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Lutheran Church

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Trinity Lutheran Church  
115 N. Fourth Street, Box 339  
Stillwater, MN 55082-0339

love . transform . serve .

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## Summer worship schedule extended

**Come enjoy the beautiful  
early fall weather  
at the Drive-In!**



**Additional  
worship dates:**  
*Sun., Sept. 12 & 19*

Because Trinity now owns the Drive-In property,  
we have the option to stay a little longer and enjoy the  
beautiful Minnesota fall weather. Worship will continue indoors  
at Trinity on Saturday at 5 p.m. and Sunday at 9 a.m.

***Sun., Sept. 26, Children's, Youth and Adult learning begins,  
and the WALK service resumes at 10:30 a.m.***

# PASTOR DAN POFFENBERGER



## SOME UPDATES ON THINGS YOU MIGHT BE THINKING ABOUT:

### **Extended summer at the Drive-In**

One of the benefits of owning the Drive-In property is that we can be out there for worship whenever we wish. Many, many of you have asked if we couldn't worship at the Drive-In a bit later into the fall. So this September, we will be worshipping at the Drive-In two additional Sundays – Labor-Day weekend, September 5 – and September 12 and 19 as well. The time will remain the same 9 a.m.; just dress a bit warmer and be prepared for some of the best fall weather anywhere.

**All Children's Ministry and Adult Learning activities will begin September 26.**

Worship in Trinity's beautiful Worship Center will continue on Saturdays at 5 p.m. and Sunday at 9 a.m. On Sept. 26, we will come in from the Drive-In and resume the 10:30 a.m. WALK service in the Worship Center.

### **Third Street building and the Post Office**

Plans are complete for the construction of the new Third Street office building; the City of Stillwater has approved the project, and we are ready to go. Two issues have delayed this project. First, the U.S. Postal Service has been slow to give us final "built-out" design, but that is moving along. Second, is the current banking situation, as we apply for a construction loan and permanent financing. Our team is working its way through the banking process, and expects approval for the financing shortly.

### **New sound system for the Worship Center will be installed prior to Labor Day**

Thanks to your support of the Capital Appeal, a new system was designed and purchased following an extensive interview and bidding process. The key improvements that will be made are the elimination of "dead spots" of sound in the Worship Center, and a much better treatment of the spoken word. The choir will now be able to hear (they tell me they want to), and you will be able to sit anywhere in the Worship Center and hear very well. Thank you to the families who have helped upgrade our system through the years – technology has now improved to the point that a brand new system was in order.

### **Update on the Capital Appeal**

Speaking of the Capital Appeal, I want to thank all of you who are participating; contributions are right on schedule, and we have commitments in hand for \$1.1 million. During the last few weeks of the Drive-In, we are opening up the drive for a final push to reach \$1.2 million. If you have not yet contributed, now is a good time to do so. If you have, but wish to add more, please do.

### **On a Personal Note**

My wife Gretchen and I would like to thank everyone for the many ways that you have all reached out to us these past few months. Gretchen has finished her chemotherapy and is feeling great. She is now cancer-free, and we look forward to seeing this only in our rearview mirror. You have surrounded us well with love and humor – we are most grateful. Remember to keep current with your regular check-ups, physicals and tests – early detection is everything!

# UPCOMING CLASSES & EVENTS

## Caring friends fall kickoff

*Wed., Aug. 25, 1-3 p.m. – Living Room*  
We hope all Caring friends (formerly Caregivers) will be able to attend this important meeting. We will sign covenants, review our lists for the 2010/2011 year, and plan for the Celebrating Seniors Fall Luncheon. Refreshments will be provided.



God Loving Outdoor Women

## Wild River Adventure

*Sun., Aug. 29, Canoe the St. Croix River  
Taylors Falls, MN; \$30*

Spend a glorious summer Sunday with other women canoeing, floating, swimming, and picnicking on the St. Croix River. Meet at the Drive-In for worship at 9 a.m. Then carpool to Osceola, where we will catch a shuttle to Interstate Park to start our canoe trip. Wear your swimming suit and pack a lunch for this afternoon of fun. Contact trip leader Kat Carlsen at [kathy@primestaff.com](mailto:kathy@primestaff.com) with questions.

## TLC Caregivers

*Thu., Sept. 2, Oct. 7, & Dec 2  
2 p.m. – Joseph's Restaurant*

Are you currently caring for a loved one? Do you experience complex feelings as you live in this role? It can be lonely and overwhelming at times. If you can relate and would like to explore participation in a caring support group, please call Lois Berglund at 748-1606, to connect with this helpful support group.

## Senior worship and communion service

*Celebrating Seniors Fall Luncheon  
Wed., Sept. 8, 11 a.m.*

Immediately following worship, please join Caring friends in the Garden Room for the luncheon. We will be entertained by *The Three Twos*, a trio of women who have been singing, laughing and strumming together for 42 years. Arlene, Renee and Mary Lou invite you to come and have some fun with them.

## Retired Men's fall events

**Imax 3D film on Hubble Telescope, Minnesota Zoo**

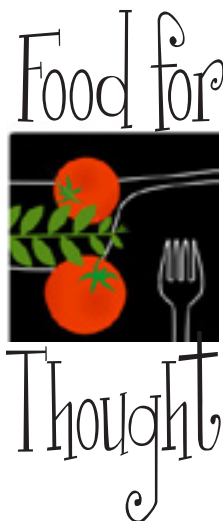
*Tue., Sept. 14; 10:30 a.m. meet in Trinity Parking Lot to carpool  
Cost: Entry fee of \$6; lunch at the zoo at own expense*

This film will offer an inspiring and unique look into the Hubble Space Telescope's legacy and highlight its profound impact on the way we view the universe and ourselves. Contact Dwight Pederson at [dwrightpederson@hotmail.com](mailto:dwrightpederson@hotmail.com) or 439-2078 with questions.

