".

### Upcoming CTC Events:

8/4/07, Mt. Tam Double: See:

[www.sextonarts.com/marincentury/](http://www.sextonarts.com/marincentury/)

9/29/07, Knoxville Fall Classic Double: See:

[www.quackcyclists.com/](http://www.quackcyclists.com/)

9/30/07, CTC Awards Breakfast, Vacaville, CA:

[www.quackcyclists.com/](http://www.quackcyclists.com/)

10/13/07, Bass Lake Powerhouse Double: See:

[www.fresnocycling.com/powerhouse/2006/](http://www.fresnocycling.com/powerhouse/2006/)

10/20/07, Solvang Autumn Double: See:

[www.planetultra.com/solvangfall/index.html](http://www.planetultra.com/solvangfall/index.html)

10/27/07, Death Valley Fall Double: See:

[www.adventurecorps.com/dvfall/index.html](http://www.adventurecorps.com/dvfall/index.html)

If you are interested and have questions about riding ultradistance events, you have to go no further than OCW for answers. Contact the folks named here. They are great folks and active OCW Members!

Ride Safe out there! -

Frank Neal, [Cycleman@BigPlanet.com](mailto:Cycleman@BigPlanet.com)



**OCW Wishes  
You  
A Happy Birthday!**

### ***July Babies***

|                   |      |
|-------------------|------|
| Donis Simons      | 7/3  |
| Herb Watanabe     | 7/3  |
| John Shindler     | 7/3  |
| Eetung Rauh       | 7/3  |
| Zachary Sherburne | 7/4  |
| Wilson Crider     | 7/4  |
| Kurt Eltz         | 7/5  |
| Kyle McLaughlin   | 7/5  |
| Patty Jensen      | 7/6  |
| Chuck Bramwell    | 7/6  |
| Denis Kuemerle    | 7/7  |
| Bill Pettus       | 7/9  |
| William Langstaff | 7/11 |
| Kathleen Wheeler  | 7/11 |
| John Quarles      | 7/12 |
| Bob Cassidy       | 7/12 |
| Karan Franson     | 7/13 |
| Mark Painter      | 7/15 |
| Bob Dietrich      | 7/15 |
| Lee Stebbins      | 7/18 |
| Don Carson        | 7/19 |
| Bob Nortman       | 7/20 |
| Ben Spurgeon      | 7/22 |
| Ross Ritari       | 7/22 |
| Marilyn Ryder     | 7/23 |
| Judy Aronson      | 7/27 |
| Tom Tisler        | 7/27 |
| Gregory Barr      | 7/29 |



### **CABO**

**By Dan Gorman**

Brian DeSousa and Dan Gutierrez of the California Association of Bicycle Organizations delivered an interesting presentation on tactics to survive while riding on the road. Brian and Dan have developed technology using forward and rearward looking video cameras to document their movements in traffic. Several potentially dangerous local spots were highlighted during the presentation including PCH in Laguna Beach with lot of traffic. The videos demonstrated that with the use of proper positioning on the road and clear hand signals most drivers will respect the cyclist's rights. Making your intentions known is a key factor, nobody likes surprises when it comes to driving or riding. They also showed that it is sometimes safer and legal to take control of the entire lane, notably when the lane is not wide enough to allow cars to pass safely. This is not a license to cause traffic jams however. CABO does offer training to individuals seeking guidelines for riding safely on the streets which includes on road time with trainers and there is additional training for those who would like to become trainers. Visit CABO's website at [www.cyclistview.com](http://www.cyclistview.com) for additional information.





## CALLING ALL VOLUNTEERS.....

Your OCW Events Coordinator is personally inviting all OCW members to participate in the 33<sup>rd</sup> annual Amtrak Century.

The Amtrak Century is one of Southern California's most popular century rides. Every year registration fills up in about 2 hours. The main reason this ride remains one of the premier rides is due to OCW's fantastic support system. I am offering each one of you the opportunity to help make the 2007 Amtrak Century another outstanding event. Please let me know if you would like to spend September 8th encouraging 1,100 riders' travel down Southern California's coastline from Irvine to San Diego.

You can find me at [rdbutz@earthlink.net](mailto:rdbutz@earthlink.net) or log onto [www.Events@ocw.org](http://www.Events@ocw.org) and leave me a note. If you have a specific duty or rest stop you would like to be placed at please include that information in your reply, otherwise I will assume I can place you where I need you most.

Thanks in advance for your positive response to my plea.

**Debi**  
OCW Events

# THE 33rd ANNUAL AMTRAK CENTURY

**100-Mile Bicycle Ride  
Saturday  
September 8th  
2007**

Riders return by Private Train  
Transportation for your bicycle

Three full service rest stops

Lunch in Oceanside

Refreshments in San Diego

Sag support

A great first-time century!



CoolClips.com

## MYSTERY RIDE STRIKES AGAIN

By Dan Gorman

**Kent Parish** and his crew put together yet another incredible 'Mystery Ride' on Memorial Day. The theme this year was dead Presidents, but successful completion of the route was definitely not limited to just that. The clues tested each team's knowledge of Alaskan cities, pepper varieties and southern accents as well as Arithmetic, "was that two overpasses or three?"



**Doris Bingo** and I were fortunate to be part of Team Zodiac with **Alan Dauger** and **Bob Fairfield**. Each member on the team, it turned out, had key pieces of knowledge to successfully navigate the course.

To insure that each team actually rode the prescribed course and earned the Starbucks' reward, **Kent** also furnished two photographs of points on the route. The

mileage at each point had to be noted and reported to **Kent** upon completion.



After the ride, many of the participants regrouped at a nearby Starbucks to share some "war" stories and enjoy our hard earned rewards. These rides are meant to be fun, challenging us more mentally than physically and this year did not disappoint. I would definitely recommend the next 'Mystery Ride' to anyone who wants to have a good time and possibly make some new friends.

Thanks again to **Kent** and the entire committee for the outstanding job.



# GREAT WESTERN BICYCLE RIDE

MAY 2007

By Debi Butz

Rick and I attended our 22<sup>nd</sup> Great Western Bicycle Rally (GWBR) over the Memorial Day weekend. Ken Fry and Barb Tomita joined us this year. We also met up with other friends from Orange County, like the Broadhag's, the Dane Clarke family and the Tom Iken family and other OCW, BCI members who make this annual happening.

This was the 43<sup>rd</sup> Annual GWBR and it attracted cyclists of all ages and abilities from all over California and beyond. This ride presents the opportunity for Rick and I to experience an affordable "mini" vacation with other cyclists in the relaxed setting of the scenic Wine Country of Paso Robles, California.

The GWBR is a large, friendly, family-oriented bike event extravaganza dedicated to recreational cycling that transforms the Paso Robles fairgrounds and the surrounding countryside into a peddler's paradise.

Talk about great bike riding! They provide the routes and we got to choose from 25 scenic bike rides of varying distances and difficulty through farmland, vineyards, native oaks and even ocean scenery. No wonder the road leading into Paso Robles says "**Paso Robles - Almost Paradise**".

The GWBR committee put together numerous social activities such as a BBQ, a swap meet and a vendor's market place for riders to socialize and swap stories. They also have a couple competitions like the ultra-distance, hill climb, time-trial, "Best-in-Show", huffy toss, tire change contest, kids rodeo, and a 2k run. This year they added an optional supported one-day century/metric century bike ride. Each participate received goodie bags full of fun stuff and a chance to win a door prizes at the Sunday awards ceremony.

Rick participated in the hill climb. It was a ¼ mile with a 20% grade and he took 1<sup>st</sup> place in his category. He got a nice metal at the awards banquet.

Beyond the riding there is also an annual custom cars and hotrod show that goes on downtown. Rick and I always plan our Friday night meal around watching them cruise the boulevard. Saturday the customs fill

the park with cars and booths. This is a great place to people watch, these folks love to dress period clothing to match their cars.

There are some great places to eat up there. Ken, Barb, Rick and I enjoy a fantastic meal in Templeton at McFee's (the ribs were to die for). The next night we joined more of our friends and had a great time at McLintock's in the center of town.

We always stay at the Black Oak Motor Lodge, right across the street from the fairgrounds and close to all the action of the rally. The Black Oak would love to accommodate more bike riders and if you're interested in trying this event next year let me know and I'll put in contact with the right people. If you prefer camping the fairgrounds is always available to you (but reserve early). To find out more information on the rally you can go to [www.greatwesternbicyclerally.com](http://www.greatwesternbicyclerally.com). Hope to see more OCW members there next year.

## NEW OCW MEMBERS

*All OCW Members,  
please note...*

Our strength is our Membership and our future is in our New Members. When you attend an OCW function, please take a moment to seek out the New Members, introduce yourself, and say...

