

## Skate, Puck & Shoot

A continuation of the Power Sk8 clinic. Besides advanced skating skills, puck protection and shooting will also be the focus of this clinic. Players participating in this clinic will also spend 90 minutes, with 2 other players, at Coach Curti's off-ice shooting area. Sign up for the dryland activity will be sent once clinic roster is set.

**ADVANCED LEVEL**  
(2 or more years of skating experience)  
**TUESDAYS - 10:00 to 11:00AM**  
(Starts March 18th)  
**Plymouth Ice Center**

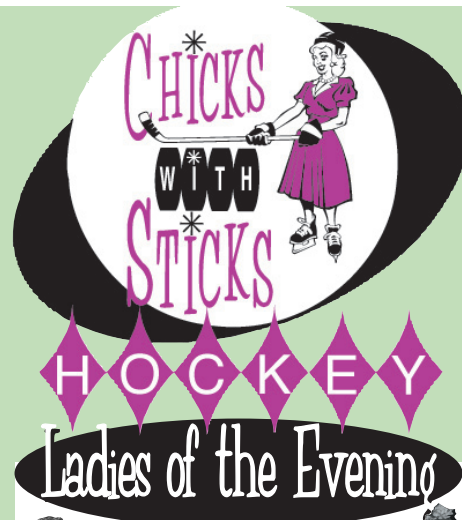
**8 weeks - Cost: \$160**

## 3 on 3

Another session of passing, game play and small area games fun. After a couple of weeks of passing drills, the pass happy drills will give way to puck protection skill drills. The last few weeks will include on-ice shooting drills.

**INTERMEDIATE LEVEL**  
**TUESDAYS - 10:00 to 11:00AM**  
(Starts March 18th)  
**Plymouth Ice Center**

**10 weeks - Cost: \$170**



**ADVANCED BEGINNER**  
**SUNDAY NIGHTS**  
Mar. 27 - 8:15PM  
Apr. 10 - 8:00PM  
Apr. 17 - 8:00PM  
May 1 - 8:15PM  
May 8 - 8:15PM  
**Cost: \$85**  
**Minnetonka Ice Arena**

This clinic picks up where the Winter Ladies of the Evening clinic left off. Skating fundamentals will be reviewed and stick skills (puck handling, passing and shooting) will be the focus.  
Geared for:  
- skaters with some experience  
- experienced skaters wanting a tune-up

## Beginner Clinics



An extension of the Winter beginner clinics in Chaska and Maple Grove. Half the practice will be skill drills, with the remaining half will be a whistle stop game. I will explain the rules and positioning to players during these games. The Maple Grove clinic moves to Plymouth for the Spring.

**MONDAY MORNINGS**  
(Starts March 21st)  
**10:00 to 11:00am**  
**Chaska Community Center**

**THURSDAY MORNINGS**  
(Starts March 24th)  
**10:00 to 11:00am**  
**Plymouth Ice Center**

**8 weeks - Cost: \$145**

**E-Mail to Reserve Your Spot in Clinic!!!**

[chickswithstickshockey@mchsi.com](mailto:chickswithstickshockey@mchsi.com)

## 3 on 3 Wednesday Nights

This clinic follows the popular Friday morning clinic format. Half the practices will be spent on passing skill drills, plus a game play drill. The remaining half will be 3 on 3 small area games.

**ADV. BEGINNER/INTERMEDIATE LEVEL**

Mar. 30 - 9:15PM April 27 - 9:15PM  
April 6 - 9:15PM May 4 - 8:45PM  
April 13 - 9:15PM May 11 - 8:45PM  
April 20 - 8:45PM May 18 - 8:45PM

**Rogers Activity Center**

**8 weeks - Cost: \$145**

**Signup  
Deadline  
For This Clinic  
Is Friday  
March  
11th**

**Rink  
Manager  
Will Hold Ice  
Only Until  
March  
12th**

**NEW CLINIC!!! NEW CLINIC!!! NEW CLINIC!!!**

## Beginners

A clinic for new skaters or ladies that want to get back into the game. Get a start for the Summer or next Fall's sessions.

- On-site child care at the Eden Prairie Community Center
- We have gear to borrow, if needed.

**WEDNESDAY MORNINGS**  
(Starts March 30th)  
**10:00 to 11:00AM**  
**Eden Prairie Community Center**

**7 weeks - Cost: \$128**

**NEW CLINIC!!! NEW CLINIC!!! NEW CLINIC!!!**