## Theology Project Discussion

*Wed., Sept. 22; 9 a.m.*

A retired men's round table discussion was held with Pastor Siri Erickson last winter regarding the first Trinity Theology Statement (Bible). All men of the congregation interested in discussing and providing input to the second Trinity Theology Statement (God) are invited to attend. The current draft of this statement is available on Trinity's web site and is encouraged reading before this discussion session. Contact Vic Thalacker at 439-9782 or [vpthalacker@yahoo.com](mailto:vpthalacker@yahoo.com) with questions.



## Food for Thought Kick-off event

*Sat., Oct. 9, 6 p.m. – Garden Room*

### Why join Food for Thought?

- Make new friends
- Strengthen relationships & sense of belonging
- Enjoy good conversations
- Experience practical gourmet recipes

### Food for Thought details

- Groups of eight adults meet in homes four times/year
- Recipes are provided – each couple brings part of the menu
- Each couple hosts only once per year
- Group attempt is made to resolve date conflicts

Sign-up in the Trinity Commons or call Diane at 439-7400, ext. 141. Contact Glenda Bjorum at 439-8521 or [bjorumsing@aol.com](mailto:bjorumsing@aol.com) with questions.

# GROUP & TEAM MINISTRIES

## Attention Active Women:

AWEsome opportunities are coming your way this fall and winter!



*AWE Leadership Team, left to right: Colleen Baldrica, Diane Rollie, Donna Harder, Shirley White*

*A new leadership team forms around the following purpose:*

*“Provide opportunities for women to experience joy and God’s abundance through learning, sharing ideas and developing friendships.”*

*Team leader: Donna Harder*  
*Team members: Colleen Baldrica*  
*Shirley White*  
*Diane Rollie*  
*Team Coach: Julie Jolivet*

One day Donna Harder expressed her frustration to Julie Jolivet, Director of Group & Team Ministries: “Why aren’t there fun and interesting events and outings for women like there are for retired men?” Julie’s response, “Because the retired men are organized around a leadership team and make it happen.” So Donna immediately went into action, gathered other women around her who share the same desire, and they are off and running!

## **Arcola: Lost City on the St. Croix**

*Arcola Mills, 12905 Arcola Tr. N.  
Pre-event sampler: Aug. 17;  
\$30/person; \$50/two if registered together  
5 p.m. – Social hour & hors d’oeuvres  
6:30–7:30 p.m. – Program; tour to follow*  
The Arcola Mills Foundation and the Washington County Historical Society document the history of this lost community on the St. Croix and feature speakers about steamboating days and the Van Meier family. Register by calling Lori Christenson at 439-3868 or [lorij3@qwestoffice.net](mailto:lorij3@qwestoffice.net); pay at the door. Please contact Donna Harder at 351-5043 or [dharder5043@msn.com](mailto:dharder5043@msn.com) with questions. At the event, watch for Donna with an “AWE” nametag, to enjoy this event together.

## **Wine Tour & Tasting: Chateau St. Croix Winery & Vineyard**

*Thu., Sept. 16, St. Croix Falls, WI  
Meet at Trinity at 10 a.m to carpool;  
11 a.m. lunch at Grecco’s  
1 p.m. tour & tasting  
Return approx. 3:30 p.m.  
\$7 for tour; lunch cost on own  
Register by Aug. 27 online at [www.trinitylc.org](http://www.trinitylc.org) or contact Diane at ext. 141 or [drollie@trinitylc.org](mailto:drollie@trinitylc.org).*

Watch the Trinity 2010 Fall Adult Ministries Guide for their other monthly events and/or visit [http://trinitylc.org/womens\\_ministries](http://trinitylc.org/womens_ministries). Women are encouraged to attend one, some or all events as they are able.



# ADULT LEARNING

## FALL CLASSES:

### Building your Personal Theology: God\*

Two options:

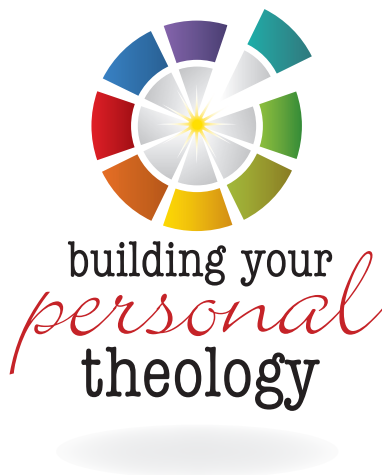
Tue., Sept. 21, 28, Oct. 5 & 12, 9:30-11:30 a.m.

OR

Tue., Sept. 21, 28; Oct. 5 & 12, 6:30-8:30 p.m.

Location TBD; Cost: \$30

From a pocket knife in the past to an iPhone today, we all have ordinary, every day, dependable things that make our lives better. Having a good, workable theology is also one of those things. Come put together the pieces of your theology. Through conversation, creative reflection and connection to God, join us in building your personal theology. \*This class is the prerequisite for all other classes in the Building your Personal Theology series. Register online at [www.trinitylc.org](http://www.trinitylc.org).



### Building your Personal Theology: Bible

Tue., Oct. 26; Nov. 9, 16, 6:30-8:30 p.m.

Location TBD; Cost: \$20

The Bible informs your personal theology, but you also have beliefs about the Bible itself. What is it? Where did it come from? How does it relate to your everyday life? How does it reveal God? What is its core message? In this class you will have the chance to explore your core beliefs about the Bible. Through conversation, creative reflection and connection to God, join us in building your personal theology about the Bible. Completion of "Building your Personal Theology: God" is a prerequisite for participation in this class. Register online at [www.trinitylc.org](http://www.trinitylc.org).

### Making Sense of Scripture: Big Questions about the Book of Faith

Sun., Sept. 26; Oct. 3, 10, 17, 24, 31; Nov. 7, 14 – \$15

9-10 a.m. – Living Room OR 10:30-11:30 a.m. – Garden Room

Have you ever had a question about the Bible or wondered how to make sense of this amazing and complicated book? Have you ever thought you should read more of the Bible but didn't know how or where to begin? Have you ever been afraid to join a Bible study or lead a group at church because you think you don't know enough about the Bible? *Making Sense of Scripture* invites you to bring all your questions and to enter into a conversation about the Bible: where it came from, what it is and isn't, and how it functions in our lives today. No experience with the Bible is necessary and no question is a dumb question! Some reading is required between classes. CPastor Siri Erickson

### Theological coaching

Pastor Siri Erickson is available for individual coaching to help you explore questions as you build your personal theology.