***Welcome!....***

|                   |                  |
|-------------------|------------------|
| Karen Simon       | Irvine           |
| Alicia Boland     | Las Vegas        |
| Phillip Fitzwater | Irvine           |
| Simone Morissette | Lawndale         |
| Miguel Perea      | Huntington Beach |
| Anthony Tintelnot | Costa Mesa       |
| Tom Weber         | Laguna Niguel    |
| Loren Stephens    | Irvine           |
| Karen Thorpe      | Orange           |

# Weekly Ride Schedule

## TUESDAY

**Tuesday Training Rides** - Hill Training - 8:30 am. 1,000-2,000 feet of climb, 30 miles. Meet near Taco Bell at Albertson's Mall at Chapman & Jamboree. Ride Leader **Jim Walker**, 562.943.9403 or email him at teamwalker@bbcnet.com.

**Tuesday Evening Rides** - 5:30 PM Training at Cedar Grove Park in Tustin Ranch (corner of Pioneer Rd. and Pioneer Way). Distance is between 30 and 35 miles. Ride Leader is **Greg Kibble**, 949.586.9562 or kib4011@cox.net

## WEDNESDAY

**Wednesday Night Ride**- Beginning at 5:30 pm sharp at Sand Canyon Cyclery on the corner of Sand Canyon and Irvine Center Dr. There will be a Strong Riders ride and a No Drop ride. Ride Leader is **Debi Butz**, 714.996.4366 or rdbutz@earthlink.net

**3rd Wednesday Of The Month**-Beginning at 9:00 am there will be a Lunch Bunch ride to various locations. If interested in information or attending, RSVP the Ride Leader, **Jeff Rich**, at richriders@bbcnet.com. 15 rider limit.

## THURSDAY

**Thursday Evening Rides** - 5:30 PM Training at Cedar Grove Park in Tustin Ranch (corner of Pioneer Rd. and Pioneer Way). Distance is between 30 and 35 miles. Ride Leader is **Greg Kibble**, 949.586.9562 or kib4011@cox.net

## FRIDAY

**Morning Ride** - 9:00 am, Deerfield Park, Irvine (TBM 860-F3/29-C2). Exit the Santa Ana (I-5) at Culver and go south to Irvine Center Drive. Turn left (east), go one block and turn left at Deerwood to the park. This is a moderate to fast-paced ride of 35-45 miles with a stop at the end. Ride Leader **Alan Dager**, abiker@socal.rr.com.

## SATURDAY

**Training** - 8:00 am, The Square, Irvine (Main and MacArthur TBM 859-G4/28-C3). All rides will stop to re-group as necessary. Other stops are dependent on ride length and needs/desires of the group. All current and future members and anyone wanting to ride with nice people are welcome. **See Saturday Rides in the center pages of the Newsletter.** Ride Leader **Ross Ritari**, 714.968.6270.

## CENTURY SERIES

If you're interested in doing centuries or double centuries, this is a great training tool. **Chuck Bramwell** is here to help you reach your personal goals. Sign up for email notification of rides at <http://www.CalTripleCrown.com/EMailLists.htm>.

## SUNDAY

**Sunday Rides** - 8:00 am, various locations. See Sunday Rides in the center pages of the

# Saturday Training Schedule

Ride Leader-Ross Ritari

The Saturday Training Rides are offered to improve individual and group riding skills and to promote the sport of bike riding. There are four rides scheduled each Saturday-Short, Medium, Long and Extra Long. We do not ride when weather conditions are unsafe or there is an **OCW** Special Event that day. The Training Rides start at The Square, (formally called Food Park), located at the NW corner of Main and MacArthur, in the city of Irvine. We park in the lot behind Starbucks. If you are new to **OCW** rides or are just returning to cycling, let me know, so I can find a group that fits your present riding ability. **Rides start at 8:00am. This is a new starting time and begins July 7<sup>th</sup>!**

## July 7<sup>th</sup>

- S 26 Mi., Flat to Rolling, 600 Ft. Gain-Main, Alton Pkwy., El Toro, Barranca
- M 37 Mi., Hilly-Edinger, Jeronimo, Olympiad, Barranca
- L 49 Mi., Rollies, 1,600 Ft. Gain-Edinger, Serrano, Laguna Cyn., PCH, Irvine Ave.
- XL 62 Mi., Flat to Rolling, 900 Ft. Gain-Lampson, Katella, L.A. River Trail, Appian Way, PCH

## July 14<sup>th</sup>

- S 27 Mi., Rollies-Edinger, Toledo, Serrano, Alton
- M 35 Mi., Rollies, 900 Ft. Gain-Edinger, Toledo, Los Alisos, Jeronimo, Irvine Ctr.
- L 54 Mi., Rollies, 1,300 Ft. Gain-Portola, Alton, Eastbluff, Marguerite, PCH, S.A. River Trail
- XL 64 Mi., Hilly, 3,480 Ft. -Bake, Antonio, Camino Capistrano, Niguel Rd., Aliso Creek, Alton

## July 21<sup>st</sup>

- S 23 Mi., Flat to Rolling-Walnut, Jeffrey, Eastbluff, Campus
- M 33 Mi., Rollies, 700 Ft. Gain-Irvine Ctr., Toledo, Irvine Blvd., Tustin Ranch
- L 50 Mi., Hilly, 3,000 Ft. -Bake, Rue De Fortuna, Saddleback, Santiago Cyn.(CCW), Tustin R.
- XL 74 Mi., Rollies, 1,600 Ft. -Irvine Ctr., Laguna Cyn., Seapoint, S.A. River Trail, Red Hill

## July 28<sup>th</sup>

- S 21 Mi., Flat-University, Sand Canyon, Harvard, Barranca
- M 31 Mi., Rollies, 850 Ft. Gain-Alton, Serrano, Dimension, Irvine Blvd., Harvard
- L 41 Mi., Hilly, 1,660 Ft. Gain-Tustin Ranch, Santiago Cyn.(CW), Toledo, Alton
- XL 49 Mi., Hilly-Tustin Ranch, Portola U-Turn, Eastbluff, Spyglass, PCH

## August 4<sup>th</sup>

- S 27 Mi., Rollies, 525 Ft. Gain-Mesa, Barranca, Eastbluff, Harvard
- M 34 Mi., Rollies, 900 Ft. Gain-Jeffrey, Turtle Rock, Eastbluff, Dover
- L 53 Mi. Hilly, 2,130 Ft. -Alton, Los Alisos, Santa Margarita, Antonio Pkwy, Ortega Hwy, Moulton
- XL 70 Mi., Hilly, 4,400 Ft. -Santiago Cyn.(CW), Live Oak, Antonio Pkwy., Pacific Pk.

Hello to all the Saturday riders. ***The new starting time for the summer months will be 8:00am! There will no longer be an optional start time for the extra long ride. All rides will start at 8:00am.*** Have a great month of July and I hope to see you at one of the rides.

## Tandem Time

### Ride Directors

Henry & Kathy Pilcher



Please join us for the next Tandem Time ride on Saturday, August 4, 2007, starting at 8:00 a.m. from The Square located at Main and MacArthur in Irvine near the John Wayne Airport. The ride is approximately 35 miles. Remember to stay after the ride to enjoy dessert treats courtesy of the OrangeCountyWheelmen.

Please share this information with other interested tandem riders and email us at [Hkpilcher@aol.com](mailto:Hkpilcher@aol.com) or call us at 714/998-5734 if you have further questions.

# Sunday Rides

Rides start promptly at 8:00 am.

S=Short M=Medium L=Long

Ride Captain reserves the right to change routes due to weather and/or road conditions.

Go to <http://www.ocw.org> For up-to-date OCW info.

**FOR YOUR INFORMATION:** Please arrive at the ride location with enough time to have your bike ready to roll on time. Rides start promptly at 8:00 am. Also, it is recommended that you bring tire tools, frame pump, spare tube, patch kit and water bottle to all rides. **A helmet is legally required for all minors and OCW REQUIRES THAT ALL ADULTS WEAR A HELMET!!** Earphones are illegal and unsafe. Please remember that the vehicle code applies to bicycles.

## July 2007 Schedule

**July 1, 2007 Carl's Jr., Irvine.** (Board Meeting Scheduled at 11:00AM). Take the 405 Freeway to the Mac Arthur exit. Go south 0.8 miles and turn left on Campus. Go 0.3 miles and turn right into Carl's Jr. (at Von Karman).

- S 29 Miles. Irvine, PCH, Goldenwest, Lake, Atlanta, PCH, Dover, Campus.
- M 34 Miles. Jeffrey, Alton, Muirlands, Bake, Toledo, Canada, Irvine Blvd., Harvard.
- L 45 Miles. Red Hill/Santa Ana, PCH, Seapoint, Bushard, PCH, Bayside, PCH, Dover.