To make an appointment, please contact Siri via email at [serickson@trinitylc.org](mailto:serickson@trinitylc.org).

### Join the conversation about God!

The comment period for Trinity's *God statement* ends August 31, 2010. To read the *God statement* and leave your comments, please visit <http://siricerickson.wordpress.com>.

To invite Pastor Siri Erickson to join your group or team for a *God statement* conversation, please email her at [serickson@trinitylc.org](mailto:serickson@trinitylc.org).

### What happens when God speaks and no one listens?

A Study of Major League Minor Prophets: Amos, Joel, Hosea, and Micah

Sat., Oct. 16, 23, 30; Nov. 6, 13, 20  
9-10:30 - Living Room

Lead by Rev. Steve Hokonson

### Tuesday Morning Women's Bible Study

Tuesdays, Sept. 14-Dec. 14

8:30-10:30 a.m. – Room 108B

We are studying Kathleen Urtel Johnson's Bible study entitled *Whole Bible, Whole Life*. We are always open to new members. Contact Lynn Schurrer at 430-1632 or [lschurrer@aol.com](mailto:lschurrer@aol.com) with questions.

# BODY SPIRIT CONNECTION



## Making the Body Spirit Connection

by Amy Quarberg

*"Do you not know that your body is a temple of the Holy Spirit within you, which you have from God?"*

*(1 Corinthians 6: 15)*

When I imagine the Holy Spirit living within my body, it actually starts to move with this wonderful vibration of loving energy. I get awe-struck and humbled when I feel this Divine essence flowing within me, because I know in some miraculous way, that if it is true for me, it is true for everyone. How else could two cells coming together split and divide into a such an amazing, complex multi-system body that is self regulating and self healing if God's spirit was not involved? I believe it is how we are all wired. Isn't that comforting? Isn't that amazing?

Knowing that, doesn't it make it easier to want to take better care of your temple? I hope so. But wanting to do something and actually doing something about it can be two different things. That's where the Body Spirit Connection team can help.

We will have a variety of educational options, tips and recipes to help get you started honoring and taking care of your precious divine body. Starting in September I will be offering a class that will get your body moving and

in tune with your divine essence that is called **Soul Power Work-out**. I hope to see many of you there. See class listings and descriptions in the Fall Adult Ministries Guide.

Here is a great recipe that gets you out of the pasta salad rut to use with all the fresh vegetables that are abundant now. It is low-glycemic and a crowd pleaser.

### Greek-Style Bulgur Salad

1 cup bulgur wheat  
2 cups water  
½ red onion cut into rings  
1 tomato seeded and diced  
1 green pepper, chopped  
1 small zucchini, thinly sliced  
½ cup feta cheese  
¼ cup white wine vinegar  
2 tbsp flaxseed or olive oil  
1 clove garlic, minced  
1 tsp. dried basil  
1 tsp. dried oregano  
1 tsp salt  
pepper to taste  
Boil water. Pour over bulgur and let stand for 30 minutes. Drain any excess water. In a medium bowl, combine bulgur, onion, tomato, green pepper, zucchini and feta. In a separate bowl, combine vinegar, oil, basil, garlic, oregano, salt & pepper. Pour over vegetable mixture, cover and refrigerate to allow flavors to develop.

## Pilates on Stability Ball

Wed., Sept. 15-Dec. 15; 9-10:15 a.m.

Gym; Cost: \$168 (14 classes)

Much of our fatigue is a result of poor posture and imbalance in the body. Pilates works to align and stabilize the body so everyday movements are performed with ease and strength. All levels of physical fitness are welcome as everyone is asked to take each exercise at their own pace. Bring your own mat and stability ball. Contact Marty Larson at [www.martylarsontraining.com](http://www.martylarsontraining.com) or 430-0077 with questions.

## Addiction Awareness Corner

If you live in Washington County and are concerned about your own or someone else's alcohol or other drug use, please contact the Chemical Health Intake Line through the Washington County Public Health Department at 430-6561. For people living in Ramsey County and in need of Chemical Dependency Services call 266-4008. Information on Children's Mental Health can be found by calling the Minnesota Association for Children's Mental Health (MACMH) at 644-7333 or the Alliance on Mental Health Minnesota (NAMI) at 645-2948.

## AA Meetings

Mondays, 7:30 a.m.

Tuesdays, 7:30 a.m. & 6 p.m.

Wednesdays, 7 a.m.; Thursdays, 7 a.m.

Fridays, 7 a.m.; Saturdays, 8 a.m.

Al-Anon, Saturdays, 8 a.m.

All meetings are in the Living Library. These are open, non-smoking meetings and offer confidential support for people struggling with chemical addiction. If the doors on 4th St. are locked, please enter through Third St. doors. Contact David Teschler at 612-991-5117 with questions.



Body Spirit Connection Team left to right: Sharon Pallarino, Amy Quarberg, Brenda Linn, Sarah Hamel

# CARE MINISTRIES

WITH PASTOR KRIS LINNER



Life has an ebb and flow. We see it in the seasons. We experience it in our emotions. We feel it in our relationships. We live it in the ups and downs of everyday life. The ebbs and flows can be exhilarating or exhausting. They can bring sadness or joy, guilt or gratitude, failure or success. They may be welcomed or they could be feared. The changes that the ebbs and flows bring can be challenging or comforting.

When I am frightened, exhausted or challenged by the ebbs and flows of my life, I anchor myself in the midst of life's movements by trusting that God remains steadfast.

Vincent van Gogh said, "It is true, there is an ebb and flow, but the sea remains the sea." For me, God is the sea. I often turn to the prayer in *Seeds of Hope*—A Henri Nouwen Reader to help ground me in the comfort and stability of God's presence.

"Dear Lord, Although I experience many ups and downs in my emotions and often feel great shifts and changes in my inner life, you remain the same. Your sameness is not the sameness of a rock, but the sameness of a faithful lover. Out of your love I came to life, by your love I am sustained, and to your love I am always called back. In all of my days I am embraced by your unwavering love.