**July 8, 2007 OCW PICNIC, Central Park, Huntington Beach.** The picnic is in covered area behind "Breakfast in the Park", which is located at 6622 Lakeview Dr. Enter the area off Edwards on Inlet Dr. that turns into Lakeview. Inlet Dr. is 0.6 miles south of Slater and 0.4 miles north of Ellis.

- S 24 Miles. Up PCH to Seal Beach and back to 1<sup>st</sup> St and then back up Lake to the park.
- M 38 Miles. Up PCH to Seal Beach and back to Dover, then back through Costa Mesa to Magnolia, park.
- L 44 Miles. Slater to Sunflower, Main, Harvard, Newport Coast, PCH, Seapoint.

**July 15, 2007 Lions Park, Costa Mesa.** Take the Costa Mesa Fwy (55) south to end. Continue south on Newport Blvd. for 0.4 miles to 18<sup>th</sup> St. Turn right and go 0.1 miles to Park Ave. Turn right and park on left in front of park.

- S 22 Miles. Placentia, Hamilton, PCH, Seapoint, Lake, PCH, Dover, Orange.
- M 35 Miles. Irvine/Campus, Turtle Rock, Shady Cyn. Trial, Alton, Irvine Ctr., Red Hill.
- L 47 Miles. Campus, Alton, Trabuco, Marguerite, Oso, Irvine Ctr., Jeffrey, Irvine Ave.

**July 22, 2007 Heritage Park, Irvine.** Take the Santa Ana Fwy (5) to Culver. South on Culver 0.3 miles to Walnut. Turn left and go 0.8 miles to Yale. Left on Yale 0.1 miles, then left into parking lot.

- S 26 Miles. Jeffrey Irvine Ctr., Alton, Irvine Blvd., Tustin Ranch, Red Hill, Edinger.
- M 33 Miles. **New.** Trabuco, U on Portola, Modjeska, Irvine Blvd. Toledo, Alton, Red Hill, Irvine Blvd., Yale.
- L 43 Miles. Yale, University, UCI, Turtle Rock, Alton, Jeronimo, Olympiad, Barranca, Irvine Ctr.

**July 29, 2007 Pepper Tree Park, Tustin.** Take the 4<sup>th</sup> Street exit off the 55 Fwy and go east 0.3 miles to B Street. Go right (south) 0.2 miles to the park. Pepper Tree Park is on the southeast corner of B St and 1<sup>st</sup> St.

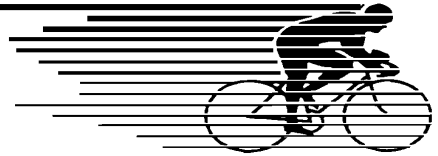
- S 25 Miles. Bryan, Tustin Ranch, Portola, Irvine Blvd., Barranca, Edinger, Red Hill.
- M 35 Miles. Bryan, Jeffrey, UCI, San Miguel, Poppy, Bayside, PCH, Dover, Von Karman, Red Hill.
- L 38 Miles. Newport Blvd., Santiago Cyn., Bake, Barranca, Edinger, Red Hill.

**August 5, 2007 Carl's Jr., Irvine.** (Board Meeting Scheduled at 11:00AM). Take the 405 Freeway to the Mac Arthur exit. Go south 0.8 miles and turn left on Campus. Go 0.3 miles and turn right into Carl's Jr. (at Von Karman).

- S 27 Miles. Michelson, Culver, Barranca, Irvine Blvd., Tustin Ranch, Harvard.
- M 31 Miles. PCH, Bayside, Poppy, Laguna Cyn., Quail Hill, Alton, Jeffrey.
- L 45 Miles. Von Karman, Alton, Muirlands, Alicia, Pacific Is, Golden Lantern, Jeffrey.



# PARAMOUNT RACING



## TEAM MEETING

Check the Paramount WEB Site for Location, Dates, and Times

|                  |                |                           |
|------------------|----------------|---------------------------|
| President        | John McKee     | pres@paramountracing.org  |
| Vice President   | Curtiss Dosier | cdosier@kmob.com          |
| Secretary        | Ben Spurgeon   | ben.d.spurgeon@kp.org     |
| Webmaster        | Matt Whiteside | matt@biketough.com        |
| Public Relations | Joe Kelly      | joe.kelly@maritz.com      |
| Squad Director   | Monty Pettus   | sngltrkguy@yahoo.com      |
| Race Director    | John Bergman   | jands.bergman@verizon.net |

**Paramount Racing Website: [www.ParamountRacing.org](http://www.ParamountRacing.org)**

### PARAMOUNT TEAM TRAINING RIDE

**Saturday:** 7:30 am. Meets at Jax Bicycles Irvine (14280 Culver Drive). Route, pace and distance will change based on the racing season. E-mail us for information on the current ride.

**Sunday:** "Old Como". The ride meets at 8:00 am, Tustin Market Place, in the parking lot near the Red Robin Restaurant off Jamboree (34 miles fast paced through Santiago Canyon).

Once the racing season starts, the weekend rides may change or be cancelled due to races. Please e-mail us for further information. We encourage anyone with an interest in racing next season to join us for this ride.

## *RACE TEAM SPONSORS*

**JAX BICYCLE CENTER**

**VITTORIA TIRES AND TUBES**

**TREK BICYCLES**

**BONTRAGER WHEELWORKS**

**RUDY PROJECT EYEWEAR**

**KENNYBZ.COM PHOTOGRAPHY**

**FI'ZI:K SADDLES**

**HAMMER NUTRITION**

**PROFILE DESIGN**

## Riders on the Bear meet Pirates and Hawaiian Cowboys

By Debi Butz, OCW Events

An event of this magnitude needs plenty of pre-work before the day of the ride. Friday morning (June 8<sup>th</sup>) volunteers **Irene Walker, Barb Tomita, Sylvia Grotz** and **Cathy Painter** met at Costco prepared to shop for 435 registered riders. **Jim Walker, Lee Painter, Dan Gorman, Paul D'Aquanni** and **Jim Pugh** picked up trucks and load them up at the storage garage with tables, pop-ups, coolers and all the other necessities needed to support hungry riders. Everyone met back at the Painter's joined by **Rick & Debi Butz** to stage food and equipment and pack the trucks in preparation for the Big Bear Century. The **Walkers** headed off to Redlands where they were going to meet up with **Charlie Irwin** to pre-register riders at the Sandman Hotel. **Charlie** had to pull off at his doctor's office with a ruptured blood vessel in his left eye and no vision. **Rick & Debi** met up with him in Anaheim transferred rider packets and headed out to meet the **Walker's**. Anxious riders awaited them at the Sandman Hotel were they were able to pre-register for Saturday's big ride. **Lee Painter** and **Mike Laugen** arrived later in the evening with the loaded trucks.

Saturday June 9<sup>th</sup> 393 riders showed up at Sylvan Park in Redlands to start their 100-mile trek. **Sylvia & John Grotz, Jim & Irene Walker, Rick & Debi Butz** and **Lorna Laugen** got everyone registered in record time while **Jeff Rich** scanned all the riders as they started their journey of almost 9,000 vertical feet of climbing. **Jim Walker** and **Rick Butz** headed up the hill with a truck loaded to the brim with food and equipment for

each rest stop.

The riders were greeted at Rest Stop #1 by a group of merry pirates, that's right I said PIRATES!!! **Barb Tomita** (rest captain) and her team **Mimi Brown, Debby Kelly, Meredith Peake** and **Doug Patterson** all came in costume and gave the riders something to smile about after climbing to over 5,000 feet.

The riders continued to Rest Stop #2 Snow Valley. **Debby Myers** (captain), **Patrick Huey, Wilson Crider, Dutch & Marlys Stapelbroek** and **Lourdes Gonzalez** served up a variety of fruit's, trail mix and lots of Gatorade to the determined riders.

To the relief of the riders there were some flat and roly sections and even a couple slight down hill sections



before they reached mile 45 and Fawnskin Harbor Park where they found lunch (Rest Stop #3). Captain **Kelly Aguerre** and her crew **Marty Aguerre, Fred & Peg Bauer, Fred Brickner, Tracy Sharp, Penny Poorman, Tommie Kozlov,** and **Arndt & Sandra Jones** made turkey, ham and PB&J sandwiches to the delight of our brave riders.