My only real temptation is to doubt in your love, to think of myself as beyond the reach of your love, to remove myself from the healing radiance of your love. To do these things is to move in to the darkness of despair.

O Lord, sea of love and goodness, let me not fear too much the storms and winds of my daily life, and let me know that there is ebb and flow but that the sea remains the sea. Amen."

May the sea of God's love keep you afloat in your ebbs and flows.

## WELCOME NEW MEMBERS



### Steve & Brenda Linn, Haleigh, Maya & Elliana

Steve is the president of a family-owned business, The Linn Companies. He is active with his children and enjoys golfing and running. Brenda's passion is encouraging healthy living. She volunteers at their daughter's school and offers spiritual yoga from their home. Brenda is a valued member of the Trinity Body Spirit Connection Leadership Team and is looking forward to participating in On Purpose opportunities this fall. Haleigh will be a senior at Visitation High School this fall. Maya, 9 and Elliana, 7 attend Rutherford Elementary.

### Marilyn Cloutier

Marilyn is a committed and steady volunteer at three places every week: Lakeview Hospital, Courage Center and Trinity. At Trinity she is a member of the On Purpose Team, Prayer Group and Thursday morning Contemplative Practice Group. Her strengths are connectedness, maximizer, input, intellection and developer. She is invested in the wisdom of the Enneagram and has attended I & II workshops. Marilyn has two sons: Roy will be a junior at the University of Minnesota and Jeremy is finishing high school.



If you or someone you know is interested in Trinity membership, information can be found on Trinity's website at [www.trinitylc.org/membership](http://www.trinitylc.org/membership). Complete an online information form or contact Julie Jolivet at [jjolivet@trinitylc.org](mailto:jjolivet@trinitylc.org) or ext. 108 with questions.



# MUSIC MINISTRIES

## TRINITY CHOIRS

### Singing in a choir is good for you

“If you like to sing, you’re on the path to success in life,” says a new study out by Chorus America.

Choral singers are more likely to vote, give money to philanthropies, and also to volunteer; they’re the kind of people you want on your team. And here at Trinity we have an excellent team of choral singers. Opportunities to sing at Trinity begin at age five and continue on for all ages.

What draws people to singing, beyond the sheer artistic experience and communal expression, is the camaraderie, the sense of purpose and the great seats in worship!

What a singer gets in return is an intangible mix of pride and joy as well as the development of positive attributes almost impossible to measure.

This recent study also examined the role singing in a choir plays in childhood development. The results show children who sing have increased self-confidence and self-reliance, as well as greater academic success.

“The data in this report suggests that it would be a mistake not to leverage the benefits that choruses bring to children, adults, and the communities they serve,” said Todd Estabrook, chairman of Chorus America. Simply put, if you’re searching for a group of talented, engaged, and generous community/Trinity members to connect with, you would do well to start with a choir.

I encourage all who have interest in joining a choir to give it a try – all of our choirs are open to all who are interested in leading worship through music.

*Carol Carver*

### For Children and Youth

#### Joyful Noise Choir

The Joyful Noise Choir is an introduction to singing in a group for children ages kindergarten through grade two.

Children explore their musical selves and discover more about their singing voices. The director of this group is Martha Sather; she can be reached at [marthasather@comcast.net](mailto:marthasather@comcast.net) or 245-7324 with questions.

#### Hosanna Choir

The Hosanna Choir (grades 3-4) learns how to sing and lead worship. The director of this group is Jane Strauman; she can be reached at [strauman@comcast.net](mailto:strauman@comcast.net) or 612-910-7496 with questions.

#### Alleluia Choir

The Alleluia Choir (grades 5-6) prepares to lead worship once a month by learning a variety of sacred music. The choir is directed by Sonia Esch. She can be reached at 439-0643 or [wisokiwi@msn.com](mailto:wisokiwi@msn.com) with questions.

#### Sine Nomine Singers

The Sine Nomine Singers are a group of junior and senior high school girls who sing and lead worship five to six times per year. Occasionally they will combine with women of all ages and then call themselves Women Who Sing. Rehearsals are held prior to the Sundays they sing on Wednesday evenings. The director is Carol Carver; she can be reached at ext. 118 or [ccarver@trinitylc.org](mailto:ccarver@trinitylc.org) with questions.

### For Adults

#### Temple Choir

The Temple Choir is a group of adults that believe that worship of God is central to life and that the music we sing, as an expression of our faith, is both a gift from God and an offering to God. Through our disciplined commitment and dedication to excellence, we enjoy sharing this gift with the people of Trinity, as a contribution to worship. We sing to reinforce and heighten the meaning of scripture and the spoken word and lead the congregation in liturgy and song. In worshipping through music, we explore our own faith, striving for spiritual growth and fuller understanding. Rehearsals are Wednesday evenings from 7-8:30 p.m. Carol Carver is the director of this choir; she can be reached at ext. 118 or [ccarver@trinitylc.org](mailto:ccarver@trinitylc.org) with questions.

#### Jubilate Bells

Jubilate Bells is a group of people of all ages who love playing handbells. The group is open to all levels and plays for worship throughout the year. The director of this group is Deb Orff; she can be reached at 351-7397 with questions.



# GRATITUDE & GENEROSITY

*Gratitude begins with awareness—awareness of the sacredness of all life, awareness of the Source of all gifts, awareness of God's presence.*

## The person next to you

The person next to you is the greatest miracle  
And the greatest mystery you will meet  
at this moment,  
A testament of the word made flesh,  
Of God's continuing advent into the  
world, into our midst.

The person next to you is a unique  
universe of experience  
Seething with necessity and possibility,  
Dread and desire,  
Smiles and frowns,  
Laughter and tears,  
Fears and hopes,  
All struggling to find expression.

The person next to you believes in  
something, something precious,  
Stands for something,  
Counts for something,  
Lives for something,  
Labors for something,  
Waits for something,  
Runs from something,  
Runs towards something.