Unfortunately there the hardest climb was yet to come as riders forged onward to Onyx Summit. They were rewarded at an oasis of Hawaiian Cowboys with country western music, lays and pink flamingo's at Rest Stop #4. Captain **Cathy Painter** kept her team **Lee & Alison Painter, Greg Cozza, Tricia Wedekind, Anne & Beth Kerfoot, Lisa Fristsche, Denise Bell** and **Ingrid Hellebrand** busy cutting pineapple and watermelon to the delight of the riders. Of course the



Continued from Page 15

favorite of the riders is **Bill & Rick Kerfoot's** homemade soup.

The worst was over (they thought) and now came the payback for all that climbing with lots of fast down hill sections. Riders had one final opportunity to fuel up at Rest Stop #5 headed up by **Curt Dosier**, and manned by **Sue Dosier, Joe Mastro, Bob Esch, Ron Fields, Steve Hansen, Ed Burnett** and **Joe Carchidi**.

The difficulty of this ride is evident in the fact that our four SAG teams; **Charley Simons, Bob & Gus Fieldhouse, Frank Keenan** and **Angie Carson, Sue Bowers & Margo Irr** were kept busy all day. They helped riders with flats, broken spokes, chains needing oil and riders needing a lift.

Our two SWEEP riders **Paul D'Aquanni** and **Jim Pugh** kept track of field and stayed with the last rider until she rode across the finish line.

**Terry Sorem** and **CJ Williams** played clean up and picked up all the equipment and leftovers from each rest stop.

If you're curious to see just how challenging this ride is or want to see yourself on the ride, you can view the photos taken by **Ken Brandt** on his website [www.kennybzs.com](http://www.kennybzs.com). Details on how to order photos are listed on-line.

The riders were oh so glad to see the red checkers table cloths in the picnic area at Sylvan Park. **Jim &**



**Anita Brewer** stood at the barbeque all afternoon cooking burgers and hot dogs for the courageous riders. **Adrian Ramos** cut off wristbands and helped riders clean up with handi-wipes before they entered the food line. **Jayne Ramos, Trina, John & Michele Golden** served up buns, chips, strawberries and deserts to the participants. **Bill & Susan MacVicar** policed the area and made sure food supplies were maintained. **Barb Tomita** and **Debi Butz** made several trips to Smart and Final (they know us by first name there now 😊) to replenish foodstuff. **Irene**



**Walker** kept the riders happy solving problems and selling the terrific tee shirts and jerseys designed by **Angie Carson** for this event.

The park was cleaned up by 5:30pm and just as we were ready to leave the park two riders pulled in and informed us they had gotten lost and rode 140 miles. Since we were all packed up **Barb Tomita** offered to buy them dinner but all they wanted was a couple cold sodas and to find their car.

Sunday morning board members met back at the Painter's for a final clean up and **Jim & Irene Walker** and **Rick & Debi Butz** returned the trucks and packed away the equipment until our next event.

After an event like this I am always amazed with the quality of volunteers that come forward to help out on our OCW special events. It makes the job of Events Coordinator a cakewalk. I want to personally thank each of you for sacrificing your Friday, Saturday or Sunday ride day to help make this event the success it is.

**BOARD MEETING MINUTES**  
**June 10, 2007**

**ATTENDANCE**

Officers & Directors Present:

**Barb Tomita, Dan Gorman, Doris Bingo, Jim Walker, Debi Butz, Kent Parish, Irene Walker, Mike Lee, Lee Stebbins, Alan Dauger, Lorna Laugen, Rick Butz, Paul D'Aquanni, Sylvia Grotz, Charlie Irwin, Michelle Kashima, Mike Laugen.**

Members Present:

**Lee Painter, Cathy Painter, Scott Sharp, Tracy Sharp, Alex Laugen, Bill MacVicar.**

**CALL to ORDER**

The meeting was called to order by President **Barb Tomita** at 11:00 am.

**MINUTES**

A motion was made by **Debi Butz** and seconded by **Sylvia Grotz** to approve the minutes of the May Board Meeting. Motion carried.

**TREASURER'S REPORT**

**Jim Walker** reported that they have cut unnecessary things from the report, so it's easier to read. **Tracy** is working on it to make it easier to understand, and to be able to print reports by event type. It will take a few months to complete this effort. It will be easier to see where we are each month. A motion was made by **Alan Dauger** and seconded by **Irene Walker** to accept the treasurer's report. Motion carried.

**STATUS REPORTS**

President: The Ride of Silence was very successful. Both BCI and OCW sent letters of thanks to the city of Irvine. There is a potential law suit against Cal Trans over an area in Dana Point to remove no bicycles allowed signs. **Don Harvey** may need ten people to testify for the lawsuit if the signs are not removed.

Vice President: No report.

Secretary: No report.

Membership: OCW has 462 members with 6 new members. Paramount has 124 members.

Events: Yesterday's ride was a glowing success, **Debi**

wants to thank everyone. The only complaints were regarding the patches, and **Debi** apologized to the club for not having a patch. The artwork was late, so we didn't have enough time to have the patches made up. The riders had good praises about the ride, and it ran like clockwork. Two rest stops had themes, and all the riders had comments about them. Next year every rest stop should have a theme and the riders get to vote on them

Ride Captain: No report.

Editor: Absent.

Statistician: Absent. **Kent** wants to get all the ride stats in as soon as possible for June.

Public Relations: A bike shop call sheet was passed around at the meeting a month ago. Either **Mike** will have to take it all on or we will need some volunteers. **Mike** wants to put together a new brochure, a one sheet thing that is brighter and more attention grabbing to place at the bike shops. He is asking for comments on what the brochure might look like.

Training: Absent.

Paramount: Absent. **Scott Sharp** reported that Paramount has a very active racing group for masters men and the women's team is doing well. Paramount is 8<sup>th</sup> out of all teams in California. The Paramount race is coming up on June 24, which will be the USCF State Championship. The race has to have certain categories. Paramount is looking for some volunteers. The clothing order was extended one week, and it added up to over \$5000, and they are waiting for the final checks. Socks are a new item and they are available. Water bottles are also available. We do a lot of sponsorships, prizes to first 12 places, which should bring more people to the race. Scott said that it's an honor to be chosen for the championship. Next weekend, JAX will demo the new 2008 Trek Madone, and they may have it out at the race. All OCW members can purchase paramount clothing.

Tandem Time: Absent.

Goat Hill: No report.

Web Master: Absent.

Inventory: No report.

Insurance: No report.

## **OCW COMMITTEE REPORTS**

2008 Annual Award Dinner: **Dan Gorman** reported that the committee has not had a second meeting yet. They have created a spreadsheet comparing the costs of selected venues. Dan asked for a number of attendees on which to base the cost analysis, and it was agreed to use 100 to 150 guests for the estimate. Another meeting will be scheduled.

Membership Committee: **Irene Walker** reported that the committee had a meeting. They decided not to mail out a roster with each new membership or renewing membership, since the roster is out of date by the next month. All the information is on the website. It also costs \$1.11 to \$1.31 to mail each one. The club will still mail a letter thanking renewing members or welcoming new members. They would like to send a plastic card, like a credit card to show at bike shop for discounts. Members would get a new one with the letter each year. **Charlie Irwin** will check the credit card idea, which should probably cost less than a dollar. The committee also considered the fact that riders have to be members to ride events, and how to deal with associate members who want to do another ride or become a regular member. They recommend giving them a two week option to convert and to give them a \$6 credit. They are planning another meeting to talk more. They have already implemented a program to send a birthday card on member's birthdays. Bike shops that give us a discount would not be charged a sustaining fee, and they would be listed in newsletter. We will still send rosters to any members who request it. **Mike Lee, Bob Fairfield, Charlie Irwin, Kathy Pilcher and Jim Walker** are on the committee.

Picnic Committee: **Sylvia Grotz** reported that notices for the picnic went out and it's also out in the newsletter. She would like RSVPs, so the food can be arranged. The picnic will be in Huntington Beach, and it should be cooler in a covered area. Members can bring their dogs. They will do the tricycle race, but

nothing else will be organized. They will have homemade hamburgers, baked beans, pasta salad, lemonade, water and iced tea.

Financial Reporting Committee: **Tracy Sharp**, who is a CPA and a corporate controller, reported that the committee met to go over the audit, and to establish standard accounting practice policies. They would like to keep it simple, maybe ten policies. **Charlie Irwin, Jim Walker, Debi Butz and Barb Tomita** were on the committee. **Tracy** will write up the policies. They would like to have good financial reporting to track actuals. **Barb** will have **Tracy** walk everyone through the report.

## **OCW PARAMOUNT CORPORATION REPORT**

OCW Paramount Corporation is solvent.