The person next to you is a whole  
colony of people,  
People met during a lifetime,  
Really a community in which still lives  
a parent, a teacher, a classmate, a friend.

The person next to you can live with  
you, not just alongside you,  
She can live not only for herself but also  
for you;

She can comfort, encounter, understand,  
forgive you, if that is what you want;  
And in turn, she is to be understood,  
comforted, forgiven also.

The person next to you is surging to  
become something in particular,  
To arrive at some destination,  
To have a story, and a song,  
To be known and to know.

The person next to you has problems  
and fears,  
Wonders how he is doing and  
sometimes doesn't feel very good  
about it,  
Is sometimes undecided and uncertain,  
Yet endowed with a great toughness in  
the face of adversity,  
Able to survive the most unbelievable  
challenges and difficulties.

The person next to you has something  
she can do well,  
Something he can do better than anyone  
else in the whole world;  
There is something her one life on earth  
means and cares for;  
He has dreams, passions and endless  
possibilities.

The person next to you can never be  
fully understood;  
He is more than any description or  
explanation;  
She can never be fully controlled, nor  
should he be.

The person next to you is mystery  
and the word made flesh is yystery  
and the word was made flesh And dwelt  
among us...

So Sisters and Brothers, look around  
you

For God is here!

*—Author unknown.*

**"Be kind and merciful. Let no  
one ever come to you without  
coming away better and  
happier."**

*—Mother Teresa*

From the Gratitude Team, with  
gratitude to God for you!

GRATEFUL  
HEARTS  
GENEROUS  
LIVES



The Gratitude Team invites you to share  
your story of gratitude or to work with us  
to nurture gratitude and generosity. Please  
contact Laurel Anderson,

Brian & Angie Brekke, Kat Carlsen,  
Tim Coltvet, Janice Constantine, Bob Eiselt,  
Michele Hermansen, Nancy Hokonson,  
Julie Jolivet, Dana Miller,  
Lynn and Jan Most, Dan Poffenberger,  
Dan and Norma Wilson, or Ann Wolff

# S E R V E THE WORLD

## Mission Tanzania

*October 2010 trip*

This fall's trip will focus on the many projects (facility, water & electrical system, agriculture & economic development projects, etc.) at the Bomalang'ombe Secondary School. We will also visit and worship with our companion congregation in Mwatasi. The trip will be filled with new opportunities to learn and grow in our faith. The final phase of the community water system is being completed by the villagers. Trinity will continue to offer financial support to purchase the piping. At the Bomalang'ombe Secondary School we will be working on the multi-use hall and staff quarters along with expansion of the water & electrical systems. Contact Tom Thiets at ext. 146 or [tthiets@trinitylc.org](mailto:tthiets@trinitylc.org) with questions.

## Mission Guatemala

*Next trip: November 7 -14, 2010*

You are welcome to join our team as we work side-by-side with our Guatemalan partners to build a new hospital for the Santiago community. People with all skill levels are welcome. We will assist in preparing the first floor of the new hospital for a June opening, pack and move supplies & equipment and a variety of other tasks. Please contact Tom Thiets at [tthiets@trinitylc.org](mailto:tthiets@trinitylc.org) or Kevin Bjork at [bjork68@comcast.net](mailto:bjork68@comcast.net) for more information.

## Helping Hands

Load shipping containers with medical supplies at Global Health Ministries. Contact Lowell Saterbak at [lsaterbak@aol.com](mailto:lsaterbak@aol.com) for complete details.

## Last Sunday Supper

*Remaining 2010 service dates:*

*Sun., Sept. 26 & Dec. 26*

Trinity partners with four local churches to provide meals for 50-60 people. The meal is served at Ascension the last Sunday of every month. Please contact Jeff Anderson at 439-9133 or [jeffatlc@yahoo.com](mailto:jeffatlc@yahoo.com) or Russ Savstrom, at 430-0455, or [rsavstrom@yahoo.com](mailto:rsavstrom@yahoo.com) for more information.

## Second Harvest Heartland commodity food program

*First Monday of month at 1:30 p.m.*

Trinity's hunger team helps fight hunger here in the valley by delivering 35 pounds of food supplies to local families in need of food assistance. The team meets at the Croix Center building on 4th Street to receive the delivery of boxes, and then delivers them to local residents. Contact Chuck and Joan Newman at 436-8609 or [chuckjoan.newman@comcast.net](mailto:chuckjoan.newman@comcast.net) for more information or to serve.

## Loaves & Fishes

*Remaining 2010 service dates:*

*Thu. Sept. 9 & Nov. 11, 4:30-7:30 p.m.*

*Faith Lutheran Church, St. Paul*

Trinity's Loaves & Fishes Ministry is a mission outreach partnership with Twin Cities-based Loaves & Fishes, a non-profit organization that coordinates multiple meal serving sites for individuals and families in need. We welcome new volunteers to join us in this vital local outreach ministry. Contact Jeff Anderson at 439-9133 or [jeffatlc@yahoo.com](mailto:jeffatlc@yahoo.com) or Russ Savstrom at 430-0455 or [rsavstrom@yahoo.com](mailto:rsavstrom@yahoo.com)

MISSION  
update



Tom Thiets  
Director of Missions





## MY FRIEND BARB

I am amazed at the impact of my friend Barb's service in mission. Her love and warmth reaches out around the world. She provides comfort to the poor, the sick and to the suffering here in Stillwater and beyond.

I first learned about her ministry when I interrupted a loyal group of volunteers that meet regularly to assemble our monthly newsletter. Barb's quick wit and joking manner quickly drew me into the conversation. We soon became friends, and then we became partners in ministry.

Barb is a knitter.

Barb knits every day. Most of the time it's at home, but she also gathers with a group of knitters to share conversation, and to knit. The gentle rhythmic motion of their needles appear to never pause during the conversation; except for outbreaks of laughter, a sip of coffee or a quick bite of a cookie.

Prayer shawls, scarves, caps, and mittens flow effortlessly from their skilled hands. Bags filled with their beautiful creations magically appear in my office. These bags are filled with more than knitted items. They are filled with gifts of comfort, and warmth. They are gifts of love to be shared both locally and globally.