## **NEW BUSINESS**

Carpool Options for Western States Ride Calendar: **Mike Laugen** suggested that we attach a board posting for members to look for carpools to **Charlie's** Western State Ride Calendar events. **Mike** said that a lot of people show up to rides with a single bike attached to a car, and maybe more people can carpool together. The club will promote saving energy and being more conscientious. **Charlie** suggested that if there is group going to some outside event, maybe they can put out an e-mail for organizing carpools, maybe organizing a dinner, and mentioning names of participants in the newsletter. **Irene** agreed that the membership committee will take on this issue. **Mike** will join the committee.

Share the Road Trainer Certification: **Michelle Kashima** reported that at the last meeting, we went over CABO and what they do. CABO puts on actual training sessions, so riders can learn about the CVC codes, which might be free. Then we can move on to certification, and to become certified to instruct others. OCW would be on the forefront out of bicycle clubs. Three or four members would go on to be instructors, which usually costs \$300 per person, but it's currently only \$100. A motion was made by **Michelle** to get the training for three or four members at \$300 each for certification. **Lee Stebbins** would like to volunteer. **Lee** stated that the dual cameras provide a good view

of what the motorist sees, and will make a much safer rider. Training is two days long. **Michelle** thinks it's a good idea to provide training for all new members coming in to help them rider safer. She's hoping other clubs will want to participate also. **Barb** suggested that **Michelle** bring back a more specific proposal, or bring either Dan Guitierrez or Brian DeSousa to talk about it. **Charlie** and **Lorna** asked what the club is planning to do with it afterwards.

Amtrak: **Charlie Irwin** reported that the committee will have a meeting tomorrow night to go over registration and coming up with a refund and transfer policy. They would like to allow people to transfer without charge up to ten days before ride. We would only allow refunds once the ride is full, but will hold \$10 back, and only give refunds after the ride is over. The rider will be asked if they want a refund for the jersey and t-shirt only if they can be sold. **Kent Parish** asked why even have a refund. Charlie stated that we've been doing this for years without a policy, so we need a written policy. The policy will be posted on web site

**Lee Stebbins** reported that we have a train, with 700 seats confirmed. It will be an Amtrak train with ten cars which are refurbished, so they don't hold has many passengers. The cost of the train has gone up, and the parking lot is different. There is an issue with a permit cost for San Onofre State Park. **Lee** proposed we raise the fee from \$69 to \$70 with the train and from \$39 to \$40 without the train and the T-shirts stay the same. They thought about moving the Las Pulgas rest stop to San Onofre, but the permit fee for riding through San Onofre State Park is \$250, and they could also add the cost of rangers at their discretion. **Lee** cancelled the request. We will have 400 riders for no train. A motion was made by **Debi Butz** and seconded by **Charlie Irwin** to keep the Amtrak fee at \$69 with train and \$39 without train. Motion carries.

#### **ADJOURNMENT**

A motion was made by **Lorna Laugen** and seconded by **Alan Dauger** to adjourn. Motion carried. The meeting was adjourned at 12:02 pm.

Respectfully submitted by **Doris Bingo**.



## **WHY A RECUMBENT?**

By **Dan Gorman**

Jim Wronski from People Movers in Orange was our guest speaker in April. People Movers specializes in recumbents, there is nary an upright bike in his shop. So the question is, "Why would anyone opt for a recumbent over a standard bicycle?" There are several answers to that question. One obvious answer is for medical reasons. Recumbents can be a solution to lower back pain and also relieve pressure in the groin area, both of which can be enough to keep you off the bike when they do occur. Another good reason is speed. Depending on the particular recumbent and fairings the speed advantage over a conventional bike can be 5 mph or more. Some of us have had the pleasure of riding behind **Jim Beauchamp** on his recumbent, which is fully faired with **Jim's** homemade corrugated handiwork. On the flats and downhill this setup absolutely flies.

Recumbents are also a great option for someone who just wants to be a little different, not that bicycling is a mainstream activity, but recumbents are less common even within the cycling community. If you are interested in trying out a recumbent. People Movers is a great place to start. Jim hosts rides from his shop, so you will have a chance to meet other recumbent riders to see if it's something for you.