Barb's ministry brings warmth to the homeless and school children during the cold of a Minnesota winter. Her caps cradle the heads of newborn babies and the suffering across Latin America, and Africa. In hospitals and homes around the world, patients wrap their shoulders with a shawl and the love of Christ as they journey the road of illness and death.

Daily, as the squirrels play and eat outside of her window, Barb sets aside her own pain, and discomfort to continue to serve. Balls of yarn dwindle into hats of every color. Barb's creations come in every color, but white. For some unknown reason the white yarn sits unused in her closet. Maybe I'll use some of that white yarn one of these days she tells me with a smirk, a wink, and a smile.

She knits and prays for those in need. While at home knitting, Barb may be physically alone, but just like her hats, in her heart she is surrounded by children of every color. While the yarn is transformed, Barb is joined spiritually in prayer by elders of



villages and caregivers across the globe as her gifts are shared. The recipients will never meet Barb face-to-face, yet they will feel the warmth of her love. They will know the love of Christ through the gift of a handmade hat.

Thanks to my friend Barb I now know that hands folded daily in prayer easily hold a pair of knitting needles.

Please use your gift to be the hands of Christ to those in need.

*Blessings and peace,  
Tom*





# YOUTH & CHILDREN'S MINISTRIES

## The River Youth Worship

The River is about experiencing Jesus through awesome music, genuine friendship and exploring relevant issues of life and faith.

Join us at the River, Wednesdays from 7-8 p.m.  
Look for the River on Facebook!

### Special River Gathering

Wed., Aug. 18, 7 p.m. at the Drive-In

Directions to the Drive-In: Take the Stillwater lift bridge across the river to Wisconsin. Stay on Hwy 35/WI-64 until you see the Drive-In on the right.



## Confirmation 2010-11

Family night Sept. 22, 7-8 p.m.

Confirmation begins Sept. 29.

Please register by Sept. 1 in the Youth Center or online at [www.trinitylc.org](http://www.trinitylc.org)

All students in grades 7-9 are welcome to join Trinity's Confirmation program. Confirmation is about learning and experiencing faith. We strive to make the Confirmation process fun, engaging, real, Christ-centered and relational. Your student will experience an exciting large group opening time and then be matched with a small group and small group leader. Don't miss out on this formative time in your student's faith development. Parents are part of the process as well – so get ready to participate! Registration is now available online and informational booklets will be mailed out late summer. Confirmation begins at the end of September. Contact Cindy Jones for more information at ext. 137 or [cjones@trinitylc.org](mailto:cjones@trinitylc.org)

## CONTACT:

Michael Lindsay at  
[Linmicj@me.com](mailto:Linmicj@me.com)  
or Cory Jones at  
[CJjones@trinitylc.org](mailto:CJjones@trinitylc.org)  
if you are interested  
and to get all the info.

## HAVE A BAND?

Come play at  
Battle of the Bands.

**Bands get a  
10-minute set.**

Prizes will be given to  
winning bands!

**Battle  
of the  
BANDS**  
**AUG. 25, PIONEER  
7-9 P.M. PARK**

SPONSORED BY:

Trinity Lutheran Church, Sr. High Ministry - The River

bandshell  
Lutheran Church

## Trinity summer leadership beach party!

Let's celebrate together all that God has done this summer!

We are heading out to Mahtomedi for a beach party!

Date: Sun., Aug. 22

Time: 2-5 p.m.

What: Food, hanging out, tubing/wakeboarding, boat rides and fun prizes and surprises!

Where: Redpath Home, 63 Pine Street  
Mahtomedi, MN 55115

How do I get there? RSVP to Cory at  
[cjones@trinitylc.org](mailto:cjones@trinitylc.org) if you want to catch a ride from  
church in a van or you can drive yourself.



# CHILDREN'S CHOIRS OPPORTUNITY FOR ALL

**"Body, Mind, Spirit, Voice,  
it takes the whole person to sing and rejoice!"**

This mantra by Helen Kemp, an important supporter of Children's Choirs all of her 92 years, is an inspiration to the Children's Choir program at Trinity Lutheran Church.

Striving to help children be worship leaders and active participants in the church service now – at their young ages – feeling comfortable in the church and strengthening their faith in God are all goals of the choral program. Vocal production, breath support and phrasing are concepts reinforced to help children develop correct technique in their singing voices. Opportunities abound for rhythmic growth while playing instruments and exploring movement. Songs and anthems learned throughout the year offer exposure to many different cultures and styles of music. Children feel a great sense of pride and accomplishment following the service they have participated in, all while having a lot of fun!

Shirley Wilson states, "Children are more than 'the church of tomorrow,' they are present in 'the church of today.'"



Watch for more information about the Children's Choir program at Trinity Lutheran Church. Any questions? Contact Sonia Esch at 439-0643 or via email at [wisokiwi@msn.com](mailto:wisokiwi@msn.com)



The Trinity Choir Program offers three choirs:

## **THE JOYFUL NOISE:**

Kindergarten – Grade 2  
*Martha Sather, Director*

## **HOSANNA:**

Grades 3 and 4  
*Jane Strauman, Director*

## **ALLELUIA:**

Grades 5 and 6  
*Sonia Esch, Director*

Rehearsals begin on September 15, and are held each Wednesday evening from 4:45-5:35 p.m. in the Worship Center and Choir Room. Choirs sing once a month in church, alternating between the 9 and 10:30 a.m. Services, with a musical being presented in December. *Light of the World* by Mark Patterson, tells the story of Jesus' birth and features wonderful arrangements of traditional Christmas songs and carols. Optional mini-sessions are also offered throughout the year, giving more opportunities for children to expand their mind, body, spirit and voice!

## **Fall learning opportunities**

Register now for Children's Ministry Sunday/Wednesday Learning online at [www.trinitylc.org](http://www.trinitylc.org). Contact [childrensministry@trinitylc.org](mailto:childrensministry@trinitylc.org) with questions.

## **Little Tots & Polka Dots begins Tue., Sept. 7**

Still openings in the two room Little Tots and Polka Dots is a Trinity faith-based recreation outreach ministry for children 12-months through 36-months-of-age. We still have a few openings in the two room on Tuesday and Thursdays. We offer a loving, caring and Christian environment for children, while providing age-appropriate developmental opportunities. To register your child, visit [www.trinitylc.org](http://www.trinitylc.org) or contact Rebecca Christiansen at ext. 125 or [rchristiansen@trinitylc.org](mailto:rchristiansen@trinitylc.org)

## **Hearts of the Home Moms fall registration**

### **open**

Hearts of the Home Moms is an inter-denominational, Christian-based group of mothers interested in nurturing our souls and supporting each other on our parenting journeys. Participants select study choices covering a wide range of topics such as parenting, marriage, spiritual growth and Bible study. Gatherings are on Wednesdays from 9:15-11 a.m. Find complete details and registration online at [www.trinitylc.org](http://www.trinitylc.org)



## **LADC Back-to-School night**

Thu., Sept. 2, 6 p.m.  
Trinity Lower Level

# worship opportunities

- **Wednesdays, 7 p.m.:** The River (Gr. 9-12 youth worship)
- **Saturdays, 5 p.m.:** Evening Worship, Communion
- **Sundays, 9 a.m.:** Traditional Worship at Trinity, Communion,
- **Sundays, 9 a.m.:** Outdoor Worship at the Hilltop Drive-In, Communion (Thru Sept. 19)

## Baptized:

- **Madison Emery McDonald**, daughter of Michael & Kristine (Emery) McDonald
- **Brock Christian Johnson**, son of Brian & Jennifer (Prosser) Johnson
- **Maverick John Mildon**, son of Jacob & Amber (Hanson) Mildon
- **Sabine Danielle Keister**, daughter of Scott Keister and Regina Collis

## Sympathy to:

- The family and friends of **Charles Berg**, whose funeral was held at Trinity on Mon., June 28
- The family and friends of **Jeanette Masterman**, who passed away on Aug. 5.

## Altar flowers:

- July 31 & Aug. 1 – In honor of the marriage of **Megan Wendt & Robert Gaul** on July 31, given by her parents Sandy and Phil Wendt
- Aug. 7 & 8 - In honor of **Arlene Herbst's** birthday, given by her family
- Aug. 28 & 29 - In memory of our Mom, **Maxine Benson**, given by her children

## worship attendance

July 17 & 18	July 24 & 25
5 p.m. ....35	5 p.m. ....59
Drive-In .....437	Drive-In .....524
9 a.m. ....86	9 a.m. ....101
July 31 & Aug. 1	Aug. 7 & 8
5 p.m. ....32	5 p.m. ....35
Drive-In .....419	Drive-In .....426
9 a.m. ....86	9 a.m. ....96

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## trinity transportation

### Sunday van schedule

Trinity's van is available this summer for the Sunday, 9 a.m. indoor worship service at Trinity. A van ride is available for members or non-members lacking other means of transportation. Please call the Church Office at 439-7400 between 9 a.m. Wed. and 4 p.m. Thu. to reserve your seat each week. Estimated pick-up times for senior residences if you have reserved a seat:

8:15 a.m. – Boutwell's Landing  
at the main entrance  
8:25 a.m. – Raymie Johnson  
8:35 a.m. – Croixdale  
8:40 a.m. – Oakridge  
8:45 a.m. – Rivertown Commons

Wireless hearing devices are available to enhance your worship experience. Please ask for one at the Sound Booth at the rear of the Worship Center.

## Worship services broadcast on Valley Access Channel:

Trinity worship services are broadcast at the following times:

Sunday – 11 a.m.

Wednesday – 1 & 7 p.m.

Thursday – 1 & 7 a.m.

Friday – 4 & 10 p.m.

Saturday – 4 & 9 a.m.

# calendar august 14-september 17

## Sat., August 14

- 8 a.m. AA Mtg: Living Library
- 8 a.m. Al-Anon Weekly: Luther Hall
- 5 p.m. WORSHIP, COMMUNION: Worship Ctr

## Sun., August 15

- 9 a.m. WORSHIP, COMMUNION: Drive-In, Houlton, WI
- 9 a.m. WORSHIP, COMMUNION: Worship Ctr

## Mon., August 16

- 7:30 a.m. AA Mtg: Living Library
- 4 p.m. Congregational Council Mtg: Office Conf.
- 6:30 p.m. Tai Chi: Gym
- 7 p.m. 1 & 2 Peter Bible Study: Living Rm

## Tue., August 17

- 7:30 a.m. AA Mtg: Living Library
- 1:15 p.m. Prayer Group: Office Conf. Rm
- 5 p.m. AWE-Arcola Mills History
- 6 p.m. AA Mtg: Living Library

## Wed., August 18

- 7 a.m. AA Mtg: Living Library
- 6:30 p.m. Addiction Awareness Team: Living Room
- 7 p.m. the River Worship (Gr9-12): Lowell Park

## Thu., August 19

- 7 a.m. AA Mtg: Living Library
- 7:30 a.m. Contemplative Practice: Off-site

## Fri., August 20

- 7 a.m. AA Mtg: Living Library
- 9:30 a.m. Linden Sr. Communion
- 10:30 a.m. Boutwells Landing Sr. Communion
- Noon Mpls. Professional Women's Lunch
- 1:15 p.m. Rivertown Sr. Communion
- 6 p.m. Wedding Rehearsal-Swanson/Everling

## Sat., August 21

- 8 a.m. AA Mtg: Living Library
- 8 a.m. Al-Anon Mtg: Luther Hall
- 3 p.m. Wedding-Swanson/Everling
- 5 p.m. WORSHIP, COMMUNION: Worship Ctr

## Sun., August 22

- 9 a.m. WORSHIP, COMMUNION: Drive-In, Houlton, WI
- 9 a.m. WORSHIP, COMMUNION: Worship Ctr

## Mon., August 23

- Meals on Wheels Week
- 7:30 a.m. AA Mtg: Living Library
- 6:30 p.m. Tai Chi: Gym
- 7 p.m. 1 & 2 Peter Bible Study: Living Rm