# CLUB RIDE TOTALS FOR Second Quarter of 2007

## Minimum 150 miles or 50 Activity Points

| Member            | Rides | Miles To/Fr | Total | Avg  | Act |     |  |  |  |  |  |
|-------------------|-------|-------------|-------|------|-----|-----|--|--|--|--|--|
| Aguerre, Kelly    | 13    | 670         | 133   | 803  | 51  | 125 |  |  |  |  |  |
| Aguerre, Martin   | 13    | 691         | 133   | 824  | 53  | 125 |  |  |  |  |  |
| Allred, Alan      | 4     | 151         | 0     | 151  | 37  | 0   |  |  |  |  |  |
| Bauer, Fred       | 1     | 33          | 15    | 48   | 33  | 175 |  |  |  |  |  |
| Bauer, Peg        | 2     | 70          | 15    | 85   | 35  | 175 |  |  |  |  |  |
| Bell, Denise      | 1     | 40          | 0     | 40   | 40  | 100 |  |  |  |  |  |
| Bernstein, Martin | 33    | 1052        | 0     | 1052 | 31  | 150 |  |  |  |  |  |
| Berstein, John    | 0     | 0           | 0     | 0    | 0   | 50  |  |  |  |  |  |
| Bessee, Dee       | 0     | 0           | 0     | 0    | 0   | 100 |  |  |  |  |  |
| Bingo, Doris      | 21    | 1312        | 325   | 1637 | 62  | *   |  |  |  |  |  |
| Bird, Arline      | 0     | 0           | 0     | 0    | 0   | 75  |  |  |  |  |  |
| Bird, Richard     | 0     | 0           | 0     | 0    | 0   | 100 |  |  |  |  |  |
| Bolin, Chuck      | 8     | 361         | 168   | 529  | 45  | 0   |  |  |  |  |  |
| Bowers, Sue       | 3     | 102         | 0     | 102  | 34  | 50  |  |  |  |  |  |
| Bramwell, Chuck   | 11    | 1112        | 43    | 1155 | 101 | 275 |  |  |  |  |  |
| Brant, Ken        | 3     | 90          | 0     | 90   | 30  | 175 |  |  |  |  |  |
| Brewer, Anita     | 0     | 0           | 0     | 0    | 0   | 100 |  |  |  |  |  |
| Brewer, Jim       | 3     | 93          | 0     | 93   | 31  | 100 |  |  |  |  |  |
| Brickner, Fred    | 0     | 0           | 0     | 0    | 0   | 100 |  |  |  |  |  |
| Broadhag, Nancy   | 0     | 0           | 0     | 0    | 0   | 75  |  |  |  |  |  |
| Broadhag, Wayne   | 3     | 154         | 0     | 154  | 51  | 100 |  |  |  |  |  |
| Brown, Joel       | 21    | 721         | 0     | 721  | 34  | 0   |  |  |  |  |  |
| Brubaker, Paul    | 1     | 30          | 0     | 30   | 30  | 50  |  |  |  |  |  |
| Buck, Sue         | 34    | 970         | 20    | 990  | 28  | 900 |  |  |  |  |  |
| Burnett, Ed       | 0     | 0           | 0     | 0    | 0   | 100 |  |  |  |  |  |
| Butz, Debi        | 20    | 674         | 0     | 674  | 33  | *   |  |  |  |  |  |
| Butz, Rick        | 5     | 209         | 0     | 209  | 41  | 275 |  |  |  |  |  |
| Byron, Jeff       | 3     | 226         | 0     | 226  | 75  | 0   |  |  |  |  |  |
| Byron, Kandy      | 3     | 226         | 0     | 226  | 75  | 0   |  |  |  |  |  |
| Carchidi, Jeff    | 0     | 0           | 0     | 0    | 0   | 100 |  |  |  |  |  |
| Carson, Angela    | 0     | 0           | 0     | 0    | 0   | 250 |  |  |  |  |  |
| Carson, Don       | 1     | 26          | 0     | 26   | 26  | 175 |  |  |  |  |  |
| Castleman, Vern   | 5     | 154         | 0     | 154  | 30  | 0   |  |  |  |  |  |
| Clanton, Diane    | 14    | 330         | 0     | 330  | 23  | 25  |  |  |  |  |  |
| Clark, William    | 0     | 0           | 0     | 0    | 0   | 50  |  |  |  |  |  |
| Clarke, Greg      | 0     | 0           | 0     | 0    | 0   | 50  |  |  |  |  |  |
| Conroy, Helen     | 16    | 503         | 0     | 503  | 31  | 0   |  |  |  |  |  |
| Cook, Ray         | 2     | 47          | 0     | 47   | 23  | 50  |  |  |  |  |  |
| Crider, Wilson    | 14    | 524         | 0     | 524  | 37  | 100 |  |  |  |  |  |
| Daley, Laura      | 7     | 219         | 0     | 219  | 31  | 0   |  |  |  |  |  |
| DAquanni, Paul    | 43    | 2238        | 4     | 2242 | 52  | 550 |  |  |  |  |  |
| Dauger, Alan      | 25    | 940         | 383   | 1323 | 37  | 875 |  |  |  |  |  |
| Davidson, Bob     | 10    | 971         | 84    | 1055 | 97  | 0   |  |  |  |  |  |
| Decker, Brad      | 7     | 211         | 0     | 211  | 30  | 0   |  |  |  |  |  |
| Decker, Will      | 0     | 0           | 0     | 0    | 0   | 75  |  |  |  |  |  |
| DiPasquale, Lori  | 6     | 192         | 0     | 192  | 32  | 0   |  |  |  |  |  |
| Ellis, Willie     | 8     | 281         | 0     | 281  | 35  | 0   |  |  |  |  |  |
| Engle, Diedre     | 34    | 1035        | 0     | 1035 | 30  | 50  |  |  |  |  |  |
| Fairfield, Bob    | 30    | 1263        | 250   | 1513 | 42  | 175 |  |  |  |  |  |
| Fieldhouse, Bob   | 9     | 277         | 0     | 277  | 30  | 0   |  |  |  |  |  |
| Fry, Ken          | 30    | 1009        | 103   | 1112 | 33  | 200 |  |  |  |  |  |
| Gaston, Stuart    | 7     | 241         | 90    | 331  | 34  | 50  |  |  |  |  |  |
| Gate, Margaret    | 1     | 150         | 0     | 150  | 150 | 0   |  |  |  |  |  |
| Gate, Tom         | 1     | 150         | 0     | 150  | 150 | 0   |  |  |  |  |  |
| Gibson, Connie    | 12    | 374         | 0     | 374  | 31  | 0   |  |  |  |  |  |
| Gibson, Dave      | 8     | 293         | 36    | 329  | 36  | 35  |  |  |  |  |  |
| Golden, John      | 0     | 0           | 0     | 0    | 0   | 100 |  |  |  |  |  |
| Golden, Michele   | 0     | 0           | 0     | 0    | 0   | 100 |  |  |  |  |  |
| Gorman, Dan       | 55    | 2501        | 913   | 3414 | 45  | *   |  |  |  |  |  |
| Grotz, John       | 0     | 0           | 0     | 0    | 0   | 175 |  |  |  |  |  |
| Grotz, Sylvia     | 0     | 0           | 0     | 0    | 0   | 285 |  |  |  |  |  |
| Guttentag, Fred   | 52    | 1932        | 0     | 1932 | 37  | 0   |  |  |  |  |  |
| Hancock, Therese  | 7     | 210         | 0     | 210  | 30  | 0   |  |  |  |  |  |
| Hansen, Ralph     | 0     | 0           | 0     | 0    | 0   | 75  |  |  |  |  |  |
| Hanson, Brenda    | 1     | 33          | 0     | 33   | 33  | 75  |  |  |  |  |  |
| Harvey, Don       | 0     | 0           | 0     | 0    | 0   | 145 |  |  |  |  |  |
| Hauptert, Tom     | 1     | 150         | 0     | 150  | 150 | 25  |  |  |  |  |  |
| Howe, Bret        | 0     | 0           | 0     | 0    | 0   | 50  |  |  |  |  |  |
| Huey, Patrick     | 36    | 1248        | 0     | 1248 | 34  | 175 |  |  |  |  |  |
| Hunter, Dick      | 16    | 393         | 0     | 393  | 24  | 0   |  |  |  |  |  |
| Irwin, Charlie    | 0     | 0           | 0     | 0    | 0   | 75  |  |  |  |  |  |
| Jones, Kris       | 20    | 708         | 24    | 732  | 35  | 0   |  |  |  |  |  |
| Kashima, Michelle | 0     | 0           | 0     | 0    | 0   | 170 |  |  |  |  |  |
| Kaufman, Mark     | 4     | 289         | 0     | 289  | 72  | 25  |  |  |  |  |  |
| Keenan, Frank     | 0     | 0           | 0     | 0    | 0   | 100 |  |  |  |  |  |
| Kehr, Jim         | 0     | 0           | 0     | 0    | 0   | 50  |  |  |  |  |  |
| Kelly, Debby      | 0     | 0           | 0     | 0    | 0   | 100 |  |  |  |  |  |
| Kelly, Joe        | 0     | 0           | 0     | 0    | 0   | 50  |  |  |  |  |  |
| Kerfoot, Adrienne | 0     | 0           | 0     | 0    | 0   | 100 |  |  |  |  |  |
| Kerfoot, Beth     | 0     | 0           | 0     | 0    | 0   | 100 |  |  |  |  |  |
| Kerfoot, Bill     | 0     | 0           | 0     | 0    | 0   | 100 |  |  |  |  |  |
| Kibble, Greg      | 52    | 1989        | 38    | 2027 | 38  | 200 |  |  |  |  |  |

|                     |    |      |     |      |     |     |                     |    |      |     |      |     |     |
|---------------------|----|------|-----|------|-----|-----|---------------------|----|------|-----|------|-----|-----|
| Kiefer, Randy       | 1  | 150  | 0   | 150  | 150 | 0   | Poorman, Penny      | 0  | 0    | 0   | 0    | 0   | 100 |
| Klages, Scott       | 27 | 1164 | 9   | 1173 | 43  | 100 | Pugh, Jim           | 17 | 1167 | 0   | 1167 | 68  | 100 |
| Kozlov, Tommie      | 0  | 0    | 0   | 0    | 0   | 100 | Ramos, Adrian       | 0  | 0    | 0   | 0    | 0   | 100 |
| Larkin, Don         | 5  | 169  | 13  | 182  | 33  | 0   | Ramos, Jayne        | 0  | 0    | 0   | 0    | 0   | 100 |
| Laugen, Alex        | 14 | 496  | 23  | 519  | 35  | 150 | Rapp, Brian         | 11 | 407  | 0   | 407  | 37  | 25  |
| Laugen, Lorna       | 23 | 903  | 172 | 1075 | 39  | 300 | Rauh, Christopher   | 0  | 0    | 0   | 0    | 0   | 50  |
| Laugen, Michael     | 19 | 705  | 44  | 749  | 37  | 300 | Rauh, Eetung        | 0  | 0    | 0   | 0    | 0   | 50  |
| Laxamana, Kelley    | 33 | 1269 | 49  | 1318 | 38  | 100 | Renowden, John      | 17 | 794  | 94  | 888  | 46  | 0   |
| Lee, Michael        | 54 | 2412 | 365 | 2777 | 44  | *   | Rich, Jeff          | 16 | 876  | 360 | 1236 | 54  | 285 |
| Levenson, Alan      | 15 | 593  | 8   | 601  | 39  | 25  | Rich, Sally         | 3  | 116  | 24  | 140  | 38  | 75  |
| Lindquist, Link     | 16 | 507  | 36  | 543  | 31  | 50  | Ritari, Ross        | 22 | 756  | 0   | 756  | 34  | *   |
| Mac Vicar, William  | 9  | 218  | 0   | 218  | 24  | 125 | Ryder, John         | 23 | 762  | 0   | 762  | 33  | 0   |
| Marino, David       | 3  | 295  | 0   | 295  | 98  | 0   | Saavedra, Jorge     | 2  | 219  | 5   | 224  | 109 | 0   |
| Mary, Joan          | 0  | 0    | 0   | 0    | 0   | 100 | Schapel, Alan       | 16 | 653  | 0   | 653  | 40  | 0   |
| Mastro, Joe         | 2  | 74   | 0   | 74   | 37  | 100 | Schneider, Harold   | 3  | 78   | 0   | 78   | 26  | 75  |
| Matsuda, Beverly    | 1  | 150  | 0   | 150  | 150 | 0   | Sepulveda, Irineo   | 9  | 405  | 11  | 416  | 45  | 0   |
| McKee, John         | 1  | 31   | 0   | 31   | 31  | 135 | Sepulveda, Margie   | 11 | 318  | 10  | 328  | 28  | 0   |
| McMurray, Cheryl    | 4  | 155  | 50  | 205  | 38  | *   | Sharp, Scott        | 8  | 373  | 0   | 373  | 46  | 50  |
| McNealy, Don        | 13 | 484  | 0   | 484  | 37  | 50  | Sharp, Tracy        | 1  | 150  | 0   | 150  | 150 | 100 |
| Melczer, Andrew     | 7  | 255  | 144 | 399  | 36  | 0   | Shuler, Ed          | 9  | 452  | 0   | 452  | 50  | 0   |
| Montoya, Colleen    | 2  | 52   | 0   | 52   | 26  | 50  | Simons, Charley     | 5  | 244  | 0   | 244  | 48  | 225 |
| Moore, Joseph       | 7  | 268  | 58  | 326  | 38  | 0   | Sorem, Terry        | 0  | 0    | 0   | 0    | 0   | 100 |
| Morgan, Roger       | 0  | 0    | 0   | 0    | 0   | 200 | Stapelbroek, Dutch  | 15 | 502  | 0   | 502  | 33  | 100 |
| Morrison, Ken       | 21 | 579  | 0   | 579  | 27  | 225 | Stapelbroek, Marlys | 12 | 402  | 0   | 402  | 33  | 135 |
| Morrison, Ollie     | 20 | 554  | 0   | 554  | 27  | 175 | Stebbins, Lee       | 12 | 433  | 38  | 471  | 36  | 175 |
| Murphy, William     | 0  | 0    | 0   | 0    | 0   | 50  | Stein, Richard      | 9  | 258  | 0   | 258  | 28  | 0   |
| Myers, Debbie       | 13 | 452  | 0   | 452  | 34  | 235 | Tisler, Sue         | 1  | 150  | 0   | 150  | 150 | 0   |
| Nafel, Gloria       | 12 | 489  | 215 | 704  | 40  | 0   | Tisler, Tom         | 1  | 150  | 0   | 150  | 150 | 0   |
| Neal, Frank         | 0  | 0    | 0   | 0    | 0   | 165 | Tomita, Barbara     | 27 | 911  | 50  | 961  | 33  | *   |
| Nordenstam, Crystal | 9  | 311  | 0   | 311  | 34  | 0   | Tripp, Rob          | 7  | 364  | 11  | 375  | 52  | 0   |
| Nordenstam, John    | 9  | 311  | 0   | 311  | 34  | 0   | Trudell, Alan       | 10 | 347  | 0   | 347  | 34  | 0   |
| Norton, Mark        | 1  | 150  | 0   | 150  | 150 | 0   | Urick, Lisa         | 7  | 295  | 0   | 295  | 42  | 0   |
| Norton, Sherri      | 1  | 150  | 0   | 150  | 150 | 0   | Vandeventer, Scott  | 3  | 203  | 0   | 203  | 67  | 0   |
| Painter, Alison     | 1  | 40   | 0   | 40   | 40  | 100 | Viloria, Ron        | 5  | 182  | 0   | 182  | 36  | 0   |
| Painter, Cathy      | 2  | 71   | 0   | 71   | 35  | 100 | Walker, Irene       | 7  | 221  | 0   | 221  | 31  | *   |
| Painter, Lee        | 2  | 71   | 0   | 71   | 35  | 100 | Walker, Jim         | 16 | 491  | 0   | 491  | 30  | *   |
| Parish, Donna       | 15 | 471  | 23  | 494  | 31  | *   | Wedekind, Patricia  | 0  | 0    | 0   | 0    | 0   | 100 |
| Parish, Kent        | 19 | 603  | 9   | 612  | 31  | *   | Wells, Mark         | 8  | 263  | 65  | 328  | 32  | 0   |
| Patterson, Doug     | 1  | 92   | 0   | 92   | 92  | 150 | Whitney, David      | 2  | 52   | 5   | 57   | 26  | 225 |
| Pettus, Monty       | 0  | 0    | 0   | 0    | 0   | 75  | Will, David         | 9  | 413  | 0   | 413  | 45  | 25  |
| Pilcher, Henry      | 21 | 865  | 0   | 865  | 41  | 50  | Williams, C.J.      | 2  | 86   | 0   | 86   | 43  | 200 |
| Pilcher, Kathy      | 19 | 796  | 0   | 796  | 41  | 145 | Willits, Lyle       | 9  | 346  | 253 | 599  | 38  | 0   |
| Pohle, Steve        | 46 | 1720 | 23  | 1743 | 37  | 50  | Zellers, Steve      | 21 | 1037 | 0   | 1037 | 49  | 100 |

## TOP MILEAGE

| Member          | Rides | Miles | To/Fr | Total | Avg | Act |
|-----------------|-------|-------|-------|-------|-----|-----|
| Gorman, Dan     | 55    | 2501  | 913   | 3414  | 45  | *   |
| Lee, Michael    | 54    | 2412  | 365   | 2777  | 44  | *   |
| DAquanni, Paul  | 43    | 2238  | 4     | 2242  | 52  | 550 |
| Kibble, Greg    | 52    | 1989  | 38    | 2027  | 38  | 200 |
| Guttentag, Fred | 52    | 1932  | 0     | 1932  | 37  | 0   |
| Pohle, Steve    | 46    | 1720  | 23    | 1743  | 37  | 50  |
| Davidson, Bob   | 10    | 971   | 84    | 1055  | 97  | 0   |
| Buck, Sue       | 34    | 970   | 20    | 990   | 28  | 900 |
| Dauger, Alan    | 25    | 940   | 383   | 1323  | 37  | 875 |
| Tomita, Barbara | 27    | 911   | 50    | 961   | 33  | *   |
| Laugen, Lorna   | 23    | 903   | 172   | 1075  | 39  | 300 |
| Rich, Jeff      | 16    | 876   | 360   | 1236  | 54  | 285 |
| Pilcher, Henry  | 21    | 865   | 0     | 865   | 41  | 50  |
| Pilcher, Kathy  | 19    | 796   | 0     | 796   | 41  | 145 |
| Renowden, John  | 17    | 794   | 94    | 888   | 46  | 0   |

## TOP RIDES

| Member            | Rides | Miles | To/Fr | Total | Avg | Act |
|-------------------|-------|-------|-------|-------|-----|-----|
| Gorman, Dan       | 55    | 2501  | 913   | 3414  | 45  | *   |
| Lee, Michael      | 54    | 2412  | 365   | 2777  | 44  | *   |
| Kibble, Greg      | 52    | 1989  | 38    | 2027  | 38  | 200 |
| Guttentag, Fred   | 52    | 1932  | 0     | 1932  | 37  | 0   |
| Pohle, Steve      | 46    | 1720  | 23    | 1743  | 37  | 50  |
| DAquanni, Paul    | 43    | 2238  | 4     | 2242  | 52  | 550 |
| Huey, Patrick     | 36    | 1248  | 0     | 1248  | 34  | 175 |
| Engle, Diedre     | 34    | 1035  | 0     | 1035  | 30  | 50  |
| Buck, Sue         | 34    | 970   | 20    | 990   | 28  | 900 |
| Laxamana, Kelley  | 33    | 1269  | 49    | 1318  | 38  | 100 |
| Bernstein, Martin | 33    | 1052  | 0     | 1052  | 31  | 150 |
| Fairfield, Bob    | 30    | 1263  | 250   | 1513  | 42  | 175 |
| Fry, Ken          | 30    | 1009  | 103   | 1112  | 33  | 200 |
| Tomita, Barbara   | 27    | 911   | 50    | 961   | 33  | *   |
| Klages, Scott     | 27    | 1164  | 9     | 1173  | 43  | 100 |

## TOP TO/FROM

| Member          | Rides | Miles | To/Fr | Total | Avg | Act |
|-----------------|-------|-------|-------|-------|-----|-----|
| Gorman, Dan     | 55    | 2501  | 913   | 3414  | 45  | *   |
| Dauger, Alan    | 25    | 940   | 383   | 1323  | 37  | 875 |
| Lee, Michael    | 54    | 2412  | 365   | 2777  | 44  | *   |
| Rich, Jeff      | 16    | 876   | 360   | 1236  | 54  | 285 |
| Bingo, Doris    | 21    | 1312  | 325   | 1637  | 62  | *   |
| Willits, Lyle   | 9     | 346   | 253   | 599   | 38  | 0   |
| Fairfield, Bob  | 30    | 1263  | 250   | 1513  | 42  | 175 |
| Nafel, Gloria   | 12    | 489   | 215   | 704   | 40  | 0   |
| Laugen, Lorna   | 23    | 903   | 172   | 1075  | 39  | 300 |
| Bolin, Chuck    | 8     | 361   | 168   | 529   | 45  | 0   |
| Melczer, Andrew | 7     | 255   | 144   | 399   | 36  | 0   |
| Aguerre, Kelly  | 13    | 670   | 133   | 803   | 51  | 125 |
| Aguerre, Martin | 13    | 691   | 133   | 824   | 53  | 125 |
| Fry, Ken        | 30    | 1009  | 103   | 1112  | 33  | 200 |
| Renowden, John  | 17    | 794   | 94    | 888   | 46  | 0   |