## Tue., August 24

- 7 a.m. Gratitude Min. Team: Rm 108B
- 7:30 a.m. AA Mtg: Living Library
- 9 a.m. Lutfisk Mtg: Garden Rm
- 1:15 p.m. Prayer Group: Office Conf. Rm
- 6 p.m. AA Mtg: Living Library
- 6:30 p.m. Care Ministries meeting: Room 108B

## Wed., August 25

- 7 a.m. AA Mtg: Living Library
- 1 p.m. Caring Friends meeting: Living Room
- 7 p.m. the River Worship (Gr9-12): Drive-In

## Thu., August 26

- 7 a.m. AA Mtg: Living Library
- 7:30 a.m. Contemplative Practice: Off-site
- 10 a.m. Knitting Ministry: Living Rm

## Fri., August 27

- 7 a.m. AA Mtg: Living Library
- 10:30 a.m. Raymie Johnson Sr. Communion
- 1:15 p.m. Oakridge Sr. Communion

## Sat., August 28

- 8 a.m. AA Mtg: Living Library
- 8 a.m. Al-Anon: Luther Hall
- 5 p.m. WORSHIP, COMMUNION: Worship Ctr
- 5:30 p.m. Singles Connection dining

## Sun., August 29

- 9 a.m. WORSHIP, COMMUNION: Drive-In, Houlton, WI
- 9 a.m. GLOW Wild River Adventure
- 9 a.m. WORSHIP, COMMUNION: Worship Ctr

## Mon., August 30

- 7:30 a.m. AA Mtg: Living Library
- 6:30 p.m. Tai Chi: Gym
- 7 p.m. 1 & 2 Peter Bible Study: Living Rm

## Tue., August 31

- 7:30 a.m. AA Mtg: Living Library
- 1:15 p.m. Prayer Group: Office Conf. Rm
- 6 p.m. AA Mtg: Living Library
- 7:30 p.m. Stillwater Music Festival: Worship Ctr

## Wed., September 1

- 7 a.m. AA Mtg: Living Library
- 7 p.m. the River Worship (Gr9-12): Garden Room

## Thu., September 2

- 7 a.m. AA Mtg: Living Library
- 7:30 a.m. Contemplative Practice: Off-site
- 2 p.m. Caregiver Support Group: Joseph's Rest.

## Fri., September 3

- 7 a.m. AA Mtg: Living Library

## Sat., September 4

- 8 a.m. AA Mtg: Living Library
- 8 a.m. Al-Anon: Luther Hall
- 5 p.m. WORSHIP, COMMUNION: Worship Ctr

## Sun., September 5

- 9 a.m. WORSHIP, COMMUNION: Drive-In, Houlton, WI
- 9 a.m. WORSHIP, COMMUNION: Worship Ctr

## Mon., September 6 – Labor Day Trinity Office Closed

- 7:30 a.m. AA Mtg: Living Library

## Tue., September 7

- 7:30 a.m. AA Mtg: Living Library
- 9 a.m. Tues. Book Group: Supreme Bean
- 9 a.m. Little Tots & Polka Dots: Rm 106
- 1 p.m. Martha Circle: Home of Norma Swanson
- 1:15 p.m. Prayer Group: Office Conf. Rm
- 6 p.m. AA Mtg: Living Library
- 7 p.m. WALK rehearsal: Worship Ctr

## Wed., September 8

- 7 a.m. AA Mtg: Living Library
- 11 a.m. Fall Sr. Communion/Lunch
- 7 p.m. the River Worship: Garden Rm
- 7 p.m. Temple Choir Rehearsal

## Thu., September 9

- 7 a.m. AA Mtg: Living Library
- 7:30 a.m. Contemplative Practice: Off-site
- 9 a.m. Little Tots & Polka Dots: Rm 106

## Fri., September 10

- 7 a.m. AA Mtg: Living Library
- 9:30 a.m. Vets' Committee Mtg: Rm 108B

## Sat., September 11

- 8 a.m. AA Mtg: Living Library
- 8 a.m. Al-Anon: Luther Hall
- 5 p.m. WORSHIP, COMMUNION: Worship Ctr

## Sun., September 12

- 9 a.m. WORSHIP, COMMUNION: Drive-In, Houlton, WI
- 9 a.m. WORSHIP, COMMUNION: Worship Ctr
- 4 p.m. Single's Connection potluck: Bayport Park
- 7 p.m. Book Group: Caribou Coffee

## Mon., September 13

- 7:30 a.m. AA Mtg: Living Library
- 6:30 p.m. Tai Chi: Gym

## Tue., September 14

- 7 a.m. Gratitude Min. Mtg: Garden Rm
- 7:30 a.m. AA Mtg: Living Library
- 8:30 a.m. Women's Bible Study: Rm 108B
- 9 a.m. Little Tots & Polka Dots: Rm 106
- 9 a.m. Tues. Book Group: Supreme Bean
- 9 a.m. Croixdale Sr. Communion
- 9:45 a.m. Good Samaritan Sr. Communion
- 10:30 a.m. Greeley Sr. Communion
- 1:15 p.m. Prayer Group: Office Conf. Rm
- 6 p.m. AA Mtg: Living Library
- 7 p.m. WALK rehearsal: Worship Ctr

## Wed., September 15

- 7 a.m. AA Mtg: Living Library
- 9 a.m. Pilates: Gym
- 9:15 a.m. Hearts of Home Moms
- 9:30 a.m. Bible Study: Garden Rm
- 7 p.m. the River Worship: Garden Rm
- 7 p.m. Temple Choir Rehearsal

## Thu., September 16

- 7 a.m. AA Mtg: Living Library
- 7:30 a.m. Contemplative Practice: Off-site
- 9 a.m. Little Tots & Polka Dots: Rm 106
- 10 a.m. AWE Wine Tour & Tasting

## Fri., September 17

- 7 a.m. AA Mtg: Living Library
- 9:30 a.m. Linden Sr. Communion
- 10:30 a.m. Boutwells Landing Sr. Communion
- Noon Mpls. Professional Women's Lunch
- 1:15 p.m. Rivertown Sr. Communion



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