## TOP ACTIVITY

| Member          | Rides | Miles | To/Fr | Total | Avg | Act |
|-----------------|-------|-------|-------|-------|-----|-----|
| Buck, Sue       | 34    | 970   | 20    | 990   | 28  | 900 |
| Dauger, Alan    | 25    | 940   | 383   | 1323  | 37  | 875 |
| DAquanni, Paul  | 43    | 2238  | 4     | 2242  | 52  | 550 |
| Laugen, Lorna   | 23    | 903   | 172   | 1075  | 39  | 300 |
| Rich, Jeff      | 16    | 876   | 360   | 1236  | 54  | 285 |
| Grotz, Sylvia   | 0     | 0     | 0     | 0     | 0   | 285 |
| Butz, Rick      | 5     | 209   | 0     | 209   | 41  | 275 |
| Bramwell, Chuck | 11    | 1112  | 43    | 1155  | 101 | 275 |
| Carson, Angela  | 0     | 0     | 0     | 0     | 0   | 250 |
| Myers, Debbie   | 13    | 452   | 0     | 452   | 34  | 235 |
| Simons, Charley | 5     | 244   | 0     | 244   | 48  | 225 |
| Whitney, David  | 2     | 52    | 5     | 57    | 26  | 225 |
| Morrison, Ken   | 21    | 579   | 0     | 579   | 27  | 225 |
| Fry, Ken        | 30    | 1009  | 103   | 1112  | 33  | 200 |

## DAY OF THE WEEK STATS

### MONTHLY STATS

| Month | Rides | Miles |
|-------|-------|-------|
| Jan   | 283   | 10825 |
| Feb   | 254   | 9413  |
| Mar   | 367   | 15600 |
| Apr   | 354   | 12789 |
| May   | 326   | 15145 |
| Jun   | 91    | 3159  |

Totals 1675 66931  
Average 39.96

| Day | Rides | Miles |
|-----|-------|-------|
| Sun | 445   | 15294 |
| Mon | 25    | 855   |
| Tue | 354   | 10852 |
| Wed | 29    | 1002  |
| Thu | 61    | 1620  |
| Fri | 135   | 5268  |
| Sat | 626   | 32040 |

Totals 1675 66931  
Average 39.96

# CLASSIFIED ADS

OCW Members can enter classified ads by going to the "Members Only Page" area of the WEB site and clicking on "Enter Classified Ads". Place your ad by the 1st of each month, to run in the following month's edition. Please follow the format below. .

## PLEASE LET US KNOW WHEN YOUR ITEMS HAVE BEEN SOLD !

**FOR SALE: American Classic Wheels** 24 front 28 rear with Velocity rims \$ 200, **Helium wheels** Mavic Helium wheels \$ 200, **FSA carbon cranks** 172.5 cranks with bb \$175.00, **Seven ti** 56cm with 57 top tube camp corus 10 speed, itm bar and stem, mavic rims. \$ 1,500. Contact Howard Miller at 562.429.7915

**FOR SALE: Scattante XRL** AL frame 57cm carbon fork 105 triple FSA80 whls Vit slicks, speedo, pump, Stelle saddle 2x bottle holders. A lot of bike for only \$350, but not used now as I have 3 other bikes. Contact Bill Kindel at 949.492.8843

**FOR SALE: Trek Cruiser Classic** 21" Men's aluminum frame. Bike is brand new, won it in a raffle, never ridden. Color is blue with white seat, single speed.\$150 Contact Denis Kuemerle at 714.871.8788

**FOR SALE: Custom Robert Zinn bike** 62cm frame with 57cm top tube,Time carbon fiber forks, Campe mirage equiped, Mavic axles, Call for information \$250.00 Contact A.J. Nelson at 949.297.4944

**FOR SALE: 03 Trek 5200**, 58CM, Carbon Fiber Frame/Forks; Derailleurs: Shimano Ultegra front and rear, triple chain ring, extremely low mileage, Cateye cordless cycle computer. \$1,200. Contact John Cook at 714.968.0882

**FOR SALE: Used Tommaso Capri road bike w/carbon fork** 8 spd Sora shifters & triple crank...no hill too steep. Aero 700c wheelset. Hard to find 43cm sloping frame with a 27 inch stand-over height. Extra small frame size is well suited for a small woman or a jr rider. Some paint scratches on the right chain stay & crank arm. Includes an Echo F-7 cycle computer, water bottle cage, Wellgo clipless pedals. No mechanical issues. Will need a new set of tires soon. \$375.00 Contact George Kuszytk at 949.362.0767

**FOR SALE: Park PCS-1 Home Repair Stand** Park PCS-1 Home Repair Stand in excellent condition, \$95. Contact Roger Morgan at 714.997.4204

**FOR SALE: 06 Cannondale Six13 Team** Premium Carbon Fork, FSA Compact Carbon Crank 170's, the rest is Dura Ace 10 sp. Profile Carbon Post and Flat bars, Easton Circuit wheels. Whole bike ridden less than 6 months and in EXCELLENT condition. Wheels practically new, ridden less than 5 times. E-mail for pictures Clynnsnisp@netscape.com \$2200 Contact Carol Lynn Neal at 760.799.3856

**FOR SALE: Shimano Ultegra STI Shifters/Brake Levers** Brand new 10 speed Shimano 6600 Shifters. MSRP \$394. Sell for \$200. Contact Wayne Broadhag at 949.583.7811

**FOR SALE: Cannondale CAAD 8 (2005) 50cm road bike** Paramount team paint, Premium carbon fork, FSA compact crank 50/34, all other components DA 10, Profile carbon post and flat bars, Easton Circuit wheelset, Fizik Aliante saddle, great shape, raced one season, \$1,700 OBO. Contact Carol Lynn Neal at 760.799.3856

**FOR SALE: Cannondale CAAD 8 (2006) 52 cm Road Bike** Paramount team color, Premium carbon fork, Full Dura-Ace 10-speed STI component group, Fi'zi:k Arione seat, carbon seat post, Mavic Ksyrium wheelset, perfect condition, frame new, less than 800 miles on components, \$2000. Contact Kent Peppard at 714.734.3447

**FOR SALE: Litespeed Classic 53 cm road bike** Year 2000, titanium, Full Dura-Ace 9-speed STI component group, Look carbon fork, Mavic Ksyrium SL wheelset, 3T stem, Deda handlebars, custom paint, excellent condition, \$2000 OBO. Contact Kent Peppard at 714.734.3447

**FOR SALE: Windsor 52 CM Frame with Carbon Fiber Fork and Seat Stays** CF Forks, Head Set, and Seat Clamp included. All New. Turned out to be to big for my wife. \$200.00 Contact Michael Lanphere at 714.996.3445

**FOR SALE: Inventory clearance:** Dura Ace 9 sp bar-end shifters, like new \$35; Vision 250 mm carbon aero bars, used once \$75; Fi'zi:k Nisene saddle, like new \$20; Specialites 42-T Shimano 9 sp chain ring, new \$20; cow horn bars with dia compe brakes \$25 Contact Matt Kinder at 949.725.0586

**FOR SALE: 2006 Paramount jersey** Brand new, never worn, Men's size L & size M, hidden zip, short sleeve jerseys and Men's size M Cantara shorts \$50.00 each Contact Matt Kinder at 949.725.0586

# Please Support the Sustaining Members of the Orange County Wheelmen

Many Sustaining Members offer discounts to OCW members.

Tell them you're from OCW and continue to support those who support us!

"Beerview" Cyclists Rear View  
Mirrors  
Irvine, CA 92614-7064  
(949)551-6353

Dee Bessee Massage Therapist  
Costa Mesa, CA 92627-5542  
(949)548-4595

Rich Photographic Service  
Big Bear City, CA 92314-2937  
(909)584-7030  
[www.richphoto.photorelect.com](http://www.richphoto.photorelect.com)

Allegro Specialties  
Fountain Valley, CA 92708-3516  
(714)593-9226

Kenny BZ.com  
Anaheim, CA 92802-2259  
(714)772-9589  
[www.kennybz.com](http://www.kennybz.com)

Springdale Villa Apartments  
Westminster, CA 92683-1976  
(714)894-5718

Athletic Unlimited Personal  
Training  
Brea, CA 92821  
(714)671-1177  
[www.athleticunlimied.com](http://www.athleticunlimied.com)

Pace Sportswear  
Garden Grove, CA 92841-3920  
(714)891-8716 X108  
[www.pacesportswear.com](http://www.pacesportswear.com)

---

## **THE ORANGE COUNTY WHEELMEN**

Post Office Box 219  
Tustin, CA 92781

Change Service Requested  
**BIKE HOTLINE 714-956-BIKE**  
**INTERNET WEB:** <http://www.ocw.org>



## FIRST CLASS MAIL

